



District Activities Review 2023-2024

JUNE 20, 2024



East Ridge High School

Sara Palodichuk

Assistant Principal – Activities



RAPTORS



Purpose



DEPARTMENT

The mission of East Ridge High School Activities department is to provide multiple opportunities to our students that help develop character, community, and a sense of belonging.

INDIVIDUAL

I choose to lead students to be people of empathy who serve others while developing skills as a student, teammate and person of character.

Baseball Class AAAA State Champions 2023

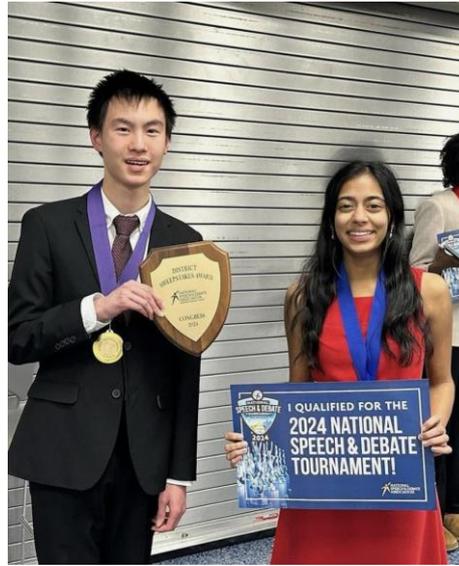


Program Spotlight Debate & Speech

Assistant Coach
Meghan Roeser

Students

Kenneth Chen
Caroline Zhang



East Ridge High School Speech & Debate



Debate

Mission: Students engage in rigorous research, critical thinking, and public speaking skills while building lasting friendships.

Numbers: 58 students in 23-24

Successes: Qualifiers in Tournament of Champions, Minnesota State Tournament, NSDA Nationals

Est. 2010



Speech



Mission: We work to improve the researching, writing, and speaking abilities of all students while embodying our core values of growth, collaboration, and communication.

Numbers: 57 students (and counting!) for 24-25, 50 students in 23-24

Successes: Top 20 school in the nation, NSDA National Finalists, NIETOC, State Champions and Finalists

Est. 2010

Student Council Feed my Starving Children Event



Participation Numbers

	2022-23	2023-24
Male	585	632
Female	501	511
Total	1086	1,143

3 sport Athletes

36 Total

26 Male

10 Female

**ERHS Currently has 91 Club Offerings to
our Students!**

[CLUB LINK](#)



Fall Highlights



- **Volleyball**- SEC Champs
 - Hadley Burger - Player of the year Finalist
- **Football** - State Tournament Participants
 - Tanner Zolnosky - Player of the year Finalist
- **Cross Country State Participants**
 - Nate Schultz, Brandon Paine, Ryan Soenen
 - Lydia Franson (section Champion)
- **Boys Soccer** - SEC Champs
- **Girls Soccer** - Elle Wildman 1st Team All-State
- **Girls Tennis** - Section Champs State Participants
- **Girls Swim/Dive** - State Participants
 - Kiley Thrush - Diving
 - Melanie Witikko - 200 MR, 100 Fly, 200 FR,
 - Megyn Gillard - 200 MR, 400 FR
 - Mallory Paine - 200 MR, 50 Free, 100 Free, 400 FR
 - Logan Hovermann - 200 MR, 200 IM, 100 B. stroke, 100 FR
 - Emma Wood - 200 Free, 500 Free, 200 FR, 400FR
 - Megan Lester & Alyssa Wang - 200 FR
 - Emma Hauch - 100 Backstroke
- **10 students** signing their NLI to play D I or II sports



Academic Gold - Girls Swim & dive, Girls Tennis, B & G Cross Country

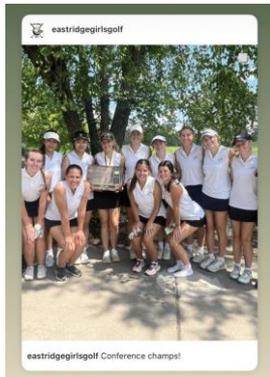
Winter Highlights



- **Girls Basketball** – Section 4AAAA runner up
- **Boys Swim/Dive** – State Participants
 - Aidynn Havermann – 200 MR, 200 IM, 400 FR, 100 Back
 - Poyraz Olgun – 200 MR, 400 FR
 - Neil Abrahamson – 200 MR, 400 FR, 100 Fly, 50 Free
 - Vincent Xiong – 200 MR, 400 FR, 100 Fly
- **Gymnastics** – Section Champs & State Tournament 5th
 - Kiley Thrush – Vault
 - Laney Schwellenbach – 2nd Bars, 4th Floor, 8th All-Around
 - [Bar Routine](#)
- **Wrestling State Participants**
 - Jackson Meyer
 - Danica Fuelling – 6th Place
- **2 NLI Football**
 - Kene Anene – Kansas
 - Charlie Bern – St. Thomas



Academic Gold – Boys Swim & Dive, Gymnastics



Spring Highlights



- **Track and Field State Participants**
 - Lydia Franson – 1600
 - Nate Schultz – 3200 5th place, 1600 7th place
 - Nick Gerhardt – Pole Vault
 - Obiora Asogwa, Brady Dagon, Ryan Soenen, Nate Schultz – 4X400
- **Girls Golf** – Conference & Section Champions, State Participants
 - Ella Whinnery
 - Katrien Van Heyst
 - Aliyah Kleven
 - Minh Duong
 - Anne Benjamin
 - Sydney Lovick
- **Baseball** – SEC Champs, Section Champions, State Participants
 - Luke Skinner and Max Arlich All-Metro 1st Team
- **Boys Volleyball** – Section Runner Ups
- **College Athlete Celebration** – 15 spring student athletes

Academic Gold – Girls Golf, Boys Tennis, softball

Thunderbolts Adapted Sports

- **Soccer - State Participants**
- Floor Hockey
- **Softball - State Participants**
- Bowling

Peyton Chlebeczek - All Tournament team State Softball



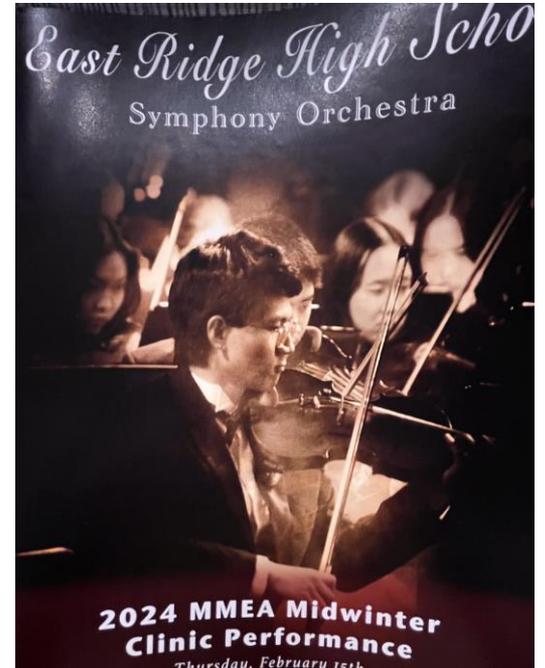
**THUNDERBOLTS
ARE GOING TO
STATE!!!!
Beat Monticello in
overtime 4-3!!!**

Performing/Fine Arts

Fall Musical – Wizard of Oz
One Act Play – Little Women
Spring Play – Peter and the Starcatcher

Fine Arts Festival
SEC Music Festival

ERHS Symphony Orchestra was Selected to perform at the MMEA Midwinter Clinic at the Minneapolis Convention Center



ExCEL - Leadership

- Anne Benjamin & Luke Ryerse



Triple A - Arts, Academics, Athletics

- Minh Duong & Neil Abrahamson



Award Winners



Athena: Outstanding Female Athlete

- Mallory Paine



Favorite Moments



- Partnership with Teddy's Heart
- Student Engagement
- Student Leadership and PD - with former Sowashco grad
- Our favorite Ball Boy - Will Batson
- Unified Club - group events



Park High School

Phil Kuemmel

Assistant Principal - Activities





DEPARTMENT

The mission of the Park High School Activities Department is to create learning opportunities for students to develop character, become well-rounded citizens, and achieve excellence in their school, activities and community.

Purpose



INDIVIDUAL

I lead with integrity, commitment, and compassion to provide growth opportunities to caring adults so that students can have a positive experience and learn life-long skills in educationally based activities.





Participation Numbers



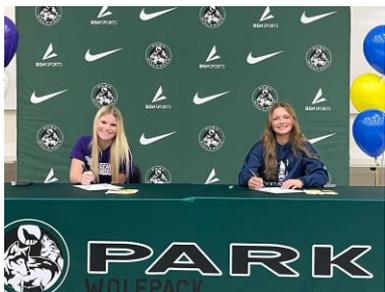
MSHSL Activities (Unduplicated)	2022-23	2023-24
Male	525	552
Female	474	481
Total	999	1033



More than 60 clubs and organizations

- New Clubs:
 Acting & Film
 Animation & Arts
 Badminton
 Muslim Student Assoc.
 Nature Explorers





Fall Highlights

HIGH SCHOOLS • BOYS SOCCER CLASS 3A QUARTERFINAL

Unseeded Park's Cinderella story continues

Third-seed Minnetonka kept scoreless

By Tommie Wright

It had a couple of chances and played the first half near the quarterfinal score, but Minnetonka was unable to take a shot on goal, making it a shutout for Park. The game was a defensive struggle, with Park's defense holding the ball for much of the first half. Minnetonka's attack was stymied by Park's defense, which was able to clear the ball and keep the game scoreless.

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- **Boys Soccer** – Section 3AAA Champions and 4th Place in State!
- **SWC Thunderbolts CI Soccer** – State Participants
- **Academic Team Award** – Boys and Girls Cross Country, Girls Swim & Dive, Girls Tennis (Gold), Boys & Girls Soccer (Silver)
- **Maroon District Offensive Player of the Year Football** – Skyler Morgan
- **All-State Honorable Mention** – Noah Haupt (SOC)
- **NLI Signing Ceremony** – 2 students
- **Fall Play** – “Death by Chocolate”
- **Nancy Martinsen** – retired after 30+ years of selling tickets at athletic events

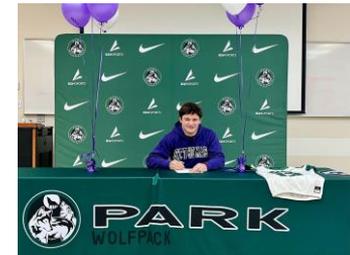


Winter Highlights



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SCHOOLS

- **Wrestling** – Section 3AAA Runner-up
- **Academic Team Award** – Boys Swim & Dive, Girls Hockey, Gymnastics (Gold), Girls Basketball, Wrestling (Silver)
- **Girls Hockey** – Section 3AA and State Academic Champions
- **Gymnastics** State Meet Participant – Ashley Davis (vault)
- **Wrestling** State Meet Participant – Landen Brooks 127, Kyler Jubinal 133, Zack Carr 39, Gunnar Mullen 152, Dylan Richardson 160, Sam Lankow 72
- **All-State** – Gunnar Mullen (4th place at state)
- **Section 3AA Gymnastics Coach of the Year** – Ali Flaata
- **NLI Signing Ceremony** – 5 students



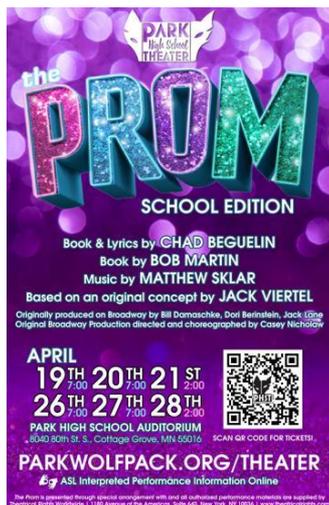
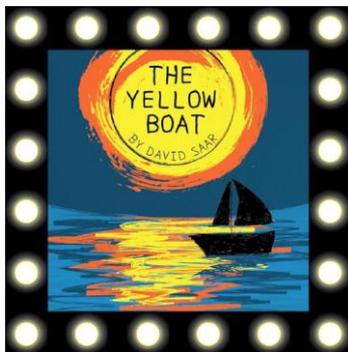
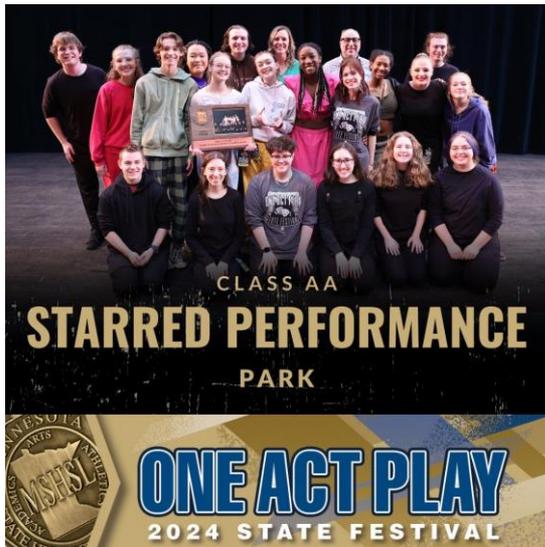


Spring Highlights



- **Boys Volleyball** - 1st team in school history
- **Girls Lacrosse** - SEC Co-Champions (Back to Back)
- **Softball** - Section 3AAAA Runner-up
- **CI Softball Thunderbolts** - State Tournament Participant
- **Academic Team Award** - Boys Golf, Softball (Gold), Boys Tennis (Silver)
- **Boys Golf**- Section 3AAA Academic Champions
- **Academic All-State** - - Adam Friemann, Jake Young (B GOLF)
- **Track and Field** State Meet Participant - Dom Jenkins (400)
- **Boys Golf** State Meet Participant - Charlie Looker
- **NHSSCA All-American** - Alexis Novak (first female in Park history)
- **26th Annual Athletic Awards Ceremony** - Guest Speaker Tucker Novotny

Fine Arts



- **One-Act Play** “The Yellow Boat – Section Champions, Starred Performance at State
- **Speech** hosted Section 3AA tournament, Brody Owens participant (Creative Expression)
- **Musical** “The Prom” – numerous Hennepin Theatre Spotlight awards →

SPOTLIGHT EDUCATION
HENNEPIN THEATRE TRUST

2023-2024 HONORS ANNOUNCEMENT
Park High School
For their production of
The Prom: School Edition
Achievement in Musical Theatre
Honorable Mention

Overall Technical Production Honorable Mention	Overall Performance Outstanding	
Ensemble Overall Performance Honorable Mention	Ensemble Acting Performance Honorable Mention	Ensemble Vocal Performance Honorable Mention
Ensemble Dance Performance Outstanding	Student Orchestra Honorable Mention	Run Crew Honorable Mention
Overall Technical Team Honorable Mention	Sound Crew Outstanding	Light Crew Honorable Mention
	Individual Honors	
Outstanding Performance in a Leading Role Anna Blasy as Dee Dee Allen	Honorable Mention in a Leading Role Jamy Randrup as Emma Nolan	Outstanding Performance in a Supporting Role Sasha McCauley as Angie Dickinson
	Outstanding in Technical Leadership Sarah Glazer as Stage Manager Lily Smith as Sound Designer Macy Craig as Assistant Director Sophie Szukics as Assistant Director	Honorable Mention in Technical Leadership Mitchell Herzog as ASMD/Deck Captain
		Evaluator Shout-Outs Souklayna N'diaye Kenji Yang Graham Shenton Lu Prok Elliot Vanasse Susie Mbu Taran Blassy "Kayla"

***Shout-Outs give recognition to those students who caught the attention of the evaluators. It is not an honor that results in a performance at Spotlight Showcase but we want to recognize all performers that are doing standout work. This is one more way we can spread the well-deserved encouragement but still keep the honors consistent and of value.



Award Winners



- **EXCEL:** Hollen Thompson, Sam Paulsen
- **Triple A:** Suzie Mbu, Joey Runic
- **Honor Athletes:** Tori Stepka, Noah Haupt
- **Athena:** Ava Reckinger
- **Apollo:** Taran Blasy
- **3 Sport Letter Winners:** 27 total (10 seniors)



EXCEL AWARD



 **EXCEL** 

Recognizing Students for Excellence in Community, Education and Leadership

2024 AWARD WINNERS

 Isabella Amshough Zumbach-Macopa	 Alexa Anderson Moxa	 Liah Bartels Egan	 Alicia Garza Roseville Area	 Cullianne Sibbee Minnetonka East	 Nathan Slushack Bertha-Hennet	 Eric Daschner Janetzel-Waldford Pemberton	 Skyla Bauer Springfield
 Zoeiy Bay Wabasha-Kodiak	 Zachary Blutz Morris Area	 Emmanuel Edehiji Tulsa-Grace	 Luiza Foss Hastings	 Eleanor Gruber Plymouth	 Hazelina Hussa Wadena-Village Morristown	 Kaylin Mergo-Lam Edina	 Hannah Jones Albion
 Alex Kraus St. Clair	 Claire Kvat St. Michael Albertville	 Caleb Lee Parnassus Preparatory	 Alex Lehto Meadow East	 Grace McNamee Nevis	 Hannah Mark St. Paul Humboldt	 Lediya Nelson Moxa	 Samuel Paulson Park
 Molly Patrowitz Little Falls	 Kaitlyn Raboe Hutchinson	 Kenley Runge St. James	 Ella Schlock Waconia	 Siaka Schultz Edgerton	 Logan Schwingorhauer Zimmerman	 Cecilia Singhvi Stillwater Area	 Mason Swanson Redger
 Jordan Theis Kinross	 Dreanna Theison North Lakes Academy	 Helen Thompson Park	 Mason Tachida Little Falls	 Sam Yabaji Minneapolis Southwest	 Jorja Weishalla Bertha-Hennet	 Theresa Wunderlich Owatonna	 Bo Zwinmer Ironomy Prairie

Hollen
Thompson
and
Sam Paulsen
2 of 40 state-wide
winners recognized
at MSHSL GBB
Tournament in
March





so
Wash
CO
SCHOOLS

Favorite Moments

1. Boys soccer state tournament run
2. Together We Make a Difference
3. State ExCEL Award Ceremony
4. SuperFans
5. #WolfpackGivesBack



BOYS STATE SOCCER TOURNAMENT - CLASS 3A SEMIFINAL, MAPLE GROVE 2, PARK 1, OT

Park's stirring run ends in OT

Wolfpack appeared poised for another tournament upset before Crimson rallied

By Mike Cook

Photo by Dan Peterson/Photo

The potential glass slipper for the boys teams. Class 3A's Crimson scored an early offensive goal, despite a turnover called to their Park 2-1 on Wednesday in a Class 3A state boys soccer semifinal.

It was a goal that had been the last moment of any hope," Park coach Andrew Bruggeman said. "They can be cruel, and their hearts break."

On a half-kick that went to Cash-Dewee, Chairman made a quick move to his left, then a quick right round out from the right-hand side of the field.

"I couldn't even see the goal, I just hit the field," he said.

Next up for the No. 2 Crimson is Friday's 6 a.m. double-headers match at U.S. Bank Stadium against Wayzata.

The top-seeded Triton beat Woodbury 1-0 in the quarterfinal.

Woodbury's 1-0 victory in the quarterfinal game was a surprise. The loss ended a streaking late-season charge by Park from their last back-to-back wins during the regular season and was only the second in the tournament.

Headed third in their section tournament, the Wolfpack (2-0-0) scored late goals and dispatched No. 3 Minnetonka in the quarterfinals. Both were 1-0 games.



Park Forward Triton Lee takes control of the ball in front of Maple Grove midfielder the Dierl. Above the action last Wednesday at U.S. Bank Stadium.



Maple Grove defender Frank Miller, left, and Park Forward Lee. From left to right during the second half.

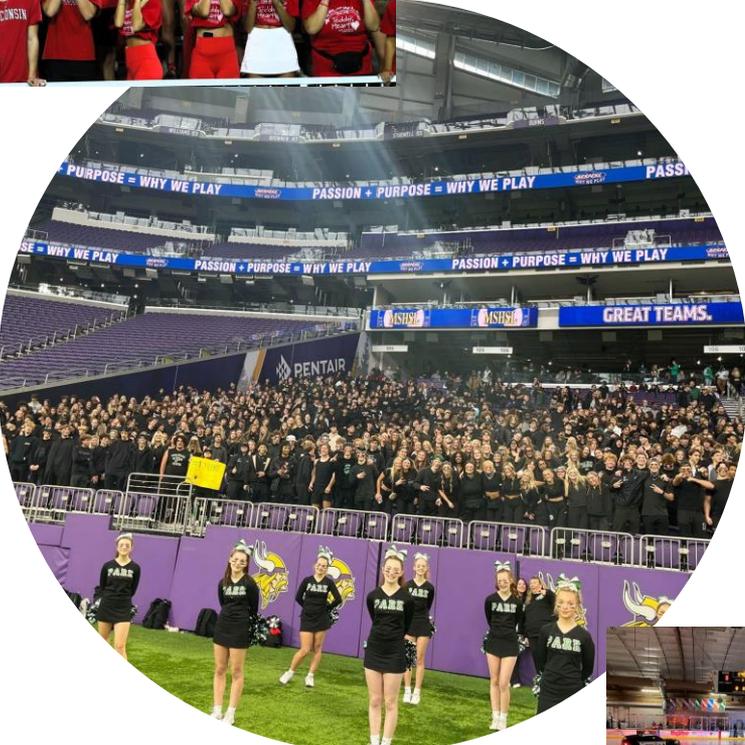
Joseph Mohamed scored passes through traffic, the Wolfpack remaining in the lead by Haight, allowed a chance for a 1-0 Wolfpack. Mohamed to set a first-round goal. They perfectly finished their off from about 10 yards.

It found the lower right corner.

"It's not what we've been doing. It's not what we've been doing. That was amazing," Bruggeman said. "It was a special day. It was something I thought could bring us to the state level here in Park."

Monday, Oct. 12, 2015. Although it scored with 10 minutes left, although the ball ended up in the net, the chances were called at the end.

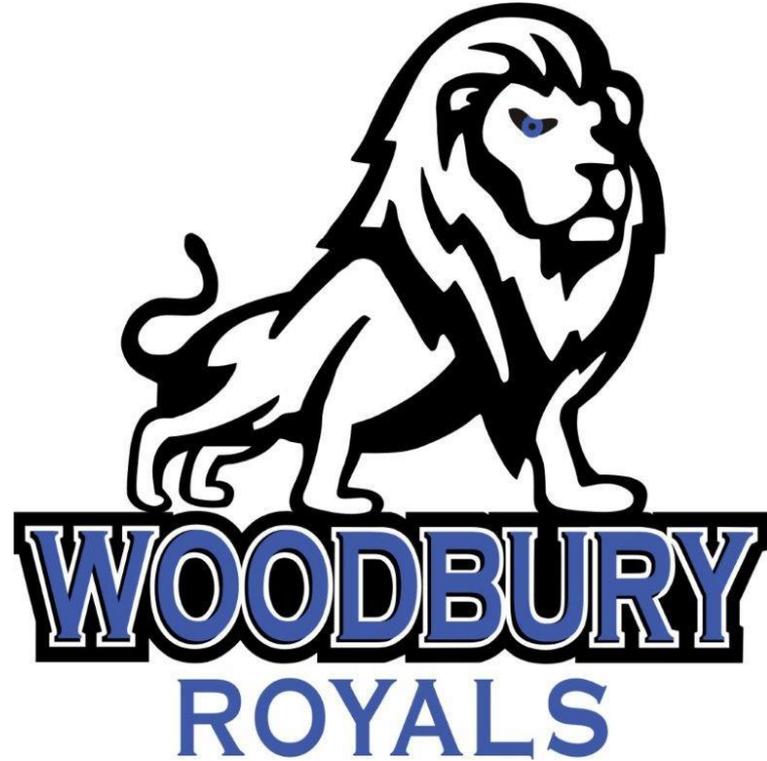
There was an injury for the game, however it had been there when Chubb, in the end, happened to find three goals.



Woodbury High School

Jodi Loeblein-Lecker

Assistant Principal – Activities





Purpose



DEPARTMENT

The mission of the Woodbury High School Activities Department is to create learning opportunities for students to develop character, become well-rounded citizens, and achieve excellence in their activities, school, and community

INDIVIDUAL

I lead to develop competitive and inclusive leaders who learn successful teamwork and life skills through activities.



Participation Numbers				
	20-21	21-22	22-23	23-24
Male	501	525	601	586
Female	424	445	491	499
Total	925	970	1092	1085



51 % of males & 45% of females participate in one or more sports or fine arts

Three Sport Senior Athletes

Males - 10

Females - 5

Favorite Moments



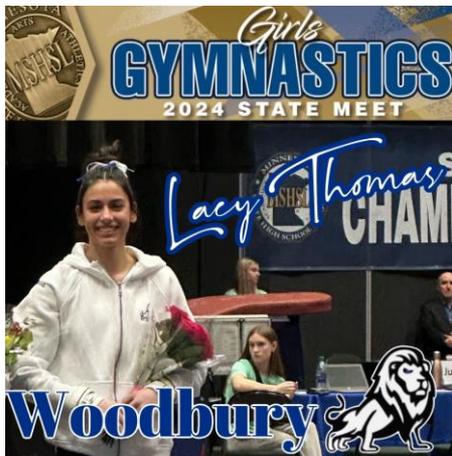
Fall Highlights



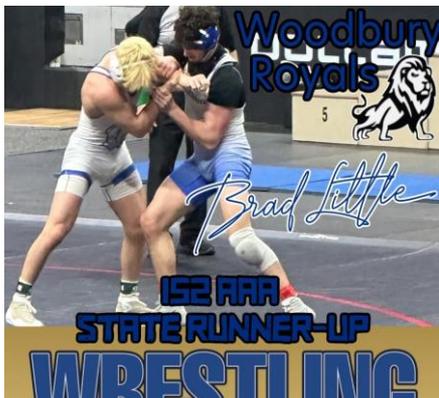
- **Diving** End of an era Gabby Mauder 5x Section Champ, 2 time State & 1x Runner Up, Nina Faulkner and Halle Linn
- **G. Swim/Dive** - Section Runner Up & State Participants 200 Medley Relay, 200 Free, 200 Ind. Medley, 100 Backstroke, 400 Free Relay
 - Torun McGills - 100 Backstroke 6th, 200 Ind Medley 3rd
- **Girls Cross Country** - Section Champion & Team State Participant
- **Girls Soccer** - SEC Champions
- **Boys Soccer** - Another Section Champions & Third Place State Finish
- **Debate** - Eunsol Lee Central Minnesota District Champion of Senate Congressional Debate. National Speech and Debate Participant
- **NLI** - 10 individuals signed national letters of intent



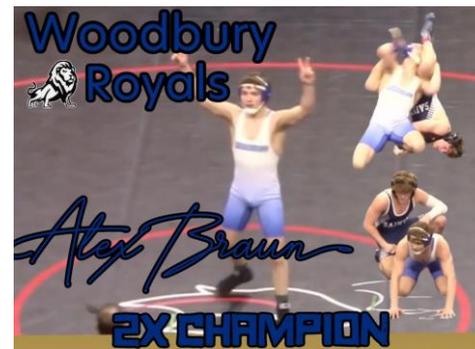
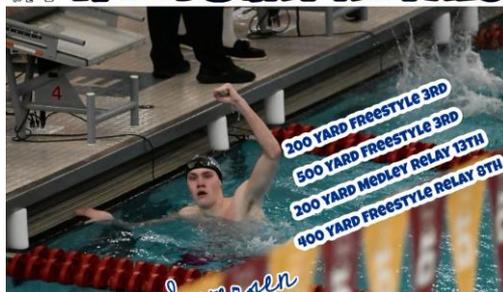
Winter Highlights



- **Boys Swim and Dive** – Conference, Section & True Team Section Champions
 - Gunnar Seversen – 400 Free Relay 8th, 500 Free 3rd
- **Wrestling** – Alex Braun 2 time Section Champion, 2 time State Champion, Mr Wrestling, last wrestling state champ was 44 years ago.
- Brad Little Section Champion and State Runner Up
- **Gymnastics** – State Gymnastics Lacy Thomas All Around
- **B. Alpine** – State Bennett LeVander (8th) & Andrew Sorenson (14th)
- **Boys Hockey** – honored for 1000 Games coached
- **Science Olympiad** – State Meet Qualifier



WOODBURY ROYALS



Spring Highlights

Boys Section Track and Field State Qualifiers

- 4 x 800, 4 x 100, 4 x 200, 100 M Dash, Discus, Triple Jump & Long Jump
- Liam Frommelt – 4th Place State Triple Jump

Girls Section Track and Field State Qualifiers

- 4 x 800, 4 x 200, 4 x 200, 1600 M Dash, 800 M Dash

G. Golf Waverly Yang

- Section Second place
- 3rd State Appearance

22 Spring Signing DIII

16 DI or DII signed NLI's 23-24!



Fine Arts

- Musical - *Footloose*
- One Act Play - *I Never Saw Another Butterfly* Third Place
- Spring Play - *Marian or the True Tale of Robin Hood*
- Spotlight Dance Award Annalise Maiers
- SEC Musical Festival
- District Marching Band & Percussion Ensemble
- Orchestra Carnival
- Speech - Kate Westlake (Extemp) Yifan Zhai (Informative Speaking) 4th at State



Triple A Award

Arts, Academics & Athletics

Claire Leinhard & Eunsul Lee



Award Winners

EXCEL

Activities, Service &

Leadership

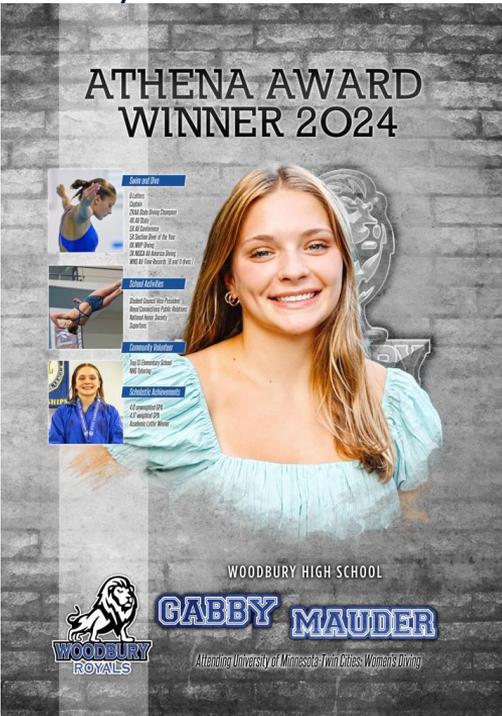
Amalie Bethke

Pashin Pooniwala



Athena Award Winner

Gabby Mauder



Wes and Patty Bolin - 1000 Games Coached



The background is decorated with several circles of various colors and sizes: a large yellow circle at the top center, a large cyan circle on the left, a large red circle at the bottom right, a medium green circle on the right, a small red circle above the text, a small blue circle below the text, a small green circle at the bottom left, a small yellow circle to the left of the text, and a small blue circle to the right of the text.

**Thank you for all
of your support!**