



# ADRIAN COLLEGE WOMEN'S RUGBY

## GOALS

- Have a winning record after our first season
- Host successful rugby camps and clinics
- Have Adrian College and its facility host multiple tournaments and championships
- Have a team GPA that would be in the top-3 among Adrian College athletic teams
- Host the Midwest Regional Cup Tournament
- Win the NIRA DIII Championship

## COACH



### JOHN GULDEN

Gulden comes to Adrian after serving as the head coach for the men's and women's rugby programs at Marywood University in Scranton, Pa. since August 2017. He found immediate success in the classroom and on the field with both programs as the 2018-19 women posted a 3.32 team grade-point average while the men had a 3.21 combined that same school year. One player from each squad was named a USA Rugby Honor Roll All-American. Women's Rugby had a winning season in its first three semesters of competition, and three players were selected to the all-conference team in the first year. On the men's side, they had their first winning season in Fall 2019 and two student-athletes landed on the second-team all-conference after the first season.

Before Marywood, Gulden served as the women's assistant rugby coach at West Chester University of Pennsylvania for two years. He was involved with practices, lifting workouts, team meetings, program fundraising events, recruiting, compiling statistics and coaching B-side matches. He helped recruit top-caliber student-athletes that saw WCU compete at the highest level, including the USA Rugby Women's Division I Final Four and the first National Intercollegiate Rugby Association (NIRA) playoff appearance.

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## VISION

Consistently growing to be a top competitive rugby program on the national stage, while upholding the standards of Adrian College as a student-athlete on and off the pitch.





## WE ARE ADRIAN COLLEGE

### FACILITIES & SUPPORT

Adrian College has renovated a temporary field located near the baseball field along Highway 223. This field is north of Docking Stadium. Adrian College purchased a 12 acre parcel of land for a future site of a new Rugby pitch. The Pitch will play home to the Adrian College men's and women's rugby teams. The facility will include a turf field, locker rooms, meeting halls, press box, and lights. Adrian College will continue to construct the new field as funds are raised.

Adrian College is home to a top-notch weight room inside the 80,000 square foot Merillat Sport and Fitness Center. The weight room will be used for individual and team workouts ran by our Strength and Conditioning coach. The weight room holds multiple squat racks, free weights, treadmills, ellipticals, and stationary riding bikes. Men's and women's locker rooms are available in the Merillat Sport and Fitness Center that contain steam rooms and saunas.



### ADRIAN COLLEGE

**FOUNDED:** 1859

**CURRENT ENROLLMENT:** 1,700

**STUDENT/FACULTY RATIO:** 13:1

**STUDENT ORGANIZATIONS:** 70+

**MAJOR & PRE-PROFESSIONAL PROGRAMS:** 40+

Conveniently located approximately 45 minutes from Ann Arbor, Mich., and Toledo, Ohio, Adrian College, a liberal college in the United Methodist tradition, is committed to the pursuit of truth and dignity of all people. Through active and creative learning in a supportive community, undergraduate and graduate students are challenged to achieve excellence in their academic, personal, and professional lives, and to contribute to a more socially just society.

Adrian College doesn't just look for the best athletes — it wants leaders, student-athletes that have a tenacity to keep the Bulldogs at the top, in and out of the classroom. The college seeks talent and character — players who understand what it is to be a team, who can electrify sold out crowds, gut out a last line shift, will the team to victory, hit a grand slam in the bottom of the ninth and be a part of a legend in the making.

