

**BROWNSBURG HIGH SCHOOL
ATHLETIC DEPARTMENT**

2024-2025

STUDENT-ATHLETE HANDBOOK



Ms. Kim Lippe
PRINCIPAL

Dave Lang
CORPORATION ATHLETIC DIRECTOR

KYLE DUNCAN
ASSISTANT ATHLETIC DIRECTOR

ALISSA ANDERSON
ADMINISTRATIVE ASSISTANT

CINDY SHAFFER
TREASURER

BROWNSBURG HIGH SCHOOL
1000 SOUTH ODELL STREET BROWNSBURG, IN 46112

BHS MAIN OFFICE: (317) 852-2258
ATHLETIC OFFICE: (317) 852-2258 EXT. 1860
ATHLETIC FAX: (317) 852-1495



HOOSIER CROSSROADS CONFERENCE
Established in the Year 2000.

AVON "ORIOLES"
BROWNSBURG "BULLDOGS"
FISHERS "TIGERS"
FRANKLIN CENTRAL "FLASHES"

HAMILTON SOUTHEASTERN "ROYALS"
NOBLESVILLE "MILLERS"
WESTFIELD "SHAMROCKS"
ZIONSVILLE "EAGLES"

2024-2025

Student Athlete Handbook

I. INTRODUCTION

The Student Athlete Handbook is to provide athletes and their parents an understanding of their responsibilities and rights when an athlete participates in the Brownsburg High School athletic program. The Student Handbook of Brownsburg High School is applicable to all student athletes, and has precedent over the Student Athlete Handbook should any question arise regarding interpretation of rules.

The BHS principal has the authority and responsibility to oversee the athletic program including staff, participants, and any other individual or organization actively engaged in athletic activities. The athletic director is responsible for organizing and administering the athletic program under the supervision of the principal.

The rules listed in this document are in effect *year-round*. All school rules are in effect at extracurricular activities.

II. SPORTSMANSHIP

Sportsmanship: "Good sportsmanship is viewed by the National Federation as a commitment to fair play, ethical behavior and integrity. In perception and practice, sportsmanship is defined as those qualities which are characterized by generosity and genuine concern for others. The ideals of sportsmanship apply equally to all activity disciplines. Individuals, regardless of their role in activities, are expected to be aware of their influence on the behavior of others and model good sportsmanship."

III. PHILOSOPHY

The High School Athletic Department will build good character in all student athletes through a culture of hard work, discipline, sacrifice, and teamwork. Student athletes will build good will and positive relationships with the community while practicing sportsmanship on and off the athletic field. All members of the athletic department will practice excellent financial stewardship. High school athletes will strive to achieve conference and sectional championships.

IV. STUDENT - ATHLETE CONDUCT

Participation in athletics at Brownsburg High School is viewed as a privilege and not a right. A student athlete must set a good example as a student, a citizen, and as an athlete to other students, parents, and community members when in Brownsburg or in other communities. Participation on an athletic team at Brownsburg High School is allowed at the discretion of the coach of that team, subject to review by the athletic director and principal, in accord with Indiana law. In addition, an athlete must meet or exceed those rules and regulations set forth by Brownsburg Community School Corporation administrators and/or coaches and the IHSAA. Coaches will enforce all rules and regulations.

Students participating or planning to participate in extra-curricular activities at Brownsburg High School must have future placement at Harris Academy approved by the BHS principal. Students enrolled in Harris Academy who then express an interest in participating in athletics, may have as a condition of their continued placement at Harris Academy, additional conditions as required by the BHS Administration and/or IHSAA established rules, guidelines and intentions.

Attendance and Participation - Athletes who do not attend school the last three periods of the day because of illness are not permitted to practice or participate in contests on that school day. Verified appointments with medical personnel do not affect contest and/or practice eligibility.

Attitude - A student athlete shall display exemplary attitude, behavior, and citizenship at all times, not just during a particular athletic season.

Lost Equipment - The athlete must return all equipment issued to him/her: If the equipment is lost and/or stolen, the athlete must pay the school the amount required to replace the missing item(s).

Quitting a Team - An athlete must remain on the squad (in the sport in which he/she is participating) until the entire schedule has been completed and/or until he/she has been released by the coach. An athlete who quits the team or is removed from the team will not receive any awards, nor be permitted to play on a different sport/team in the same season until one of the two criteria above is met. A student-athlete who quits a team or is removed from the team will not be reimbursed a participation fee.

Rebellious Behavior - Insubordination, abusive or critical language toward anyone, fighting, lack of full cooperation, lack of maximum effort, and harassment and/or intimidation (verbal, written, physical, and/or sexual) are all examples of misconduct which are strictly prohibited.

Profanity – A student-athlete shall not use language, which is deemed abusive, offensive, or disrespectful by school personnel. A student-athlete shall not use obscene gestures or conduct, or possess materials that are considered obscene by school personnel.

The head coach of each varsity sport may require that athletes practice or participate in contests on a weekend or vacation day, (never on Sunday). As is the case with each and all sports, athletes who choose to be on a team are expected to make a commitment to their sport, coach, and teammates. This means that athletes are expected to attend all practices and contests and thus meet and fulfill the same requirements as their teammates. While the majority of the non-school day practices and/or contests will be at the varsity level, there will upon occasion be instances in which non-varsity athletes will have an attendance obligation. Any penalty, which results from a violation, shall be determined by the grade-level head coach of the sport with approval from the administration.

Off-season Participation Rules – Athletes, who participate on an organized team not school sponsored during the school off-season, must note IHSAA eligibility rules. While coaches are expected to inform their players about the participation rule, it is the athlete's responsibility to know the rule. Ask the athletic director if in doubt.

Team Travel -

The Department of Athletics wants to emphasize the importance of student-athletes riding the team bus to and from athletic events. Riding of the team bus creates a bond - a team unity among teammates and coaches. It is a sanctuary where athletes can commiserate after a loss or celebrate after a victory. It is an educational classroom where coaches can discuss team goals, strategies, or give instruction. A place where a coach can console, congratulate, or motivate an athlete. It is where the athlete and coach have an opportunity to communicate without interruptions or outside interference. It is an environment that cannot be duplicated or recaptured at any other time than at that moment.

You take these experiences, opportunities, and more away from your child and our team when you transport them to or from a contest. Under certain circumstances or exceptional situations, athletes may be excused from riding either to or from an athletic event on school authorized transportation. (Examples: funeral, medical emergency, hospitalized relative, religious observances, weddings, etc.) The coach must be notified in advanced in writing on the athletic department approved Contest Travel Release form.

Removal from Team - Upon occasion it may be necessary to suspend or remove an athlete from a team. In that event the coach of the sport from which the athlete is suspended or dismissed will discuss the matter with the athlete. His/her parents are to be contacted regarding the decision. Depending upon the circumstances, an administrator might be involved in this action.

Definition of Summer - Summer begins with Tuesday of Week 48 (May 28, 2024) **or the close of the school year, whichever comes first**, and ends prior to Monday of Week 4 (July 29, 2024) for fall sports and Monday of Week 5 (August 5, 2024) for all other sports.

Summer Camps/Clinics - For all school-sponsored camps and clinics, and non-school-sponsored camps and clinics for fall sports, attendance must be terminated prior to Monday, Week 5 (August 5, 2024). For non-school-sponsored camps in other sports, attendance must be terminated prior to Monday of Week 7 (August 19, 2024).

Open Facility Programs and Conditioning Programs – Operation of open facility programs must be terminated prior to Monday of Week 5 (August 5, 2024) for all sports. These programs may resume the first day of school. A conditioning program may be extended through Saturday of Week 4 (August 3, 2024). These programs may resume on the first day of school.

Moratorium Week - Each member school shall declare an IHSAA moratorium week from July 1, 2024 through July 7, 2024 when no athletic activities, including conditioning, will be conducted. During this seven-day period, there shall be no contact between athletes and coaches. Therefore, there will be no school-sponsored athletic activities or athlete-coach contact during the week of July 1, 2024 through July 7, 2024.

Suspension from School - are of two types:

Out-of-school - The athlete who receives an out-of-school suspension shall not practice and/or participate in athletic contests until the suspension period is complete. In addition, an out-of-school suspension will result in immediate suspension from the team. The length of the suspension shall be a minimum of 10% of the maximum games allowed by IHSAA policy for the sport in which he/she is currently participating effective upon the completion of the assigned suspension. For an out-of-school suspension, the time period begins immediately upon being suspended by the administration. The suspension period is completed at the end (12:00 a.m.) of the last day that the suspension is in effect.

In-school - The athlete who receives an in-school suspension shall not practice and/or participate in athletic contests during the actual suspension time. In-school suspension time period begins immediately upon being suspended by the administration. The suspension period is completed at the end (12:00 a.m.) of the last day that the suspension is in effect.

Practices and/or contests - shall be postponed in the event of school closing or early dismissal due to inclement weather. Exceptions require approval by the principal.

School-sponsored athletic activities - are never held on a Sunday.

Cell Phones and cameras - Cameras on cell phones or other electronic devices may not be used in the locker room for any reason. Taking pictures, making videos, or participating in video calls are examples of actions that are not allowed in locker rooms or restrooms. A violation of this rule will result in a consequence. This consequence may include dismissal from the team. Text messaging and voice calls should be kept to a minimum when in the locker room.

Social Networking Sites - Student-athletes are responsible for information contained in written or electronic transmissions (e.g. e-mail) and any information posted on a public domain (e.g. internet, chat room, blogs, Facebook, YouTube, SnapChat, Twitter). Inappropriate or embarrassing information or pictures should not be posted in any public domain. Student-athletes are not precluded from participation in such online social networks; however, student-athletes should be reminded that they serve as representatives of their team, the athletic program and the Brownsburg Community School Corporation. Texting, tweeting and uses of other social networks to disparage or criticize the team, other students, opponents, coaches or other school personnel is inappropriate behavior and unbecoming of a Brownsburg student-athlete. Any individual identified on a social networking site which depicts illegal or inappropriate behavior, due to the Honor Code or other policy, will be considered in violation and subject to athletic discipline or suspension per policy guidelines.

Felonies, Misdemeanors, Acts of Delinquency, and Other Acts of Behavior Which Reflect Discredit upon the School -

Use of violence, force, coercion, threat, intimidation, passive resistance, or other conduct constituting an interference with the athletic program or urging other students to engage in these actions, will not be tolerated.

Damage or theft involving school and/or private property, rebellious behavior, possession of weapons, violation of local, state, or federal law, or failing in a substantial number of instances to comply with the directions of coaches and/or rules of the athletic program and the school are all grounds for disciplinary actions.

The consequences for the above-mentioned violations will be as follows:

- The first violation of the above offenses will result in a minimum of 10% suspension of the maximum games allowed by the IHSAA policy for the sport in which he/she is currently participating.
- The second violation will result in a minimum of 50% suspension of the maximum games allowed by the IHSAA policy for the sport in which he/she is currently participating.
- The third violation will result in 365-day suspension from all IHSAA activities.

Any and all violations are subject to additional consequences at the discretion of the Athletic Administration.

Sport	Max # Contests	10%	50%
B/G Basketball	22	2	11
B/G Cross Country	14	1	7
Football	9	1	5
B/G Golf	18	2	9
B/G Soccer	16	2	8

B/G Swimming & Diving	18	2	9
B/G Tennis	22	2	11
B/G Track & Field	16	2	8
Volleyball	23	2	12
Wrestling	18	2	9
Softball	28	3	14
Baseball	28	3	14
Unified Track & Field	16	2	8
Unified Flag Football	10	1	5

Any violation that occurs during participation sponsored by the Varsity Head Coach, will follow the Athletic Handbook policies. This participation includes, in-season, out of season (in school) and summer.

Student Drug Testing Program – It is mandatory that each student athlete and parent/guardian sign and return the “Student Drug Testing Consent” form to the assistant principal to participate in extra-curricular activities in the Brownsburg Community School Corporation. Please refer to the Brownsburg High School Student Handbook for the rules, procedures, and penalties related to the student drug-testing program.

Additional Policy related to the Student Drug Testing Program and Student-Athletes

- Rules regarding substance abuse violations are in effect year-round; that is off-season and summer as well as in season.
- If the violation occurs while the athlete is out of season, the suspension will be served in the next season the athlete has established prior participation (i.e. received a BHS letter or participation points.) Freshman athletes will have the opportunity to establish participation in any sport. In all cases, the athlete will not be allowed to circumvent the rule and must finish the season in which the suspension occurred in good standing.
- Substance abuse violations that occur during an athlete’s high school years are not erasable as they relate to subsequent violations. All are counted and are erasable only when an athlete graduates from BHS.
- The rehabilitative process begins immediately after reasonable suspicion or confirmation, if the violation occurs during a vacation or summer, the rehabilitative process will begin as soon as possible.
- Nothing in this policy shall be construed to require the school corporation to follow the provisions of the Process and Pupil Discipline Statue (IC 20-8.1-5) in removing a student from participation in any extra-curricular activity.
- Controlled Substance is any narcotic drug, hallucinogenic drug, amphetamine, barbiturate, steroid, tobacco product, mood-altering chemical, substance or drug look-a-likes whether in fact such substance actually is a controlled substance.
- Being excluded from extra-curricular activities for an athlete means no practice, team conditioning /weight lifting or contest participation.

In addition, he/she may be referred to the Substance Abuse Coordinator with the understanding that the athlete will submit to a drug test. If the test shows positive, he/she will follow all tenets of the Random Testing Program that apply to student testing positive. If the non-participation time is different, the athlete must adhere to the longer non-participation requirement.

Supplemental Team Rules - Each varsity or grade level head coach may need to establish additional rules that are needed in order to make his/her sport function smoothly. These rules are not to supersede the Student Handbook or Student Athlete Handbook, but are supplemental in nature.

Athletic Council - The Athletic Council is a group composed of the athletic director or assistant athletic director, principal or assistant principal, and a minimum of three (3) head coaches. The purpose of the council is to act upon any special circumstances that may arise. Included in this area of responsibility, but not limited to, is the hearing of appeals from an athlete regarding his/her conduct, deciding special awards, and imposing penalties for major violations of the rules of the athletic department.

A suspended or team-dismissed athlete and his/her parent(s) are entitled to understand the decision for imposing a penalty. Procedures are in place to ensure this information is made accessible to those athletes and/or parents who wish to discuss the matter in a conference setting.

- The conference must be requested in writing, within five days after the athlete is notified of his/her suspension or dismissal from the team.
- Following the conference, the athletic council review committee will decide to support the suspension or team dismissal,

modify the suspension or dismissal, or to declare the suspension or dismissal invalid.

- If the parent or athlete disagrees with the decision of the committee concerning a suspension or team dismissal following a conference with the athletic council review committee, the athlete and his/her parent(s) may request a meeting with the building level principal. The principal's decision is final and binding.
- Team dismissal is defined as, complete removal from a team, not a change in the level of player participation (i.e. Varsity, JV, other.)

V. INSURANCE FOR INJURIES

In order to eliminate any confusion relative to athletic injuries, expenses, and insurance, please note the following: Brownsburg Community School Corporation expects each athlete to have accident coverage before participating in athletics. Brownsburg Community School Corporation will not pay any injury-related expense sustained by athletic participants. All

Brownsburg Community School Corporation students may enroll student accident insurance provided by a third-party vendor, Markel Insurance. Details, including costs, can be found by visiting <https://markel.sevencorners.com/>.

The IHSAA purchases a Catastrophic Insurance policy that covers all athletes participating in IHSAA sports. (This does not include cheerleading.) However, this policy is excess insurance and pays up to \$1,000,000, (amount may increase) only after the athlete's insurance has paid the maximum amount. It should be noted that neither the Brownsburg Community School Corporation, nor the IHSAA carries any kind of "first dollar" athletic insurance.

VI. HEALTH AND SAFETY

Risks - The very nature of athletic competition provides for potential risk and injury. Even with protective equipment, proper supervision, and sound instruction, injuries still occur. In extremely rare cases, even paralysis or death could result. All athletes and parents need to be aware of the potential hazards that exist within the athletic arena. We in the Brownsburg High School Athletic Department will always do whatever we can to ensure that our athletes have a safe and healthy athletic experience.

One way Brownsburg Community School Corporation (BCSC) ensures a safe and healthy experience is by providing a certified athletic trainer to the student-athletes of Brownsburg High School. The athletic trainer is nationally certified and state licensed. The athletic trainer is available during athletic practices and during most home athletic events. If not on site each head coach has the ability to communicate with the athletic trainer. All injuries sustained while participating in athletics must be reported to the coach and/or the athletic trainer.

Electronic Signature Consent Form-

Before participation in any open-facility workout, practice or contest, an athlete and their **parent/guardian must complete all electronic forms online. These forms will be stored electronically.**

Emergency Procedures –

- **In any incident where an EpiPen is used for treatment on a student, staff member, or visitor Brownsburg Community School Corporation staff will call 911 and submit the Indian Department of Education Report of Epinephrine Administration.**
- **Emergency stock albuterol will be administered in the event of acute respiratory distress of an individual in the school setting by a certified athletic trainer employed by the school corporation.**

Return to Play after Injury - BCSC must follow IHSAA rule 9-14 pertaining to athletes returning to action from injury or illness.

- Concussion - An athlete returning from a concussion will be expected to provide to the athletic trainer a written release from a MD or DO who is ImPACT trained. The release must be on an official document from the physician's office.
- The BCSC athletic trainer and/or the team physician will make the final determination on athletes returning to play following any injury. Based on their clinical knowledge and experience they may overrule a written release from the athlete's personal physician.

Use of Supplements - Supplements are not a shortcut to success and do not replace quality nutrition value from nutritious foods or fluids that meet the needs of an athlete's training program. All supplements carry risks. Supplements are not regulated by the FDA and have potential to contain banned substances or harmful substance that are not listed on the label. The evidence surrounding youth athletes consuming supplements is lacking safety, efficacy, and proper dosing guidelines. The side effects can be potentially dangerous. A food-first approach provides the largest impact on healthy growth and performance, and it boosts the immune system's ability to work and recover.

VII. PRE-PARTICIPATION PHYSICAL EXAMINATION

Before participation in any open-facility workout, practice or contest, an athlete must complete all electronic documentation including an IHSAA physical form. The IHSAA, under the guidance of the Indiana State Medical Association's Committee on Sports Medicine, requires that the physical form be signed by a physician (MD or DO) holding an unlimited license to practice medicine, a nurse practitioner (NP) or a physician assistant (PA) and dated after April 1 to be valid through the upcoming school year.

IX. ACADEMIC ELIGIBILITY

Academic Eligibility - To participate in extra-curricular contests a student must meet the IHSAA standard of passing at least 70% of the classes at the end of each of the following grading periods; quarter one, semester one, quarter three, semester two. If a student does not meet these standards, he/she will not participate in extra-curricular contests during the next nine weeks grading period. A student not meeting these standards during semester two of a school year will not participate in extra-curricular contests during the first nine weeks of the next school year. Students not academically eligible are permitted to practice.

Academic Help Sessions - In-Season-Athletes: Any student earning a grade below a "C-" in any one class will be required to attend a MINIMUM of one hour of academic help sessions per week until all grades are above a "C-"

- Out-of-Season Athletes: Coaches will monitor their athletes' grades and make a determination regarding attendance at Athletic Department Study help sessions.

X. OPEN FACILITY WORKOUTS

The purpose and design of open facility workouts is to improve an athlete's out of season conditioning, as well as increasing strength, speed, skill and knowledge of a particular sport. These workouts are not viewed as a team practice, but an opportunity for self-improvement. The decision to hold an open facility workout is at the discretion of the head coach and must be approved by the BHS athletic administration in advance.

All athletic teams and coaches will abide by IHSAA guidelines regarding open facility programs (Rule 15-2.5.) **Open facility workouts are open to all high school students within the corporation. All participants in open facility workouts must be enrolled in the Brownsburg Community School Corporation. Brownsburg athletes may not participate in open facility workouts at other schools per IHSAA policy. Brownsburg Middle School eighth grade students may attend open workouts after the eighth-grade season of the sport holding the workout has concluded.**

The athletic department encourages attendance by athletes who are not participating members of a team that is in-season at the time of the workout, but stresses that participation is strictly voluntary. Parents are responsible for safe transportation to these workouts and are expected to pick up their children in a timely manner.

IHSAA Definitions Regarding Open Facility Programs - The IHSAA definitions of athletic participation include three periods of time. They are: *In School – In Season*; *In School – Out of Season*; and *Summer* participation (Rule 15.)

Limited Contact Program (In school – out of season) - During the School Year Out-of-Season, a program of School sponsored athletic activities in which a student, who participates in a Team or Individual Sports, may have contact with a coach, provided it occurs in a School's gymnasium, playing field or other School facility, open for athletic participation, on a voluntary basis, to (i) all students who attend the School, and (ii) all students who attend a Feeder School of the School sponsoring the program.

- **Conditioning Program.**
 - During the School Year Out-of-Season, a student who participates in Individual Sports and in Team Sports may participate in a Conditioning Program; a Conditioning Program is a program designed for and limited to activities which promote physical fitness and exclude game drills. Examples of permissible activities are weight lifting, running and aerobic exercising. The limitations on participation by, and contact with, a student in Team Sports, During the School Year, Out-of-Season, do not apply to a student's participation in a Conditioning Program.
- **Limited Contact Program**
 - Limited Contact Program sessions for Team and Individual Sports may be conducted a maximum of Two (2) times per week for a maximum of Two (2) hours per session.
 - At a Limited Contact Program session, a Member School coach may supervise the programs, communicate with students, offer instruction and work directly with all out-of-season athletes, may use all equipment related to the sports, i.e. balls, goals, nets, etc., except that in football no protective equipment such as a helmet, shoulder pads, padding or a girdle may be use, provided that:
 1. the program must be open to all students of the member School;

2. attendance and participation must be voluntary and not required by the member School coach for membership on a particular sports team, and
3. participation in a Limited Contact Program session by a student is limited to the following periods of time;

Limited Contact Program	Start Date	End Date
Fall Season	Monday of Week 9	Saturday of Week 15
Winter Season	Monday of Week 23	Saturday of Week 31
Spring Season	Monday of Week 40	Saturday of Week 45

Open Facility Program (Summer) - Open facility programs in which the gymnasium, playing field or other school facilities are open to all students for participation. Specific equipment related to a particular sport, i.e. balls, goals, nets, etc., may be used.

- Member schools may operate open facility programs in which the gymnasium, playing field or other school facilities are open to all students for participation.
- Member school coaches may supervise the program, communicate with students and offer correction provided that:
 - the program is open to all students of the member school;
 - attendance and participation is voluntary and not required by the member school coach for membership on a team.
 - Operation of open facility summer programs must be terminated for all sports prior to the final week of July. Open facility programs for out of season sports may resume on the first day of school.

XI. ATHLETIC AWARDS

Athletic Awards - Those athletes who meet all guidelines as described herein will receive an award upon conclusion of the season.

General Requirements to receive awards (all sports): The athlete must be eligible for awards according to all rules and regulations set forth by the Indiana High School Athletic Association and the BHS Student Athlete Handbook.

- The athlete must complete the season and maintain good standing throughout the season. The loss of good standing means the athlete will not receive honorary awards for that season(s) in which the violation is penalized.
- Injured and/or seasonally ill athletes (must be medically excused) may or may not receive awards. These situations are of two types:
 - An athlete who meets all performance and good standing requirements before being injured or becoming seasonally ill can be lettered through the regular process.
 - An athlete in good standing who is injured or becomes seasonally ill before meeting performance requirements may or may not letter. In order to award a letter or present a performance award the head coach (if he/she feels the award should be issued) should request a ruling from the athletic council.

Types of Awards – Various types of awards are available to athletes, managers, student athletic trainers, and cheerleaders.

Participation Awards - certificate received by athletes for a frosh or JV level.

Letter - A white block "B" will be awarded the first time an athlete meets the requirements. Athletes may earn a letter by meeting one or more of the following standards.

- An athlete who completes the season in good standing, but does not meet the Performance Awards criteria below can earn a letter at the coaches' discretion.
- Any athlete winning an individual varsity conference and/or sectional championship and fulfilling all general requirements as they apply will receive the letter award for that sport.
- Athletes who receive playing time on a sectional champion team (during sectional play) will receive the letter award for that sport.

Performance Awards - In addition to the methods (described above) of earning a letter, an athlete who meets the general requirements can earn a letter in the sports listed below by equaling or exceeding the minimum standards listed herein: For the purpose of communication these awards are referred to as "performance awards".

- Baseball and Softball - Must play in 25% of the total varsity innings.
 - Or appear in 25% of total varsity games as a pitcher.
 - Or subject to coach's opinion as a varsity pinch hitter.
- Basketball (Boys' and Girls') - Must play in 25% of the total varsity quarters.
- Cheerleading - Must complete season in good standing as a varsity cheerleader.
- Cross Country (Boys' and Girls') - Must participate in 50% of all varsity meets and be among top seven varsity runners.
- Football - Must participate in 33% of the total varsity quarters.
- Golf (Boys' and Girls') - Must participate in 50% of all varsity meets or have total points among the top eight scores.
- Soccer (Boys' and Girls') - Must participate in 50% of the varsity halves.
- Tennis (Boys' and Girls') - Must participate in 50% of the regularly scheduled varsity matches (excluding tournaments).
- Track (Boys' and Girls') - Meet at least one of the criteria listed below:
 - Rank number one or number two in an event.
 - Score 15 or more points in a season.
- Swimming (Boys' and Girls') - Must accumulate an average of three points per varsity meet. This does not include the HCC meet. Divers must average 33% of swimmers total points.
- Volleyball - Must participate in 50% of total varsity matches.
- Wrestling – Must participate in a minimum of 12 matches at the varsity level.

Honorary Awards - Awards are given in each sport to those athletes who have earned distinction as being the most outstanding in a category.

Fall Awards -

Cross Country (Boys' and Girls')

Freshman - Sophomore Mileage Champion
Junior - Senior Mileage Champion
Most Valuable Runner
Mental Attitude

Football

Most Valuable Offensive Back
Most Valuable Offensive Lineman
Most Valuable Defensive Back
Most Valuable Defensive Lineman
Most Valuable Defensive Linebacker
Special Teams Player of the Year
Mental Attitude
Most Valuable J.V. Player
Most Valuable Defensive Player, Frosh
Most Valuable Offensive Player, Frosh

Golf (Girls')

Low Medalist
Varsity Most Improved
Mental Attitude, JV

Soccer (Boys' and Girls')

Leading Scorer
Most Assists
Rookie of the Year
Best Defensive Player
Leading Scorer, JV
Best Defensive Player, JV

Tennis (Boys')

Most Valuable Player
Mental Attitude
Most Valuable Player, JV
Mental Attitude, JV

Volleyball

Best Defensive Player
Best Offensive Player
Assists Leader
Leading Scorer
Ace Award
Best Defensive Player, JV
Best Offensive Player, JV
Best Defensive Player, Frosh
Best Offensive Player, Frosh
Mental Attitude

Winter Awards -

• **Basketball (Boys')**

Mental Attitude – Varsity
Leading Rebounder – Varsity
Assists Leader - Varsity
Best Free Throw Shooter – Varsity
Leading Rebounder, JV
Best Free Throw Shooter, JV
Mental Attitude, JV
Leading Rebounder, Frosh
Best Free Throw Shooter, Frosh
Mental Attitude, Frosh

• **Basketball (Girls')**

Mental Attitude – Varsity
Leading Rebounder – Varsity
Assists Leader - Varsity
Best Free Throw Shooter – Varsity
Leading Rebounder, JV
Best Free Throw Shooter, JV
Mental Attitude, JV
Leading Rebounder, Frosh
Best Free Throw Shooter, Frosh
Mental Attitude, Frosh

• **Swimming (Boys' and Girls')**

Most Valuable
Mental Attitude
Diving Award Winner

• **Wrestling**

Most Valuable Wrestler
Mental Attitude, Varsity
Most Pins
Most Takedowns
Fastest Pin
Mental Attitude, JV
Mental Attitude, Frosh

Cheerleading

Most Spirited
Most Valuable
Mental Attitude
Most Spirited, JV
Mental Attitude, JV
Most Spirited, Frosh
Mental Attitude, Frosh

Spring Awards -

Baseball

Most Valuable Player
Lowest ERA
Gold Glove (Best Fielding Percentage)
Best Batting Average
Mental Attitude
Most Valuable Player, JV
Pitcher of the Year, JV
Most Valuable Player, Frosh
Pitcher of the Year, Frosh
Mental Attitude

Golf (Boys')

Low Medalist
Second Low Medalist
Mental Attitude

Softball

Lowest ERA
Top Fielder, Percentage
Best Hitter, Average
Mental Attitude
Lowest ERA, JV
Best Batting Average, JV
Highest Batting Average, Frosh
Highest Fielding Average, Frosh
Lowest ERA, Frosh

Tennis (Girls')

Most Valuable Player
Mental Attitude
Most Valuable Player, JV
Mental Attitude, JV

Track (Boys' and Girls')

Most Valuable, Field Events Most Valuable, Running
Events Most Points Scored
Mental Attitude

General Awards –

- Rings – Teams and individuals who have distinguished Brownsburg High School by winning an IHSAA state championship or runner up will be eligible for a state ring.
- Jacket - An athlete who earns the letter is eligible to purchase a purple jacket. The jacket shall be of the color and design traditionally designated by the school.
- Patches - Teams and individuals who have distinguished Brownsburg High School by winning county, conference, sectional, regional semi-state or state titles are eligible to purchase such patches through the school

XII. PROGRAM SUPPORT FEE

A \$100.00 fee per athlete per season must be paid by the end of the first week of the official season. Those student-athletes who have not submitted the fee by the deadline for his/her specific sport will not be allowed to participate until the fee is paid. It is important to note that once paid, this fee is not refundable. Checks should be made payable to the high school athletic department or pay online. If a student athlete participates in three sports in a given school year, there is no fee for the third sport. Parents/guardians who are unable to pay this fee should contact the Athletic Director to request a waiver.

The IHSAA has determined set dates which authorized practices for each sport can begin. These dates are published on the IHSAA website and can be found by visiting: <http://www.ihsaa.org/dnn/Resources/Calendar/tabid/87/Default.aspx>.

XIV. PARENT / ATHLETE / COACH RELATIONSHIP INFORMATION

Facts -

- Parenting and coaching are both extremely difficult vocations.
- Coaches and parents both want athletes to have a positive experience as they participate on an athletic team.
- There are situations that may require a conference between the coach and the parent. These are to be encouraged. It is important that both parties involved have an understanding of the other's position.
- Communication is the key to making the positive experience become a reality. Athletes, parents and coaches are all responsible for effective communications.
- Research indicates a student involved in co-curricular activities has a greater chance for success during adulthood.
- Many of the character traits required to be a successful participant in athletics, are exactly those that will promote a successful life after high school

Communications coaches expect from players -

- Athletes should express concerns immediately and directly to the coach.
- Notification of any schedule conflicts well in advance.
- Specific concerns in regard to a coach's philosophy and/or expectations.

As your children become involved in the athletic programs at BHS, they will experience some of the most rewarding moments of their lives. It is important to understand that there also may be times when things do not go the way you or your child wishes. These experiences, when well-handled by all, can be excellent "life lessons" for our children. Discussions between the coach and the athlete to reduce frustration are encouraged.

Communications parents should expect from the coach -

- Expectations the coach has for your child as well as all members of the squad.
- Locations and times of all practices, contests, and meetings.
- Team requirements, (fees, forms, special equipment, practice packs, off-season conditioning, etc.)
- Procedure, should your child be injured during participation.
- Any discipline measures that result in the denial of your child's continued participation on the team.

Appropriate concerns to discuss with coaches-

- Concerns regarding your child's mental and physical status.
- Ways to help your child improve in the activity.
- Concerns about your child's behavior.

It is very difficult to accept when your child is not playing as much as you may hope or at the level you believe they are capable. However, the decision must be made by the coach or coaches without undue influence from the parents. Coaches are professionals. They make decisions based on what they believe to be best for all athletes involved. Those decisions have a measure of subjectivity that you may not agree with, yet must accept. Please allow your child to enjoy the experience of athletic participation, without pressure or negative remarks about their performance. Comments to your child that questions the competence of the coaching staff or game officials will only harm your child's opportunity to grow and learn from this experience.

Issues not appropriate to discuss with coaches -

- Team strategy.
- Play calling.
- Playing time (asking how the student-athlete could improve his/her skills is welcome)
- Other student-athletes.

If you have a concern to discuss with a coach -

- Call to set up an appointment with the coach.
- If the coach cannot be reached, call the Athletic Directors at: 852-2258 ext 1860.
- An Athletic Director will be happy to discuss the mission and purpose of the BHS athletic program and to offer suggestions on ways to best communicate your concerns with the coach.
- **Please do not attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent and the coach. Meetings of this nature do not promote resolution.**

What a parent can do if a meeting with the coach does not resolve the concern -

- Call and set up an appointment with the Athletic Director for that sport to discuss the situation.
- The appropriate next step can be determined at this meeting.
- The Athletic Director will not discuss playing time, team selection or what team level your child is playing (varsity, junior varsity or freshman). These topics are the responsibility of the coach and will not be overruled by an Athletic Director, or School Administrator.
- The Athletic Director can only discuss issues regarding your child and will not discuss or compare other student-athletes.

Participation in high school athletics should be an enjoyable and learning experience for the student-athlete. The behavior and attitude of the parent(s) is critical in this process. Years from now, you will care deeply about your grown child's health, and happiness – but you will care very little about how many points they scored in a ballgame, meet or match. Please help us to teach the important lessons that come from playing high school sports. These experiences can make a positive impact on their ability to handle the tremendous challenges of life. Great teams have players, coaches and parents pulling together toward a common goal. Thank you for trusting us to do our part.