
SUMMER IN THE CITY

WEEKLY

WONDERS

SITC Weekly Newsletter

Happy Campers – Go Camping!

This week campers got to creatively experience the great outdoors! They learned camping skill and tricks, campfire songs, played cards, and have some outdoor adventures! According to Brisbane Child Psychologists, camping is an excellent way to counteract these downfalls!

Camping has many benefits, including:

1. Spending time in nature breathing fresh air lowers stress and improves mood.
2. Kids are physically active and engaged in their surroundings, enjoying more freedom.
3. Teaching survival skills gives children a sense of empowerment.
4. Sharing chores like washing and drying dishes helps them feel they are contributing to the family.
5. Builds self-esteem as they learn self-mastery, make mistakes, and learn from them.
6. Fosters deeper relationships between family members and friends. Time spent telling stories around a campfire helps people connect on a deeper level.
7. Making friends with other children happens naturally.
8. The lack of facilities helps kids to appreciate all the comforts of home.
9. Life is simpler and slower with more experiences and adventures.

Specifically, camping builds resilience in children by:

- Giving them time to reflect and interact with others.
- Exposing them to unstructured play where success requires resilience.
- Reducing stress as kids experience more down time, allowing them to be themselves
- Helping them explore and create their own fun.



MORE SITC TEACHERS!

“Teach Your Children” by Crosby, Stills, Nash and Young

Teachers truly are the backbone of society. They are role models to children, offer guidance and dedication and give young people the power of education. Because of teachers, countries are able to further develop socially and economically. They help children find their purpose, set them up for success as citizens of our world, and inspire them a drive to do well and succeed in life. Thank you to all SITC teachers of all camps for what you do and how you serve!



Mrs. VanMaren



Ms. Fisher



Mr. Ronan



Mrs. Harper



Ms. Fries



Ms. Lane



Stella Frisby



Mr. Strookman



Ms. Campbell



Mr. Seals



Ms. B



Ms. Hall



Mrs. Creveling



Mrs. Huggins



Ms. Stephenson

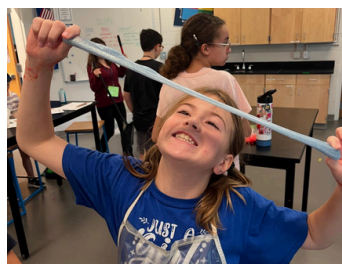


Mr. Rostine

This Week Campers...

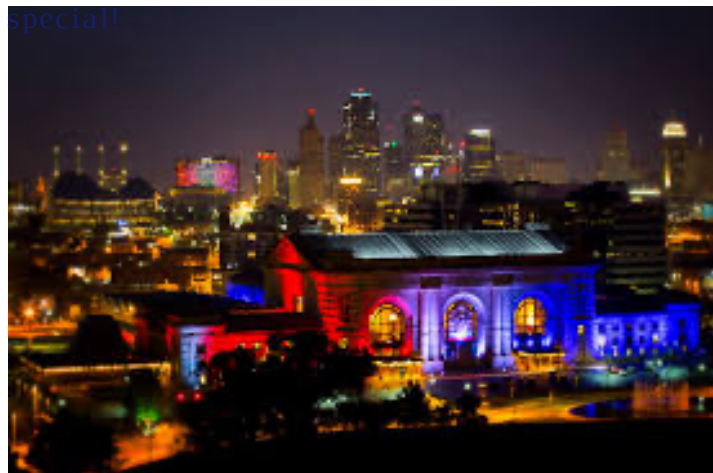


This week, SITC campers drove out to Lawrence, Kansas to play with the best - KU Volleyball! The girls practiced their sets, serving, and many other skills with scrimmages and drills...all led by the KU team! What an awesome experience for our SITC campers!



COMING UP NEXT WEEK:

SITC is going Red, White, and Blue! It's a colorful week here at SITC, and we're not just talking about the sun shining on our beautiful KC city surroundings. This week, campers and staff will be showing their patriotism by making some super cool red, white, and blue crafts and playing classical games in preparation for the upcoming holiday. Every day is a great day at SITC, but the 4th of July has always been extra.



FINAL REMINDERS:

By The SITC Staff

CAMP TIMES

- AM camps are from 9:00am-12:00pm.
- Campers can arrive as early as 7:45am.
- PM camps are from 1:00pm-4:00pm.
- Campers can stay as late as 5:30pm (there is a 30 min grace period until 6pm).
- We accept drop-in campers daily for traditional camps only; we will bill your card on file when you drop your student off, but prefer you to register right before dropping off.

PLEASE BRING

- Labeled water bottle.
- Labeled sunscreen.
- Label all items your student brings (lunch box, jacket, etc.).
- If your student is doing a water camp, please send a change of clothes and a towel.
- Toddler-Preschool students should bring diapers or pull-ups and a change of clothes in case of an accident.
- Toddler-PreK students attending afternoon traditional camp should bring labeled nap items.

DROP OFF/PICK UP

- Drop-off and pick-up for all students is at the school main entrance. Please escort your student to the check-in table. You may also walk them in the school after you get them checked in.
- Come to the registration table for pick up and ask for your student. You can also come inside the school to pick up your student.
- If your student is doing an AM camp only, pick up is between 11:45am-12:00pm.
- If your student is doing a PM only camp, drop-off is between 12:45pm-1:00pm. Pick up is between 3:45pm-4:00pm. They must be picked up by 6:00pm.
- On Fridays during pick-up, students will be able to select an item from the treasure chest.

LUNCH + SNACKS

- Lunch is complimentary from 12:10pm-12:30pm for all day campers.
- Snacks will be provided during the AM and PM camps.
- Students may bring their own lunch and snacks.
- You must sign up daily for lunch at the check-in table.
- Toddler-Pre-Kindergarten students will eat in their ECC classrooms. Kindergarten+ will eat in the Church undercroft.
- Students can bring \$1 on Fridays to purchase a specialty drink from the cafeteria. All funds will go to our sister school in Haiti, Holy Cross

STAFF TRAINING + SAFETY

- All of our staff and volunteers have received Safeguarding God's Children training. All staff is CPR/First Aid trained.
- We will have security daily.

CAMP REGISTRATION

- Schedule Changes: Camp changes need to be made one week prior to the camp. No full refund within 2 weeks of the camp, we cannot make any exceptions to this. See cancellation policy for details.
- Summer in the City runs from June 3 - August 2.
- We are closed July 1 - July 5 for the Fourth of July!

NAPS

- Toddler-Pre-Kindergarten students enrolled in afternoon traditional camp will nap. Please send nap items (labeled blanket(s) and one comfort item, if desired). Afternoon specialty camp students will be given a nap at parent request.

CANCELLATION POLICY

- Full refunds are given when a written request is received two weeks or more before the start of the camp. A 75% refund is given upon written request two weeks prior to the camp start date.
- Minimum enrollment numbers must be met for each camp to be offered. If a camp is cancelled due to low enrollment, you will be notified one week prior to the camp start date. If a camp is cancelled, you may select another camp or request a full refund.

TSHIRTS

- Camp T-Shirts are available! We will have them on a table at camp drop off and pick up, and you can just grab the size you need. Wear your shirt every Wednesday of camp (optional).
- Students are encouraged to wear a KC Royals T-Shirt or gear on Fridays (optional).

QUESTIONS?

- Visit <https://www.speds.org/st-pauls-life/summer-in-the-city> and scroll down for our FAQ section
- Contact Leslie England by email at lenglund@speds.org, or phone, (816) 268-6536 (desk) or (208) 447-7421 (cell).





Don't Miss These Upcoming Specialty Camps

*We still have space available in these upcoming camps,
and it's not too late to sign up!*

KC Frequent Flyers - June 24 - 28

Lets take a trip...in this airport dramatic play center camp. Campers will replay their own visit to KC's new airport, prepare for an upcoming trip, and learn about what it's like to work in an airport. Thankfully, no long lines at this airport and no cancelled flights aboard Flight No. 816!

Grade: PreK - 2nd

Time: 9 a.m. - 12 p.m

Cost: \$232



Tender Hearts - June 24 - 28

Young adventurers will be honorary heart doctors! Kids will wear their magical lab coats,use stethoscopes, and embark on missions to keep their pretend patient's heart healthy.

Grade: Preschool - Kindergarten

Time: 9 am - 12 pm

Cost: \$232



Linked by Love - July 15 - 19

Campers will explore Bible stories, sing songs, play games, and engage in service projects that invite kids to reflect on the ways that God's love links us to one another and God. Led by St. Paul's Episcopal Church.

Grade: 1st - 5th

Time: 9 a.m. - 12 p.m

Cost: \$50 donation to the Church

