

Information about your Asthma

All students (parent of student) with asthma please complete this form and give it to your doctor.

Student's Name: _____ Birth Date _____ School _____

Grade _____ Homeroom # _____

A ACTIVITIES. Since the last visit, has the patient's asthma interfered with being physically active at home or at school (play, physical education) or in other activities?		Home () YES	School () YES	N,N
S SLEEP. Since the last visit, has the patient's sleep been disturbed by having trouble breathing or coughing?		Home () YES		N
T TRIGGERS. Circle triggers (below) that seem to worsen the patient's asthma: Pet animals Feathers Birds Cigarette smoke Perfume Dust Mold Chalk Are triggers present at home/school?		Home () YES	School () YES	N,N
H HAVING EQUIPMENT HANDY. (a) What asthma equipment do you have for use at home or school: Inhaler Peak flow meter Spacer (b) Is rescue inhaler readily available for problems (easy access in school office or self-carry for teens)? (c) How long does one inhaler last, on average? _____ weeks (d) During the past 2 weeks, how often did the patient use their quick-relief inhaler?		Home () YES () YES () YES () YES _____ times in 2 weeks	School () YES () YES () YES () YES _____ times in 2 weeks	Y,Y Y,Y Y,Y Y,Y
M MANAGEMENT PLAN. (a) Do you have a written Asthma Management Plan at home? At school? (b) Do you think the written plan you have for home/school is now out-dated?		Home () YES () YES	School () YES () YES	Y,Y Y,Y
A ATTENDANCE. How many school days (or child daycare days) did the patient miss in the <u>past two months</u> because of asthma?			School _____ days	

Completed by _____ Date _____

Is there new information since the last time you completed this form?

Name of school: _____

Name of school nurse or other health representative: _____ () Do not know

Telephone number of school: _____ () Do not know