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State Fair Of Texas

BY BRIANNA MIRELES

Were you able to go to the Texas State Fair this year? Well, I did and I'm here to tell you a little bit about my experience. There is something for everybody at the fair. A farm full of animals that you could feed, live music, car shows and rides. Every year, there are a lot of new foods, attractions and events. This year's fair was no exception. We all know the State Fair for having, well, fried everything. There was everything from fried lemonade to funnel cakes fried Oreos. But with a state fair that has been around for more than a century, there is plenty of history that some people might not know

about. When the first state fair was introduced in 1886, the board of directors couldn't agree on a location to host the fair. Rather than picking one location, they decided to split and host the fair in two different areas of Dallas. The other one was named the Texas State Fair and Exposition and was held just North of town. Even though they both drew huge crowds of people, neither one was able to cover the operating costs and ended up losing their money. They ended up joining forces and kept the fair in the Fair Park location, where it is still held today. I can't wait to see what delicious fried foods they will have next year!



Welcome Mr. Osegueda

BY JUAN RIOS & JASMIN SALAZAR SARAVIA

As we are welcoming new members of the school we would like to introduce our new AP Human Geography teacher, Mr. Osegueda. Mr. O graduated from the University of Texas at Austin. He was raised in Chicago and is the first member of his family to earn a degree. He is the oldest child and has a dog named Tsunami. Mr. Osegueda is known to be an introverted person by nature. He came to North Lake ECHS because Ms. Krause, his previous professor, had given him the opportunity to apply for a teaching position here. He didn't hesitate to accept the chance when it offered itself. The free range is one feature he likes best about this institution. The fact that all the professors care about their students and are eager to be here, makes him appreciate being on this college campus the most. He wants his students to have the same sense of community that they do in high school. Moving to college and feeling alone since he didn't know anyone, was one of his struggles. His brother was his closest friend, so when he moved out, he felt as though he had left him. At the age of 18, Mr. Osegueda moved from living with his parents to a city and into his own apartment. That first year of solitude really enhanced his development. He gained organizational and communication skills while working as a teacher. Mr. Osegueda engages in mindfulness and meditation at difficult moments. He asserts that it is wise to rely on family when things become challenging. He views challenges as opportunities for growth when they arise. His father, who constantly encouraged him to pursue school, is someone he looks up to. His father encouraged him to enroll in college so that he could improve his family and himself. The National Honor Society at North Lake is also sponsored by Mr. Osegueda. This was a goal of his and he took it as a chance to get to work with the upperclassmen. He plans to enroll in law school in a few years since he enjoys debating. His college degree was one of his greatest achievements. Mr. O enjoys jogging, biking, and camping outside of school. One of Mr. Osegueda's favorite quotes is "when the going gets hard it is good to keep going so don't give up."

Welcome Mr. Eppler

BY VALERIE ANGUIANO

This year, North Lake ECHS is welcoming a new principal and his name is Mr. Eppler. Before coming to North Lake ECHS, he was an assistant principal at Molina High School and he coached the soccer team at Pinkston. The person he looks up to is his mom, she grew up poor so she did not attend college until she was 23 or 24. She worked as a grocery clerk until her aunt told her she had to go to college because it would change her life. She went and took out a loan and graduated with a 4.0 GPA. He looks up to her because he believes that many people aren't able to do what she did. It takes a lot of courage and determination to accomplish what she has done. Some of Mr. Eppler's hobbies are running, biking, traveling, and eating at restaurants. He enjoys watching TV, especially the show Game of Thrones. He enjoys being at North Lake and he says that he's never leaving because he loves being here. He believes that North Lake is a fantastic place and so are the students because of their motivation and interests. He likes that the students at North Lake are very confident, opinionated, have strong voices, and are leaders. He looks forward to North Lake being recognized for how amazing we are and wants everyone to acknowledge that. Despite all of the struggles that may occur from this opportunity, Mr. Eppler intends to better the students' experiences as we go forward and he would appreciate your opinions.





During the Mexican festival of El Dia de los Muertos (also known as "the Day of the Dead"), families invite back the spirits of their families and loved ones for a momentary reunion that includes food, drinks, and celebration. The occasion is held every year from October 31 to November 2. It is also known as the "All Souls Day" which combines Mesoamerican ritual, European religion, and Spanish culture. Halloween is on October 31, but the Day of the Dead is on November 2. Going back, the Aztecs and the Nahua people who once lived in what is now central Mexico maintained a cyclical perspective on the universe and saw death as a necessary and constant aspect of life. In Nahua rituals honoring the dead, family members provided food, water and resources to aid the deceased in this difficult journey. This served as the inspiration for the modern Day of the Dead custom in which people leave food or other offerings on the graves of their loved ones or arrange them on ofrendas ("altars") in their honor. Candles, beautiful marigolds known as cempasuchil, and food can be used to decorate altars. The line separating the physical world from the spirit realm is said to blur on the Day of the Dead. During this brief time, the spirits of the deceased come to life and rejoin their loved ones in the living world to feast, drink, dance, and perform music. In response, the living family members honor the dead throughout their ceremonies. Calacas (skeletons) and calaveras (skulls) are two of the Day of the Dead's most well-known decorations.

One of the most well-known Day of the Dead symbols is "La Calavera Catrina". Pan de muerto, the traditional sweet baked bread of today's Day of the Dead celebrations, is modeled by the pan de ánimas of Spain. Other food and drink associated with the holiday, but consumed year-round as well, include spicy dark chocolate called Mole, and the corn-based drink called Atole. You can wish someone a happy Day of the Dead by saying, "Feliz día de los Muertos." The heart of the celebration hasn't changed over time, even though the specific rituals and size of celebrations continue to change. Dia de los Muertos it's a time to honor and remember those who have passed away from this world while also portraying death in a more flattering manner and treating it as a normal aspect of life.



Pink Out

Breast Cancer Awareness Month



BY ELAINA HUMPHREY

October was Breast Cancer Awareness Month and to show their support for people fighting the disease, students came to school dressed in pink. Breast cancer is the most common form of cancer in women aside from skin cancer, and an estimated 1 in 8 women will be diagnosed with it in their lifetime. Nearly

everyone has encountered at least one person who has developed breast cancer once in their life, whether that be a family member or friend. Breast Cancer Awareness Month was also initially introduced as a reminder for people to get yearly mammograms and to check for any lumps or symptoms and to go to the doctor if these symptoms developed.



Breast cancer is more common in older people, typically over the age of 50, and doctors recommend women get a mammogram every 2 years after they turn 50.



Monthly Media: November

Although fall in Texas looks nothing like typical fall imagery, and leaves don't start actually changing colors and falling off trees until late November and early December, I still love the cozy and warm portrayal of fall that we often see on TV or in grocery stores. One of my favorite albums of all time, released by one of my favorite artists of all time, that I feel resonates with the coziness that November brings, is **beabadoobee's Patched Up** album.



Patched Up
beabadoobee

Everest
Tired
Dance With Me
Art Class
If You Want To
Eighteen
The Way I Spoke

25 min 56 sec
genres: alternative/indie

"'Patched Up' follows the journey of pulling yourself out of the pit that keeps suck you in."



BY ELAINA HUMPHREY



Wes Anderson films come to mind first when I visualize fall because some of them have a yellow or orange tint to them. Fantastic Mr. Fox follows a family of foxes, Mr. Fox being the father who is a retired poultry thief. Mr. Fox promises his wife that he would retire from this profession because of the dangers associated with it. After years of not stealing, Mr. Fox decides to take on the mission of stealing from three farmers: Boggis, Bunce, and Bean, each selling their own products and owning massive corporations close to the Foxs' home. Boggis, Bunce, and Bean eventually catch on and the whole Fox family gets involved after their house is torn down by the three brothers. The Fox family as well as a myriad of other animals set out to escape Boggis, Bunce, and Bean.

Duration: 1 hour 27 min



Students of the Month

THE STUDENTS BELOW HAVE DISPLAYED EXEMPLARY BEHAVIOR AND ARE BEING RECOGNIZED BY THEIR TEACHERS! CONGRATULATIONS!



Trayvon Watson

9TH GRADE STUDENT

"Trayvon is not only dedicated to his academics in a way that inspires others to focus on academics as well, he also has an infectious positive attitude. He is a natural leader and excellent role model for his colleagues and his community. he is constantly pushing himself to do better and achieve more because he knows that he is capable of such feats. The way he conducts himself is not only what every blazer should strive for but is also the recipe for success in his future."

- Mrs. Hoover

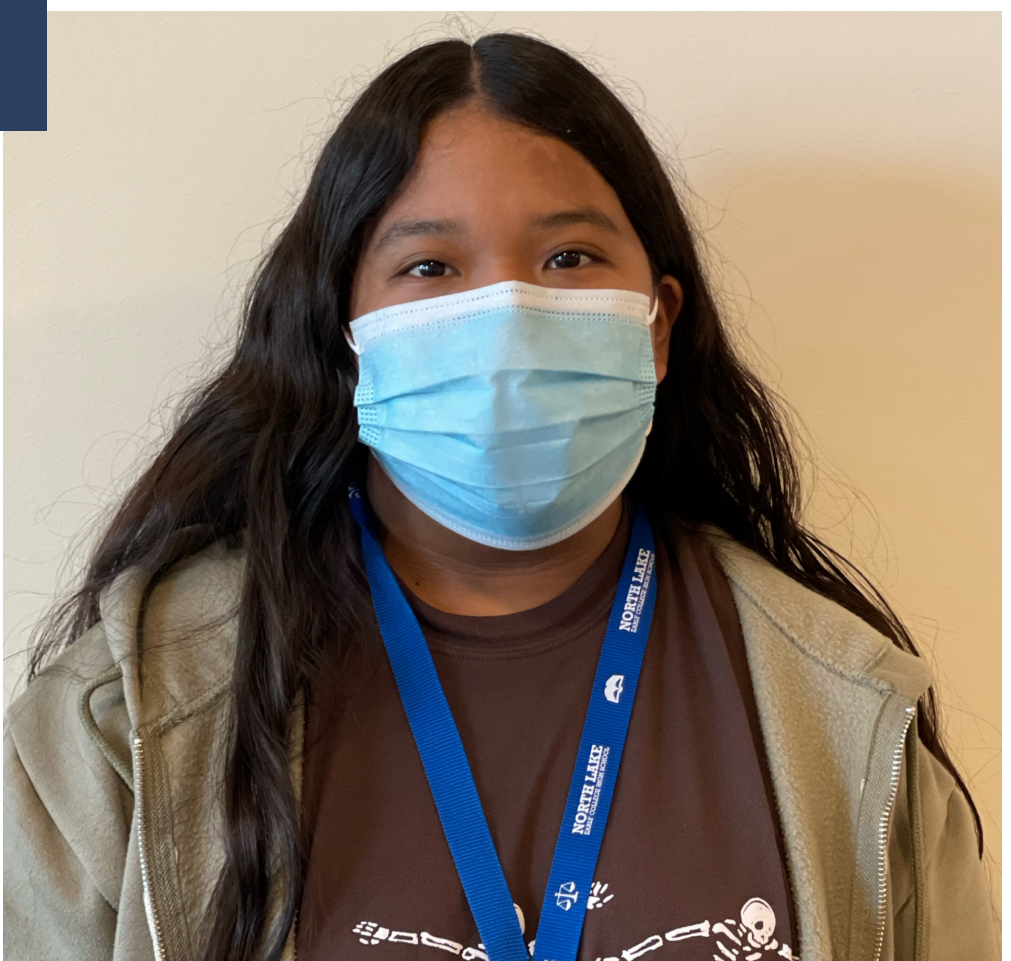
Carolina Mendoza

10TH GRADE STUDENT

"Carolina is a committed student that enjoys serving as a member of the student council. Carolina is demonstrating leadership skills that makes her stand out among her peers.

Not only her love, passion, and commitment to the North Lake Early College HS community qualifies her as student of the month, but also her kindness and respect to every person."

- Ms. Martinez Reyes



Students of the Month

THE STUDENTS BELOW HAVE DISPLAYED EXEMPLARY BEHAVIOR AND ARE BEING RECOGNIZED BY THEIR TEACHERS! CONGRATULATIONS!



Selena Villalpando

11TH GRADE STUDENT

"Selena is our pick for Student of the Month. She has been working very hard this semester and is speaking up and adding to class conversation more and more as the semester continues. Keep up the good work!"

- Ms. Resendez

Roger Molina

12TH GRADE STUDENT

"Roger has been instrumental in developing the college going culture here at North Lake. He has applied to numerous colleges and has encouraged the student body to reach for the stars and make their dreams a reality."

- Mr. Matney



NATIONAL HONOR SOCIETY ELECTIONS

National Honor Society is excited to welcome its new student officers for this 22-23 chapter. Special congratulations to the new sponsor of the organization, Mr. Osegueda (Mr. O), and congrats to the newly elected officers for participating in this honorary student organization. We are looking forward to a productive year in NHS!

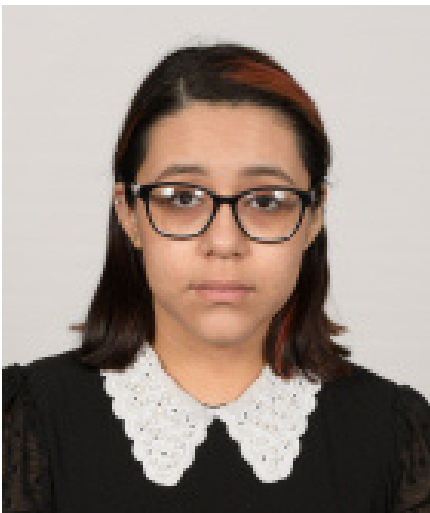
"The mission of NHS is to honor students who have excelled in scholarship, leadership, service and character."

NHS Officers for the 22-23 Chapter

BY JUAN RIOS



President
Liam MacWilliam
Percentage: 89%



Vice-President
Karla Hernandez
Percentage: 63%



Secretary
Juan Rios
Percentage: 90%



Parliamentarian
Travis Klm
Percentage: 76%



Treasurer
Anaiah Morales
Percentage: 83%



University of North Texas

BY JUSTIN CHAVARRIA

Located in Denton, the University of North Texas enrolls about 44,000 students year-round, making it the fifth largest public university in Texas and top 30 in the nation. It is located near Texas Woman's University and offers a range of things to do in the city. It hosts a myriad of majors, ranging from Psychology to Biology, of which the most popular is interdisciplinary studies. One of the hallmarks of going to UNT is its automatic acceptance for any student whose GPA is about a 3.0 on a 4.0 scale. Currently, June 1st is the priority deadline for prospective students to enroll in the fall semester and is required in order to qualify for the college's excellence scholarship for incoming freshmen. For low-income students, the average financial aid given usually ends up being about \$14,000. Which, for an average tuition cost of \$25,000, leaves only half to be paid off. If you're looking for a well-rounded and affordable college to attend, UNT offers a solid choice.

Fact Wall

- UNT was founded in 1890
- The school offers a total of 113 bachelor's, 94 master's and 37 doctoral degree programs
- UNT is home to the first jazz program in the US
- The school has an acceptance rate of about 85%
- UNT has an 875-acre campus
- The colors are green and white
- The mascot is an eagle

Upcoming Events

NOVEMBER 2022

November 5	Discover Dallas @ Adamson High School
November 7-11	Homecoming Week
November 8	NO SCHOOL - Election Day
November 9	Year Up Lunch & Learn
November 10	ASVAB Testing
November 11	Senior Portrait Day
November 11	Veteran's Day
November 12	Homecoming Dance @ Adamson High School
November 12	Debate Tournament
November 12	Mock Trial Tournament
November 21-25	Thanksgiving Break

Buy your yearbook!



Meet the Staff

2022-2023



JASMIN SALAZAR



CLAIRE SPILLMAN



LUIS RADLEY

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North Lake
Early College HS



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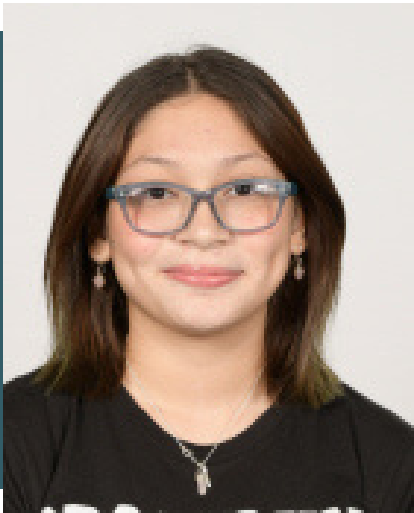
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@nlechs_newspaper



BRIANNA MIRELES



VALERIE ANGUIANO



JUSTIN CHAVARRIA



ELAINA HUMPHREY