

## Menu



## Mayfield Girls School

Week 4	Monday 24/06	Tuesday 25/06	Wednesday 26/06	Thursday 27/06	Friday 28/06	Saturday 29/06	Sunday 30/06
Cooked Breakfast	Fried egg, hash brown, plum tomatoes & baked beans	Eggy bread with streaky bacon & grilled tomato	Freshly baked pastries & yoghurt bar	Sausage, hash bites & plum tomatoes	Poached egg, Ham toasted muffin & smashed avocado	Bacon, mushrooms, fried eggs & baked beans	BRUNCH
Lunch Main Meal	Macaroni cheese topped with crispy bacon & onions	Beef burgers, tomato relish & Monterey jack cheese	Turkey fajita	Chicken & chorizo Jambalaya	Creamy smoked salmon & baby spinach farfalle	Breaded chicken with garlic butter	
Lunch Vegetarian	Sundried tomato, basil & parmesan risotto	BBQ lentil burger	Sweet potato and black bean quesadilla	Vegetarian tofu jambalaya	Spinach & ricotta cannelloni	Breaded sweet potato with garlic butter	
Lunch Side Dishes	Garlic green beans, tomato salad & garlic bread	Skinny fries, coleslaw & tomato, rocket & parmesan salad,	Savoury rice & Corn on the cob	Broccoli & sweetcorn	Panache of vegetables	Sauteed potatoes & peas	
Salad Bar Specials	Tex Mex sweetcorn salad	Harissa Salmon with Lemony Giant Couscous	Sweet Potato Salad with Chipotle Lime Mayo	Asian noodle salad	Cherry tomato, Courgette, potato & Basil Garlic Pesto Salad	Salad of the day	
	Second daily salad will be a sustainable salad						
Jacket Potato & Topping	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans
		Tuna & sweetcorn		Coronation chicken			
Lunch Dessert	Chocolate marble cake with chocolate sauce	Fresh fruit salad	Pear & ginger crumble with custard	Eton mess	Lemon tart with Chantilly cream	Dessert of the Day	Dessert of the Day
Supper Main Meal	Mongolian beef egg noodles	Scampi with tartare sauce	Chicken jalfrezi	Homemade pizzas, pepperoni, cheese & tomato, roast vegetables	Homemade falafel burgers, brioche buns, avocado, dill cucumber & yoghurt sauce	Beef Lasagne	Pasta carbonara with pancetta
Supper Vegetarian	Vegetable & tofu stir fry	Veggie sausages	Vegetable & chickpea jalfrezi			Veggie Lasagne	Tomato & basil pasta
Supper Side Dishes	Stir fried vegetables & prawn crackers	French fries & mushy peas	Basmati rice & naan bread	Potato skins & green salad	Chunky chips & salad	Garlic bread & sweetcorn	Cheesy flat bread & seasonal vegetables
Salad Bar	A Variety Of Salads Available Daily, Including Mixed Side Salads, Pasta Salads, Grain Salads & Meat & Cheese Boards See Separate Salad Bar Menu for Daily Offerings						
Jacket Potatoes	Jacket Potatoes or Baked Sweet Potatoes With Beans Served Daily						
Dessert	Fresh fruit & jellies served everyday. Ice cream will be served one evening a week.						
Dietary Requirements	All our food is made fresh on site every day. We always make sure we have gluten free and dairy free options on both our hot counters and cold counters. Please look at the daily allergen information sheet or ask a server if you are unsure and they will be happy to advise you.						