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NHS @ Irving Frost Half-Marathon

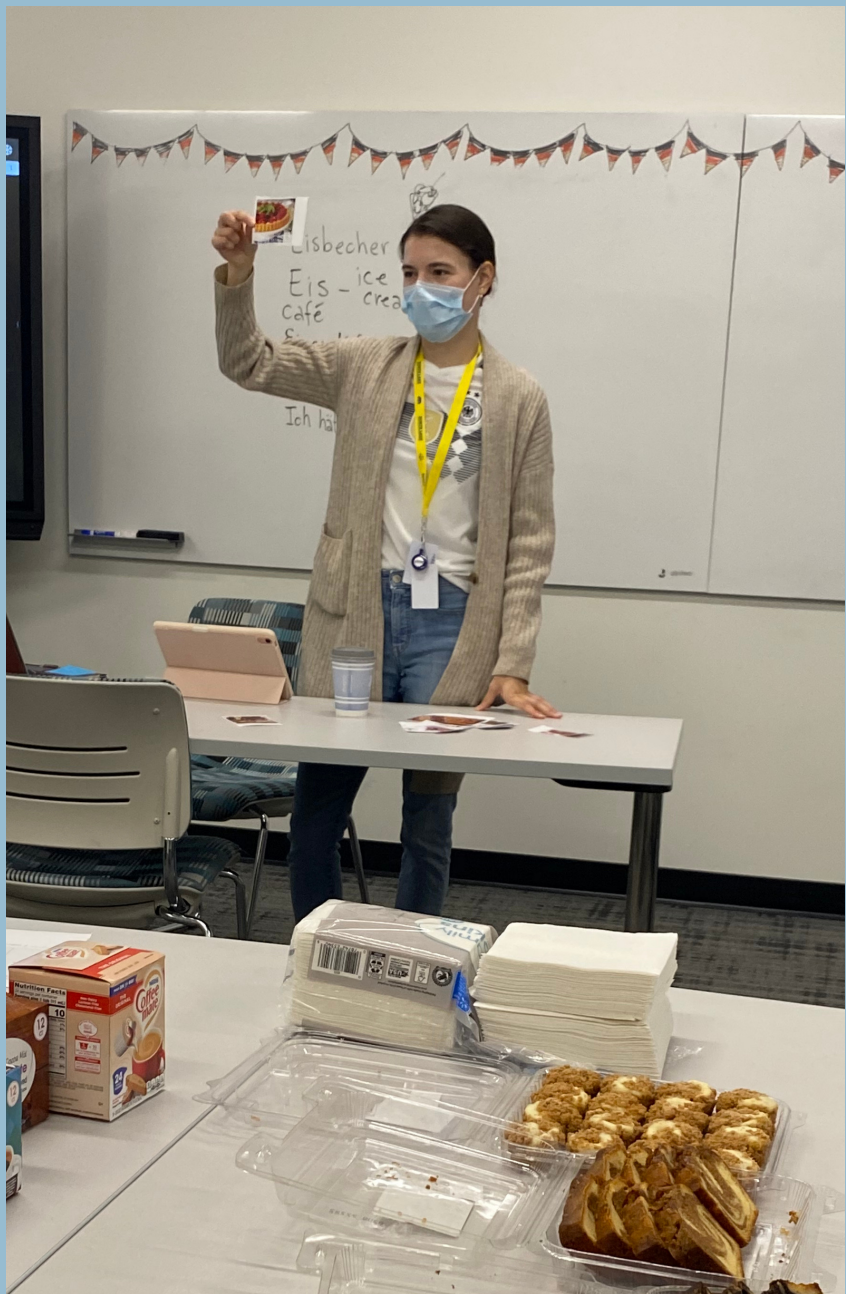
BY JUAN RIOS

The National Honor Society at North Lake ECHS had an organizational community service activity, on December 17th. The Irving Frost Half Marathon's mission is to “keep the community involved all year long by inspiring, promoting, and rewarding healthy lives while also making it an extraordinarily, enjoyable, and life-changing event.” The Irving Schools Foundation receives profits from the Irving Marathon Running Series. Each event serves to unite individuals from all around the world in support of a worthwhile cause by offering scholarships, school supplies, meals for children, and more. The NHS team went outside to assist with the marathon by handing out water bottles to runners, setting up water stations, and congratulating the winners with medals. Mr. O, the NHS sponsor, also assisted by motivating the participants and the group members. With this experience, we as students gain community service experience, leadership, and communication skills. Thanks to everyone who participated in this community-based event!

Welcome Ms. Crawford

BY JUAN RIOS & JASMIN SALAZAR SARAVIA

Ms. Crawford is our new German teacher here at North Lake ECHS. She grew up in Germany as an American and always had an interest in language learning. She describes herself as a quiet and creative person with a good sense of humor. Some interesting facts are that she went to German schools and she had class cultural experiences. One of her goals is to be able to run a marathon. Career-wise, Ms. Crawford would like to grow as an educator and gain more practical experience as well as establish a German program. Ms. Crawford chose to become a teacher because she believes that inclusivity and education are important. She chose to be a teacher here at North Lake because this school was close to her family and also because there is a German department within. The thing Ms. Crawford enjoys about teaching is the students because they make things fun and entertaining. The most challenging part about teaching was dealing with the environment and trying to figure out a new routine to be able to adapt. Ms. Crawford enjoys many out-of-school activities such as running, watercolor painting, crafts, and biking. When facing difficult times, Ms. Crawford likes to rely on friends and family. Some of her accomplishments include getting a master's in American-German university and running a half marathon. In a few years, she hopes to be more established and have grown from her experiences as an educator. Ms. Crawford looks up to her mother because she embodies the focus on personal growth and developing empathy toward others around her. An important lesson Ms. Crawford has learned is to focus on personal development instead of focusing on other people. Ms. Crawford looks forward to the Holiday season and being able to visit friends. “Be kind to others and focus on personal growth.”



Welcome Mr. Matney

BY VALERIE ANGUIANO & SAUL RODRIGUEZ

Mr. Dylan Matney is new to North Lake ECHS this school year. He is our ASP and assists seniors with the college application process. He attended UNT and graduated in 2016 with a bachelor's degree in interpersonal communication with a minor in alternative dispute resolution. Before coming to North Lake Mr. Matney and being a college advisor he worked as an English teacher for 5th and 7th graders. The reason he's a college advisor is because “I was a first generation college student and I had no idea what I was doing in the college process. I want to be the person I wish I had growing up, and help others make the best college decisions for the futures they want to build.” In his free time, Mr. Matney enjoys playing the drums. Matney’s greatest fear is sock monkeys. Mr. Matney was born premature so the doctors brought him back to life 3 times. His favorite food is authentic ramen and he enjoys eating at Olive Garden. Now that he's at Northlake, his best friend is Mr. Hernandez and his favorite drink from Starbucks is a peppermint mocha. He looks up to Mr. Hernandez and wishes to be like him when he gets older. During Christmas time he likes to watch scary movies with his family. His favorite song at the moment is You Get What You Give by New Radicals



Debate

By Juan Araujo



Interview

Debate is one of our extracurriculars here at North Lake led by Mr. Osegueda. This club consists of structured competitions on discussions where teams have opposite viewpoints of an issue or resolution. I recently had the chance to interview some of the members of this club! During this interview, I had the opportunity to ask meaningful questions regarding how it's like to be in debate. When asked what made them decide to join debate,

I received answers from both Sarallyn and Chrsitie, who are active and productive juniors at this school. The main census was that they wanted to grow their personal skills. Debate is something that makes you step out of your comfort zone by speaking and making convincing claims, so by being in debate they are growing their critical thinking and leadership skills. They are also learning to speak well thought out ideas with confidence.



Finalists!!!

On top of growing their interpersonal skills in debate, they get to participate in tournaments. Recently, two of our North Lake debate teams made it to district finals. The teams consist of Sarrallyn and Paris & Tory and Christie. This in itself is outstanding; however, the occurrence that awestruck me was how there is a North Lake ECHS winner regardless of the outcome. The last two teams standing within the district are both these North Lake debate teams.

I asked these teams what it's like to make it to finals and what was their upbringing like to make it to where they are and they prompted me with clear, direct answers. Sarrallyn said how it took lots of training and researching from the core files they were handed on the topic. During finals week, they even remained proactive by practicing their information during the times they didn't have classes or exams. And on the day of their competition, both of these teams made it to finals. Sarallyn said how they prayed together before their debates. For Christie and Tori, it was unexpected. They stated how they only really had a week to prepare since they were barely added as a team; however, Sarallyn assisted them with training. They used their dedication and commitment to strive for the finals. Congratulations!



Debate

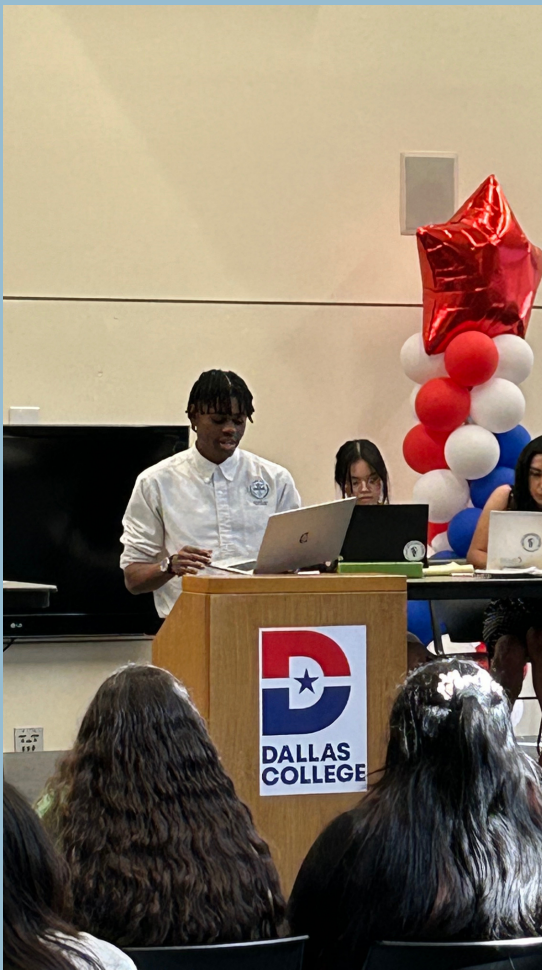
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Finals @ NL

The debate finals were held at North Lake College's Student Life Center on Friday, January 13th. A judge from Dallas ISD came out and the top two teams competed against each other for the winning title. junior, Sarallyn Medrano and freshman, Paris Chang faced off against senior, Toriano Reed and junior, Christie Vo. They debated the pros and cons of the use of artificial intelligence in the military. Toriano and Christie proposed the strengths to using

artificial intelligence in the military, while Sarallyn and Paris shared the dangers of using such technology in wartime. The teams both posed good points and many interesting facts during this debate. Celebrating the students was even better since they placed 1st and 2nd in the district. Mr. Osegueda was cheering both teams on silently from the crowd and is incredibly proud of both teams. This is North Lake's first time placing in Debate in Dallas ISD!



On To UIL

Going forward, the debate team will be moving on to UIL competitions within Dallas ISD. They are going to be competing with the same topic of artificial intelligence use in the military, but with their new and refined approaches. They will compete against other Dallas ISD schools and hopefully continue to place in the district! We wish you the best and can't wait to see what awesome things you accomplish during the remainder of the school year.



Looking for a New Video Game?

BY KIMBERLY MENDOZA

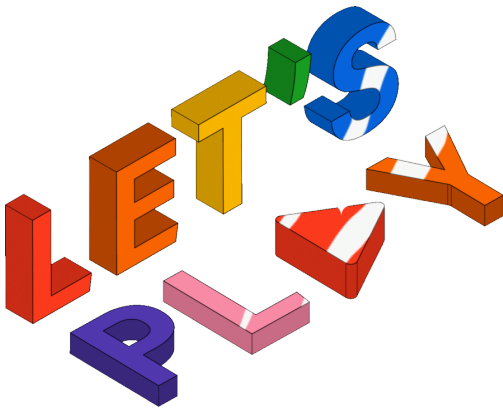
Chill Games Ranked

1. **Stardew Valley**: You've inherited your grandfather's old farm plot in Stardew Valley. (STEAM, XBOX ONE, PS4 & Nintendo Switch)
2. **Animal Crossing: New Horizons** (Nintendo Switch)
3. **House Flipper**: Renovate houses (PS4, XBOX ONE, PC, MAC & Nintendo Switch)
4. **Unpacking**: A game about the familiar experience of pulling possessions out of boxes and fitting them into a new home. (STEAM, XBOX ONE, PS4 & Nintendo Switch)
5. **Disney Dreamlight Valley**: Now it's up to you to discover the stories of this world and bring the magic back to Dreamlight Valley! (STEAM, XBOX, Epic Games Store, PS4, Microsoft Store, Mac App Store & Nintendo Switch)
6. **Planet Zoo**: Construct detailed habitats, manage your zoo, and meet authentic living animals who think, feel and explore the world you create around them. (STEAM)
7. **Stray**: A stray cat must untangle an ancient mystery to escape a long-forgotten cybercity and find their way home. (STEAM & PlayStation)
8. **Cozy Grove**: As a Spirit Scout, you'll wander the island's forest each day, finding new hidden secrets and helping soothe the local ghosts. (STEAM, Apple Arcade, PS4, XBOX & Nintendo Switch)
9. **Night In the Woods**: An adventure game focused on exploration, story, and character, featuring dozens of characters to meet and lots to do across a lush, vibrant world. (PlayStation, XBOX ONE, App Store, PC & Nintendo Switch)
10. **Witchy Life Story**: You tend your garden, craft spells and befriend the local villagers. (STEAM)
11. **Coral Island**: Be who you want and experience enchanting island living at your own pace. (STEAM)
12. **Potion Craft**: A simulator where you physically interact with your tools and ingredients to brew potions. (STEAM, XBOX & Epic Games Store)

With so many games out there, you may not be sure where to start. These games range across a variety of platforms and styles. I have ranked my top games in two different categories: chill and extreme to help you find a new favorite game.

Extreme Games Ranked

1. **Call of Duty: Warzone (Modern Warfare)**
2. **Minecraft** (App Store, Android Store, XBOX, PlayStation & Nintendo Switch)
3. **Super Smash Bros: Ultimate** (Nintendo Switch)
4. **Valorant**: A 5v5 full of different playable characters called "Agents", each with their own unique abilities, mechanics, etc. (PC)
5. **Overwatch**: Assigned players into two teams of six, with each player selecting from a large roster of characters, known as "heroes", with unique abilities. (PC, PlayStation & XBOX)
6. **Fortnite**: A massive 100-player face-off that combines looting, crafting, shootouts and chaos. (PlayStation, XBOX, Epic Games Store, PC & Nintendo switch)
7. **League of Legends**: A team-based strategy game where two teams of five powerful champions face off to destroy the other's base. (PC)
8. **Roblox**: A global platform game that has a variety of games. (iOS, Android, XBOX & Microsoft)
9. **The Legend of Zelda: Breath of The Wild** (Nintendo Switch)
10. **Spider-Man (2018)**
11. **God of War: Ragnarok** (PlayStation)
12. **Fall Guys: Ultimate Knockout** (PC, PlayStation, XBOX & Nintendo Switch)



Monthly Media: Jan & Feb

BY ELAINA HUMPHREY

One album that I listen to every January is LSD and the Search for God's *LSD and the Search for God*. This album is perfect for the returning-to-school-after-winter-break blues and for when days appear to blur together. This album produces an ethereal combination of loud and dreamy sounds to drown out the world.



Lsd and the search for god

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⌂ ⏮ ⏸ ⏭ ...

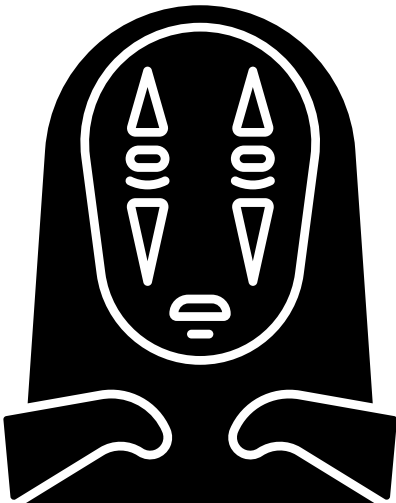
LSD and the Search for God
LSD and the Search for God

This Time
I Don't Care
Backwards
Starting Over
Starshine

22 min 3 sec
genres: shoegaze/psychedelic rock



Spirited Away is a movie that I will be rewatching in January to start the year off. This movie has been on my favorite list for years and despite it being a kids movie, it has a multitude of theories surrounding the story which I would implore anyone to research. *Spirited Away* tells the story of Chiyo, a young girl in the process of moving into a new home who gets trapped in a magical alternate universe that transforms into a bath house for spirits after dark. Chiyo's parents turn into pigs after they succumb to gluttony and eat food that was meant for spirits, and she is forced to stay and work at the bath house in order to revive them. During her stay, Chiyo encounters a variety of spirits and even befriends a few.



Students of the Month

THE STUDENTS BELOW HAVE DISPLAYED EXEMPLARY BEHAVIOR AND ARE BEING RECOGNIZED BY THEIR TEACHERS! CONGRATULATIONS!



Mohammed
Abdelmagid

9TH GRADE STUDENT

Mohammed is a great embodiment of a North Lake ECHS student. From the beginning of the year to now he has shown a lot of growth! He makes sure to finish all of his assignments on time and makes sure to study for his quizzes to make the best grades possible. Mohammed is not afraid to ask for help, nor is he afraid to offer help to another classmate. He has a great attitude in class that lights up the room! I am proud to see how well he is doing in school and can't wait to see what he accomplishes!

-Ms. Martinez

Diosselyn Pineda

10TH GRADE STUDENT

"Diosselyn is a bright and dedicated student who brings a positive attitude to every class she enters. However, it is not only her obvious commitment to excellence, as evidenced by her strong self-advocacy and work ethic, that makes her stand out amongst her peers. She is quick to help those around her and contributes to the overall thriving of North Lake Early College High School's community by being active as a sophomore class officer. It is these qualities that make Diosselyn stand out as 10th grade student of the month. "

- Ms. Crawford



Students of the Month

THE STUDENTS BELOW HAVE DISPLAYED EXEMPLARY BEHAVIOR AND ARE BEING RECOGNIZED BY THEIR TEACHERS! CONGRATULATIONS!



Jasmin Torres

11TH GRADE STUDENT

"Jasmin is a brilliant writer and a serious thinker. Never satisfied with just getting something done for its own sake, she owns the ideas she incorporates into her work and excels at balancing attention to detail and keeping her eye on the big picture. The way she inspired rigor and intellectual growth in my class this semester was phenomenal."

-Mr. Stratman

Ariel Torres

12TH GRADE STUDENT

"Ariel works hard on any task presented to her. She is very thorough and intentional with all of her work. She takes initiative and is always willing to help other classmates. She has been very diligent in both her college / high school work and college applications. She is a great example of all of the qualities of a North Lake ECHS student."

- Ms. Seymour





College Spotlight

BY MIRANDA VEGA

Located in Nacogdoches, Texas, Stephen F. Austin university enrolls 12,620 students year-round. There's a range of majors from Liberal arts and humanities to communications. Stephen F. Austin is known for its beautiful modern looking campus, it is definitely a beautiful campus with lots of scenery. Currently, June 1st is the priority deadline for prospective students to enroll in the fall semester and November 1st is the deadline for spring semester. Stephen F. Austin's tuition is \$10,600 for in-state students. Compared with the national average cost of in-state tuition of \$19,250, Stephen F. Austin University is less expensive. If you're looking for somewhere with a beautiful view and scenery this campus is definitely the way to go. Some of the top majors at SFA include: teaching, kinesiology, counseling, nursing and business.

Fact Wall

- SFA was founded in 1923
- The school offers 77 distinct undergraduate degrees,
- The school has an acceptance rate of about 67.9%
- SFA sits on about 2,560 acres
- The colors are purple and white
- The mascot is a Lumberjack
- The school has an observatory on campus

Upcoming Events

FEBRUARY 2023

February 7	"Heart Day" - Wear anything with hearts
February 8	"Grease" dress up as Greasers or Pink Ladies
February 8	8th grade shadowing
February 8	Year-Up Luncheon
February 9	"Show your Love" Wear your favorite team's merch
February 13	"Colors of Love" wear pink, white or red
February 14	"Dress to Impress" wear your date night outfits
February 15	Wear red to support Heart Health
February 20	NO SCHOOL - President's Day
February 22	SBDM Meeting @ 6:30pm

Buy your yearbook!



Meet the Staff

2022-2023



JASMIN SALAZAR



ELAINA HUMPHREY



LUIS RADLEY

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JUAN ARAUJO



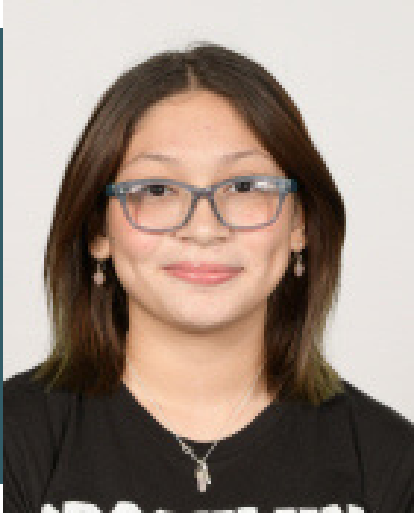
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KIMBERLY MENDOZA



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