

## Performance-Based Project Proposal Guide

*Most commonly, performance-based projects take the form of art projects, music projects, and physical education projects. These projects tend to differ from traditional VNS investigations because they have less emphasis on research and more time put into practice and training in the skill area. Students and advisors have contributed several ideas that better define how performance-based projects should run.*

1. Write a Rationale in narrative style that includes the following items:
  - a. A description of the project activities(s) and your reasons for exploring them.
  - b. Specific goals you are trying to accomplish in this area of performance.
  - c. Pre- and post- assessments in the skill area that will be completed before the proposal and before the project conclusion. Mid-year assessments are also recommended.
  - d. A schedule that will be established in the proposal and followed throughout the project. Effective schedules should not overlap with other student's projects and should balance school time vs. non-school time.
  - e. Optional: Areas of research you plan to explore. Straight performance projects (music lessons & practice, fitness,...) can earn no more than 0.75 credits unless a substantial research and production phase is included in the project.

I have read and discussed with my child the Rationale behind this project topic, and I approve further study.

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

Advisor Signature \_\_\_\_\_ Date \_\_\_\_\_

2. Create a project binder that includes the following:
  - a. Performance-based project forms & completed project rationale
  - b. Evidence of your pre-assessment
  - c. Project rubric with completed focus skill(s)
  - d. Performance Journal & log

3. Schedule a Proposal Meeting with your project team.

Project Title \_\_\_\_\_

Credit proposed \_\_\_\_\_ Proposed length of project \_\_\_\_\_

Student Signature \_\_\_\_\_ Date \_\_\_\_\_

Project Team \_\_\_\_\_

### Guidelines:

1. Goals will be clearly established during the proposal phase.
2. Pre and post assessments in the skill area will be completed before the proposal and before the assessments. Mid-year assessments are also recommended.
3. A schedule will be established in the proposal and followed throughout the project. Effective schedules should not overlap with other student's projects and should balance school time vs. non-school time.
4. Performance journal and log will be essential components in assessment.