Lawrence Elementary Schools

June 2018 Breakfast Menu

Get a Healthy Start to Your Day with School Breakfast!

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!

Student Breakfast
$1.75

Reduced Breakfast
$0.30

NUTRITION NEWS:

Did you know June is National Dairy Month? Dairy is important because it contains nine essentials nutrients, including vitamin D and calcium. Try to get three servings of dairy per day to get the nutrients you need to build strong bones! Incorporate dairy into your diet by creating a delicious Greek yogurt dip or sprinkle some low-fat cheese on top of your spinach salad. We've got you covered at lunch as your meal always comes with a milk

option.

Monday	Tuesday	Wednesday	Thursday	Friday
enjoy your Summer Vacation!				1 Assorted Cereal with Graham Crackers OR Breakfast Bar OR Blueberry Muffin with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection
4 Assorted Cereal with Graham Crackers OR Breakfast Bar OR Blueberry Muffin with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	5 Assorted Cereal with Graham Crackers OR Breakfast Bar OR Blueberry Muffin with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	6 Assorted Cereal with Graham Crackers OR Breakfast Bar OR Blueberry Muffin with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	7 Assorted Cereal with Graham Crackers OR Breakfast Bar OR Blueberry Muffin with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	8 Assorted Cereal with Graham Crackers OR Breakfast Bar OR Blueberry Muffin with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection
11 Assorted Cereal with Graham Crackers OR Breakfast Bar OR Blueberry Muffin with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	12 Assorted Cereal with Graham Crackers OR Breakfast Bar OR Blueberry Muffin with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	13 Assorted Cereal with Graham Crackers OR Breakfast Bar OR Blueberry Muffin with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	14 Assorted Cereal with Graham Crackers OR Breakfast Bar OR Blueberry Muffin with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	15 Assorted Cereal with Graham Crackers OR Breakfast Bar OR Blueberry Muffin with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection
18 Assorted Cereal with Graham Crackers OR Breakfast Bar OR Blueberry Muffin with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	19 Assorted Cereal with Graham Crackers OR Breakfast Bar OR Blueberry Muffin with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	20 Half Day Assorted Cereal with Graham Crackers OR Breakfast Bar OR Blueberry Muffin with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	21 Half Day Assorted Cereal with Graham Crackers OR Breakfast Bar OR Blueberry Muffin with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection	22 Half Day Assorted Cereal with Graham Crackers OR Breakfast Bar OR Blueberry Muffin with Graham Crackers Assorted Fruit 100% Fruit Juice Milk Selection LAST DAY OF SCHOOL
25	26	27 FUN and SUN	28	29

Connect with us!

Please Visit: www.maschiofood.com

MENU SUBJECT TO CHANGE

Maschio's Food Services, Inc.

"This institution is an equal opportunity provider"