



Alabama State Department of Education Child Nutrition Program



Local Wellness Policy: Triennial Assessment Report

This tool is intended to be a guide based on current regulations. It is the responsibility of the LEA to stay abreast of any updates and changes to the regulations and to implement any changes in local policies.

Background Information

To be compliant with the USDA final rule, at least once every three years, the district will assess the Local Wellness Policy. However, Local Education Agencies (LEAs) may assess their policy more frequently if they wish.

Purpose

The district should designate a representative to lead the wellness policy assessment. This representative must publicly invite members from the community, schools, and the district to participate. Members of the district wellness committee who are completing the assessment of the Local Wellness Policy may use this template. Section 3 of this template should be copied and completed for each school.

This template contains the three required components of the triennial assessment:

1. the extent to which the wellness policy compares to model wellness policies
2. progress made in attaining the goals of the wellness policy
3. the extent to which schools under the jurisdiction of the districts are complying with the district Wellness Policy

Results

A copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. (i.e., district website, local newspaper, etc.). The triennial assessment summary and the assessment details (e.g., WellSAT 3.0 report) must be shared.

Recordkeeping for the Child Nutrition Program Administrative Review:

- a copy of the most recent triennial assessment, along with supporting documentation
- a copy of the current and previous board approval of the policy
- documentation demonstrating the policy has been made available to the public
- documentation of efforts to review and update the policy, including who was involved and how the district made stakeholders aware of their ability to participate (i.e., meeting agendas and sign-in sheets)



Local Wellness Policy: Triennial Assessment Summary

General Information

LEA: Boaz City School System

Month and year of current assessment: March 2023

Date of last Local Wellness Policy revision: 2018

Website address and/or information on how the public can access a copy of the Local Wellness Policy and Triennial Assessment: www.boazk12.org

Wellness Committee Information

How often does your district wellness committee meet? 1-2 year

District Wellness Coordinator

Name	School	Job Title	Email Address
Brandy Tarvin	CO	CNP Director	btarvin@boazk12.org

Designated Wellness Assessment Leader (can be the District Wellness Coordinator)

Name	School	Job Title	Email Address
Brandy Tarvin	CO	CNP Director	btarvin@boazk12.org

District Wellness Committee Members

Name	School	Job Title	Email Address
April Kinney	BHS	Head Nurse	akinney@boazk12.org
Allen Johnson	CO	Student Services Director	ajohnson@boazk12.org
Erika Sullivan	BMS	Asst Principal	esullivan@boazk12.org
Garin Moy	BMS	Science/Health Teacher	gmoy@boazk12.org
Jordan Clark	BHS	Culinary Teacher	jclark@boazk12.org
Jeanne Smith	BMS	CIV Asst Mar	jessmith@boazk12.org
Jessica Hartline	BHS	Anatomy Teacher	jhartline@boazk12.org
Josh Walker	BES	Principal	jwalker@boazk12.org
Mandy Willmon	CO	CNP Asst	mwillmon@boazk12.org
Sandra Richardson	BIS	CNP Manager	srichardson@boazk12.org

*See page 13 for space to add Wellness Committee members.

Ashlee Pinyan
 Jessica Edmondson
 Aidee Aragon
 CES
 PE Teacher
 Parent/Nurse
 Practitioner
 Parent

apinyan@boazk12.org
 jessicacnnp@gmail.com
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Section 1. Comparison to Model School Wellness Policies

Complete a Triennial Assessment Tool ([WellSAT3.0 assessment tool](#), or other customized assessment tool) and keep a copy of the results on file for at least three full school years plus the current year. It will be reviewed during the next administrative review of your Child Nutrition program.

Indicate which model wellness policy language was used for comparison:

- Alliance for a Healthier Generation Model Policy
- WellSAT 3.0 example policy language (Print the WellSat report and include with your assessment)
- Other (please specify): _____

Describe how your wellness policy compares to the model wellness policy. (May use a bullet format to list comparisons)

1. Local policy does not specify minutes of physical activity required per age group.
2. Local policy does not list specific guidelines by reference number (just refers to fact that we will meet federal/state guidelines).
3. Local policy does not address students with unpaid balances as this is addressed in a separate CNP policy.
4. Local policy does not address food being used as a reward or class parties.

Committee to continue to work during the 23-24SY to review and revise the Wellness Policy with findings of this review and further input for committee members and stakeholders.

Section 2. Progress towards Goals

*NOTE: Required components are listed in blue.

<p>Nutrition standards for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)</p>	<p>Describe progress and next steps:</p>
<p>To be compliant with the USDA final rule and ALSDE:</p> <ul style="list-style-type: none"> All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the <u>USDA regulations for the National School Lunch and School Breakfast programs</u> All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</u> Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. <p>If applicable, list additional school goals below:</p> <p>Policy states system will meet the USDA guidelines/ Alabama Smart Snacks/ guidelines.</p>	<p>- Principals are re-educated yearly on smart snacks and fundraising compliance</p> <p>- Continued efforts to meet state/federal guidelines</p>

<p>Access to free potable water on campus</p>	<p>Describe progress and next steps:</p>
<p>To be compliant with the USDA final rule: Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.</p> <p>List how access to potable water is made available in schools.</p> <p>Have purchased bottle fillers for schools. Have water fountains available. If bottle fillers or water fountains not available in cafeteria, pitchers of water are available in cafeteria.</p>	

Section 2. Progress towards Goals continued

*NOTE: Required components are listed in blue.

<p>Guidelines for other foods and beverages available on the school campus, but not sold</p>	<p>Describe progress and next steps:</p>
<p>To be compliant with ALSDE: All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</u></p> <p>If applicable, list additional school goals below:</p>	<p><i>- Principals re-educated of this regulation yearly.</i></p>

<p>Marketing and advertising of only foods and beverages that meet Smart Snacks</p>	<p>Describe progress and next steps:</p>
<p>To be compliant with the USDA final rule: Our school only markets or advertises foods and beverages that meet the <u>USDA Smart Snacks in School</u> nutrition standards on the school campus, during the school day.</p> <p>If applicable, list additional school goals below:</p>	<p><i>Vending machines are plain on outside or have water or approved items on outside covers of machines.</i></p>

Section 2. Progress towards Goals continued

*NOTE: Required components are listed in blue.

Physical Activity Goal(s)	Describe progress and next steps:
<p>To be compliant with the USDA final rule: The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.</p> <p>List physical activity opportunities that are offered at schools:</p> <p>Physical activity also included in Extended Day Services and extended year in Camp Booz Enrichment Program.</p>	<p>- Scheduled Phys Ed Classes for Students daily</p> <p>- Athletic Phys Ed classes available as well daily</p> <p>- Free play/recess also part of curriculum</p> <p>- Continued emphasis on importance on phys ed especially free play/recess</p>

Nutrition Promotion and Education Goal(s)	Describe progress and next steps:
<p>To be compliant with the USDA final rule: The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.</p> <p>List how nutrition promotion and nutrition education are provided in schools:</p> <ul style="list-style-type: none"> - USDA materials/posters are utilized routinely in lunchroom/cafeterias. - Other Nutrition Ed materials, such as materials from Dairy Council and Farm to School are used regularly. - NSLW/NSBW promotions are held yearly in Cafeteria/lunchrooms - School Breakfast Outreach is completed at district/school level - SSO Outreach is completed at district/school level 	<p>- Continue promotions on regular basis with emphasis on increasing participation in breakfast and lunch.</p>

Section 2. Progress towards Goals continued

*NOTE: Required components are listed in blue.

Other school-based activities to promote student wellness goal(s)	Describe progress and next steps:
<p>To be compliant with the USDA final rule: The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.</p> <p>List other school-based activities that are offered by the district: National School Lunch Week National School Breakfast Week</p>	<p>Continue WSLW/NSBW activities. Look to reintroduce more activities back post-COVID.</p>

CHECKLIST:

- Triennial Assessment was made public: Date: 6/28/23
- Updated Wellness Policy received Board approval: (if applicable) Date: 2017-18
- Wellness Policy was made public: Date: 2017-18

SIGNATURES:

Brandy Tarnin, RD, MS
District Wellness Assessment Leader
PRINT NAME: Brandy Tarnin
DATE: 6-9-23

Brandy Tarnin, RD, MS
District Wellness Coordinator
PRINT NAME: Brandy Tarnin
DATE: 6-12-23

G. Todd Haynie
Superintendent
PRINT NAME: G. Todd Haynie
DATE: 6-1-2023