

## Travel guidance

Follow the travel notices from U.S. federal agencies.

If you feel sick with a fever, cough or have trouble breathing contact your doctor. Call before you go to the doctor's office.

For more information contact DCHHS:

**972-692-2780** (For Information)

**1-877-605-2660** (For consultation)

Dallas County Health & Human Svcs.  
2377 N Stemmons Fwy  
Dallas, TX 75207

# Coronavirus Disease

## COVID-19





## COVID-19

A new coronavirus that has caused an outbreak of illness. This illness is now spread all over the world including here in the United States.

### What are the symptoms?

- Cough
- Fever
- Trouble Breathing

### How does it spread?

Coronavirus mainly spreads through close contact with another person when they cough and sneeze. In addition, if a sick person sneezes or coughs onto an area and another person touches that area and then rubs his or her eyes or nose, the person may get sick.

### Is there a treatment?

There is no treatment for COVID-19. However, many of the symptoms can be treated. You will need to stay alone away from other people until you have recovered.



### What can you do to protect yourself and others?



Wash your hands often for at least 20 seconds.



Cover your cough or sneeze.



Don't touch your eyes, nose or mouth.



Stay away from people who are sick.



Stay home when you are sick.



Clean areas and objects that are touched often.



Seek medical care if you feel sick with a fever, cough, or have trouble breathing.