

## Expectations of the Middle School Nurse

Having your little one transition to middle school can be a fun, exciting, and scary time! We realize every child is special and unique in their own way and it is extremely important for us to meet the medical needs of your children when they enter our buildings. In order for us to better serve your children we wanted to provide you with some general expectations of the nurse's office when your child enters middle school this Fall.

~You will be given a "Student Information Sheet" each school year. Please make sure to fill that out and indicate if your child can receive Tylenol, Ibuprofen, or Benadryl if needed. We do not typically carry liquid medication at this age. As the children are in middle school we encourage them to begin swallowing pills, unless there is a medical reason in which they are not able to.

~If your child requires any prescription medication during school hours, including inhalers and/or EpiPens please make sure to have a doctor's order and parental permission slip completed. These can be brought in the day of orientation, or first week before school starts if you make arrangements with the nurse.

~Typically when children reach middle school we encourage them to advocate for themselves. For example, it is much more likely that the child will come home and let you know they saw the nurse rather than you receiving a call or email from us if it is not something that requires the child to get picked up. With nearly 700 children in each middle school it is not feasible for us to call home every time a child comes down.

~If your child is sick or gets injured to the point that requires them to get picked up you will ALWAYS get a call from the school nurse. At middle school children are allowed to use the office phone, however if they are seen by the nurse and need to go home you will get a call directly from the nurse.

~Please send your child's physicals directly to the office or email them to the nurse. Middle school sports require children to have a yearly physical and if the school has an updated copy then there are never any delays if a child decides to participate in a sport.

~Middle school is a time of transition between childhood and teenage years, as such it can be messy from playing outside, to having body changes and accidents due to clumsiness of changing bodies. For your child's comfort we strongly recommend they keep a change of clothes in their locker for outfit changes.

Sincerely,

Amanda White- Dudley Middle School Nurse

Racahel Goetz-Charlton Middle School Nurse

