DALLAS INDEPENDENT SCHOOL DISTRICT

COVID-19 Action Plan for Athletics

Purpose:

This action plan is to provide direction on the process taken after a student athlete or staff member begins to exhibit symptoms of COVID-19 while on campus or Dallas ISD facility.

Prior to student/staff exhibiting symptoms:

- Develop athletics COVID-19 action team to include but not limited to these individuals:
  - Administrator
  - Athletic coordinator
  - Campus athletic trainer
  - Campus Nurse
  - Coach representative
  - Custodian
- Identify an isolation room or area to separate anyone suspected of having COVID-19 symptoms.
- Establish procedures for safely transporting anyone who is sick from campus to their home or to a healthcare facility, if necessary.

When a student/staff member exhibit symptoms:

- Immediately transport any student/staff member who shows COVID-19 symptoms to the designated isolation area until the student can be picked up by a parent or guardian.
- Confirm that staff and parents or guardian understand the COVID – 19 protocol for return to campus in accordance with the UIL mitigation guidelines.
- Depending on the severity of the student/staff member's symptoms, they may need to be transported to a hospital or other medical facility (e.g., for individuals with shortness of breath or other evidence of cardiopulmonary compromise).
- When calling an ambulance, they will need to be informed that the person may have COVID-19.
- Close off and clean the areas used by the individual who shows COVID-19 symptoms while at school as soon as is feasible.

Reporting procedures for a student/staff member who exhibit symptoms or a COVID-19 + result:

- If a staff member has COVID-19 related symptoms or is lab-confirmed to have COVID-19, the staff member will report to Athletic Coordinator and athletic trainer. The staff member will be required to fill out the form in the link provided and will directly go to Health Services. https://records.dallasisd.org/Forms/ContactTracingForm
- If a student has COVID-19 related symptoms or is lab-confirmed to have COVID-19, the student must report to the Athletic Coordinator and athletic trainer. The information will then be sent Corey Eaton AAD of Athletics to track and report to Health Services.
- Dallas ISD's Health Services will contact those individuals who have symptoms or are diagnosed with COVID-19 to determine contact tracing and notify those persons of the potential exposure. All contact tracing activities are strictly confidential and the identity of those involved will not be shared. Health Services can be contacted by calling (972) 925-4211 or emailing COVID19@dallasisd.org.

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Measures taken after exposure:

1. Campus action team will carry out the following steps to limit the potential for exposure.
2. The activity that the symptomatic individual was involved in will be terminated immediately.
3. Close off areas used by a sick person and do not use these areas until after cleaning and disinfecting them (for outdoor areas, this includes surfaces or shared objects in the area, if applicable).
4. Individuals who have had close contact with a person who has symptoms will be separated, sent home, and advised to follow CDC guidance for community-related exposure. If symptoms develop, individuals should follow CDC guidance for caring for themselves.
5. If a positive case is identified among a participant involved in Dallas ISD activities, either staff or student, then all the students and staff with whom the confirmed individual had close contact shall be removed from work or participation for 14 days post symptoms and or test date.
6. All individuals will need to meet the criteria for return as set forth by the CDC, UIL, and Dallas ISD before they will be allowed to resume participation in Dallas ISD activities.

Resources:

1) https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports.html

2) https://open.texas.gov/uploads/files/organization/opentexas/OpenTexas-Checklist-Youth-Sports-Operators.pdf

3) https://www.dallasisd.org/educationevolution

4) http://www.ncaa.org/sport-science-institute/resocialization-collegiate-sport-action-plan-considerations

5) https://www.uiltexas.org/policy/covid-19/2020-2021-uil-covid-19-risk-mitigation-guidelines