



Ontario County Public Health

Healthy People in Healthy Communities

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Linking People to Services in Ontario County



In This Guide

- Telephone Directory
- Housing and Shelter Assistance
- Domestic Violence Assistance
- Food Pantries
- Health Insurance Navigators
- Infant Supplies
- Child and Family Outreach
- Community Agency Referral Forms

For further assistance and updates, please call Ontario County Public Health 1-800-299-2995

The Ontario County Resource Guide is intended to connect the community, medical providers, and service agencies with the resources available to residents of Ontario County. This list is updated yearly and is inclusive to the best of our knowledge. You will find health information on many of the pages within this resource guide. The information provided is general health information. Any specific health question should be directed to your health care provider.

If you would like your service agency listed in this resource guide, please contact Kassandra Doyle at kassandra.doyle@ontariocountyny.gov

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O HOT LINES AND IMPORTANT	NUMBERS ()
Adult Protective Services	585-396-4111
AIDS/HIV Hotline	1-800-541-AIDS (English) 1-800-233-7432 (Spanish)
Birthright	1-800-550-4900
Care Net (Pregnancy Center of Canandaigua)	585-393-0437
Catholic Charities of the Finger Lakes	
Canandaigua	585-394-0190
Geneva	315-789-2235
Newark	315-331-4867
Child Abuse Hotline: Public	1-800-342-3720
Child Abuse Hotline: Mandated Reporter	1-800-635-1522
Child Abuse – National Hotline – Child Help	1-800-422-4453
Child Advocacy Center of the Finger Lakes	585-394-2573
Child & Family Resources (Parenting Support)	1-800-881-5786
Clifton Springs Hospital/ Rochester Regional Health	315-462-9561
COVID-19 New York State Department of Health	
COVID-19 Information Hotline	1-888-364-3065
COVID-19 Emotional Support: Project Hope Hotline	1-844-863-9314
Department of Social Services & HEAP	585-396-4111
Domestic Violence (English)	1-800-695-0390 (Safe Harbors) Call 1-800-942-6906 (NYS) Text 844-997-2121
Domestic Violence (Spanish)	1-800-942-6906 (NYS)
Early Intervention (Ontario County Public Health)	1-800-299-2995
Emergency	911
Emergency Assistance (Catholic Charities of the Finger Lakes)	585-394-0190

Environmental Health-NYSDOH, Geneva District Office	315-789-3030	
Family Planning Services		
Finger Lakes Community Health	315-781-8448	
Planned Parenthood (Canandaigua)	1-866-600-6886	
Family Planning Center	315-789-2410	
F.F. Thompson Hospital/ UR Thompson Health	585-396-6000	
Finger Lakes Community Health (FQHC)	315-781-8448	
Finger Lakes Health (Geneva General Hospital)	315-787-4000	
Finger Lakes Regional Poison Center	1-800-222-1222	
Finger Lakes WIC (SPCC WIC)	585-394-9240	
FLACRA (Finger Lakes Addiction Counseling Referral Agency)	1-833-435-2272	
Farmington (Formerly Turnings Substance Abuse)	585-396-4190	
Clifton Springs – Addictions Crisis Center	315-462-7070	
Clifton Springs – Outpatient	585-922-9900	
Geneva – Outpatient	315-781-0771	
Geneva Housing Authority	315-789-8010	
Geneva General Hospital (Finger Lakes Health)	315-787-4000	
Growing Up Healthy (Referral Service)	1-800-522-5006	
Health Navigator (NYS Health Insurance Exchange)	1-855-355-5777	
Finger Lakes Community Health	1-800-346-2211	
Geneva Community Health	315-521-0234	
Mosaic Health Rushville	585-554-4400	
Community Health Care Association of NYS Appointment Helpline	1-800-346-2211	
High Risk OB/GYN at Strong Memorial Hospital	585-487-3350	
Healthy Families Ontario/Child & Family Resources	1-800-881-5786 or 585-919-2476, ext. 2507	
Humane Society/Happy Tails	585-396-4590	

Immunizations for travel – Upstate Passport Health/Roch Travel	1-855-729-2479
Immunizations – Ontario County Public Health	1-800-299-2995
Jordan Health Center (Canandaigua, FQHC)	585-396-0222
Lead Testing for Children - Ontario County	1-800-299-2995
LAWNY (formerly Legal Assistance of Western NY, Inc.)	315-781-1465
9-8-8 LIFELINE (24/7 crisis/suicide intervention program)	Dial 988 or 1-877-356-9211
Mental Health (See Yellow Pages for individual Providers)	
Boike Mental Health	585-394-1442
Canandaigua VA Medical Center	585-394-2000
Clifton Springs Hospital and Clinic (Mental Health)	585-922-9900
Family Counseling Service of the Finger Lakes	315-789-2613
Lakeview Health Services	315-789-0550
Ontario County Mental Health	585-396-4363
OnTrackNY Rochester (Ages 16-30)	585-360-4129 585-241-1364
Narcan	1-800-299-2995
NYS Department of Environmental Conservation	585-226-2466
NYS Department of Health Environmental (Geneva District)	315-789-3030
NYS Department of Health	1-866-881-2809
NYS Smokers/Vapers Quitline	Call 1-866-697-8487 Text 716-309-4688
Paternity and DNA Questions	1-888-404-4363
Planned Parenthood (Canandaigua)	1-866-600-6886
Poison Control	1-800-222-1222
Prescription Assistance - NeedyMeds.org	1-800-503-6897
Rabies Prevention (Ontario County Public Health)	1-800-299-2995
Rape, Abuse, & Incest National Network (RAINN)	1-800-656-4673

585-554-4400
1-800-247-7273
585-394-6968
1-866-331-7759
585-487-3350
585-275-2100
Dial 988 or 1-800-273-8255
585-394-0190
585-545-7200
Call 1-800-273-8255 Text 838255
585-396-4010
1-800-456-1172
1-800-253-4439

ABUSE

Abuse- related Mental Health Counseling Services - See Mental Health

Alcoholism - See Addiction Recovery Programs

Child Advocacy Center of the Finger Lakes

482 North Main Street

Canandaigua, NY 14424 The Child Advocacy Center of the Finger Lakes is a child-friendly location where allegations of physical or sexual abuse are responded to by a multidisciplinary team of professionals. From the time of the report through the end of the case, the multidisciplinary team will work together to conduct a thorough investigation and provide necessary support services to children and their non-offending caregivers. This model aims to reduce the trauma experienced by child victims.

Child Abuse/Incest

• If the child is in immediate danger <u>call 911</u>

Childhelp® USA National Hotline

• **Childhelp** exists to meet the physical, emotional, educational, and spiritual needs of abused, neglected and at-risk children. We focus our efforts on advocacy, prevention, treatment, and community outreach.

Child Abuse Hotline: New York State

This is a hotline to report child abuse as a <u>non-mandated reporter</u> meaning a concerned civilian. Abuse may be in the form of physical, mental, or sexual. Lack of supervision, denying a child an education, and neglect are also forms of abuse. If the child is in immediate danger, call 911.

Child Abuse Hotline: Mandated Reporter

Department of Social Services, Ontario County Child Protective Services 3010 County Complex Drive Canandaigua, NY 14424

Domestic Violence

Safe Harbors of the Finger Lakes, Inc. If you are in immediate danger, call 911.

Family Counseling Services of the Finger Lakes Domestic Violence/Abuse

Survivor Advocacy Center of the Finger Lakes, Inc.

LAWNY (Formerly Legal Assistance of the Finger Lakes) 361 South Main Street Geneva, NY 14456

Rape

585-394-2573 https://www.cacfingerlakes.org/

1-800-635-1522

1-800-422-4453

1-800-342-3720

https://www.childhelp.org/

585-396-4111 https://ocfs.ny.gov/main/

> 1-800-247-7273 https://shflny.org/

> > 315-789-2613 1-800-695-0390

1-800-456-1172 https://www.vrcfl.org/contact/

> 315-781-1465 http://www.lawny.org/

ABUSE

Safe Harbors of the Finger Lakes

- Geneva
- 24 hour line

Rape, Abuse, Incest National Hotline

Reaching out for help is the first step. RAINN provides support for sexual assault victims & their loved ones.

315-781-1093 800-247-7273 http://www.shflny.org/

1-800-656-HOPE

https://www.rainn.org/

1-800-942-6906 (Text) 844-997-2121 Deaf or Hard of Hearing: 711 https://opdv.ny.gov/survivors-victims

New York State Domestic and Sexual Violence Hotline

ADDICTION (DRUGS AND ALCOHOL)

National Council on Alcoholism & Drug Dependence (NCADD) 217 Broadway, Suite 712 New York, NY 10007 1-800-622-4357 TTY 1-800-487-4889 https://ncadd.us/ https://www.samhsa.gov/find-help/national-helpline

Stop addiction before it starts!

The prescription drugs most commonly misused:

- Opioid Painkillers (Codeine, Fentanyl, Hydrocodone, Oxycontin, Percocet, Norco, Morphine)
- Anti-Anxiety Medicines and Sedatives (Xanax, Valium, Ambien)
- Stimulants (Ritalin, Concerta, Adderall, and Dexedrine)

Drug And Alcohol Addiction Information

Binge Drinking: When men consume 5 or more drinks, & when women consume 4 or more drinks, in about 2 hours

High Risk Obstetrics at Strong Memorial Hospital

Alcoholics Anonymous of the Finger Lakes

Finger Lakes Area Intergroup PO Box 204 Clifton Springs New York 14432

Rochester Area Intergroup

1000 Elmwood Avenue (Greenhouse) Rochester, New York 14620

Al-Anon/Alateen Hotline (General Information)

https://recovered.org/

http://www.cdc.gov/alcohol/fact-sheets/bingedrinking.htm

585-487-3350

(24-hour Phone) 315-789-5955

(Finger Lakes) 315-789-5955 (Rochester) 585-232-6720

https://fingerlakesaa.org/ https://www.aa.org/

585-288-0540 http://www.aisrochester.org/

Clifton Springs Hospital Inpatient Clinic/ Rochester Region 2 Coulter Road	onal 315-462-9561
Clifton Springs, NY 14432 Clifton Springs Hospital Outpatient Behavior Health 2 Coulter Road Clifton Springs, NY 14432	585-922-9900
Council on Alcoholism and Addictions of the Finger Lakes 620 West Washington Street Geneva, NY 14456	315-789-0310 https://councilonalcoholismfingerlakes.org/
FLACRA (Farmington) (Outpatient) 1386 Hathaway Drive Suite A Farmington, NY 14425	585-396-4190 https://www.flacra.org/ 833-435-2272
FLACRA (Clifton Springs) 28 East Main Street Clifton Springs, NY 14432	315-462-9161 http://www.flacra.org/ 833-435-2272
FLACRA (Geneva) 246 Castle Street Geneva, NY 14456	315-781-0771 https://www.flacra.org/ 833-435-2272
<u>Mothers Against Drunk Driving (MADD)</u> MADD's mission to stop drunk driving, support the victims o prevent underage drinking.	1-877-623-3435 f this violent crime and http://www.madd.org/
Help for Parents (Drug and Alcohol): Narcotics Anonymous	https://ncadd-ra.org/ http://na.org/
Ontario County Youth Bureau 3010 County Complex Drive Canandaigua, NY 14424	585-396-4035 https://ontario-county.wixsite.com/youth-bureau

ADDICTION (SMOKING/VAPING)

If you have a health insurance, give them a call your insurer to ask for help to quit smoking or vaping. Many insurance companies have medications and support programs to help you quit.

NYS Smoker's/ Vaper Quit Line

(1-866-NYQUITS) will help you quit smoking. Medication patches may be available. Call Monday-Thursday (9 am-9 pm) & Friday-Sunday (9 am-5 pm).

American Cancer Society

American Lung Association

1-866-NYQUITS (1-866-697-8487) (Text) 716-309-4688 http://www.nysmokefree.com/

> 1-800-227-2345 http://www.cancer.org/

1-800-586-4872 https://www.lung.org/

ADDICTION (SMOKING/VAPING)

Free nicotine replacement:

https://www.nysmokefree.com/register/

Ontario County Public Health

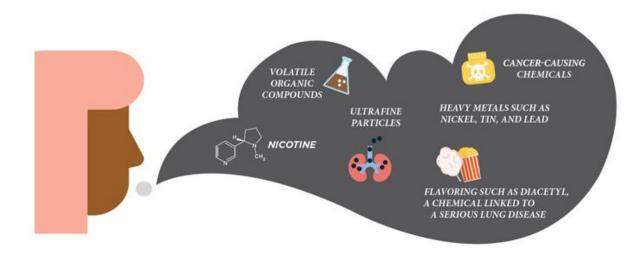
585-396-4343

3019 County Complex Drive Canandaigua, NY 14424

Time Since Last Cigarette	e Health Benefit	
20 minutes	nutes Pulse rate drops; BP decreases; temperature of hands & feet return to normal.	
12 Hours	Carbon monoxide level in bloodstream drops to a normal level	
2 weeks to 3 months	Circulation improves; lung function increases	
1 to 9 months Coughing, sinus congestion, fatigue, and shortness of breath decrease		
1 year	Added risk of coronary heart disease is half of a smoker's	

Vaping Resources

- CDC: https://tinyurl.com/2eh58a6e
- The use of e-cigarettes is unsafe for kids, teens, and young adults.



AIDS/HIV

HIV is the virus that causes AIDS. It is transmitted through the blood, semen, or vaginal secretions of infected persons. It is not transmitted through casual contact. Because you can't tell if someone is HIV positive by looking at them, it is important to use latex condoms when you have sex and avoid sharing IV drug needles/kits. If you do not know your HIV status, get tested. Treatment is available & works well at preventing progression to AIDS.

AIDS/HIV Counseling and Testing Hotline

NYS Department of Health HIV/ STD Testing & Referral

335 East Main Street 585-423-8081 Rochester, NY 14604 The NYS Department of Health offers free and anonymous HIV counseling and testing at various locations in the Finger Lakes area. Bilingual Staff (Spanish) interpreters are available.

New York State AIDS/HIV/STI/HCV Hotline

AIDS Network of Western New York 266 Elmwood Avenue

Buffalo, NY 14222

Finger Lakes Community Health

601-B West Washington Street Geneva, NY 14456

315-781-8448 https://www.localcommunityhealth.com/

HIV And STD Testing Information

Ontario County Public Health

3019 County Complex Drive Canandaigua, NY 14424

15 Lafayette Ave

Canandaigua, NY 14424

1-800-299-2995 https://ontariocountyny.gov/800/Sexually-Transmitted-Diseases

> 1-866-600-8668 http://www.plannedparenthood.org/

> > 24/7 Access to PEP 800.923.9394 https://www.trilliumhealth.org/

Trillium Health (Formerly AIDS Care)

Planned Parenthood (PREP also available)

1-800-541-2437

585-545-7200

716-882-7840 https://www.aidsnetwork.net

English 1-800-541-2437 Spanish 1-800-233-9432 http://www.nyaidsline.org/

ANGER MANAGEMENT

Anger management is learning to recognize early signs of anger & to act without lashing out. Some signs of difficulty dealing with anger are:

- Often feel you have to hold in your anger
- Frequent arguments with your partner, children, or co-workers
- Legal troubles
- Physical violence, such as hitting your partner or children or starting fights
- Threats of violence against people or property
- Out-of-control behavior, such as breaking things or driving recklessly

G.A.T.E- Gaining Awareness through Education

365 South Main Street Geneva, NY 14456 315-789-1709 https://www.co.seneca.ny.us/gov/services/externalagencies/name/g-a-t-e-anger-management-program/

ANIMAL WELFARE/CONTROL

Happy Tails

Ontario County Humane Society Inc. 2976 County Road 48 Canandaigua, NY 14424 Ask about spay and neuter program.

Lollypop Farm

99 Victor Road Fairport, NY 14450

Ontario County Rabies Clinic: Schedule

Contact Ontario County Public Health for current Rabies Clinic Schedule or visit our website

Ontario County Public Health - Rabies Coordinator

3019 County Complex Drive Canandaigua, NY 14424 Rabies questions after hours

Rabies Information

New York State Sanitary Code

BATS: If you wake up to a bat or a bat is found in the room of a child or incapacitated adult, the bat must be tested for rabies. Catch it & notify the health department. Bats have tiny teeth. People have gotten rabies from bats when they did not know they were bitten. If you have bats in your home, find out how they are getting in have the problem corrected.

HOW TO CATCH A BAT

1-800-299-2995 https://ontariocountyny.gov/765/Rabies

> 585-396-4343 1-800-299-2995 Fax: 585-396-4551 Call 911 or 585-394-4560

https://www.lollypop.org/

585-396-4590

585-223-1330

fax: 585-396-4805

http://www.cdc.gov/rabies/

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https://youtu.be/puP8qbATPKg

http://www.ontariocountyhumanesociety.org/

BEREAVEMENT

Everyone is unique and grieves in their own way. Understanding stages of grief can be helpful after experiencing a loss. Talking to a mental health counselor while you are grieving can also help.

Seven Stages of Grief by Elizabeth Kubler-Ross:

- **Shock:** unable to react to the loss.
- **Denial:** Mind refuses to accept the reality of the loss.
- Anger: Not everyone experiences anger, but it is normal if you do.
- **Bargaining**: Trying to "reason" your way out of the pain of the loss.
- **Depression**: This too is normal, and it is very easy to be stuck in this stage for a long time.
- **Testing**: Starting to find ways to move through the grief process.
- Acceptance: Accepting the reality of the loss and moving forward.

Death by Suicide Support Resources

Ontario County Public Health has free resource kits for community members that are grieving a death by suicide. Call 1-585-396-4343

Suicide Survivor Resources

American Foundation for Suicide Prevention	https://tinyurl.com/mryr4j67
National Suicide Prevention Lifeline	https://tinyurl.com/3yur4v24
American Association of Suicidology	https://tinyurl.com/59ct2k62
Thompson Health Bereavement Support Group	585-396-6780

Resolve Through Sharing Parent Support Group (Infant Loss)585-396-6260

Ontario County Mental Health

3019 County Complex Drive Canandaigua, NY 14424 585-393-4363 https://ontariocountyny.gov/99/Mental-Health

(See Mental Health Counseling)

BIRTH CONTROL

Planning pregnancies is beneficial for everyone, providing social, health and financial benefits for all members of the family. When unexpected pregnancies are avoided, mothers have more time to recover from pregnancy and childbirth, babies are breastfed longer, and parents have more time for their children and each other. There are numerous, effective birth control methods available in New York. Talk to your healthcare provider about one that is right for you.

New York State Family Planning Benefit

1-800-541-2831 https://tinyurl.com/ycxhkfvh

Free, confidential coverage for family planning services to men, women, and teens with a financial need. Sign up the day of your visit at Finger Lakes Community Health or Planned Parenthood. Other services include:

- Annual exams and Pap smears
- Pregnancy tests
- Infection checks and treatment
- Most forms of birth control
- Testing for anemia, high blood pressure, and breast disease

BIRTH CONTROL

Finger Lakes Community Health (FQHC) Family Planning 601-B West Washington Street Geneva, NY 14456

Planned Parenthood 15 Lafayette Avenue Canandaigua, NY 14424

Emergency Contraceptive (By Mail) National Woman's Health Network

Mosaic Health Rushville (FQHC) 2 Rubin Drive Rushville, NY 14544

Safe Sex Supplies (By Mail)

Provided by Finger Lakes Community Health

BREASTFEEDING ASSISTANCE

General Information about Breastfeeding

Breastfeeding Protects Babies

- 1. Early breast milk (colostrum) is "liquid gold". It is rich in nutrients and antibodies to protect your baby.
- 2. Breast milk changes as your baby grows. Colostrum changes to mature milk by the third to fifth day after birth. Mature breast milk has the right amount of fat, sugar, water, and protein to help your baby grow.
- 3. Breast milk is easier to digest than formula, especially for premature babies. The proteins in formula come from cow's milk and some babies have trouble digesting them. Pre-term, formula-fed babies have a higher risk of necrotizing enterocolitis, a serious disease that affects babies' intestines.
- 4. Breast milk fights disease. Cells, hormones, and antibodies in breast milk protect babies from illness. Breastfed babies have fewer ear infections, diarrheal illnesses &respiratory infections than formula-fed babies. Some research suggests breastfeeding reduces the risk of childhood diabetes, leukemia & atopic dermatitis (skin rash). Asthma, obesity & type 2 diabetes are less common in those who were breastfed.
- 5. Breastfeeding decreases the likelihood a baby will die of SIDS (sudden infant death syndrome).

Breastfeeding Benefits Mothers

- 1. It may take a little more effort than formula feeding at first, but it makes life easier in time. There are no bottles & nipples to sterilize and no measuring and mixing of formula. Breastmilk is pre-warmed and convenient for middle-of-the-night feedings.
- 2. It saves money. Formula and feeding supplies can cost over \$1,500 during a baby's first year. Because breastfed babies are sick less often, parents miss less work and health care costs are lower.
- 3. It provides opportunities for physical contact. This makes babies feel secure, warm, and comforted and requires moms to take time to relax and bond with their little ones. The skin-to-skin contact boosts mom's milk hormone levels and offers a calming effect.
- 4. It is linked to lower risks of type 2 diabetes, breast cancer, ovarian cancer, and postpartum depression.

UR/FF Thompson Hospital Birth Center

585-396-6497

350 Parrish Street Canandaigua, NY 14424 www.thompsonhealth.com/Health-Services/Birthing-Center

http://womenshealth.gov/breastfeeding/ Spanish: https://espanol.womenshealth.gov/

315-781-8448 https://tinyurl.com/3zt2xrhp

1-866-600-6886 https://www.plannedparenthood.org/

https://www.plancpills.org/states/new-york

585-554-4400 https://mosaichealth.org/rushville

www.tinyurl.com/safekits

BREASTFEEDING ASSISTANCE

Le Leche League (Maureen Weidman, IBCLC, RLC) Mother to Mother Breastfeeding Support Groups PO Box 54 Clifton Springs, NY 14432

Ontario County Public Health

3019 County Complex Drive http://www.co.ontario.ny.us/index.aspx?nid=101 Canandaigua, NY 14424 Maternal Child home visits available upon request, at no charge. Visits are tailored to the needs of the client & family. Nurses provide education on pregnancy, labor & delivery, newborn care, breastfeeding, safety, parenting, immunization, lead poisoning prevention and nutrition. Healthcare providers - see appendix for referral form. Community members call Ontario County Public Health to speak with a nurse.

Worksite Lactation Policy

Let Ontario County Public Health help you create a worksite lactation policy that complies with NY State Law.

CDC Toolkit -Worksite Lactation Policy

SPCC WIC:

Breastfeeding Peer Counselor & Breast Pump Programs

Breastfeeding Classes

Ontario County Public Health 3019 County Complex Drive

Canandaigua, NY 14424

No cost breastfeeding, birth and newborn classes provided every month at no cost through Ontario County Public Health. Call for to reserve your seat.

Ontario County Public Health: Clinical Lactation Counselor

CANCER SERVICES

Insider tip: Every hospital has social workers or care managers to help you navigate the healthcare system and anticipate what services you will need after you go home. Care managers know what nursing services are available in your area. Do not hesitate to contact a hospital social worker on behalf of your hospitalized loved one. All hospitals must help patients make plans for discharge.

American Cancer Society

American Cancer Society Finger Lakes Region Office 1120 South Goodman Street Rochester, NY 14620

315-548-7980 http://www.llli.org/

1-800-299-2995 585-396-4343

(English) https://www.cdc.gov/breastfeeding/index.htm (Spanish) https://tinyurl.com/2p9axbx6

585-394-9240 x305 http://www.health.ny.gov/prevention/nutrition/wic/

585-396-4343

585-396-4343

585-396-4343

1-800-227-2345 http://www.cancer.org/

585-288-1950

CANCER SERVICES

Cancer Services Program of the Finger Lakes Region (CSP-FLR)

The Cancer Services Program of the Finger Lakes Region can help uninsured eligible men and women living in Monroe, Livingston, Ontario, Wayne, Seneca, and Yates Counties get the cancer screenings they need.

Hope Lodge (American Cancer Society Housing) 1120 South Goodman Street Rochester, NY 14620

Elizabeth Wende Breast Clinic (Mammography) Main Office - Brighton 170 Sawgrass Drive Rochester, NY 14620

Elizabeth Wende Breast Clinic (Mammography) Victor Office 7375 State Route 96, Suite 100 Victor, NY 14564

Finger Lakes Breast Care RGH (Mammography) 2 Coulter Road Clifton Springs, NY 14432

Finger Lakes Health (Mammography) Geneva General Hospital Scheduling Services 200 North Street, Suite 303 Geneva, NY 14456

Soldiers & Sailors Hospital (Mammography) 418 North Main Street

Golisano Children's Hospital (Radiation/Oncology)

Finger Lakes Community Health (Screenings) 601-B Washington Street Suite B Geneva, NY 14456 Spanish interpreters available 1-877-803-8070 https://tinyurl.com/447sap59

585-224-4900 https://tinyurl.com/27f6r8pw

> 585-442-2190 http://www.ewbc.com/

585- 442-2190 https://www.ewbc.com/

315-462-1750 https://tinyurl.com/4a6nyfz8

315-787-4400 https://www.flhealth.org/services/mammography

> 315-531-2544 https://tinyurl.com/ca7uaa32

585-275-7520 https://www.urmc.rochester.edu/childrens-hospital.aspx

> 315-781-8448 http://localcommunityhealth.com/

CANCER SERVICES

Jordan Health of CCIA

(Screenings) 120 North Main Street, Suite 11 Canandaigua, NY 14424 Medicaid Cancer Treatment Program (MCTP)

585-396-0222 Fax: 585-396-0639 http://www.jordanhealth.org/

1-866-660-6886

1-866-442-2262 https://www.health.ny.gov/diseases/cancer/treatment/mctp/

Insurance Coverage

The Medicaid Cancer Treatment Program (MCTP) is a Medicaid program for eligible persons who are found to need treatment for breast, cervical, colorectal, or prostate cancer (and in some cases, pre-cancerous conditions of these organs). To be enrolled in the MCTP, an individual must complete an application with a New York State Department of Health Cancer Services Program (CSP) trained designee, referred to as a Designated Qualified Entity (DQE). A DQE is a person designated and trained by the New York State Department of Health as a "Qualified" entity, for the purpose of assisting individuals to complete the MCTP application."

Planned Parenthood

Routine Cancer Screening 15 Lafayette Avenue Canandaigua, NY 14424

Prescription Assistance, Cancer

Medications E.P.I.C. (Elderly Pharmaceutical Insurance Coverage Program) E.P.I.C Application

1-800-332-3742 https://www.health.ny.gov/health_care/epic/

https://www.health.ny.gov/forms/doh-5080.pdf

https://www.plannedparenthood.org/learn/cancer

585-554-4400 https://mosaichealth.org/rushville/

Mosaic Health Rushville Routine Cancer Screening 2 Rubin Drive Rushville, NY 14544 Spanish interpreters available.

Sands Cancer Center

395 West Street, Suite 101 Canandaigua, NY 14424

Interlakes Oncology &

Hematology Strong Memorial Hospital 395 West Street Canandaigua, NY 14424

Thrive to Survive (Support group)

We provide emotional, financial & wellness programs for adults diagnosed and being treated for cancer.

585-396-6180 http://www.thompsonhealth.com/Health-Services/Sands-Cancer-Center

> Canandaigua: 585-393-7040 Geneva: 315-781-2250 http://www.interlakesoncology.com/

> > support@thrivetosurvive.org
> > http://www.thrivetosurvive.org/

CANCER SERVICES	
Thompson Health Please contact the group facilitator to confirm the meeting time and	Thompson Health Support Groups Website
location Breast Cancer Support Group	585-396-6111
Care Givers Support Group	585-396-6780
Wilmot Cancer Institute	585-275-2171
Radiation & Oncology 601 Elmwood Avenue Rochester, NY 14642	https://www.urmc.rochesterwilmot.edu/cancer-institute.aspx
Ronald McDonald House (Housing) 333 Westmoreland Drive Rochester, NY 14620	585-442-5437 http://www.rmhcrochester.org/
CASH ASSISTANCE	
Ontario County Department of Social Service	s 1-877-814-6907
011	



ADOPTION

Become a Foster Parent in Ontario County

Families who complete the steps to become a certified foster family in Ontario County receive a dual certification: foster care and adoption.

Birthright of Rochester (Adoption Referral/Broker) 320 N. Washington St, Suite 116

Rochester, NY 14625

Catholic Charities of the Finger Lakes; Regional Office (Geneva) 94 Exchange Street Geneva, New York 14456

Catholic Charities of the Finger Lakes 120 North Main Street, Suite 40 Canandaigua, NY 14424

Care Net Pregnancy Center (Adoption Referral) 120 North Main Street, Suite 8

Canandaigua, NY 14424

Child & Family Resources (Adoption Support) 671 South Exchange Street Geneva, NY 14456

New Hope Family Service 3519 James Street Syracuse, NY 13206 585-385-2100 1-800-550-4900 http://birthright.org

315-789-2235 Fax: 315-789-5785 http://www.catholiccharitiesfl.org/

585-394-0190 http://www.catholiccharitiesfl.org/

> 585-393-0437 help@carenetcan.org http://www.carenetcan.org/

315-781-1491 http://www.cfresources.org/

315-437-8300 1-800-272-3171 http://www.newhopefamilyservices.com/

396-4111

BABY SUPPLIES

Child & Family Resources, Inc. Car Seat Program 671 South Exchange Street Geneva, NY 14456

Geneva Center of Concern 58 Avenue D Geneva, NY 14456

Salvation Army 41 North Street Geneva, NY 14456

Second Season (Adults & Household Supplies also) 1 Coulter Road Clifton Springs, NY 14432

BEHAVIORAL ASSISTANCE

Hillside Family of Agencies 1183 Monroe Avenue Rochester, NY 14620 315-781-1491 1-800-881-5786 http://www.cfresources.org/

315-789-1117

315-789-1055 https://tinyurl.com/mtp5bph8

315-462-3293

585-256-7500 (Toll Free) 888-514-4455 info@hillside.com https://www.hillside.com/ https://hillside.com/about/locations/#monroe

The Partnership of Ontario County

5297 Parkside Drive, Suite 307 Canandaigua, NY 14424

CAMPS

Camp Bristol Hills 4-H Site 4437 Kear Road Canandaigua, NY 14424

Camp Bristol Hills 4-H Office 480 North Main Street Canandaigua, NY 14424

Hobart and William Smith Conferences & Events

Harris House 678 South Main Street Geneva, NY 14456

Letourneau Christian Center, Inc. 4950 East Lake Road Rushville, NY 14544 585-396-4554 http://partnershipforontariocounty.org/

585-394-7838 http://cceontario.org/4-h-camp-bristol-hills/

> 585-394-3977ext 435 Fax: 585-394-0377 ontario@cornell.edu

315-781-3103 events@hws.edu https://www.hws.edu/offices/conferences/

> 585-554-3400 contact@letourneau.org http://www.letourneau.org/

CAMPS

NYS Sheriff's Summer Camp 9825 East Bluff Drive

Penn Yan, NY 14527 For boys and girls between the ages of 9 and 12 who, because of economic reasons

would not have an opportunity to attend a summer camp or enjoy a summer vacation.

J. Warren Cutler Scout Reservation Boy Scouts of America 7131 Gulick Road Naples, NY 14512

CHILDCARE ASSISTANCE

Child & Family Resources Canandaigua: 514 South Main Street Canandaigua, NY 14424

Geneva: 671 South Exchange Street Geneva, NY 14456

Call Child & Family Resources for a list of available certified daycare providers in your area.

Department of Social Services

3010 County Complex Drive Canandaigua, NY 14424

http://www.cfresources.org/

585-396-4060 www.ocfs.state.ny.us

Income eligible families may receive assistance paying for childcare. Have your household income information, picture identification and proof of residency ready and call for more information.

CHILDCARE CENTERS

Agri-Business Child Development (ABCD) 5 Goodman Street Geneva, NY 14456

Doodle Bugs! Daycare 7383 State Route 96 Victor, NY 14564

Finger Lakes Community College Child Care 3325 Marvin Sands Drive Canandaigua, NY 14424

Care-a-lot Child Care of Farmington 1780 Rochester Road Farmington, NY 14425 315-781-3267 Fax: 315-781-7240 https://www.abcdny.org/

585-742-1200 http://www.doodlebugs.com/

585-394-6666 childcare@flcc.edu http://www.flcc.edu/offices/childcare/

585-398-3111 Fax: 585-398-3139 https://carealot-childcare.com/farmington-child-care-location/

518-434-9091

585-374-5770

585-244-4210

1-800-881-5786

585-919-2476

315-781-1491

info@senecawaterways.org

https://senecawaterways.org/

CHILDCARE CENTERS

Geneva Lakefront Child Care Center 61 Elizabeth Blackwell St Geneva, NY 14456

Happiness House – Canandaigua Finger Lakes Cerebral Palsy, Inc. (Disability Support) 5415 County Road 30 Canandaigua, NY 14424

Happiness House – Geneva Finger Lakes Cerebral Palsy, Inc. (Disability Support) 731 Pre-Emption Road Geneva, NY 14456

Head Start (Phelps Community Center) 8 Banta Street Phelps, New York 14532

Phelps Community Center 8 Banta Street Phelps, New York 14532 Day Care (Age 6 weeks to 5), School Age Programs, Dance, Drama, Athletics, Fitness Center

Jack and Jill Childcare, Inc. 14 Framark Drive Victor. NY 14564

Jim Dooley Center for Early Learning 196 North Street Geneva, NY 14456

Kinder Care Learning Center 615 Fishers Run Victor, NY 14564

Montessori School - Canandaigua 5273 Parkside Drive, Suite 500 Canandaigua, NY 14424

Our Children's Place – Canandaigua 55 Wilcox Lane Canandaigua, NY 14424

Our Children's Place - Clifton Springs 9 Village Drive Clifton Springs, NY 14432 315-781-0014 https://www.glcc.care/

585-394-1190 Fax: 585-394-5326 http://www.happinesshouse.org/

315-789-6828 Fax: 315-789-7750 https://www.happinesshouse.org/

> Head Start - 315-548-8122 https://www.phelpscc.org/

315-548-8481 info@phelpscc.org https://www.phelpscc.org/

585-924-9550 Fax: 585-924-3504 http://www.jacknjillchildcare.com/

315-787-4190 https://www.flhealth.org/locations/jim-dooley-center-for-earlylearning

> 585-924-0290 http://www.kindercare.com/our-centers/victor/ny/

> > 585-393-0126 https://canandaiguamontessori.com/

585-394-5310 https://www.ccdpkids.net/canandaigua-childcare

315-462-3174 Fax: 315-462-2959 https://www.ccdpkids.net/clifton-springs-childcare

CHILDCARE CENTERS

TLC Adventures in Child Care Inc. 7444 Victor-Mendon Road Victor, NY 14564

Victor Child Care Center 66 School St Victor, NY 14564

YMCA Child Care Centers

Canandaigua Family YMCA (Preschool, Before & After School) 32 North Main Street Canandaigua, NY 14424

Clifton Springs YMCA

(Preschool, Before & After School) 5 & 10 Crane Street Clifton Springs, NY 14432

Geneva YMCA (Before & After School) 399 West William Street Geneva NY 14456

CHILDHOOD EDUCATION - CHILDREN AND PARENTS

Happiness House - Canandaigua (Disability Support) 5415 County Road 30 Canandaigua, NY 14424

Happiness House - Geneva

(Disability Support) 731 Pre-Emption Road Geneva, NY 14456

Birth to Five Program: Happiness House combines evaluations, preschool education, therapy services, autism support and services coordination to help children in the Finger Lakes Region. Evaluation Services: Comprehensives development evaluation services for children from birth to five years of age with known or suspected development disabilities or delay.

Literacy Volunteers (Adult)

208 South Main Street Canandaigua, NY 14424

Ontario County ARC 3071 County Complex Drive Canandaigua, NY 14424

585-924-5303 Fax: 585-924-1795 https://www.victorchildcare.com/

585-394-6866 http://www.canandaigua-ymca.org/

> 315-462-6184 315-462-5437 http://www.csaymca.org/

> > 585-394-1190

315-789-1616 Fax: 315-789-4259 http://www.genevafamilyymca.org/

315-789-6828

http://www.happinesshouse.org/

http://www.happinesshouse.org/

585-396-1686 info@lvov.org http://www.lvoy.org/

585-394-7500 http://www.ontarioarc.org/

585-398-7001

CHILD AND FAMILY - CASE MANAGEMENT

Child and Family Resources, Inc.

315-781-1491 http://www.cfresources.org/

671 South Exchange Street Geneva, NY 14456 See appendix for referral forms

Child & Family Resources provides affordable, accessible programs that enhance and support the education of parents. Its mission - to encourage the highest quality of care and positive learning experiences for all young children. Spanish-speaking staff is available. Child & Family Resources assists parents in developing their family strengths through parenting classes and home visiting programs. We offer classes on various topics. Any parent desiring to learn more about parenting skills is invited to attend.

Visitation with a trained supervisor is available at Child & Family Resources in a family friendly setting, on an asneeded basis. By appointment, Family Educators can accommodate family and attorney requests for visitation in one of our two locations. Age-appropriate activities are available and offer parents an opportunity to interact with their children in a positive manner. The center provides a sliding-fee for services for court-referred parents.

CHILD PASSENGER SAFETY PROGRAM

Ontario County Sheriff's Office

Car Seat Inspections

https://dmv.ny.gov/more-info/safety-restraints http://www.co.ontario.ny.us/204/Child-Passenger-Safety

585-337-4605 or after hours (800) 394-4560

Technicians assist parents in the selection, installation, and adjustment of the appropriate child passenger safety seat for their child. Seats and supplies are funded through a grant from the New York State Governor's Traffic Safety Committee and the National Highway Traffic Safety Administration (NHTSA).

Car Seat Replacement

Several problems may lead to the replacement of the safety seat. If the child is too heavy or too tall for the seat, if the seat has been in a crash, or if the seat is expired (more six years old), the technician will replace the problem seat with a new one that is compatible with the child and the vehicle in which it will be used.

How Long to Use Safety Seats

NY State law requires a child to be in a child safety seat until they are 8 years old. However, children should remain in some type of child safety seat until they are 4-foot, 9-inches tall or they reach the upper weight limit of the seat. Standard seat belts are designed for someone 5-foot, 6-inches tall with a weight of 125 pounds. *Always consult the owner's manual for your specific seat and vehicle and follow the manufacturer's*

recommendations.

CHILD PROTECTIVE SERVICES (Also see Abuse)

Child abuse may include the following:

- Child abuse is **physical** shaking, hitting, beating, burning, or biting a child.
- Child abuse is **emotional** constantly blaming or putting down a child, excessive yelling, shaming.
- Child abuse is **sexual** incest, any forced sexual activity, exposure to sexual stimulation not appropriate for the child's age.
- Child abuse is **neglect** a pattern of failure to provide for the child's physical needs, such as food, clothing, shelter, and medical care; a pattern of failure to provide for the child's emotional needs, such as affection, attention, and supervision.

CHILD PROTECTIVE SERVICES (Also see Abuse)

Department of Social Services, Ontario County 3010 County Complex Drive Canandaigua, NY 14424

To report child abuse, you must first phone the New York State Child Abuse Hotline (**1-800-342-3720**). If the child is in immediate danger, call **911**.

New York State Child Abuse/Child Protective Services Hotline

Hotline to report child abuse as a non-mandated reporter. Abuse may be physical, mental, or sexual. Lack of supervision, denying a child an education, and neglect are also forms of abuse. A Child Abuse investigator will investigate the report within 24 hours. If the child is in immediate danger, **call 911**.

CHILD SUPPORT AND COLLECTIONS

Ontario County Child Support Office 3010 County Complex Drive Canandaigua, NY 14424 Local: 585-396-4160 Statewide Helpline:1-888-208-4485 CSEWEBOntario@dfa.state.ny.us https://www.childsupport.ny.gov/dcse/home.html

> 1-877-814-6907 585-396-4060

Ontario County Social Services 3010 County Complex Drive

CLOTHING

Salvation Army 41 North Street Geneva, NY 14456

Canandaigua, NY 14424

Canandaigua Churches in Action (CCIA) 120 N Main Street Canandaigua, NY 14424

Caring Hearts Community Food Pantry 12 Hibbard Avenue Clifton Springs NY 14432

Naples Open Closet Harwood Lane Naples, NY 315-789-1055 http://salvationarmyusa.org/

585-396-2242 Fax 585-394-7831 https://www.churchesinaction.org/schedule.html

315-521-1601

585- 531-0011 junespantrynaples@gmail.com

585-396-4111

1-800-442-4453

http://www.childhelp.org/

DENTAL CARE

20 Corporate Woods Blvd., Ste 602 Albany, NY 12211 518-465-0044 1-800-255-2100 Fax: 518-465-3219 https://www.nysdental.org/

supplyasmile@gmail.com

585-376-2242

Supply a Smile *See Appendix B for Flyer
Local organization serving uninsured residents
of Ontario County with free dental service

DENTISTS ACCEPTING MEDICAID *

* Dentists that accept Medicaid change. Be sure to call and the office!		
Dr. Daniel Klein 1600 Mosley Rd., Suite 400 Victor, NY 14564	585-248-2900	
Eastman Dental Clinic 625 Elmwood Ave Rochester, NY 14620	585-275-5051	
Geneva Community Health Center 601B Washington Street Geneva, NY 14456	315-781-8448	
Mosaic Health Rushville 2 Rubin Drive Rushville, NY 14544	585-554-6824 585-554-4400 https://mosaichealth.org/rushville	
Sia Hersini, DDS 324 West North Street. Suite 6 Geneva, NY 14456	315-789-9054	
Naples Valley Dental 106 North Main Street Naples, NY 14512	585-374-6323	
Unity Dental Group 89 Genesee Street 2 nd Floor Rochester, NY 14611	585-368-3800	
Unity Dental Satellite 2060 Fairport Nine Mile Road Penfield, NY 14526	585-377-5810	
Unity Dental Group 2655 Ridgeway Road, Suite 360, upstairs Rochester, NY 14626	585-295-1890	

DIABETIC EDUCATORS	
Clifton Spring Hospital/RGH	315-462-1530
Finger Lakes Health	315-787-4006
UR/Thompson Health	585-396-6233

EATING DISORDERS

National Eating Disorder Association Helpline (NEDA) (See Mental Health)

EDUCATION

Schools in Ontario County

Bloomfield Central School 45 Maple Avenue, Suite A Bloomfield, NY 14469

Calvary Chapel Academy 1777 State Route 332 Farmington, NY 14425

Canandaigua City Schools 143 North Pearl Street Canandaigua, NY 14424

Geneva City Schools 400 West North Street Geneva, NY 14456

Honeoye Central School 8528 Main Street Honeoye, NY 14471

Marcus Whitman 4100 Baldwin Road Rushville, NY 14544

Midlakes Central School 1490 Route 488 Clifton Springs, NY 14432

Naples Central School 136 North Main Street Naples, NY 14512

Red Jacket Central School 1506 State Route 21 Shortsville, NY 14548

St. Mary's School 16 Gibson Street Canandaigua, NY 14424 1-800-931-2237 http://www.nationaleatingdisorders.org/

> 585-657-6121 http://www.bloomfieldcsd.org/

585-398-2218 http://calvarychapelacademy.org/

585-396-3700 http://www.canandaiguaschools.org/

> 315-781-0400 http://www.genevacsd.org/

585-229-5171 http://www.honeoye.org/

585-554-4848 http://www.mwcsd.org/

315-548-6420 http://www.midlakes.org/

585-374-7900 http://www.naplescsd.org/

585- 289-2150 http://www.redjacket.org/

585-394-4300 http://www.stmaryscanandaigua.org/

EDUCATION

Victor Central School 953 High Street

953 High Street Victor, NY 14564

Higher Education in Ontario County

Finger Lakes Community College 3325 Marvin Sands Drive Canandaigua, NY 14424

Hobart and William Smith Colleges 399 Pulteney Street Geneva, NY 14456

EMERGENCY SERVICES

American Red Cross Greater Rochester Chapter 825 John Street Suite 209 West Henrietta, NY 14586 *Disaster Assistance & Service to the military is available 24 hours a day.

Wellspring Church, Inc.

22 Teft Avenue, PO Box 602 Clifton Springs, NY 14432 **Red Cross disaster area**

Geneva Center of Concern 58 Avenue D Geneva, NY 14456

Is your Family Ready for an Emergency? Items to Include in a Basic Emergency Supply Kit

- Water: one gallon of water per person per day for at least three days
- Food: at least a three-day supply of non-perishable food. Can opener if using canned foods.
- Battery-powered or hand crank radio: and a NOAA Weather Radio with tone alert and extra batteries
- Flashlight: and extra batteries
- First aid kit
- Whistle: to signal for help
- Dust mask: to help filter contaminated air and plastic sheeting and duct tape
- Moist towelettes: garbage bags and plastic ties for personal sanitation
- Wrench or pliers: to turn off utilities
- Local maps
- Cell phone: with chargers, inverter, or solar charger

FAMILY MENTAL HEALTH COUNSELING (See Mental Health)

585-924-3252 http://www.victorschools.org/

> 585-394-3522 http://www.flcc.edu/

> 315-781-3000 http://www.hws.edu/

585-241-4400 https://tinyurl.com/re6uwb8r

315-548-6292 x30 http://www.wellspringchurch.us/

315-789-1117 https://genevacenterofconcern.org/

http://www.ready.gov/

FARMERS MARKETS

Be sure to call or visit their website for days/times

Cornell Cooperative Extension 480 North Main Street Canandaigua, NY 14424

Bloomfield

Schlenker Farm Market 8424 Route 5&20 Bloomfield, NY 14469

White's Farm Market

2180 Route 64 North Bloomfield, NY 14469

<u>Canandaigua</u>

Beacon Farm Market 3895 Route 5&20 Canandaigua, NY 14424

Canandaigua Farmers Market 167 Mill Street

Canandaigua, NY 14424

Canandaigua VA Farmers Market VA Medical Center 400 Fort Hill Avenue Canandaigua, NY 14424

Snuffy's Farm Market 5900 Co Rd 32 Canandaigua, NY 14424

Farmington

Farmington Farmers' Market Post Office Plaza, 1560 State Route 332, Farmington, NY 14425

<u>Geneva</u>

Geneva Farmer's Market

Finger Lakes Welcome Center 35 Lakefront Dr, Geneva, NY 14456 585-394-3977 http://cceontario.org/agriculture/local-foods

585-764-0892 https://tinyurl.com/wvm4a5bb https://schlenkerfarmmarket.blogspot.com/

> 585-657-7656 https://tinyurl.com/3scr3aez

585-394-4693 April – October https://tinyurl.com/2zu4dhmh

Saturdays 9:00 AM - 12:00 PM Summer Market: June – October Winter Market: Every Other Saturday November - May

http://www.canandaigua.va.gov/features/Farmers_Market.asp Tuesdays, June – October 1:30 PM - 5:00 PM

Open 7 Days/week in season

www.facebook.com/farmingtonfarmmarket/ Fridays, June – August 3:00 PM – 6:00 PM farmingtonfarmmarket@gmail.com

https://www.visitfingerlakes.com/listing/geneva-farmers-market/288/ https://www.facebook.com/people/Geneva-Farmers-Market/ Saturday, May - October 8:00 AM – 1:30 PM

Red Jacket Orchards

957 Route 5&20 Geneva, NY 14456

<u>Naples</u>

Jerome's U-Pick Fruit Farm 8936 State Route 53 Naples, NY 14512

Joseph's Wayside Market 202 South Main Street Naples, NY 14512

Naples Natural Farmers Market 7976 State Route 21 Naples, NY 14512

<u>Phelps</u>

Phelps Farmers Market Methodist Memorial Park Phelps, NY 14532

Shortsville

Fish's Farm Market 4494 Mount Payne Road Shortsville, NY 14548

Serendipity Acres 4846 State Route 96 Shortsville, NY 14548

<u>Victor</u>

The Orchard of Victor 1640 State Route 444 Victor, NY 14564

Hardy's Farm Market 1968 State Route 444 Victor, NY 14564

Victor Village Farmer's Market Village Hall Parking Lot 60 East Main Street Victor, NY 14564 FATHERHOOD PROGRAMS 315-787-0102 https://redjacketorchards.com/

585-374-6112 1-800-UPICKIT https://www.jeromesupick.com/ June – October

585-374-2380 https://josephswaysidemarket.com April - November

https://www.hanggistreefarm.com/naples-valley-farmers-market Fridays, June - September 4:00 PM - 7:00 PM NaplesValleyFarmersMarket@gmail.com

https://tinyurl.com/2s8dpa3s

585-289-4215 May – November www.fishfarmmarket.com

585-289-3720 May-Oct. https://www.facebook.com/SerendipityAcresShortsvilleNY/

> hauntedhillsofvictor@gmail.com theorchardofvictor.com

> > 585-857-6520 May - December

585-924-3311 June – October

https://www.victorny.org/282/Village-Farmers-Market

Child and Family Resources, Inc. 671 South Exchange Street Geneva, NY 14456

FOOD ASSISTANCE (SNAP) - FOOD STAMP INCOME ELIGIBILITY

SNAP Eligibility:

SNAP Application:

If you are pregnant or have a child under the age of 5, SPAA may also be of help.

Ontario County Department of Social Services

Canandaigua Geneva NYS Food Stamp Hotline 315-781-1491 x216 http://www.cfresources.org/

http://otda.ny.gov/programs/apply/#snap http://www.health.ny.gov/publications/4081.pdf

http://otda.ny.gov/programs/snap/#eligibility

585-394-4060 315-789-2841 1-800-342-3009

585-657-7200

FOOD PANTRY AND FOOD ASSISTANCE

Some food pantries also provide diapers. Contact your local food pantry or SPCC program for more information.

Bloomfield Blessing Room Pantry

15 Church Street Bloomfield, NY, 14469

CCIA Food Pantry

120 North Main Street, Suite 31 Canandaigua, NY 14424

Canandaigua Gleaners Community Kitchen

183 North Main Street Canandaigua, NY, 14424

Canandaigua Pop Up Pantry

Canandaigua Town Highway Dept. 5440 Route 5 & 20 Canandaigua, NY

Canandaigua Salvation Army -Food Pantry

110 Saltonstall Street Canandaigua, NY 14424

Clifton Springs Wellspring Church Inc 22 Teft Avenue Clifton Springs, NY 14432

Clifton Springs Caring Hearts Food Pantry 12 Hibbard Ave Clifton Springs, NY 14432

Clifton Springs United Methodist Church

1 Main Street Clifton Springs, NY, 14432 585-396-2242 https://www.churchesinaction.org/schedule.html

585-394-4818

585-396-4554 11:00 AM – 1:00 PM https://www.churchesinaction.org/services.html

585-394-6968

315-548-6292 x30 http://www.wellspringchurch.us/ https://www.facebook.com/WellspringCommunityCare/

315-462-2961

315-521-2201 http://www.csumc.com

FOOD PANTRY AND FOOD ASSISTANCE Foodlink, Inc.	585-328-3380
1999 Mount Reed Boulevard Rochester, NY 14615	http://foodlinkny.org/
Finger Lakes SPCC Program (WIC)	585-394-9240
Locations in Geneva and Canandaigua	1-888-942-6886
Women Infant Children Program	https://www.spcc-roch.org/
(pregnant, postpartum, and breast-feeding).	utrition education to children under five and eligible women
 The program provides food checks to buy development, and general health. Financial, residential, and nutritional eligibil 	selected, approved foods high in nutrients needed for growth,
Bilingual Staff (Spanish)	ny requirements apply.
Geneva Boys & Girls Club of Geneva – Pop-up	Pantry 315-759-6060
160 Carter Road Geneva, NY 14456	https://bgcgeneva.org/
Geneva Center of Concern	315-789-1117
58 Avenue D	https://genevacenterofconcern.org/
Geneva, NY 14456	
Geneva Community Lunch Program	315-521-6684
Geneva First United Methodist Church	315-789-2686
340 Main Street	Monday-Friday 11:45-12:15 https://www.catholiccharitiesfl.org/services/lunch-program/
Geneva, NY 14456	https://www.cathoncenaritiesn.org/services/functi-program/
Geneva Salvation Army –Food Pantry	315-789-1055
41 North Street	https://empire.salvationarmy.org/
Geneva, NY 14456	
Gorham United Methodist Church Food Pantr	y 585-526-5223
4661 Dewey Avenue	https://www.facebook.com/p/Gorham-Food-Pantry-
Gorham, NY, 14561	100069780186922
Honeoye Food Pantry	Text: 585-721-0009
UCC Church	honeoyefoodpantry@gmail.com
8758 Main Street	

585-289-4164 585-289-3046 TwincitiesFC@hotmail.com

585-531-0011 junespantrynaples@gmail.com

Honeoye, NY 14471

Bennett Memorial Building

Naples Open Cupboard

Naples, NY, 14512

Cupboard

Manchester-Shortsville Twin Cities Food

Harwood Lane behind 106 S. Main St.

FOOD PANTRY AND FOOD ASSISTANCE	
Phelps Community Food Cupboard 8 Banta Street, Suite 100 Phelps, NY 14532	315-548-8897 http://phelpsny.com/community-center/
Rushville Marcus Whitman Central School District Pop-up Pan 4100 Baldwin Road Rushville, NY 14544	htry 585-554-4848 ext. 1805
Stanley Beacon of Hope Flint Creek Church of God 3584 Flint Road Stanley, NY 14561	585-526-5600
Victor-Farmington Cupboard 6548 Anthony Drive Suite A Victor, NY, 14564	585-924-2720 https://vffood.org/
Wellsprings Food Distribution 22 Teft Avenue Clifton Springs NY 14432	http://www.wellspringschurch.us
HOME ENERGY ASSISTANCE (HEAP)	
NYS HEAP Hotline:	1-800-342-3009 http://otda.ny.gov/programs/heap/
HERR (Heating Equipment Repair and Replacement) available under limited circumstances. Call your local Department of Social Services Office (585-394-4060) or the NYS HEAP Hotline.	
HEALTH INSURANCE/HEALTH NAVIGATOR	

Tip from Ontario County Public Health: If you are pregnant and in need of Health Insurance for yourself and/or your children contact the Growing Up Healthy Hotline 1-800-522-5006. They can connect you to resources near you and with other agencies within Ontario County. Call Growing Up Healthy Hotline 1-800-522-5006.

New York State Health Insurance Exchang	e https://nystateofhealth.ny.gov/
Finger Lakes Community Health 601-B West Washington Street Geneva, NY 14456	315-781-8448 http://localcommunityhealth.com/
Newark/Wayne Community Health 1200 Driving Park Avenue Newark, NY 14513	315-332-2022 https://www.rochesterregional.org/locations/hospitals/newark- wayne-community-hospital
Community Health Care Association of Ne 3010 County Complex Drive Canandaigua NY 14424 Check your local library's event calendars Health Navigator	(Call for appointment)

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HEALTH INSURANCE/HEALTH NAVIGATOR	
Mosaic Health Rushville	585-554-4400
2 Rubin Drive Rushville, NY 14544	https://mosaichealth.org/
HOUSING ASSISTANCE	
Emergency Housing/ Shelter for Families (Ontario Cour	ty DSS) 585-396-4060
Geneva Housing Authority - Section 8- Not Emergency H	lousing 315-789-8010
PO Box 153, 41 Lewis Street	http://www.genevahousingauthority.com/contact.php
Geneva, NY 14456	
IMMUNIZATIONS FOR CHILDREN	
Ontario County Public Health	1-800-299-2995
3019 County Complex Drive	585-396-4343
Canandaigua, NY 14424 Your child may be eligible for free or reduced cost immuni:	zation
INTERNET SAFETY	
Safe Kids	http://www.safekids.com/
NetSmartz®	https://www.missingkids.org/netsmartz/home
National Center for Missing & Exploited Children	
Safe Online Surfing (SOS) Program	https://sos.fbi.gov/en/
LEAD PROGRAM (CHILDHOOD LEAD POISONING P	REVENTION)
Ontario County Public Health Lead Prevention Program 3019 County Complex Drive	n 1-800-299-2995 585-396-4343
Canandaigua, NY 14424	303 370 1313
"Lead Testing at 1 and 2 is What We Do!"	
It is a New Varly State Low for program twom on and	abildren ages 1 and 2 wasne ald be tested for I and

It is a New York State Law for **pregnant women and children ages 1 and 2 years old** be tested for Lead Poisoning. Has your child been tested?

Why test children for Lead Poisoning?

- Many children with Lead Poisoning have no symptoms, even with Lead Levels high enough to cause learning and behavioral issues.
- High Lead Levels in pregnant women can cause miscarriage and still birth as well as learning and behavior problems after the birth of your baby.

LEAD PROGRAM (CHILDHOOD LEAD POISONING PREVENTION)

How can you protect your child from Lead Poisoning?

- Fix peeling lead paint and make home repairs using EPA Safe Lead Practice Guidelines. Contact Ontario County Public Health for a free booklet.
- Wash hands, toys, bottles, windows, and floors frequently.
- Be careful not to bring lead home on clothes, toys, and jewelry.
- Keep lead out of your food and tap water.
- Let water run for 1 minute before using it.
- Use lead free dishes.
- Serve foods that have calcium, iron, and vitamin C. These foods help to keep lead from being stored in your child's body.

Your child may be eligible for a finger stick lead level, Call 1-800-299-2995 today!

LEGAL SERVICES

LAWNY (Legal Assistance of the Western NY, Inc.) 361 South Main Street Geneva, NY 14456 Bilingual staff (Spanish) 1-866-781-LAFL (5235) 315-781-1465 fax: 1-315-781-2565 www.lawny.org

- Free legal services to low-income people and other vulnerable population in civil law.
- Priorities: SSI disability benefits; housing (private landlord-tenant/public, subsidized housing, and homeowner's problems), family law, seniors, domestic violence, special education law, and community legal education.
- Domestic violence.
- Seniors with general civil legal problems in Ontario, Seneca, Wayne, and Yates counties.
- Crime victims.
- Home-based childcare providers with business law problems in Livingston, Ontario, and Wayne counties.
- Pregnant and parenting minors with civil legal problems who reside in Livingston, Ontario, & Wayne counties.
- People, for whom Spanish is their primary language, with economic security problems

LIBRARIES

Our local libraries have wonderful programs for all ages! Give them a call today!

Canandaigua Wood Library	585-394-1381
134 N. Main Street Canandaigua, NY 14424	http://woodlibrary.org/

Bristol

Bristol Library 6750 County Rd 32 Canandaigua, NY 14424

Clifton Springs Clifton Springs Library 4 Railroad Avenue Clifton Springs, NY 14432

315-462-7371 https://cliftonspringslibrary.com/

https://www.thebristollibrary.com/home-page

585-229-5862

Bloomfield

LIBRARIES Bloomfield Public Library 9 Church Street Bloomfield, NY 14469	585-657-6264 http://bloomfieldpubliclibrary.org/
Allen's Hill Free Library 9 Church Street 3818 Allen's Hill Road Bloomfield, NY 14469	585-229-5636 https://owwl.org/library/allenshill/
Geneva Geneva Public Library 244 Main Street Geneva, NY 14456	315-789-5303 http://genevapubliclibrary.net/
Gorham Gorham Free Library 2664 Main Street Gorham, NY 14461	585-526-6655 http://gorhamfreelibrary.wordpress.com/
Honeoye Honeoye Public Library 8708 Main Street PO Box 70 Honeoye, NY 14471	585-229-5020 https://honeoye.owwl.org/
Naples Naples Free Library 118 South Main Street Naples, NY 14512	585-374-2757 http://napleslibrary.org
Phelps Phelps Community Memorial Library 8 Banta Street, Suite 200 Phelps, NY 14532	315-548-3120 http://www.phelpslibrary.org/
Shortsville Red Jacket Community Library 7 Lehigh Avenue – P.O. Box 370 Shortsville, NY 14548	585-289-3559 https://redjacket.owwl.org/
Victor Victor Farmington Library 15 West Main Street Victor, NY 14564	585-924-2637 http://victorfarmingtonlibrary.org/
15 West Main Street	

Spanish-speaking counselors & translation services available.

LIFELINE 9-8-8

24/7 crisis/suicide intervention, information/referral line for Monroe, Wayne, **Ontario**, Livingston, Cayuga & Seneca Counties. Info re emergency food/shelter/clothing, crisis counseling, substance abuse, employment, financial/legal issues, physical/mental health needs. Comprehensive resource list of >2500 agencies & programs.

MEDICAID (See Health Insurance/Health Navigator/Facilitated Enrollment)

MENTAL HEALTH

Suicidal or Homicidal thoughts: CALL 9-1-1

Counseling: For a complete list visit: https://www.omh.ny.gov/

Boike Marriage, Family, and Individual Counseling 3180 West Street Canandaigua, NY 14424

Canandaigua Psychotherapy Associates 527 North Main Street Canandaigua, NY 14424

Clifton Springs Outpatient

Clifton Springs, NY 14432

2 Coulter Road

Behavioral Health/CPEP Crisis

585-710-9563 (Wednesdays) 585-394-1442 http://boikepb.com/ Boike3180@BoikePB.com

585-337-6119 https://www.wellness.com/dir/3181781/counselor/ny/

585-922-9900 https://www.rochesterregional.org/services/behavioral-health/

Clinical Associates of the Finger Lakes - Victor 590 Fishers Station Drive, Suite 130 Victor, NY 14564

Family Counseling Services of the Finger Lakes 671 South Exchange Street Geneva, NY 14456 **Locations in Canandaigua, Newark, Seneca Falls, Penn Yan, and Sodus**

Lakeview Mental Health Services – Canandaigua 193 Parrish Street Canandaigua, NY 14424

Lakeview Mental Health Services – Geneva 609 West Washington Street Geneva, NY 14456

Mental Health Association 120 North Main Street Canandaigua, NY 14424

Ontario County Mental Health 3019 County Complex Drive Canandaigua, NY 14424 585-924-7207 http://www.clinassoc.com/

315-789-2613 http://www.fcsfl.org/ familycounseling@fcsfl.org

585-394-7335 https://www.lakeviewhs.org/

315-789-0550 https://www.lakeviewhs.org/

585-325-3145x501 https://www.mharochester.org/services/ontario-county/

> 585-396-4363 http://www.co.ontario.ny.us/index.aspx?nid=99

MENTAL HEALTH

Canandaigua Lake Counseling Services 42 North Main Street Canandaigua, NY 14424

Victor Counseling Practice

6539 Anthony Drive, Suite A Victor, NY 14564

MISSING CHILDREN – Dial 9-1-1

National Center for Missing & Exploited Children New York Regional Office 275 Lake Avenue Rochester. NY 14608-1042

24-hour HOTLINE: 1-800-843-5678 585-242-0900 http://www.missingkids.com/NewYork

PUBLIC HEALTH SERVICES

Ontario County Public Health 3019 County Complex Drive Canandaigua, NY 14424

Programs and Services: Immunization clinics for children and adults, tuberculosis clinics, maternal child health visits, communicable disease follow-up, rabies clinics, lead poisoning prevention activities, flu clinics and public health education.

Children with Special Needs Program, Early Intervention (EI) and **Preschool Special Education Program**

- Evaluation & services to children aged 0-5 with developmental delays or who are at risk of delays. •
- Physically Handicapped Children's Program (PHCP) provides financial reimbursement to certain children aged 0-21 with medical and/or dental needs.
- Eligibility-All county residents eligible for most preventive health programs. •
- Eligibility for CWSNP determined by evaluation or financial/medical need. •

Ontario County Public Health Immunization Program

3019 County Complex Drive Canandaigua, NY 14424

Residents of Ontario County are welcome attend weekly immunization clinics. The clinic offers all childhood vaccines through the federal Vaccines for Children Program. No child is turned away for inability to pay. The clinic also offers some adult vaccine products. Appointments are required.

PARENTING CLASSES/PARENTING ISSUES

Child and Family Resources; Healthy Families

671 South Exchange Street Geneva, NY 14456

Cornell Cooperative Extension 480 North Main Street Canandaigua, NY 14424

1-800-881-5786 315-781-1491 x216 http://www.cfresources.org/

585-394-3977 http://cceontario.org/home-family/parenting-workshops

Fax: 585-396-4551

585-396-4343

1-800-299-2995

www.ontariocountypublichealth.com

1-800-299-2995 585-396-4343

585-398-8835

585-396-4546

585-919-0014 https://www.canandaigualakecounselingservices.com/

PARENTING CLASSES/PARENTING ISSUES	
F.F. Thompson Health Birthing Center Classes	585- 396-6497
Classes may be offered in-person or by zoom	https://www.thompsonhealth.com/Education/Birthing-
Call for more information	Classes
Family Hope Center	315-789-0708
551 Exchange Street, PO Box 733	fax 315-789-3410
Geneva, NY 14456	http://www.familyhopecentergeneva.org/
Family Counseling Service of the Finger Lakes	315-789-2613
671 Exchange Street & 514 South Main Street	1-800-695-0390
Geneva, NY 14456 or Canandaigua, NY 14424	http://www.fcsfl.org/

POLICE DEPARTMENTS, TOWN/VILLAGE	
Canandaigua Police Department 21 Ontario Street Canandaigua, NY 14424	585-396-5035
Clifton Springs Village Police Department 1 West Main Street Clifton Springs, NY 14432	315-462-2422
Geneva Police Department Public Safety Building 255 Exchange Street Geneva, NY 14456	315-789-1111
Manchester-Shortsville Police Department PO Box 188 Manchester, NY 14504	585-289-4340
Phelps Police Department 8 Banta Street Phelps, NY 14532	315-548-8237
Ontario County Sheriff's Department 3045 County Complex Drive Canandaigua, NY 14424	585-394-4560
New York State Police, Troop E 1569 State Route 332 PO Box 25220 Farmington, NY 14425	585-398-4100
Drug Tip Line: Ontario County Probation Juvenile Aid Bureau Youth Court	315-781-0096 585-396-4222 585-396-4675 585-396-4519

PREGNANCY PROGRAMS

Birthright International of Rochester 320 N. Washington St Suite 116 Rochester, NY 14625	585-385-2100 24/7 1-800-550-4900 https://birthright.org/rochesterny
Care Net Pregnancy Center 120 North Main Street Suite 28 Canandaigua, NY	585-393-0437 http://www.carenetcan.org/
Catholic Charities of the Finger Lakes 120 North Main Street, Suite 40 Canandaigua, New York 14424	585-394-0190 http://www.catholiccharitiesfl.org/
Catholic Charities of the Finger Lakes 94 Exchange Street Geneva, NY 14456	315-789-2235 http://www.catholiccharitiesfl.org/
Child & Family Resources (Canandaigua) 514 South Main Street Canandaigua, NY 14424	585-919-2476
Child & Family Resources (Geneva) 671 South Exchange Street Geneva, NY 14456	315-781-1491 http://www.cfresources.org/
Child & Family Resources (Penn Yan) 263 Lake Street Penn Yan, NY 14527	315-536-1134
FF Thompson Hospital Birth Center 350 Parrish Street Canandaigua, NY 14424	585-396-6000
RECREATION (PARKS, CLUBS, EXERCISE)	
BICYCLES	
Long Pier Ice Cream & Rentals 47 Lakefront Drive Geneva, NY 14456	315-781-2453
Canandaigua RV&E Bike and Skate Shop 168 South Main Street Canandaigua, NY 14424	585-393-5680
Geneva Bicycle Center 489 Exchange Street Geneva, NY 14456	315-789-5922

CLUBS

RECREATION (PARKS, CLUBS, EXERCISE)

Boys and Girls Club 1 Goodman Street

Geneva, NY 14456

Boys and Girls Club Teen Center

160 Carter Road Geneva, NY 14456

Scouts of America, Finger Lakes Council

(Seneca Waterways Council, BSA) 2320 Brighton-Henrietta TL Road Rochester, NY 14623

Cornell Cooperative Extension: 4-H

480 North Main Street Canandaigua, NY 14424

Girl Scouts of America - Seven Lakes Council Route 318 Phelps, NY 14532

Finger Lakes Visitors Connection 19 Susan B. Anthony Lane Canandaigua, NY 14424

Geneva Recreation Complex

666 South Exchange Street Office: 47 Castle Street Geneva, NY 14456

Geocaching

PARKS BY TOWN/VILLAGE

CANANDAIGUA

Kershaw Park 91 Lakeshore Drive Canandaigua, NY 14424

Bristol Mountain Winter Ski Resort & Waterpark 5662 State Route 64 Canandaigua, NY 14424

Greater Canandaigua Civic Center

Ice Skating/Hockey 250 North Bloomfield Road Canandaigua, NY 14424 315-781-2345 Fax: 315-781-2047 http://www.bgcgeneva.org/

315-759-6060 Fax: 315-759-6063 http://www.bgcgeneva.org/

585-244-4210 http://www.senecawaterways.org/

> 585-394-3977 Fax: 585-394-0377 https://cceontario.org/4-h-youth

315-539-5085 http://www.girlscouts.org/

585-394-3915 1-877-386-4669 http://visitfingerlakes.com/

315-789-2277x3 Fax: 315-789-4294 https://cityofgenevany.com/259/Recreation-Department

http://www.geocaching.com/

http://townofcanandaigua.org/portfolio_page.asp?id=1

Kershaw Park

585-374-6000 http://www.bristolmountain.com/

> 585-396-7230 http://www.gccc.org/

ARKS BY TOWN/VILLAGE	
McJannett Park 4820 State Route 21 South Canandaigua, NY 14424	http://townofcanandaigua.org/portfolio_page.asp?id=
Leonard R. Pierce Memorial Park 5655 Goodale Road Canandaigua, NY 14424	http://townofcanandaigua.org/portfolio_page.a p?id=
Onanda Park & Beach 4965 County Road 16 Canandaigua, NY 14424	http://townofcanandaigua.org/portfolio_page.asp?id=
Ontario Pathways Trail PO Box 996 Canandaigua, NY 14424	585-234-772 www.ontariopathways.or
Roseland Bowl (Bowling) 4357 Recreation Drive Canandaigua, NY 14424	585-394-505 http://www.roselandbowl.com
Roseland Water Park 250 Eastern Boulevard Canandaigua, NY 14424	585-396-200 http://www.roselandwaterpark.com
ENEVA	http://cityofgenevany.com
Big Oaks Public Golf Course 33 Packwood Road Geneva, NY 14456	315-789-941 http://www.bigoakgc.com
Roy's Marina 4398 Clarks Point Geneva, NY 14456	315-789-3094 http://www.roysmarina.net
Seneca Lake Country Club 226 Turk Road Geneva, NY 14456	315-789-468 http://www.golfnewyork.com/courses/geneva/seneca-lake-cc
Seneca Lake State Park 100 Waterloo Geneva Rd Geneva, NY 14456	315-789-233 https://parks.ny.gov/parks
ONEOYE	
Sandy Bottom Beach Honeoye, NY 14471	https://www.visitfingerlakes.com/listing/sandy-bottom-park/320
-	http://www.doc.py.gov/outdoor/25570.htm

Honeoye State Park Honeoye, NY 14471

http://www.dec.ny.gov/outdoor/25579.html

PARKS BY TOWN/VILLAGE

Harriet Hollister Spencer Park State Recreation Area 6775 Canadice Hill Road Springwater, NY 14560

NAPLES

Cummings Nature Center 6472 Gulick Road Naples, NY 14512

Hi Tor Wildlife Management Area Naples, NY 14512

Hunt Hollow Ski Club 8613 State Route 21 South Naples, NY 14512

Reservoir Creek Golf Club 8613 State Route 21 Naples, NY 14512

Wesley Hill Nature Preserve Naples, NY 14512

SHORTSVILLE

Budd Park and Jones-Blunt Park Water St. Shortsville, NY 14548

Winged Pheasant Club/Golf 1475 Sand Hill Road Shortsville, NY 14548

VICTOR

Victor Hills East Golf Course 1397 Brace Road Victor, NY 14564

Ganondagan State Historical Site 7000 County Road 41 Victor, NY 14564

Ravenwood Golf Club 929 Lynaugh Road Victor, NY 14564

Victor Hiking Trails

585-335-8111 https://parks.ny.gov/parks/harriethollisterspencer/maps.aspx

> 585-374-6160 http://www.rmsc.org/cumming-nature-center

http://www.dec.ny.gov/outdoor/24439.html

585-374-5428 http://www.hunthollow.com/

> 585-374-8010 https://rcgolf.com/

https://www.fllt.org/preserves/wesley-hill-nature-preserve/

https://www.villageofshortsvilleny.us/parks.php

585-289-8846 https://pheasant.golf/

585-924-0700 http://www.victorhills.com/

585-924-5848 http://www.ganondagan.org/

> 585-924-5100 www.ravenwoodgolf.com

https://victorhikingtrails.org/

PARKS BY TOWN/VILLAGE

Victor Municipal Park 6680 Paparone Drive Victor, NY 14564 585-742-0140 https://www.victorny.org/Facilities/Facility/Details/Victor-Municipal-Park-8

RECREATION PROGRAMS

Bristol Parks and Recreation

Town of Canandaigua: Summer Recreation Program 5440 Route 5 & 20 West Canandaigua, NY 14424

Town of Farmington Summer Recreation Program 1000 County Road 8 Farmington, NY 14425

Geneva Recreation Program 47 Castle Street Geneva, NY 1456

Naples Summer Recreation Program 106 South Main Street Naples, NY 14512

Summer Recreation Program, Shortsville

Phelps Summer Youth Program

8 Banta Street, Suite 100 Phelps, NY 14532

6 East Main Street

Shortsville, NY 14548

585-229-2400 http://www.townofbristol.org/page.asp?id=59

> 585-394-1120 x2226 http://www.townofcanandaigua.org/

315-986-8100 https://townoffarmingtonny.com/summer_recreation

315-789-5005 https://cityofgenevany.com/334/Recreation

585-374-2435 https://naplesny.us/naples-summer-recreation-program/

> 315-548-3861 https://www.phelpscc.org/summerprogram

585-289-6104 https://villageofshortsvilleny.us/parks.php

RUNAWAY YOUTH SERVICES

National Runaway Safeline

SEXUALLY TRANSMITTED INFECTIONS (STI)

STI Questions: Call Ontario County Public Health 1-800-299-2995

- In NY State, the following STI's are reported to the health department: **chlamydia**, **gonorrhea**, **syphilis**, **hepatitis B**, **and HIV**.
- Every year million persons become infected with an STI.
- You can't tell by looking if a person is infected with a disease that can be passed to you during sex.
- The correct and consistent use of condoms decreases the likelihood of getting an STI.
- Condoms protect against some, but not all sexually transmitted infections. HIV testing is a routine for most patients in doctor's offices, emergency rooms, & urgent care centers.

HIV/AIDS RESOURCES

CDC National STD Hotline

1-800-232-4636

1-800-786-2929 http://www.1800runaway.org/

Finger Lakes Community Health

601-B West Washington Street Geneva, NY 14456

Bureau of STD Control (CDC)

NYS HIV/AIDS Hotline (English)

Planned Parenthood of Central &Western NY 15 Lafayette Avenue Canandaigua, NY 14424

SUPERVISED VISITATION (COURT ORDERED)

Catholic Charities (Geneva Office) 94 Exchange Street Geneva, New York 14456

Catholic Charities (Canandaigua Office) 120 North Main Street, Suite 40 Canandaigua, New York 14424

Child & Family Resources 671 South Exchange Street Geneva, NY 14456

Child & Family Resources 514 South Main Street Canandaigua, NY 14424

With prior permission office can bill Ontario County Public
Health for clients unable to afford STI testing or treatment.

https://www.cdc.gov/std/dstdp/default.htm

1-800-541-2437

315-781-8448

585-396-9352 This center can bill Ontario County Public Health for clients unable to afford STI testing or treatment with prior approval.

> 315-789-2235 (Regional) http://www.catholiccharitiesfl.org/

585- 394-0190 http://www.catholiccharitiesfl.org/

> 315-781-1491 1-800-881-5786

> > 585-919-2476

SUPPORT GROUPS	
First Time Around: Mother's Support Group FF Thompson Hos	spital Birth Center 585-396-6260
Safe Harbor of the Finger Lakes (Domestic violence) 1 Franklin Square Suite 324 Geneva, NY 14456	315-781-1093 1-800-247-7273
La Leche League (Breastfeeding support) PO Box 54 Clifton Springs, NY 14432—No Referral Needed	315-548-7980 http://www.llli.org/
Healthy Families Ontario Resource	315-781-1491 See appendix F for referral forms pages 71-73
Catholic Charities 94 Exchange Street Geneva, NY 14456	315-789-2235 Fax: 315-789-5785 http://www.catholiccharitiesfl.org/

F 010 2476

SUPPORT GROUPS

346 N. Goodman St

Rochester, NY 14607

Child & Family Resources 671 South Exchange Street Geneva, NY14456

Center for Dispute Settlement

National Alliance on Mental Illness (NAMI) Rochester

315-781-1491 http://www.cfresources.org/

> 1-800-To-Agree 585-396-0840 http://www.cdsadr.org/

585-423-1593 https://www.namiroc.org/support-groups

TRANSPORTATION	
Regional Transit Service (RTS)	585-394-2250
Fixed Route Service - We offer fixed route services throughout Ontario County. Keep in mind the bus stops shown on RTS Ontario routes are only the major stops. There are additional stops along the route.	1-800-667-2287 http://www.myrts.com/
Dial-A-Ride Service- within Ontario County. To schedule, call at least 24 hours in advance, Monday- Friday, 9:00am - 3:00pm. You may call up to a week in advance to reserve a ride.	585-394-2250 Call 24 hours in advance
ADA Paratransit Route Deviation- Pick up from any location within ³ / ₄ of a mile from the fixed route service; this is called "route deviation". <i>Fares are twice the fixed route fare; discounts do not apply</i> . You may call up to a week in advance to reserve a ride.	585 394-2250 1-800-667-2287 Call 24 hours in advance
Medicaid Transportation Medicaid recipients - rides to medical appointments.	1-855-733-9402
Transit Medical Transportation	585-363-5356
Monroe Ambulance 24 hours/7 days a week – medical, wheelchair, and non- emergency transports	585-454-6211
Greyhound Bus Lines	1-800-231-2222 http://www.greyhound.com/

UTILITY ASSISTANCE

Some utility companies have assistance with preventing utility shut off especially in the winter months. Please contact your utility company for more information.

HEAP (Fuel Cost Assistance) 585-394-4060 NY State Public Assistance 1-800-342-3009

VETERAN SERVICES

VETERAN SERVICES

Canandaigua. NY 14424

Canandaigua VA Medical Center 400 Fort Hill Avenue

585-394-2000 or 800-204-9917 24 hours per day / 7 days per week http://www.canandaigua.va.gov/

24-hour medical advice for enrolled veterans

Crisis Hotline for veterans and their loved ones

Ontario County Veteran Services

Suicide Hotline

Women Veteran Health Program

Women Veteran National Call Center

1-888-838-7890 1-800-273-8255, Press 1 or Send a text message to 838255 https://www.veteranscrisisline.net/ 585-396-4185

9-8-8

585-393-7401

585-396-4010

1-855-VA-WOMEN or 1-855-829-6636

VICTIM/WITNESS ASSISTANCE SERVICES (ONTARIO COUNTY DISTRICT ATTORNEY)

Main Office

Ontario County Courthouse 27 North Main Street Canandaigua, NY 14424 **Co-Locations:** Ontario County Sheriff's Office 74 Ontario Street Canandaigua, NY 14424

https://ontariocountyny.gov/1845/Victim-Witness-Assistance-Program

Ontario County Probation Department 3010 County Complex Drive Canandaigua, NY 14424

VISITING NURSE SERVICES

Finger Lakes Visiting Nurse Service & Ontario-Yates Hospice 756 Pre-Emption Road Geneva, NY 14456

1-800-253-4439 **UR Medicine Home Care Website**

Rochester Regional Health, Homecare and Hospice 2 Coulter Road Clifton Springs, NY 14432

585-214-1000 https://www.rochesterregional.org/home-hospice

University of Rochester, Home Care Services 756 Pre Emption Rd Geneva. NY 14456

1-800-253-4439 (585) 787-2233 https://www.urmc.rochester.edu/homecare/home-care-services.aspx

Appendix A: Medicaid Eligibility 2024

https://www.benefits.gov/benefit/1637

Who is eligible for New York Medicaid?

To be eligible for New York Medicaid, you must be a resident of the state of New York, a U.S. national, citizen, permanent resident, or legal alien, in need of health care/insurance assistance, whose financial situation would be characterized as low income or very low income. You must also be one of the following:

- Pregnant, or
- Be responsible for a child 18 years of age or younger, or
- Blind, or
- · Have a disability or a family member in your household with a disability, or
- Be 65 years of age or older.

Household Size*	Maximum Income Level (Per Year)
1	\$19,392
2	\$26,228
3	\$33,064
4	\$39,900
5	\$46,737
6	\$53,573
7	\$60,409
8	\$67,245

Annual Household Income Limits (before taxes)

*For households with more than eight people, add \$6,836 per additional person. Always check with the appropriate managing agency to ensure the most accurate guidelines.

Appendix B: Supply a Smile

Supply a Smile

Supply a Smile is a local organization associated with Canandaigua Churches in Action (CCIA), serving uninsured residents of Ontario County with free dental services for adults aged 18 and older, and is limited to <u>cleanings</u>, <u>fillings</u>, and <u>extractions</u>. Services are provided by area dental offices.

Contact: 585-376-2242 Email: supplyasmile@gmail.com

2024 Dates March 2nd April 6th

WHEN: Screenings take place on the 1st Saturday of each month from 9 am - 10 am from September thru May (except in January). Patients are seen on a first-come, first-served basis.

WHERE: Supply a Smile does not have a physical office location. We are thankful to the Canandaigua Elementary School staff for allowing us to use their facility for our screenings.

Canandaigua Elementary School Cafeteria 90 West Gibson Street Canandaigua, NY 14424

Appendix C: Medication/Drug Drop Box Locations

Keep our community and the environment safe! Bring unwanted medications to these locations:

Only YOU can secure your meds. Monitor Count your medications regularly.

 Secure
 Lock up any medications you don't want anyone to access.
 Dispose of medications you are no longer using.

Bristol

Town Hall

Clifton Springs Clifton Springs Hospital and Clinic

> Farmington State Trooper Barracks

> > Honeoye

CVS Pharmacy

Phelps Community Center

> Richmond Town Hall

Canandaigua

Canandaigua DMV Office FLCC Ontario County Mental Health Clinic Sheriff's Office Thompson Hospital Canandaigua City Police Department

> East Bloomfield Town Hall

Geneva Police Department

Naples Town Clerk's Office

Shortsville Fire Department

Victor Mead Square Pharmacy

For more information: PreventionCoalitionOC.org







Appendix D	: Food	Pantries	in	Ontario	County
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Location	Food Pantry	Phone
Salvation Army		585-394-6968
	St. Vincent DePaul	585-394-3980
Canandaigua	Hope and Life Pantry	585-393-4310
Cananuaigua	Food Link Mobile Pantry	585-328-3380 x155
	New Covenant Baptist Church	585-394-9440
	CCIA Food Pantry	585-396-2242
	Bristol Community Food Cupboard	585-393-1058
Bloomfield	Naples Open Cupboard	585-369-8142
Bristol	The Blessing Room (Bloomfield)	585-657-6199
Naples	Project FISH (W. Bloomfield)	585-453-2370
	Food Link Mobile Pantry	585-328-3380 x155
Victor	Victor-Farmington Food Pantry	585-924-2720
Farmington	Calvary Chapel	585-398-3550
	Center of Concern	315-789-1117
Geneva	Salvation Army Geneva	315-789-1055
	SAVE/Food Link	315-789-7811 x107
Clifton	St. Felix Food Cupboard (Clifton Springs)	315-462-5647
Springs	Phelps Community Food Cupboard	315-548-8897
Phelps	Manchester-Shortsville Twin Cities Food Cupboard	585-289-3046
Shortsville	Food Link Mobile Pantry	585-328-3380 x155
Manchester	Wellsprings Church	315-548-6292
Manchester	St. Felix Food Cupboard (Clifton Springs)	315-462-5647
Honeoye	Community Food Pantry	585-229-5911
Stanley	Beacon of Hope at the Circle of Care	585-526-5600
Stamey	Friendship House	585-554-6056

*Contact the Pantry's for their services offered, dates of service, and hours of operation.

	Geneva Community Lunch	315-789-2686 x105
Hot Moole	Gleaners Community Kitchen	585-394-9440
Hot Meals	David's Table	585-394-7450
	Hands of Hope Kitchen	585-749-2694

Appendix E: Pop-Up Food Pantry 2024 Schedule





Appendix F: Food Stamp (SNAP) Eligibility

Who is eligible to receive SNAP benefits?

If your gross income, based on family size, is at or below the amounts in the following charts, you may be eligible for SNAP benefits. But the only way to determine if your household is eligible for SNAP benefits is to apply.

Income Guidelines for Households without Earned Income (no elderly or disabled member)

https://www.ny.gov/services/apply-snap

Maximum SNAP Benefit Allowances				
Household Size	Maximum Allotment			
1	\$291			
2	\$535			
3	\$766			
4	\$973			
5	\$1,155			
6 \$1,386				
7 \$1,532				
8	\$1,751			
For each additional \$219 +				
* These figures are based upon SNAP Standards effective October 1, 2023.				
Note: A SNAP budget must be calculated for your household				

in order to determine SNAP eligibility and benefit amount.

Appendix G: Healthy Families Ontario & Child and Family Resources Referral (English and Spanish)

To request a free childcare referral please fill out the referral form (linked below) and either email back to cfr.info@cfresources.org or print and mail to our office:

Child and Family Resources, Inc., 115 Fall Street Seneca Falls, NY 13148

Fillable form Online (English): https://cfr.clubexpress.com/docs.ashx?id=13155

Para solicitar una referencia de cuidado de niños gratis por favor, llene este formulario y envio lo poe correo electrónico a cfr.info@cfresources.org o imprimir y enviar por correo a nuestras oficinas:

Child and Family Resources, Inc. 115 Fall Street Seneca Falls, NY 13148

Fillable form Online (Spanish): http://documents.clubexpress.com/documents.ashx?key=XMS7u8I2dnmqHfYJnePaHuw %2bcB77dYkRsv7d1XJ2Z3pRVirusGIPSmlSqlDfG050ltP3Jx0pY0E%3d

Appendix H: Sharps Collection Sites

Sharps Collection Sites

https://safeneedledisposal.org/search-results/ Call prior to attending a collection site

Location	Address	Contact Phone	Drop Off	
Clifton Springs Hospital and Clinic	2 Coulter Rd Clifton Springs, NY 14432	315-462-9561	Hospital Laboratory	
Elm Manor Nursing and Rehabilitation Center	210 N Main St Canandaigua, NY 14424	585-394-3883	Lobby	
F.F. Thompson Hospital	350 Parrish St Canandaigua, NY 14424	585-396-6100	24/7 availability, Emergency Ambulatory Entrance	
Geneva General Hospital	196 North St Geneva, NY 14456	315-787-4145	24/7 availability, Emergency Department Entrance	
Ontario Center for Rehabilitation and Nursing	3062 County Complex Dr Canandaigua, NY 14424	585-396-4385	Lobby	

Sharps should be brought to disposal sites in a hard sided plastic container that stays upright (like a laundry detergent bottle), labeled, with the lid taped shut.

All hospitals and nursing homes in New York State are mandated by law to accept homegenerated sharps as a free, community service through their sharps collection programs. Call first to speak with the facility's sharps coordinator for hours of operation and drop off sites.

Appendix I: Tutors for Medically Fragile Children

What is BOOST?



Boost provides supplementary tutoring for children with cancer and other chronic diseases, which may prevent normal educational development. This group of

teachers will not supplant the tutoring being provided by the school, but will act as a "boost" to a child by helping him/her better understand material being presented at the child's grade level. The goal of Boost is to do all of this with the caring and warmth of an adopted grandparent. Looking out for each child's future Boost keeps an eye on each child's future. Our tutors use their teaching expertise to fill the gap left when traditional schooling is not possible. Keeping the student on-track Boost tutors make every effort to keep the student academically on track with their peers.

How does BOOST work?

Boost does not replace the tutor from the school, but works with the teacher, parent and student to provide extra help and encouragement such as:

- Communicating with the teacher as to what assistance can be provided.
- Going to the home once or twice a week.
- · Going to the clinic to help with school work.
- Being on-call as progress is made, so that instruction is available whenever your child needs it.

Getting Started

- The Director meets one-on-one with the parents and child, so all parties can discuss the child's academic needs.
- The tutor is chosen based on the needs of the child.
- The tutor meets with the parents and child to set up a schedule and location, as well as to become acquainted with one another.
- Upon receiving permission from the parents, the tutor communicates with the school in order to coordinate services.
- The tutor meets with the child once or twice a week as long as tutoring is needed.
- Each time the tutor works with the child there must be a parent, grandparent, guardian or other responsible adult present at the location of the tutoring.



Complementing Services

Boost complements services provided by the school by helping the child:

- Keep up with school work
- · Get back into the swing of school
- Stay at grade level

Get a BOOST!

Call or email Linda Bolan today. phone: 585-317-7269 email: linda4boost@gmail.com



Qualified . Compassionate . Reliable

"The tutoring Estrella has received from the Boost tutor has been very helpful. The oneon-one help has given her the extra boost she needed to build confidence in her schoolwork. Knowing that someone is just a phone call away gives her a sense of security and stops her frustration when she can't figure out a problem on her own. Thank you Boost!"

Kim Cantin, parent

Learn more at: www.boost4kids.com

Appendix J: Immunization Schedule, Children https://www.health.ny.gov/publications/2370.pdf

2023-24 School Year New York State Immunization Requirements for School Entrance/Attendance¹

NOTES:

All children must be age-appropriately immunized to attend school in NYS. The number of doses depends on the schedule recommended by the Advisory Committee on Immunization Practices (ACIP). Intervals between doses of vaccine must be in accordance with the "ACIP-Recommended Child and Adolescent Immunization Schedule." Doses received before the minimum age or intervals are not valid and do not count toward the number of doses listed below. See footnotes for specific information for each vaccine. Children who are enrolling in grade-less classes must meet the immunization requirements of the grades for which they are age equivalent.

Dose requirements MUST be read with the footnotes of this schedule

Vaccines	Pre- Kindergarten (Day Care, Head Start, Nursery or Pre-K)	Kindergarten and Grades 1, 2, 3, 4 and 5	Grades 6, 7, 8, 9, 10 and 11	Grade 12
Diphtheria and Tetanus toxoid-containing vaccine and Pertussis vaccine (DTaP/DTP/Tdap/Td) ²	4 doses	5 doses or 4 doses if the 4th dose was received at 4 years or older or 3 doses if 7 years or older and the series was started at 1 year or older		
Tetanus and Diphtheria toxoid-containing vaccine and Pertussis vaccine adolescent booster (Tdap) ³		Not applicable 1 dose		
Polio vaccine (IPV/OPV) ⁴	3 doses	4 doses or 3 doses if the 3rd dose was received at 4 years or older		
Measles, Mumps and Rubella vaccine (MMR) ⁵	1 dose	2 doses		
Hepatitis B vaccine ⁶	3 doses	3 doses or 2 doses of adult hepatitis B vaccine (Recombivax) for children who received the doses at least 4 months apart between the ages of 11 through 15 years		
Varicella (Chickenpox) vaccine ⁷	1 dose	2 doses		
Meningococcal conjugate vaccine (MenACWY) ⁸		Grades or 1 do Not applicable 7, 8, 9, 10 if the dr and 11: was rece 1 dose at 16 ye		2 doses or 1 dose if the dose was received at 16 years or older
Haemophilus influenzae type b conjugate vaccine (Hib) ⁹	1 to 4 doses	Not applicable		
Pneumococcal Conjugate vaccine (PCV) ¹⁰	1 to 4 doses	Not applicable		

Appendix K: Your Child's First Vaccines

VACCINE INFORMATION STATEMENT

Your Child's First Vaccines: What You Need to Know

Many vaccine information statements are available in Spanish and other languages. See www.immunize.org/vis

Hojas de información sobre vacunas están disponibles en español y en muchos otros idiomas. Visite <u>www.immunize.org/vis</u>

The vaccines included on this statement are likely to be given at the same time during infancy and early childhood. There are separate *Vaccine Information Statements* for other vaccines that are also routinely recommended for young children (measles, mumps, rubella, varicella, rotavirus, influenza, and hepatitis A)

Your child is getting these vaccines today: □ DTaP □ Hib □ Hepatitis B (Description Charles account to heave)

(Provider: Check appropriate boxes.)

1. Why get vaccinated?

Vaccines can prevent disease. Childhood vaccination is essential because it helps provide immunity before children are exposed to potentially life-threatening diseases.

Diphtheria, tetanus, and pertussis (DTaP)

- Diphtheria (D) can lead to difficulty breathing, heart failure, paralysis, or death.
- Tetanus (T) causes painful stiffening of the muscles. Tetanus can lead to serious health problems, including being unable to open the mouth, having trouble swallowing and breathing, or death.
- Pertussis (aP), also known as "whooping cough," can cause uncontrollable, violent coughing that makes it hard to breathe, eat, or drink. Pertussis can be extremely serious, especially in babies and young children, causing pneumonia, convulsions, brain damage, or death.

Hib (*Haemophilus influenzae* type b) disease

Haemophilus influenzae type b can cause many different kinds of infections. Hib bacteria can cause mild illness, such as ear infections or bronchitis, or they can cause severe illness, such as infections of the blood. Hib infection can also cause pneumonia; severe swelling in the throat, making it hard to breathe; and infections of the blood, joints, bones, and covering of the heart. Severe Hib infection, also called "invasive Hib disease," requires treatment in a hospital and can sometimes result in death.

Hepatitis B

PCV

Hepatitis B is a liver disease that can cause mild illness lasting a few weeks, or it can lead to a serious, lifelong illness. Acute hepatitis B infection is a shortterm illness that can lead to fever, fatigue, loss of appetite, nausea, vomiting, jaundice (yellow skin or eyes, dark urine, clay-colored bowel movements), and pain in the muscles, joints, and stomach. Chronic hepatitis B infection is a long-term illness that occurs when the hepatitis B virus remains in a person's body. Most people who go on to develop chronic hepatitis B do not have symptoms, but it is still very serious and can lead to liver damage (cirrhosis), liver cancer, and death.

Pneumococcal disease (PCV)

Polio

Pneumococcal disease refers to any illness caused by pneumococcal bacteria. These bacteria can cause many types of illnesses, including pneumonia, which is an infection of the lungs. Besides pneumonia, pneumococcal bacteria can also cause ear infections, sinus infections, meningitis (infection of the tissue covering the brain and spinal cord), and bacteremia (infection of the blood). Most pneumococcal infections are mild. However, some can result in long-term problems, such as brain damage or hearing loss. Meningitis, bacteremia, and pneumonia caused by pneumococcal disease can be fatal.



U.S. Department of Health and Human Services Centers for Disease Control and Prevention

Appendix K, Continued

Your Child's First Vaccines, page 2

Polio

Polio (or poliomyelitis) is a disabling and lifethreatening disease caused by poliovirus, which can infect a person's spinal cord, leading to paralysis. Most people infected with poliovirus have no symptoms, and many recover without complications. Some people infected with poliovirus will experience sore throat, fever, tiredness, nausea, headache, or stomach pain, and most people with these symptoms will also recover without complications. A smaller group of people will develop more serious symptoms: paresthesia (feeling of pins and needles in the legs), meningitis (infection of the covering of the spinal cord and/or brain), or paralysis (can't move parts of the body) or weakness in the arms, legs, or both. Paralysis can lead to permanent disability and death.

2. DTaP, Hib, hepatitis B, pneumococcal conjugate, and polio vaccines

Infants and children usually need:

- 5 doses of diphtheria, tetanus, and acellular pertussis vaccine (DTaP)
- 3 or 4 doses of Hib vaccine
- 3 doses of hepatitis B vaccine
- 4 doses of pneumococcal conjugate vaccine (PCV)
- 4 doses of polio vaccine

Some children might need fewer or more than the usual number of doses of some vaccines to have the best protection because of their age at vaccination or other circumstances.

Older children, adolescents, and adults with certain health conditions or other risk factors or who did not get vaccinated earlier might also be recommended to receive 1 or more doses of some of these vaccines.

These vaccines are given as either stand-alone vaccines or as part of a combination vaccine (a type of vaccine that combines more than one vaccine together into one shot).

3. Talk with your health care provider

Tell your vaccination provider if the child getting the vaccine:

For all of these vaccines:

 Has had an allergic reaction after a previous dose of the vaccine, or has any severe, life-threatening allergies

For DTaP:

- Has had an allergic reaction after a previous dose of any vaccine that protects against diphtheria, tetanus, or pertussis
- Has had a coma, decreased level of consciousness, or prolonged seizures within 7 days after a previous dose of any pertussis vaccine (DTP or DTaP)
- · Has seizures or another nervous system problem
- Has ever had Guillain-Barré syndrome (also called "GBS")
- Has had severe pain or swelling after a previous dose of any vaccine that protects against diphtheria or tetanus

For PCV:

 Has had an allergic reaction after a previous dose of any type of pneumococcal conjugate vaccine (PCV13, PCV15, PCV20, or an earlier pneumococcal conjugate vaccine known as PCV7), or to any vaccine containing diphtheria toxoid (for example, DTaP)

In some cases, your child's health care provider may decide to postpone vaccination until a future visit.

Children with minor illnesses, such as a cold, may be vaccinated. Children who are moderately or severely ill should usually wait until they recover before being vaccinated.

Your child's health care provider can give you more information.

Vaccine Information Statement (Interim) | Multi Pediatric Vaccines | Page 2 | 7/24/2023

Appendix K, Continued

Your Child's First Vaccines, page 3

4. Risks of a vaccine reaction

For all of these vaccines:

· Soreness, redness, swelling, warmth, pain, or tenderness where the shot is given can happen after vaccination.

For DTaP vaccine, Hib vaccine, hepatitis B vaccine, and PCV:

Fever can happen after vaccination.

For DTaP vaccine:

- · Fussiness, feeling tired, loss of appetite, and vomiting sometimes happen after DTaP vaccination.
- · More serious reactions, such as seizures, non-stop crying for 3 hours or more, or high fever (over 105°F) after DTaP vaccination happen much less often. Rarely, vaccination is followed by swelling of the entire arm or leg, especially in older children when they receive their fourth or fifth dose.

For PCV:

- Loss of appetite, fussiness (irritability), feeling tired, headache, and chills can happen after PCV vaccination.
- · Young children may be at increased risk for seizures caused by fever after a pneumococcal conjugate vaccine if it is administered at the same time as inactivated influenza vaccine. Ask your health care provider for more information.

As with any medicine, there is a very remote chance of a vaccine causing a severe allergic reaction, other serious injury, or death.

5. What if there is a serious problem?

An allergic reaction could occur after the vaccinated person leaves the clinic. If you see signs of a severe allergic reaction (hives, swelling of the face and throat, difficulty breathing, a fast heartbeat, dizziness, or weakness), call 9-1-1 and get the person to the nearest hospital.

For other signs that concern you, call your health care provider.

Adverse reactions should be reported to the Vaccine Adverse Event Reporting System (VAERS). Your health care provider will usually file this report, or you can do it yourself. Visit the VAERS website at www.vaers.hhs.gov or call 1-800-822-7967. VAERS is only for reporting reactions, and VAERS staff members do not give medical advice.

6. The National Vaccine Injury **Compensation Program**

The National Vaccine Injury Compensation Program (VICP) is a federal program that was created to compensate people who may have been injured by certain vaccines. Claims regarding alleged injury or death due to vaccination have a time limit for filing, which may be as short as two years. Visit the VICP website at www.hrsa.gov/vaccinecompensation or call 1-800-338-2382 to learn about the program and about filing a claim.

7. How can I learn more?

- Ask your health care provider.
- Call your local or state health department.
- Visit the website of the Food and Drug Administration (FDA) for vaccine package inserts and additional information at www.fda.gov/ vaccines-blood-biologics/vaccines.
- · Contact the Centers for Disease Control and Prevention (CDC):
- Call 1-800-232-4636 (1-800-CDC-INFO) or
- Visit CDC's website at www.cdc.gov/vaccines.

Vaccine Information Statement (Interim) Multi Pediatric Vaccines 42 U.S.C. § 300aa-26 7/24/2023



USE

Appendix L: Breastfeeding Resources

Breastfeeding Resources Brochure Page 1 (English)



Appendix L, Continued

Breastfeeding Resources Brochure Page 2 (English)

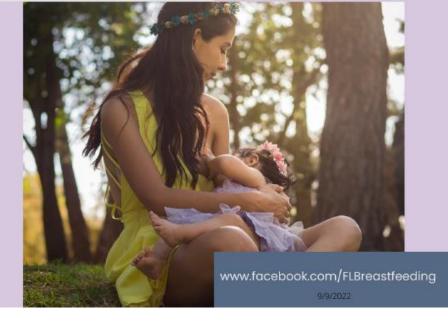
WIC & La Leche League WIC: Chemung & Schuyler Counties: (607) 737-2039 Livingston County: (585) 243-7530 Ontario, Wayne, Seneca & Yates: (585) 394-9240 Steuben County: (607) 776-1151 La Leche League: Finger Lakes Area: Maureen Weidman: (315) 548-7980 La Leche League in your area: http://www.Illny.org/

Breastfeeding/Parenting Support Sites

- Parenting Partners: Healthy Families Ontario & Yates: (315) 412-4527
- Positive Expressions Infant Support: Livingston County Health Department: (585) 243-7299
- Baby Bistro: Elmira Resource Center: (607) 737-2039
- ROC City Baby Cafes: Zoom: https://rochesterregionalbreastfe edingcoalition.com/baby-cafe/

Local Health Departments

Chemung County: (607) 737-2488 Livingston County: (585) 243-7299 Ontario County: (585) 396-4343 Seneca County: (315) 539-1920 Schuyler County: (607) 535-8140 Steuben County: (607) 664-2438 Yates County: (315) 536-5160 Wayne County: (315) 946-5749



Many local Health Departments feature home visits with a Certified Lactation Counselor (CLC)

Appendix L, Continued

Breastfeeding Resources Brochure Page 1 (Spanish)



Appendix L, Continued

Breastfeeding Resources Brochure Page 2 (Spanish)

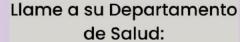
WIC & Asociación La Leche

WIC:

Condados de Chemung & Schuyler : (607) 737-2039 Condado de Livingston: (585) 243-7530 Condados: Ontario, Wayne, Seneca & Yates: (585) 394-9240 Condado de Steuben: (607) 776-1151 Asociación La Leche: Area de Finger Lakes: Maureen Weidman: (315) 548-7980

Sitios de apoyo para la lactancia y la crianza de los hijos

Socios de crianza: Healthy Families Ontario y Yates: (315) 412-4527 Positive Expressions Infant Support: Departamento de Salud del Condado de Livingston: (585) 243-7299 Baby Bistro: Centro de recursos de Elmira:(607) 737-2039 Cafés para bebés de ROC City: Zoom: https://rochesterregionalbreastfee dingcoalition.com/baby-cafe/



Trabajadores de Salud, enfermeras y Consejeros Certificados en Lactancia: Condado de Chemung: (607) 737-2488 Condado de Livingston: (585)243 - 7299Condado de Ontario (585) 396-4343 Condado de Seneca: (315) 539-1920 Condado de Schuyler: (607) 535-8140 Condado de Steuben: (607) 664-2438 Condado de Yates (315) 536-5160



Muchos departamentos de salud locales cuentan con visitas domiciliarias con un consejero de lactancia certificado (CLC)



Appendix M: Ontario County Dental Card Program

Ontario County Dental Card Program



Appendix M, Continued

Ontario County Dental Card Program

Ontario County Dental Network Card Enrollment For				fical		Econom		ase Prin
Last Name:	First Na	ame:		MI:		Gender:	F	М
Date of Birth (MM/DD/YYYY):	1	Phone N	imber:			10.0		1
Address					_			_
Address:								
City:	Sta	te:	Zip Code:					
Email Address:					1			-
Dependents								
Name		Re	lationship	Gende		Date of	Birth (MN	//DD/YY
			Spouse	F	М			
				F	М			-
				F	М			
				F	М			
Payment: \$36.50 (Individual Cove	rage for On Year)		2.00 (Eamily	Coverag	a fo		ar)	
Pay by Credit Card			Avenue, Si twork Card					
		cover						
Credit Card Number:		e ar	1. 1	P	1	E.	Expiration	on Date:
Name as it Appears on Credit Card:					4	Securtity	Code:	-
						1		1
authorize Health Economics Group, I Network Card.	nc. to use the credi	t card info	rmation prov	/ided abov	e a	s paymen	t for the I	Dental
Signature:				Date				
ou will receive your Dental Network Can rocessing. Your card(s) will be effective or blowing 12 full months of eligibility. Re-enr or the names and addresses of DenteMax y most general dentists in the network, gr 00-666-6690 x505. We will be pleased to l	n the date your enroll rollment is not autor network dentists in a o to www.heginc.com	ment is pro matic. You particular	cessed. Your must contact geographic ar	card(s) wil us to re-en rea and/or t	l exp roll. o se	ire on the e the sche	last day of	f the moni
his is not insurance. Health Economics 0 full. Confirm DenteMax network participat iay charge higher fees than what is showr f dentists in their network. Our role is to m mount paid for the card(s).	Group, Inc. does not g ion and fees before re n on the schedule. W	eceiving tre e rely on th	atment. Pleas e judgment o	e note that f DenteMax	spec	ialists and to the prof	some gen essional c	eral denti ompeten

I have read and understand the above information and I want to enroll in the Dental Network Card Program.

Signature:

Appendix N: Ontrack Program Flyer

Ontrack Program Brochure Page 1



We're here to help young people nurture their strengths & pursue their goals for school, work, and relationships.

"At OnTrack, I met other people who have 'been there' too. It helped me feel less alone and begin to make sense of my experience."

- OnTrackNY Participant

Who We Serve

OnTrackNY serves young people across the state of New York regardless of insurance status or ability to pay who are:



Experiencing unusual thoughts or feeling suspicious of others

-

Noticing changes in the way things look or sound

Challenged by feelings of stress, fear, anger, or confusion

OnTrack NY

A program of the New York State Office of Mental Health

OnTrackNY Rochester 25 Circle Street / Suite 102 Rochester, New York 14607

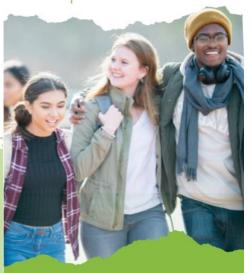
For more information, contact one of our team members.

T: 585 360-4129





My Health, My Choices, My Future.



Supporting young people with mental health challenges across New York State



Appendix N, Continued

Ontrack Program Brochure Page 2

What is OnTrackNY?

OnTrackNY is a network of coordinated care teams across New York State that offers comprehensive, personalized support -- including therapy, help with school and work, peer support, connection to community resources, support for physical health, family services, and/or medication -- to teens and young adults who are impacted by unexpected changes in their thinking and perceptions.

Research has proven that rapid access to care is a key factor for recovery.

The Spirit of OnTrackNY

V Recovery-oriented

Our care plans are grounded in 3 dimensions of recovery: supporting self-determination, connecting with others, and creating purpose.

V Collaborative

We partner with participants and their family members to navigate and make decisions in all aspects of the treatment journey.

 Equitable & inclusive
 We value each other's differences as strengths and aim to ensure all participants have what they need to thrive wherever they live, work, learn, or play.

Person-centered

We place participants at the center of everything we do, encouraging them to tailor care plans to their unique goals and select the services that best meet their needs.

OnTrac



"When we met with the OnTrack team, it was the first time we felt hope. A few months later, I heard my son laugh again."

- Parent of OnTrackNY Participant



Appendix O: Free Opioid Overdose Prevention Training

Access Naloxone in Ontario County, New York

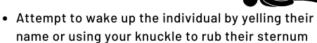
- Visit the Harm Reduction Vending Machine 24/7 located at the Bus Depot in Geneva NY (near 372 Exchange Street in the Public Parking Lot)
- Purchase naloxone at any pharmacy without a prescription
- Naloxone mailed to your home by NEXT Distro https://nextdistro.org/nychoice
- Obtain naloxone and training from Ontario County Public Health, Call 585-396-4343
- Obtain naloxone and training at any FLACRA (Finger Lakes Area Counseling and Recovery Agency) location
 - o FLACRA.org
 - o Call 833-435-2272

Using Naloxone during an Opioid Overdose

1

3

Assess and call 911



- Check the individuals breathing
- Call 911 immediately

Naloxone will only work to reverse an opioid overdose, no other substances





- If person isn't breathing, do rescue breaths and/or CPR if trained and comfortable
- Check to see if airway is clear
- Tilt person's head back, pinch nose closed, and open mouth
- Place your mouth over persons to make a seal and give 2 slow breaths
- Follow up with one breath every 5 seconds until person can breathe on their own



Administer Naloxone

- Peel back packaging and remove device
- Hold device with thumb on the plunger and 2 fingers on the nozzle
- Place and hold tip of the nozzle in either nostril until you touch bottom of the nose
- Press the plunger firmly to release dose into patients nose *D0 NOT TEST SPRAY*
- Repeat with second dose if no response after 2-3 minutes





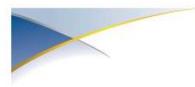
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- Stay with the individual and monitor them
- Observe for withdrawal symptoms
- Place the individual on their side in the recovery position
- Naloxone wears off in 30 to 90 minutes
- Explain to the paramedics exactly what happened



Appendix P: Strong Recovery Brochure

Strong Recovery Brochure



Strong Recovery is comprised of two outpatient clinics: Chemical Dependency (SRCD), and Methadone Maintenance (SRMM). Both programs work collaboratively as one comprehensive outpatient program to bring optimal care to our patients. These programs are licensed by the New York State Office of Alcoholism and Substance Abuse Services (OASAS), and accredited by the Joint Commission.

<u>Admission Criteria:</u> Adults (18 years old and up) with a drug/alcohol abuse or dependence diagnosis as defined by the DSM-IV and are assessed to be capable of achieving abstinence on an outpatient level and participate in the group therapy process.

Additional Criteria for Co-Occurring Disorder Services: Patients must have an Axis I mental health diagnosis.

<u>Additional Criteria for Methadone</u> <u>Maintenance services</u>: Verification of current physiological dependence on Opioids for a minimum period of 1-year.





<u>Strong Recovery Mission Statement:</u> "In partnership with patients, families, and the community, we promote recovery from addiction and mental illness through an integrated healthcare system that values both cultural diversity and linkage with teaching and research."



Strong Recovery



300 Crittenden Blvd. Rochester, NY 14642

To schedule intake evaluations: Call (585) 275-5400



CONTACT INFO: PHONE: (585) 275-3161

FAX: (585) 273-1089



Appendix Q: Health Navigator Agency Locations



Navigator Agency Site Locations

County: Ontario

Lead Agency Name	Community Health Care Association of New York State (CHCANYS)
Subcontractor Name	N/A
Enrollment Site Name	Goodwill Store
Site Address	328 Eastern Boulevard
City	Canandaigua NY 14424
Phone #	(800) 346-2211
Languages	English
Lead Agency Name	Community Health Care Association of New York State (CHCANYS)
Subcontractor Name	N/A
Enrollment Site Name	Wood Library
Site Address	134 North Main Street
City	Canandaigua NY 14424
Phone #	(800) 346-2211
Languages	English; Language Line Available
Lead Agency Name	Community Health Care Association of New York State (CHCANYS)
Subcontractor Name	N/A
Enrollment Site Name	Clifton Springs Library
Site Address	4 Railroad Avenue
City	Clifton Springs NY 14432
Phone #	(800) 346-2211
Languages	English
Lead Agency Name	Community Health Care Association of New York State (CHCANYS)
Subcontractor Name	N/A
Enrollment Site Name	Geneva Free Library
Site Address	244 Main Street
City	Geneva NY 14456
Phone #	(800) 346-2211
Languages	English; Language Line Available
Lead Agency Name	Community Service Society of New York
Subcontractor Name	Finger Lakes Community Health
Enrollment Site Name	Geneva Community Health (FLCH)
Site Address	601 West Washington Street
City	Geneva NY 14456
Phone #	(315) 781-8448
Languages	English & Spanish

NYS Department of Health Report Date: 3/1/2024

Appendix Q, Continued



Navigator Agency Site Locations

County: Ontario

Lead Agency Name	Community Health Care Association of New York State (CHCANYS)
Subcontractor Name	N/A
Enrollment Site Name	Honeoye Public Library
Site Address	8708 Main Street
City	Honeoye NY 14471
Phone #	(800) 346-2211
Languages	English & Language Line available
Lead Agency Name	Community Health Care Association of New York State (CHCANYS)
Subcontractor Name	N/A
Enrollment Site Name	Naples Library
Site Address	118 South Main Street
City	Naples NY 14512
Phone #	(800) 346-2211
Languages	English
Lead Agency Name	Community Health Care Association of New York State (CHCANYS)
Subcontractor Name	N/A
Enrollment Site Name	Open Cupboard
Site Address	Hardwood Lane
City	Naples NY 14513
Phone #	(800) 346-2211
Languages	English & Language Line available
Lead Agency Name	Community Health Care Association of New York State (CHCANYS)
Subcontractor Name	N/A
Enrollment Site Name	FLX Works One Stop Career Center
Site Address	795 Canandaigua Road
City	Geneva NY 14561
Phone #	(800) 346-2211
Languages	English
Lead Agency Name	Community Health Care Association of New York State (CHCANYS)
Subcontractor Name	N/A
Enrollment Site Name	Victor Library
Site Address	15 West Main Street
City	Victor NY 14564
Phone #	(800) 346-2211
Languages	English; Language Line Available

Appendix R: Mental Health Service Providers

2023 Mental Health Service Providers, Ontario County

INPATIENT	OUTPATIENT			
Clifton Springs Hospital	Boike Marriage, Family and Individual Counseling	Clinical Associates of the Finger Lakes	Mental Health Support Services	
Psychiatric Unit 2 Coulter Rd. Clifton Springs, NY 585-922-9900	 3180 West St., Canandaigua 585-394-1442 Marriage & Family Counseling Individual Counseling (including children) 	 590 Fishers Station Dr, St 130, Victor 585-924-7207 Counseling for children (birth - 5), parents and or families. Access through Early Intervention (Ontario County) and school districts 	120 North Main St., Canandaigua 585-629-0386 Services: Life Skills Workshops, Peer Support/Navigation, Youth Services & Counseling, Bereavement, Drop-In Services Support Groups	
Elmira Psychiatric Center 100 Washington St. Elmira, NY 607-737-4711 Adult/Youth	Finger Lakes Area Counseling & Recovery Agency FLACRA 1386 Hathaway Dr. Farmington 585-396-4190 28 East Main St. Clifton Springs 315-462-9161 246 Castle St. Geneva 315-781-0771	Clifton Springs Outpatient Mental Health 2 Coulter Rd., Clifton Springs 585-922-9900 Behavioral Health/CPEP Crisis 315-462-1080	Lakeview Health Services 609 West Washington St, Geneva 315-789-0550 193 Parrish Street, Canandaigua 585-394-7335 Victor Counseling Practice 6539 Anthony Drive, Suite A Victor, NY 14564 585-398-8835	
Strong Memorial Hospital 601 Elmwood Ave. Rochester, NY 585-275-3535 Adult/Youth (Updated 2/6/2023)	Children and Family Treatment and Support Services Email referrals to: cftss.intake@cayugacenters.org Who is Eligible? • Child/Youth enrolled in NYS Medicaid or a Medicaid Managed Care Plan • Aged Birth to 21	Family Counseling Services of the Finger Lakes 514 S Main St, Canandaigua 585-394-8220 671 South Exchange St, Geneva 315-789-2613 • Bilingual/ School Based Services • Domestic Violence & LGBTQ • Trauma Care Locations in Canandaigua, Newark, Seneca Falls, Penn Yan, and Sodus	Ontario County Mental Health 3019 County Complex Dr., Canandaigua 585-396-4363 • Individual Counseling (incl. children) • Marriage & Family Counseling • Call for walk-in hours Mental Health Emergency 9-1-1	

Appendix S: Substance Abuse Services/Providers

Substance Abuse Treatment Providers, Ontario County

INPAT	OUTPATIENT		
Clifton Springs Hospital	VETERAN SERVICES (VETERANS ONLY)	FLACRA Outpatient Services	
2 Coulter Rd. Clifton Springs, NY 585-723-7233 <u>CDinpatientintaketeam@rochesterregional.org</u> Crouse Chemical Dependency Treatment Service	Bath VA Medical Center 76 Veterans Avenue Bath, NY 14810-0810 Main phone: 607-664-4000 Mental health clinic: 607-664-4300	Clifton Springs Clinic 315-462-9161 Farmington Clinic 585-396-4190	
2775 Erie Blvd. East Syracuse, NY 315-470-8340 CASA-Trinity	Canandaigua VA Medical Center 400 Fort Hill Avenue Canandaigua, NY 14424-1159 Main phone: 585-394-2000 Mental health clinic: 585-393-7252	CASA - Trinity Outpatient Rehab Unit	
730 Seneca Rd. North Hornell, NY 607-282-5200	Strong Memorial Hospital Strong Recovery	86 River Street Hornell, NY 607-282-5201	
FLACRA Addictions Crisis Center 28 E Main St,	601 Elmwood Ave. Rochester, NY 585-275-3535		
Clifton Springs, NY 315-462-9466	Mentally Ill & Chemically Addicted Adults	HOME-BASED MENTAL HEALTH ASSESSMENT	
ONTARIO COUNTY Choose Health Ontario SUICIDE PREVENTION COALITION	SUCCIDE PREVENTION LEFELINE 1-800-273-TALK (8255) suicidepreventionlifeline.org (Updated 2/6/2023)	Finger Lakes Comprehensive Psychiatric Emergency Program (CPEP) Clifton Springs Hospital and Clinic 315-462-0425 2 Coulter Road, Clifton Springs • Inpatient Mental Health • Chemical Dependency Services	