

THINK BEFORE YOU HIT:

IT'S NOT JUST YOUR LUNGS AT RISK

THE BRAIN: The nicotine in vapes can disrupt the production of synapses in the adolescent brain that control attention, learning and addiction. Vaping THC can change brain development and affect learning, memory, coordination, reaction time and judgment down the line.

HAIR: Nicotine can damage hair follicles leading to premature hair loss

NOSE: Vaping can dry out nasal passages, cause nose bleeds, and contribute to sinus infections

VISION: Nicotine can lead to vision loss and increase the risk of macular degeneration, cataracts, glaucoma and diabetic retinopathy. THC can significantly affect visual activity contrast sensitivity and nighttime vision.

HEARING: Vaping either nicotine or THC can increase tinnitus, or ringing in the ears

TEETH: Vaping Can increase the risk of tooth decay and gum disease

LUNGS: Vaping allows passage for chemicals and heavy metals to enter the lungs, leading to coughing and wheezing. It can also worsen conditions like asthma and COPD and cause popcorn lung. Vaping marijuana can cause EVALI, a serious and sometimes deadly lung disease.

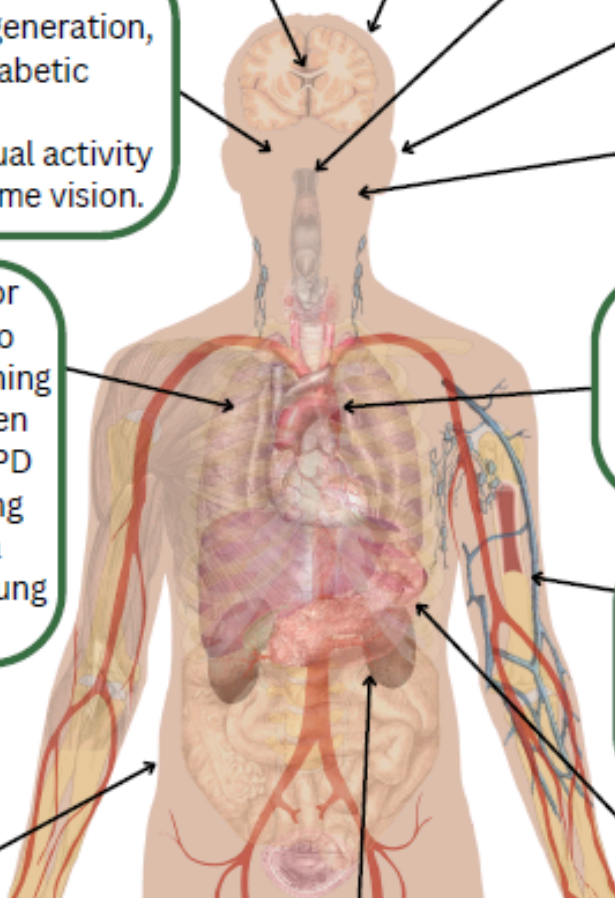
HEART: Vaping can increase blood pressure, blood flow, narrow arteries and harden arterial walls, increasing risk of heart attack.

SKIN: Nicotine can slow the skin's healing process and quickly ages skin, causing wrinkles. Vaping THC can also increase oil production and acne.

BONES: Nicotine can decrease bone cells livability and weaken joints. THC can decrease bone density leading to more fragile bones and a slower healing process.

KIDNEYS: Nicotine can damage kidney cells and contribute to the deterioration of the kidney and possibly renal failure

STOMACH: Vaping nicotine or marijuana can cause nausea, vomiting, decreased appetite and abdominal pain.



PHACTT

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THIS PHACTT CAMPAIGN IS
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