

Psychology 2 (3310) Course Overview Curriculum Document			
Course Description			
This is a Fox Valley Technical College dual credit course. Students who take Psychology I and II are eligible to receive 3 credits of Introduction to Psychology credit from Fox Valley Technical College. This is designed to give students the background information necessary for an understanding of their behavior and the behavior of others. The student will learn different psychological methods and will survey the essentials of psychology, including the topics of: Social Psychology, Sensation and Perception, Health, Stress and Coping, Development, Personality and Testing, and Treatment of Psychological Disorders.			
Credits		Prerequisites	
.5		None	
Board Approved		Revised	
May 2003		June 2016, February 2023	
Required Assessments			
District-wide, standards referenced common assessments			
Textbooks/Resources			
Introduction to Psychology, University of Minnesota Libraries Publishing edition, 2015.			
Course Essential Understandings		Course Essential Question	
<p>As a result of successfully completing this course, students will:</p> <ul style="list-style-type: none"> • Be able to apply psychological perspectives and research methods to real-world scenarios. • Be able to explain moral, cognitive, psychosocial development throughout the human lifespan. • Be able to characterize different theories of personality development that have been formed and debated throughout history. • Be able to explore connections between how emotions and motivation drive human behavior including stress, coping, and illness. • Be able to apply the symptoms and treatments of various mental disorders as classified by the Diagnostic and Statistical Manual of Mental (DSM) - 5 TR • Be able to explain human behaviors in social situations in relation to psychological and biological processes 		How does the human mind and its functions affect behavior?	
Unit Overviews			
Unit Name	Unit Description	Unit Essential Question	Instructional & Assessed Standards
Unit 3 - Developmental Foundations	In this unit students will learn moral, cognitive, psychosocial development throughout the human lifespan. In addition, students will also learn different theories of personality development that have been formed and debated throughout history. The unit will end with an exploration of how emotions and motivation drive human behavior including stress, coping, and illness.	How does development of neurological systems throughout the lifespan affect human behavior?	<p>Define Major Concepts (S.C.1): Define major concepts in written form to demonstrate mastery, depth, and interconnectedness of psychological terms.</p> <p>Applying Concepts (S.C.2): Apply all major concepts in written form to demonstrate mastery, depth, and interconnectedness of psychological terms.</p> <p>Describe physical, mental, and social changes that occur throughout the human lifespan. (C.C.5)</p> <p>Compare similarities and differences of the psychoanalytic, behavioristic, humanistic, cognitive, and trait theories. (C.C.6)</p> <p>Explain human behavior using theories of motivation and emotion. (C.C.7)</p>
Unit 4 - Behavioral Foundations	In this unit students will learn the symptoms and treatments of various mental disorders as classified by the Diagnostic and Statistical Manual of Mental (DSM) - 5 TR. In addition, students will explore human behaviors in social situations in relation to psychological and biological processes.	How is human behavior affected by mental health and social circumstances?	<p>Define Major Concepts (S.C.1): Define major concepts in written form to demonstrate mastery, depth, and interconnectedness of psychological terms.</p> <p>Applying Concepts (S.C.2): Apply all major concepts in written form to demonstrate mastery, depth, and interconnectedness of psychological terms.</p> <p>Identify and analyze the different diagnostic criteria of major mental disorder in the DSM - 5TR including symptoms, origins, and treatments from various perspectives. (C.C. 8)</p> <p>Evaluate and explain how behavior and mental processes influence our experiences in social situations. (C.C.9)</p>

