Registering for The Healthy You is easy!

1. Go to the website: https://thehealthyyouprogram.com
2. Click on "**Log In**" to create a new profile.
3. Click on "**Register**" to create a new profile.
4. You will then be taken to the "**Create a New Account**" page.
5. Enter: **pcsdwellness** as the "**Company Code**"
6. Proceed and complete the rest of the "**Account Information**".
7. When the fields are complete, click on "**Create User**" at the bottom of the page.
8. Click the "**Continue**" button.
9. For a better understanding of how to use the Healthy YOU program, click the blue "**Help**" link at the top of the page to watch a brief demonstration video.

Healthy YOU