W.R. Brown Elementary School

Saddled up for achievement and riding to success...

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March 2022

Caesar Rodney School District

Dear W. R. Brown Families.

Welcome March! This is such an wonderful time of year, spring is around the corner, the sun is peeking out longer each day, and exciting things are happening at W. Reily Brown.

The week of March 7th will be College and Career Week. Students will have the opportunity to hear from our community members and learn about all different types of jobs.

Looking forward there will be no school on Friday, March 18th for a teacher in service day and Friday, April 1st is a half day with dismissal starting at 12:25 p.m. for parent teacher conferences.

> We would like to congratulate Miss Danielle Siok who was selected as W. Reily Brown's 2022 - 2023 Teacher of the Year.



March 7th - March 11th College and Career Week

Tuesday, March 15th CR School Board Meeting Star Hill Elementary School 7:00 p.m.

> Friday, March 18th No - School Teacher In-Service

Thursday, March 31st Third Marking Period Ends

Friday, April 1st Half Day Parent Conferences Dismissal begins at 12:25 p.m.









great happens here



Habit 5: Seek First to Understand, Then to Be Understood

Seek First to Understand, Then to Be Understood means we try to completely understand another person before presenting our own point of view. It means balancing courage and consideration and expressing our views with clarity and respect.

5. Seek First to Understand, Then to Be Understood_® Listen before you talk.





Practice Empathic Listening: Reflect the speaker's feelings & words. Respectfully seek to be understood: State your point of view using "I" messages

Habit 6: Synergize

Synergy is the manifestation of all the other hab, is perseits working together. It means collaborating to create 3rd Alternatives rather than settling for compromise. When we Synergize, the whole is greater than the sum of its parts – one plus one equals three or more.

6. Synergize_®
Together is better.



Value differences: Build on others' strengths.



Seek 3rd Alternatives: Use the Path to Synergy

<u>Leadership in Literature</u>

Strega Nona by Tomie dePaola is a great example habit 5. Big Anthony sets his mind to putting Strega Nona's magic pasta pot to good use. Unfortunately, he doesn't listen to her warnings about the pot and nearly destroys the whole town.



The essence of synergy is to value differences, to respect them, to build on strengths, to compensate for weaknesses.

~Stephen Covey



Even the littlest learners are posed with one of life's biggest questions, "What do you want to be when you grow up?" Thinking that far ahead into the future can be overwhelming, but career awareness activities, like Career Day, help students figure out and pave their pathway to adulthood.

What is Career Day?

Career Day gives students an up-close look at different career paths and connects their learning to the real world. Community members and leaders come into the classroom to share insights about their career and details about necessary education and training for career success. Meanwhile, students get the opportunity to listen to presenters, ask questions, and consider what careers pique their interest.

Nurture Career Exploration – Animator, engineer, web designer, oh my! Career Day exposes students to careers they may not have imagined. Students have the chance to learn about careers that align with their interests and skills, so they can start to narrow down what careers to pursue in the future.

Give Students a First-Hand Look – Reading about a career in a textbook is very different from learning about a career straight from someone in the field. Career Day provides an interactive and dynamic learning experience, where students can ask questions directly to professionals and presenters can invite students to tackle real-world problems.

Connect with the Community – Students don't just learn from their teachers. Community members and leaders can play a vital role in a student's education. Career Day provides a platform where students can directly interact with members of their community. Having a diverse group of presenters allows students to see themselves represented in different career paths. Presenters serve as role models or mentors for students.





Notes from the Nurse



Eat a variety of foods.

The rule of thumb is to eat all the colors of the rainbow each day.

Drink water and milk: Eight 8-ounce glasses of water a day. Milk ages 4 years – 8 years = 2.5 cups, age 9 and older = 3 cups. You can have some variety by eating foods that have calcium in them.

Listen to your body. When you are eating,



when you are no longer hungry. Most of the time we are thirsty versus hungry.

Limit screen time. We should have less than 2 hours of unrelated school designated computer time.

Be active. Can't get outside, MOVE

The trick is to follow these rules most of the time, knowing that some days (like your birthday) might call for cake and ice cream.