

Student Wellness Resource Guide

Local Counseling Services

Heather King, LPC

(417) 683-7475 Ava

hmking7475@gmail.com

Judy King, LPC

(417) 543-5737 Ava

Quality Counseling Services, LLC

Judy King, LPC

(417) 543-5737 Ava (Facebook)

Connie Grand, LPC

(417) 543-3568 Ava (Zoom)

Stan Barnes, LPC

(417) 234-5523 Springfield

Agape Counseling, Cari Hansen, LPC

(417) 924-2326 Mansfield

MOCH - Tory Spurgin

679-2775 Gainesville

Compass Counseling Services

(417) 597-4572 Branson & Springfield

Matthew Green, MS, LPC

(417) 256-4104

Southern MO Community Health

(417) 255-8464 West Plains

Psychologists

Greater Ozarks Rural Psychologists, LLC

(417) 924-8188 Mansfield

Dr. Samantha Dugan, PSY.D

Mansfield Community Center

(417) 414-4419

Ozark Medical Clinic (OMC)

(417) 926-6563 Mountain Grove

(417) 257-6762 West Plains

Residential Treatments Facilities

Burrell Behavioral Health Center

(417) 761-5000 Springfield

Heartland Behavioral Health

1-800-654-9605 Nevada, MO

Compass Health Network

<https://compasshealthnetwork.org/>

Mental Health Crisis Line: (888) 237-4567

Behavioral Health Crisis Line: (833) 356-2427

Royal Oaks Hospital (800) 456-2634

royal-oaks-hospital.org

Lakeland Regional Hospital

(844) 343-0789 Springfield

Cox North Hospital

(417) 269-3000 Springfield

<https://www.coxhealth.com/services/mental-health/inpatient-care/>

FCC Behavioral Health-Adolescent RISE

(417) 257-9152 West Plains

<https://fccinc.org/>

Gainesville R-V Schools doesn't recommend one service provider over another and these service providers are those currently known to provide services in our area. Please research providers before selecting one for you and your family.

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Gainesville R-5 School District Counselors

High School: Miranda S. Donley, MS

(417) 679-3114

Elementary: Nicole Hambelton, MS

(417) 679-4416

Hotlines

National Suicide Hotline 24/7 Support
988

Crisis Text Line

Text “Hello” to 741-741 for free 24/7 crisis support via text

Ozarks Healthcare Access to Crisis Intervention 417-257-6762

Missouri Suicide Hotline & Behavioral Health Crisis Hotline MOCARS
1-800-356-5395

Child Abuse and Neglect Hotline
1-800-392-3738

Poison Control Center
1-800-222-1222

Youth America Hotline
1-877-YOUTHLINE (968-8454)

The Trevor Project
1-866-488-7386

The Trevor Project is the leading organization providing crisis intervention to lesbian, gay, bisexual, transgender, and questioning (LGBTQ) young people ages 13-24.

Trevor Chat

Online instant messages with a TrevorChat counselor

Trevor Text

Text “Trevor” to 1-202-304-1200

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Local Emergency Contacts & Resources

Ozark County Sheriff Department

(417) 679-4633

Ozark County Ambulance

(417) 679-3624

Ozark Action, Inc.

(417) 683-5018

Ozark County Health Department

(417) 679-3334

MO Dept. of Social Services/Family Support

(417) 679-4616

Ministerial Alliance

Online Resources & Support

Show-Me Hope Missouri is Missouri's crisis counseling program (CCP) in response to a disaster or critical event. Counselors are based in the local community to teach coping and stress management skills to anyone dealing with the anxiety and uncertainty caused by the event. The CCP helps individuals and communities recover from natural and human-caused disasters through community outreach and access to resources including mental health services.

<https://www.moshowmehope.org/>

1-800-985-5990

Tip: Calling the 988 hotline or MOCARS hotline or OHC Access to Crisis Intervention line will provide you with help in figuring out what the first step in treatment should be.