

## Self-Screening

Students, staff, and visitors should self-screen before going to a district facility by checking their temperature and determining if they have any of the following new or worsening signs or symptoms of Covid-19.

- Cough, shortness of breath/difficulty breathing
- Chills/repeated shaking with chills
- Muscle aches/body aches/fatigue
- Headache
- Sore throat
- Congestion or runny nose
- Loss of taste or smell
- Nausea/vomiting/diarrhea
- Fever of 100.4 or greater

## Flu and cold season

We are entering flu and cold season, children with symptoms of the flu should **stay at home**. Your child should not return to school until at least 24 hours after there is no longer a fever (temperature over 100°F or 38°C) or signs of a fever (chills, flushing). This should be considered as the first 24 hours a child has been fever-free without the use of fever-reducing medicines such as ibuprofen or Tylenol. Keeping sick students at home is the best way to keep flu from spreading to other students.

**If your student gives the impression of being ill and/or is too fatigued to participate in school, please keep them home and allow them to rest. Please do not send them to school.**

## DCHHS Offers Free Covid-19 and Flu Vaccines at Fair Park

**DALLAS (November 16, 2021)** – Dallas County Health and Human Services (DCHHS) to resume vaccination efforts at Fair Park to offer free Covid-19 and Flu vaccines to Dallas County residents.

“Fair Park has become a well-known vaccination site in Dallas County,” said Dr. Philip Huang, DCHHS Director. “Since the CDC has approved vaccinations for children 5-11 and booster doses for eligible people, DCHHS is reopening a vaccination site at Fair Park to help provide vaccinations to the community.”

Pfizer, Moderna, and Johnson & Johnson vaccines will be available for the 1st, 2nd, and 3rd doses. Vaccines will be available for children 5-11. A parent or a legal guardian's consent is required for children under the age of eighteen to get vaccinated.

The Centers for Disease Control and Prevention (CDC) recommends a yearly flu vaccine for all persons aged six months and older, with rare exceptions. Individuals should discuss flu vaccine concerns with a health care provider.

You may receive the flu vaccine and the COVID-19 vaccine at the same time, according to the CDC. Children five years old or younger, adults sixty-five years and older, and pregnant women are at a higher risk of flu complications.

Operations will begin November 21 from 10 am to 4 pm and on Sundays only. The vaccination clinic is a drive-thru site located in lot 13 at Fair Park. Appointments are not required, but pre-registration is encouraged. To register for the vaccine, visit: <https://bit.ly/30vZ9QJ>