

LATEST NEWS, COMMENTARY AND JOURNALISM FROM THE HEART OF NORTH LAKE ECHS STUDENTS.

TABLE OF CONTENTS

NORTH LAKE SOCCER
PAGE 1

CURRENT EVENTS
PAGE 2

FALL FESTIVAL
PAGE 3

HOMECOMING 2023
PAGE 4

STUDENTS OF THE MONTH
PAGE 5

STUDENTS OF THE MONTH
PAGE 6

COLLEGE SPOTLIGHT
PAGE 7

THANKSGIVING WEEK
PAGE 8

DAY OF THE DEAD
PAGE 9

UPCOMING EVENTS
PAGE 10

MEET THE STAFF
PAGE 11



Our First Soccer Game!



North Lake Early College HS recently began it’s first Soccer Club. This student led club is supported by Ms. Crawford and is a fantastic way for our students to enjoy their love of soccer. On October 19th, North Lake Soccer played it’s first game against Kathlyn Joy Gilliam Collegiate Academy. The game was hosted at Gilliam’s campus and many North Lake students travelled across Dallas to show their support. Although we didn’t win the game, the soccer team has been hard at work preparing and practicing for their next match. If you seen the team

practicing out in the courtyard at lunch, take a minute to stop and cheer them on. Their hard work and dedication does not go unnoticed. One of North Lake’s values is “grit” and we see this value proudly displayed by our soccer team. We are looking forward to more games in the future and the beginning of what is sure to be a fun, school-wide tradition. We are proud to see the team working so hard. Be sure to come out and support your North Lake Soccer Team. More details to come for upcoming games.

Current Events

BY MOLLY ROSA & NATALIE SANCHEZ



ISRAEL - HAMAS WAR

There are many controversial current events going on in the world right now, but the war between Israel and Hamas is one of the most prevalent. The war between Israel and Hamas has sparked recent global debate, but has been an ongoing conflict for over 70 years. In 1947, Palestinians wanted to split Israel into two states and have a country of their own to serve as a safe haven for Jewish people. Hamas (a resistance movement) disagreed with this proposal and declared the destruction of Israel. The war lasted two years before an agreement was made. However, it was not a formal truce, and the two groups have remained at odds ever since. The two groups have fought many times over the years and the most recent war has sparked global interest due to the large scale attacks, deaths and mistreatment of humans. Tragically many lives have been lost in this conflict and we hope to see a peaceful resolution reached soon.



AWARENESS MONTH - NOVEMBER

November is National Diabetes Awareness Month. Diabetes Awareness helps to inform the public about the disease and prevent diabetes related health problems. Both Type 1 and Type 2 Diabetes result from an imbalance in insulin in your body, however they are treated differently. Diabetes can affect your heart, kidneys and nervous system. Although Type 1 is genetic, the best way to prevent Type 2 Diabetes is not to exaggerate your overall consumption of unhealthy foods like those with high sodium, and sugar, or ones that don't contain any beneficial proteins. In the United States, more than 1 in 3 people have prediabetes, but many of them don't know that they have it. This month is not just to show and encourage people to take initiative in their health, but to teach others that they aren't alone with the diseases they live with in their lifetime.

During the month of November we are also recognizing COPD and Antibiotics Awareness. This month we get to highlight three important things in one to show everyone that people with diseases or those who have to take antibiotics are included in this world. COPD, chronic obstructive pulmonary disease, is a group of diseases that affect the heart, lungs, and blood. These people often suffer from respiratory problems. Raising awareness allows people to be informed if they are at elevated risk of maintaining and developing these diseases and how to possibly prevent them with things such as giving up smoking. This month is also an opportunity to expand awareness about antibiotic resistance and the significance of appropriate antibiotic usage in healthcare.

To learn and read more about this ongoing global conflict or November's awareness topics, please visit these websites that provide updating information:

- <https://www.nbcnews.com/>
- <https://www.cnn.com/>
- <https://www.chop.edu/news/health-tip/do-you-know-signs-and-symptoms-diabetes-november-diabetes-awareness-month>
- <https://health.gov/news/202310/november-national-health-observances-diabetes-copd-awareness-and-antibiotic-awareness>

Fall Festival

BY CLAUDIA LEYJA

Last Friday our community service club planned and hosted our fall festival! Due to the rain, they made some accommodations to be able to host the event indoors. Students from different clubs created their own carnival booths. There was such a wide variety of activities, from a guessing booth to pie a teacher or classmate.

Students even had the opportunity to decorate a pumpkin. Blazers TV did a wonderful job on providing refreshments and snacks. Jacky Ramos-Moscoso made homemade Horchata for the entire school! Overall, North Lake students were able to enjoy a wonderful fall themed event. Thank you to all who participated and helped set up and a big thank you to the community service club and Mr. Heiple for organizing this event.



Homecoming

BY JACKIE CARRANZA & MARIANA GARCIA

On the first Saturday of October, North Lake ECHS students and faculty attended the second-ever Homecoming dance at Adamson High School! During the night of Masquerade Madness, students gathered and danced the night away, enjoying each other's company and celebrating their victory from the day prior (student vs teacher basketball game). The night reached a peak when the homecoming court was announced by Mr. Eppler. A big thank you to Student Council and other volunteers for helping set up the event for the entire school.



Congratulations to our 2023 Homecoming Court!!

King: Jose Quezada

Queen: Diana Rivera

Prince: Julian Serrano

Princess: Perla Torres

Duke: Enrique Ayala

Dutchess: Angelique Mendoza

Count: Justin Rabun

Countess: Benji Galvan



Students of the Month

THE STUDENTS BELOW HAVE DISPLAYED EXEMPLARY BEHAVIOR AND ARE BEING RECOGNIZED BY THEIR TEACHERS! CONGRATULATIONS!



Danielle Canonigo

9TH GRADE STUDENT

“Danielle is driven and manages her time as a student-athlete. She is disciplined, and I have no doubt that she will be competitive in reaching her goal of gaining admission to the U.S. Air Force Academy.”

-Coach Nguyen

Odalys Arellano

10TH GRADE STUDENT

“Odalys is driven and organized. She is able to balance her classwork as well as being a North Lake Ambassador and a member of the yearbook team. She works hard at everything she does and it is reflected in her work. Odalys is kind and welcoming to others and is well on her way to becoming an exceptional leader. She is a wonderful choice for student of the month.

-Ms. Seymour



Students of the Month

THE STUDENTS BELOW HAVE DISPLAYED EXEMPLARY BEHAVIOR AND ARE BEING RECOGNIZED BY THEIR TEACHERS! CONGRATULATIONS!



Sarah Estrada

11TH GRADE STUDENT

“Sarah is an active participant and team leader in class. Sarah’s work ethic and leadership in government is impressive. She works hard to not just grasp the concepts but to question and extend her learning outside the classroom.”

-Mrs. Green

Armando Alvarez

12TH GRADE STUDENT

“I would like to nominate Armando Alvarez for student of the month. I have been consistently impressed with Armando's steadfast determination in the college process. From attending every college visit offered, to working on multiple application essays, and keeping an open mind by exploring opportunities, Armando has gone above and beyond!”

-Mr. Matney





Syracuse University

BY MIRANDA VEGA

Syracuse University is a private research university in Syracuse, New York, United States. Established in 1870 with roots in the Methodist Episcopal Church, the university has been nonsectarian since 1920. With 13 schools and colleges, 200 customizable majors and 100 minors, and online degrees and certificates, Syracuse University provides limitless educational pathways. New interdisciplinary areas ranging from social justice and artificial intelligence to energy and environment provide hands-on research experiences that broaden perspectives and prepare students for the careers of tomorrow. Syracuse University has five award-winning study abroad centers and international programs in 60 countries to choose from where the students gain global perspectives that last a lifetime. There are nearly 22,000 students from all over the world taking part in clubs, athletics and gatherings of all kinds. With over 300 student organizations, you'll have plenty of opportunities to explore interests, pursue passions and engage with the Syracuse University community.

Fact Wall

- Syracuse university was founded on March 24, 1870
- 82% of students receive financial support
- 92% of graduates who entered the workforce are in positions related to their career goals.
- The school has an acceptance rate of about 69%
- Syracuse has an 721-acre campus
- The school color is orange
- The mascot is Otto the orange

NORTH LAKE ECHS'

STUDENT COUNCIL

PRESENTS

A WEEK OF GIVING

THANKS!

MONDAY
STAFFGIVING

*Tuesday
Studentgiving*

FRIENDSGIVING
WEDNESDAY

*Lunch Ladies!
Bus drivers
Thursday*

TEACHERGIVING
FRIDAY

Enjoy the moment with us

DAY OF THE DEAD

Ofrenda Submissions

<https://forms.gle/fJ6mAt1CNZJibug68>



November 02, 2023



Upcoming Events

NOVEMBER 2023

November 1-2

Dia de los Muertos

November 5

Daylight Savings Time Ends

November 6

ASVAB Testing

November 7

NO SCHOOL - Election Day

November 10

Yearbook Photo Day

November 10

Senior Portrait Day

November 11

Veteran's Day

November 11

Mock Trial Clinic @ Dallas Courthouse

November 11

Chess Tournament @ Barack Obama

November 20-24

Thanksgiving Break

November 23

Thanksgiving

December 1

Application Deadline for University of Texas and A&M University

Buy your yearbook!



Meet the Staff

2022-2023



MIRANDA VEGA



ELAINA HUMPHREY



CLAUDIA LEYJA

FOLLOW US ON



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North Lake
Early College HS



@NorthLake_ECHS



NATALIE SANCHEZ



DAISY SILVA



@nlechs_yearbook



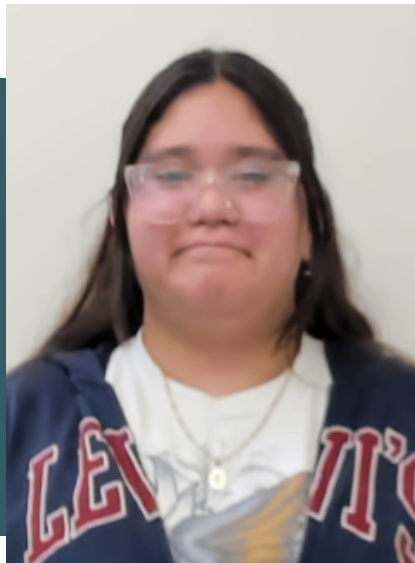
@nlechs__yearbook



MARIANA GARCIA



JACKIE CARRANZA



MOLLY ROSA