



Contacts:

Mike Cherenon
973.992-7800, x.104

mcherenson@successcomgroup.com

Kurt Praschak
973.992-7800, x.289

kpraschak@successcomgroup.com

NJSIAA Requiring All Coaches to Take Free, Online Course on Minimizing Risk of Heat-Stroke Deaths in High School Athletics

NFHS offering “A Guide to Heat Acclimatization and Heat Illness Prevention”

ROBBINSVILLE, NJ (August 9, 2012) – To help minimize the risk of heat-related injuries, the [NJSIAA](#) (New Jersey State Interscholastic Athletic Association) is now requiring all coaches to take the [National Federation of State High School Associations'](#) (NFHS) free online course “A Guide to Heat Acclimatization and Heat Illness Prevention.”

The course provides critical information designed to minimize the risk of activity-related heat stroke among high school athletes. It is the fourth and latest free course in the [NFHS Coach Education Program](#).

“Heat stroke is the leading cause of preventable deaths in high school athletics,” says NJSIAA Executive Director Steven Timko. “With more than 250,000 participants in high schools sports throughout New Jersey, it’s imperative all our coaches are informed and aware of the proper precautions to take to keep our athletes safe.”

Coaches can access this course online at www.nfhslearn.com. It also is accessible via mobile devices, including iPads and tablets.

About the NJSIAA

Established in 1918, the New Jersey State Interscholastic Athletics Association (NJSIAA) is a voluntary, non-profit organization comprised of 433 accredited public, private, and parochial high schools. A member of the National Federation of State High School Associations, the NJSIAA conducts tournaments and crowns champions in 32 sports. Championship competition for girls is sponsored in basketball, bowling, cross country, fencing, field hockey, golf, gymnastics, lacrosse, soccer, softball, swimming, tennis, outdoor track, winter track, and volleyball. Boys’ championships are determined in baseball, basketball, bowling, cross country, fencing, football, golf, ice hockey, lacrosse, soccer, swimming, tennis, outdoor track, winter track, volleyball, and wrestling.

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