



## UPDATED Respiratory Illness Guidance March 14, 2024

- Students who have been exposed to COVID-19 or other respiratory illness **do not** need to stay home unless they develop symptoms such as fever, chills, fatigue, cough, runny nose, and headache, among others.
- If a **medical provider has performed** a PCR test for a student and the student is *awaiting results*, they should stay out **only** if they are symptomatic (see list above).
- Student may return to school when, for the last 24 hours, both are true:
  - Symptoms are improving overall
  - No fever without the use of fever-reducing medication
- Practice core prevention strategies to reduce spread including:
  - Staying up to date with vaccinations
  - Practicing good hygiene
  - Taking steps for cleaner air
- Once student returns to school, they are encouraged to take precautions for the next 5 days:
  - Taking more steps for cleaner air
  - Enhancing hygiene practices
  - Wearing a well-fitting mask
  - Keeping distance from others **and / or**
  - Getting tested to inform your actions to prevent spread to others

[Preventing Spread of Respiratory Viruses When You're Sick](#)

[Respiratory Virus Guidance Update FAQs](#)