



Menus For Summer 2024

Monday, June 17

Pizza Day
Green Beans
Applesauce
Variety of Milk

Tuesday, June 18

Chicken with
Hushpuppies
Bagged Carrots
Fresh Fruit
Variety of Milk

Wed., June 19

Cheeseburger on a Bun
Veggie Cup
Peach Cup
Variety of Milk

Thursday, June 20

Hotdog on a Bun
Crinkle Cut Fries
Fresh Fruit
Variety of Milk

Breakfast Menu

Monday — Donut, fruit, juice & milk

Tuesday — Sausage, Egg & Toast, fruit & milk

Wednesday — Apple Strudel, fruit, juice & milk

Thursday — Chicken Biscuit, fruit & milk

Monday, June 24

Totchos
Doritos
Fresh Fruit
Variety of Milk

Tuesday, June 25

Chicken Fillet on a Bun
Spiral Potatoes
Fruit Juice
Variety of Milk

Wed., June 26

Ham & Cheese on a Bun
Cheez-its
Vegetable Juice
Applesauce
Variety of Milk

Thursday, June 27

Pork BBQ on a Bun
Green Beans
Peach Cup
Variety of Milk



Monday, July 1

Chicken Fillet on a Bun
Smiley Fries
Fresh Fruit
Variety of Milk

Tuesday, July 2

Corn Dog Nuggets
Green Beans
Fresh Fruit
Variety of Milk

Wed., July 3

Ham & Cheese on a Bun
Cheez-its
Vegetable Juice
Applesauce
Variety of Milk

Monday, July 8

Pizza Day
Green Beans
Applesauce
Variety of Milk

Tuesday, July 9

Chicken with
Hushpuppies
Bagged Carrots
Fresh Fruit
Variety of Milk

Wed., July 10

Cheeseburger on a Bun
Veggie Cup
Peach Cup
Variety of Milk

Thursday, July 11

Hotdog on a Bun
Crinkle Cut Fries
Fresh Fruit
Variety of Milk



SUMMER



Monday, July 15	Tuesday, July 16	Wed., July 17	Thursday, July 18
Totchos	Chicken Fillet on a Bun	Ham & Cheese on a Bun	Pork BBQ on a Bun
Doritos	Spiral Potatoes	Cheez-its	Green Beans
Fresh Fruit	Fruit Juice	Vegetable Juice	Peach Cup
Variety of Milk	Variety of Milk	Applesauce	Variety of Milk
		Variety of Milk	

Monday, July 22	Tuesday, July 23	Wed., July 24	Thursday, July 25
Chicken Fillet on a Bun	Corn Dog Nuggets	Ham & Cheese on a Bun	Hot Dog on a Bun
Smiley Fries	Green Beans	Cheez-its	Spiral Potatoes
Fresh Fruit	Fresh Fruit	Vegetable Juice	Fruit Juice
Variety of Milk	Variety of Milk	Applesauce	Variety of Milk
		Variety of Milk	

Monday, July 29	Tuesday, July 30	Wed., July 31	Thursday, August 1
Pizza Day	Chicken with Hushpuppies	Cheeseburger on a Bun	Hotdog on a Bun
Green Beans	Bagged Carrots	Veggie Cup	Crinkle Cut Fries
Applesauce	Fresh Fruit	Peach Cup	Fresh Fruit
Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk

Monday, August 5	Tuesday, August 6	Wed., August 7	Thursday, August 8
Totchos	Chicken Fillet on a Bun	Ham & Cheese on a Bun	Pork BBQ on a Bun
Doritos	Spiral Potatoes	Cheez-its	Green Beans
Fresh Fruit	Fruit Juice	Vegetable Juice	Peach Cup
Variety of Milk	Variety of Milk	Applesauce	Variety of Milk
		Variety of Milk	

Dare County Schools School Nutrition, Disclaimer for Nutrition and Ingredient Information, As of 11/21/14

Parents, school nurses and others sometimes want nutritional and ingredient information for school menu items. To assist our families, nutrition information and menu ingredients for school menu items can be provided. In accordance with the Food Allergen Labeling and Consumer Protection Act, the major allergen ingredients of milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, and soybeans are supposed to be identified on food labels provided by vendors. Other allergen ingredients are not necessarily identified. The information we provide about nutritional values and product ingredients, including major food allergens, is obtained from the vendor/manufacturer of the specific products. However, a number of variables can affect the accuracy of the information, such as changing ingredients or production practices, inaccurate labels, substitutions, and so forth. Therefore, while reasonable efforts have been made, we do not guarantee the accuracy of the nutritional information or ingredient information provided. This information is general only and is not to be considered medical or nutritional advice.

**Beginning June 17 - August 9 2024,
meals will be available
Mondays -Thursdays**

First Flight Elementary, 11:00 am - 11:30 am
Breakfast, 7:30 - 8:00 am

**Starting July 1 through July 25, 2024
Mondays - Thursdays**

Cape Hatteras Elementary, 11:00 am - 11:30 am
Manteo Elementary, 11:00 am - 11:30 am
Breakfast, 7:30 - 8:00 am

All meals must be consumed on site.