

Medications

Medications During School Hours:

Whenever possible, the parent/guardian should arrange with their physician for medication to be given outside of school hours. If, however, their physician deems it necessary for the student to take medication during school hours, there are specific procedures to follow. **These procedures are to be followed for all medications, including over-the-counter or short-term medications such as antibiotics or cough medicine.** (Medication forms are online-at our district website). New doctors' orders are required at the start of each school year.

1. The physician must complete and sign one of the three District forms:
 - a. Asthma Action Plan- Students who have asthma and use an inhaler or nebulizer.
 - b. Allergic Reaction Action Plan- Students who have food or other allergies and require emergency medication.
 - c. Request for Administration of Medication- Any other medication required during school hours.
2. The parent/guardian must sign the medication form and return it to the nurse.
3. Children in Pre-Kindergarten through sixth grade are not allowed to carry or self-administer medication.
4. **Asthma Inhalers and Epi-Pens ONLY – Permission to Self- Administer Medication (Grade 7-12)**
 - a. The physician and parent must sign that the student is capable of self-administering their medication.
 - b. The student must demonstrate to the school nurse that they have proper knowledge and use of their medication.
 - c. Please call your school nurse to review the District's policy regarding under what circumstances students are permitted to self-administer medication during school sponsored events.
5. For the safety of all students, medications must be hand delivered to the school nurse by the parent/guardian in the original pharmacy labeled container.
 - a. When getting the prescription filled, ask the pharmacist to provide an extra labeled container for school.
6. **Asthma Medication via NEBULIZERS:**
 - a. In addition to the medication, the parent needs to also provide a mask, chamber & tubing that will remain in the Health Office.
7. **The prescribing physician must provide written orders if there is a change in the original order. New orders are required in September even if a change order was received during the school year. New orders are needed every September.**

Medications On Field Trips:

School law forbids teachers from administering medication in school and also on school sponsored trips. This can create problems due to the shortage of qualified substitute nurses available to accompany students on a field trip in order to administer medication. We are committed to meeting the health needs of each student, but we must also consider the health and safety needs of all the students remaining in the school building. Consequently, we would appreciate your cooperation. If your child will require medication on a field trip, please review the following option regarding field trips:

- Parent/Guardian may accompany the student and give the needed medication.
- Adjust the time for daily medication to be given, i.e., before the trip, after the trip as the student's doctor requires. (Not Asthma medication or Epi-Pens)
- If the student has asthma and cannot self-administer his/her own medication, a parent/guardian or nurse will need to accompany the student.
- If the student has a life threatening allergy that requires emergency medication, a parent/guardian, nurse or District employee trained as a designee must accompany the student.

Please call the school nurse several weeks before a scheduled trip if you need to make special arrangements for your child