



District Activities Review 2023-2024

JUNE 20, 2024



East Ridge High School



Sara Palodichuk

Assistant Principal – Activities



RAPTORS



Purpose



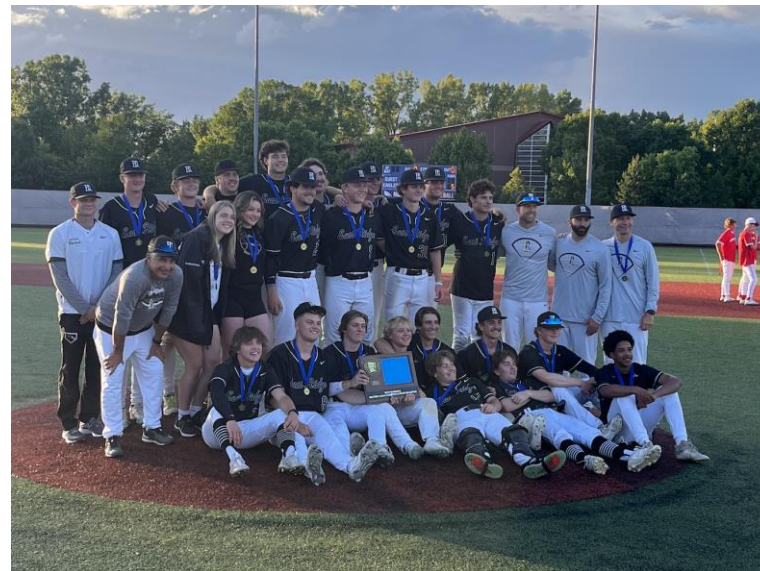
DEPARTMENT

The mission of East Ridge High School Activities department is to provide multiple opportunities to our students that help develop character, community, and a sense of belonging.

INDIVIDUAL

I choose to lead students to be people of empathy who serve others while developing skills as a student, teammate and person of character.

Baseball Class AAAA State Champions 2023



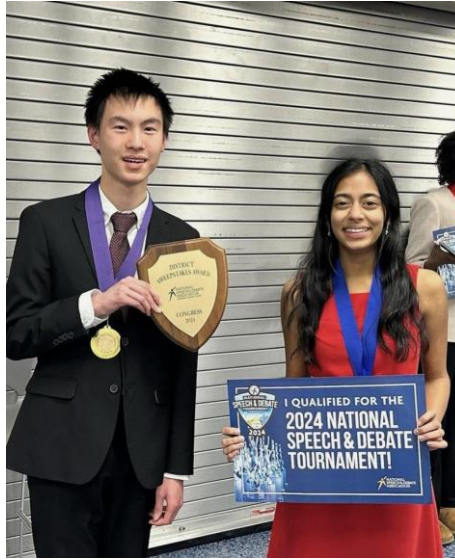
Program Spotlight

Debate & Speech

Assistant Coach
Meghan Roeser

Students

Kenneth Chen
Caroline Zhang



East Ridge High School Speech & Debate



Debate

Mission: Students engage in rigorous research, critical thinking, and public speaking skills while building lasting friendships.

Numbers: 58 students in 23-24

Successes: Qualifiers in Tournament of Champions, Minnesota State Tournament, NSDA Nationals

Est. 2010



Speech



Mission: We work to improve the researching, writing, and speaking abilities of all students while embodying our core values of growth, collaboration, and communication.

Numbers: 57 students (and counting!) for 24-25, 50 students in 23-24

Successes: Top 20 school in the nation, NSDA National Finalists, NIETOC, State Champions and Finalists

Est. 2010

Student Council Feed my Starving Children Event



Participation Numbers

	2022-23	2023-24
Male	585	632
Female	501	511
Total	1086	1,143

3 sport Athletes

36 Total

26 Male

10 Female

**ERHS Currently has 91 Club Offerings to
our Students!**

[CLUB LINK](#)



Academic Gold – Girls Swim & dive, Girls Tennis, B & G Cross Country

Fall Highlights



- **Volleyball**- SEC Champs
 - Hadley Burger – Player of the year Finalist
- **Football** – State Tournament Participants
 - Tanner Zolnosky – Player of the year Finalist
- **Cross Country State Participants**
 - Nate Schultz, Brandon Paine, Ryan Soenen
 - Lydia Franson (section Champion)
- **Boys Soccer** – SEC Champs
- **Girls Soccer** – Elle Wildman 1st Team All-State
- **Girls Tennis** – Section Champs State Participants
- **Girls Swim/Dive** – State Participants
 - Kiley Thrush – Diving
 - Melanie Witikko – 200 MR, 100 Fly, 200 FR,
 - Megyn Gillard – 200 MR, 400 FR
 - Mallory Paine – 200 MR, 50 Free, 100 Free, 400 FR
 - Logan Hovermann – 200 MR, 200 IM, 100 B. stroke, 100 FR
 - Emma Wood – 200 Free, 500 Free, 200 FR, 400FR
 - Megan Lester & Alyssa Wang – 200 FR
 - Emma Hauch – 100 Backstroke
- **10 students** signing their NLI to play D I or II sports

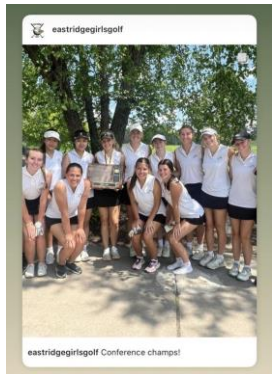
Winter Highlights



- **Girls Basketball** – Section 4AAAA runner up
- **Boys Swim/Dive** – State Participants
 - Aidynn Havermann – 200 MR, 200 IM, 400 FR, 100 Back
 - Poyraz Olgun – 200 MR, 400 FR
 - Neil Abrahamson – 200 MR, 400 FR, 100 Fly, 50 Free
 - Vincent Xiong – 200 MR, 400 FR, 100 Fly
- **Gymnastics** – Section Champs & State Tournament 5th
 - Kiley Thrush – Vault
 - Laney Schwellenbach – 2nd Bars, 4th Floor, 8th All-Around
 - [Bar Routine](#)
- **Wrestling State Participants**
 - Jackson Meyer
 - Danica Fuelling – 6th Place
- **2 NLI Football**
 - Kene Anene – Kansas
 - Charlie Bern – St. Thomas



Academic Gold – Boys Swim & Dive, Gymnastics



Spring Highlights



- **Track and Field State Participants**

- Lydia Franson – 1600
- Nate Schultz – 3200 5th place, 1600 7th place
- Nick Gerhardt – Pole Vault
- Obiora Asogwa, Brady Dagon, Ryan Soenen, Nate Schultz – 4X400

- **Girls Golf** – Conference & Section Champions, State Participants

- Ella Whinnery
- Katrien Van Heyst
- Aliyah Kleven
- Minh Duong
- Anne Benjamin
- Sydney Lovick

- **Baseball** – SEC Champs, Section Champions, State Participants

- Luke Skinner and Max Arlich All-Metro 1st Team

- **Boys Volleyball** – Section Runner Ups

- **College Athlete Celebration** – 15 spring student athletes

Academic Gold – Girls Golf, Boys Tennis, softball

Thunderbolts Adapted Sports

- **Soccer – State Participants**
- Floor Hockey
- **Softball – State Participants**
- Bowling

Peyton Chlebeczek – All Tournament team State Softball



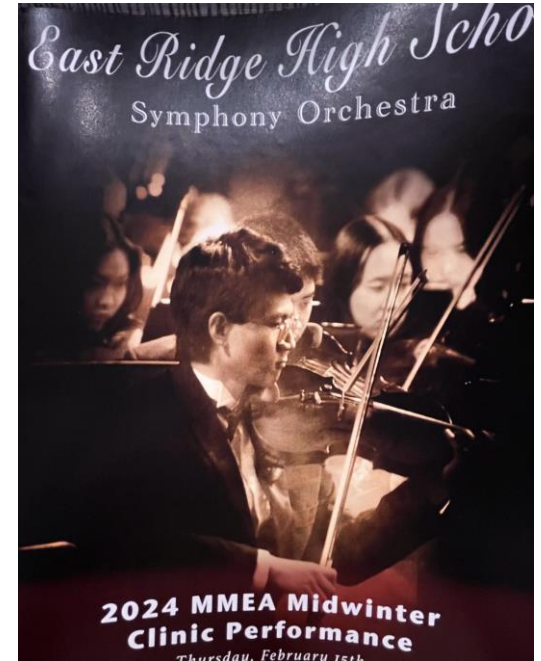
**THUNDERBOLTS
ARE GOING TO
STATE!!!!
Beat Monticello in
overtime 4-3!!!**

Performing/Fine Arts

Fall Musical – Wizard of Oz
One Act Play – Little Women
Spring Play – Peter and the Starcatcher

Fine Arts Festival
SEC Music Festival

ERHS Symphony Orchestra was Selected to perform at the MMEA Midwinter Clinic at the Minneapolis Convention Center



ExCEL – Leadership

- Anne Benjamin & Luke Ryerse



Triple A – Arts, Academics, Athletics

- Minh Duong & Neil Abrahamson



Award Winners



Athena: Outstanding Female Athlete

- Mallory Paine



Favorite Moments



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SCHOOLS



- Partnership with Teddy's Heart
- Student Engagement
- Student Leadership and PD - with former Sowashco grad
- Our favorite Ball Boy - Will Batson
- Unified Club - group events



Park High School

Phil Kuemmel

Assistant Principal – Activities





DEPARTMENT

The mission of the Park High School Activities Department is to create learning opportunities for students to develop character, become well-rounded citizens, and achieve excellence in their school, activities and community.

Purpose



INDIVIDUAL

I lead with integrity, commitment, and compassion to provide growth opportunities to caring adults so that students can have a positive experience and learn life-long skills in educationally based activities.



Participation Numbers		
MSHSL Activities (Unduplicated)	2022-23	2023-24
Male	525	552
Female	474	481
Total	999	1033



More than 60 clubs
and organizations

New Clubs:
Acting & Film
Animation & Arts
Badminton
Muslim Student Assoc.
Nature Explorers





Fall Highlights

HIGH SCHOOLS • BOYS SOCCER CLASS 3A QUARTERFINAL

Unseeded Park's Cinderella story continues

Third-seed Minnetonka kept scoreless

By Jessica Wirtz

MINNETONKA

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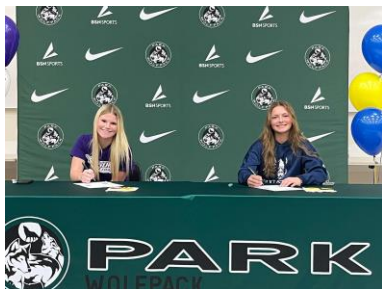
had a couple of shots on goal in the first half, but the game went into extra time with no score. Minnetonka's defense was a clearly dominant force in the second half, making it difficult for Park to get into the game. The game ended with a 1-0 victory for Minnetonka.

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SCHOOLS

- **Boys Soccer** – Section 3AAA Champions and 4th Place in State!
- **SWC Thunderbolts CI Soccer** – State Participants
- **Academic Team Award** – Boys and Girls Cross Country, Girls Swim & Dive, Girls Tennis (Gold), Boys & Girls Soccer (Silver)
- **Maroon District Offensive Player of the Year Football** – Skyler Morgan
- **All-State Honorable Mention** – Noah Haupt (SOC)
- **NLI Signing Ceremony** – 2 students
- **Fall Play** – “Death by Chocolate”
- **Nancy Martinsen** – retired after 30+ years of selling tickets at athletic events



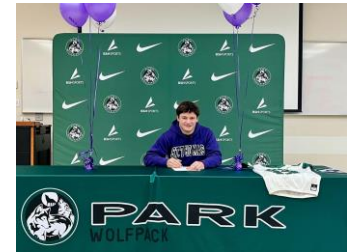


Winter Highlights



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SCHOOLS

- **Wrestling** – Section 3AAA Runner-up
- **Academic Team Award** – Boys Swim & Dive, Girls Hockey, Gymnastics (Gold), Girls Basketball, Wrestling (Silver)
- **Girls Hockey** – Section 3AA and State Academic Champions
- **Gymnastics** State Meet Participant – Ashley Davis (vault)
- **Wrestling** State Meet Participant – Landen Brooks 127, Kyler Jubinal 133, Zack Carr 39, Gunnar Mullen 152, Dylan Richardson 160, Sam Lankow 72
- **All-State** – Gunnar Mullen (4th place at state)
- **Section 3AA Gymnastics Coach of the Year** – Ali Flaata
- **NLI Signing Ceremony** – 5 students



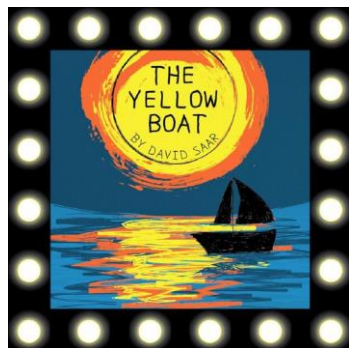
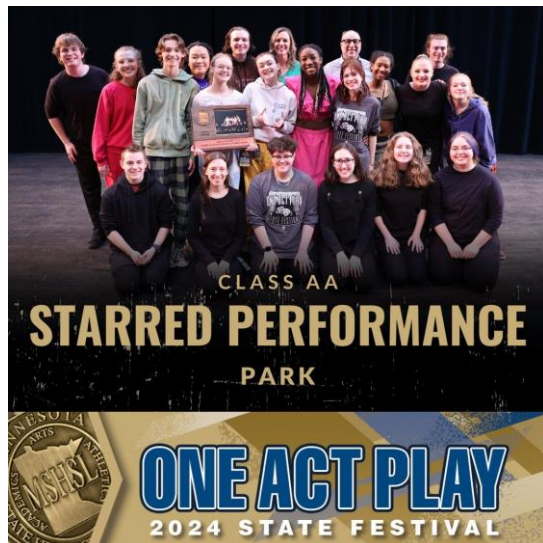


Spring Highlights



- **Boys Volleyball** – 1st team in school history
- **Girls Lacrosse** – SEC Co-Champions (Back to Back)
- **Softball** – Section 3AAAA Runner-up
- **CI Softball Thunderbolts** – State Tournament Participant
- **Academic Team Award** – Boys Golf, Softball (Gold), Boys Tennis (Silver)
- **Boys Golf**– Section 3AAA Academic Champions
- **Academic All-State** – - Adam Friemann, Jake Young (B GOLF)
- **Track and Field** State Meet Participant – Dom Jenkins (400)
- **Boys Golf** State Meet Participant – Charlie Looker
- **NHSSCA All-American** – Alexis Novak (first female in Park history)
- **26th Annual Athletic Awards Ceremony** – Guest Speaker Tucker Novotny

Fine Arts



- **One-Act Play** “The Yellow Boat – Section Champions, Starred Performance at State
- **Speech** hosted Section 3AA tournament, Brody Owens participant (Creative Expression)
- **Musical** “The Prom” – numerous Hennepin Theatre Spotlight awards →

SPOTLIGHT EDUCATION
HENNEPIN THEATRE TRUST

2023-2024 HONORS ANNOUNCEMENT
Park High School
For their production of
The Prom: School Edition
Achievement in Musical Theatre
Honorable Mention

Overall Technical Production Honorable Mention	Overall Performance Outstanding	
Ensemble Overall Performance Honorable Mention	Ensemble Acting Performance Honorable Mention	Ensemble Vocal Performance Honorable Mention
Ensemble Dance Performance Outstanding	Student Orchestra Honorable Mention	Run Crew Honorable Mention
Overall Technical Team Honorable Mention	Sound Crew Outstanding	Light Crew Honorable Mention
Individual Honors		
Outstanding Performance in a Leading Role Anna Blazy as Dee Dee Allen	Honorable Mention in a Supporting Role Jamy Randrup as Emma Nolan	Outstanding Performance in a Supporting Role Sasha McCauley as Angie Dickinson
Outstanding in Technical Leadership Sarah Glaser as Stage Manager Lily Smith as Sound Designer Macy Craig as Assistant Director Sophie Szukics as Assistant Director	Honorable Mention in Technical Leadership Merrill Herzog as ASM/Deck Captain	Evaluator Shout-Outs Soukheyna N'diaye Kenji Yang Graham Shenton Lu Prok Elliot Vanasse Susie Mbu Taran Blassy "Kayla"

***Shout-Outs give recognition to those students who caught the attention of the evaluators. It is not an honor that results in a performance at Spotlight Showcase but we want to recognize all performers that are doing standout work. This is one more way we can spread the well-deserved encouragement but still keep the honors consistent and of value.



Award Winners



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SCHOOLS

- **ExCEL:** Hollen Thompson, Sam Paulsen

- **Triple A:** Suzie Mbu, Joey Runio

- **Honor Athletes:** Tori Stepka, Noah Haupt

- **Athena:** Ava Reckinger

- **Apollo:** Taran Blasy

- **3 Sport Letter Winners:**

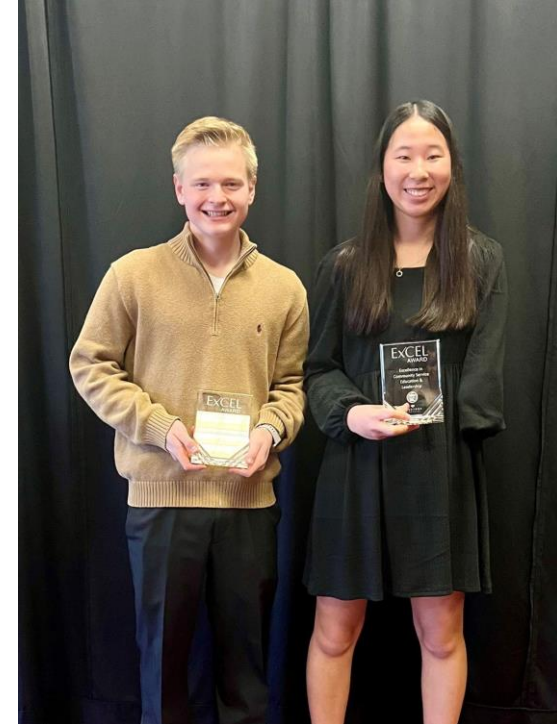
27 total (10 seniors)



ExCEL AWARD



Hollen
Thompson
and
Sam Paulsen
2 of 40 state-wide
winners recognized
at MSHSL GBB
Tournament in
March





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SCHOOLS

Favorite Moments

1. Boys soccer state tournament run
2. Together We Make a Difference
3. State ExCEL Award Ceremony
4. SuperFans
5. #WolfpackGivesBack



BOYS STATE SOCCER TOURNAMENT CLASS 3A SEMIFINAL: MAPLE GROVE 2, PARK 2-1

Park's stirring run ends in OT

Wolfpack appeared poised for another tournament upset before Crimson rallied

By Mike Cook

Journal of the Blue State Press

The pre-tournament glass

per for the boys team.

Carrie Chabon scored

the overtime, and Maple

Grove rallied to beat Park 2-1

on Wednesday in a Class 3A

state boys soccer semifinal.

"It was weird, there were

just goals in the first half. It

wasn't the best moment of my

career," Park coach Andrew

Boisjumeau said. "There can

be a lot of goals, and there's

nothing to it. That was heart-

break.

On a half-hearted

kick by Carli-Blaise, Chabon

scored a quick goal to his

left, then a quick right-sided

goal from 20 yards out found

the net for the win.

"I couldn't even see the

goal. I just hit the field," he

said.

Next up for the No. 2

Crimson is Friday's 8 a.m. state

semifinal match at U.S. Bank

Stadium against Wayzata.

The top-seeded Trojan beat

Wayzata 1-0 in overtime in

the other semifinal.

Crowded Park, just No. 1

in the state, lost to Wayzata's

third-place game.

The loss ended a scorching

late-season charge by a Park

team that had beaten back

the top seed during the

regular season and won the

state title in 2015 in the regular

season.

Boisjumeau said in their

season tournament, the Wolf-

pack (2-4-0) upset

Wayzata 1-0 in overtime in the

final and dispatched No. 3



Park Forward Trojan Lee takes control of the ball in front of Maple Grove midfielder the Dine!

During the second half Wednesday at U.S. Bank Stadium.



Maple Grove defender Park Miller, left, and Park Forward Lee

come close to hitting the net during the second half.

Joseph Muhammad scored passes through traffic, but

with 10:00 remaining in regulation, he was blocked by Maple Grove

defense. In a 10 Wolfpack, Muhammad to get a shot on goal

but. Two perfectly threaded

shot off from about 10 yards

out.

It forced the lower

ranked

"It's what we've been doing

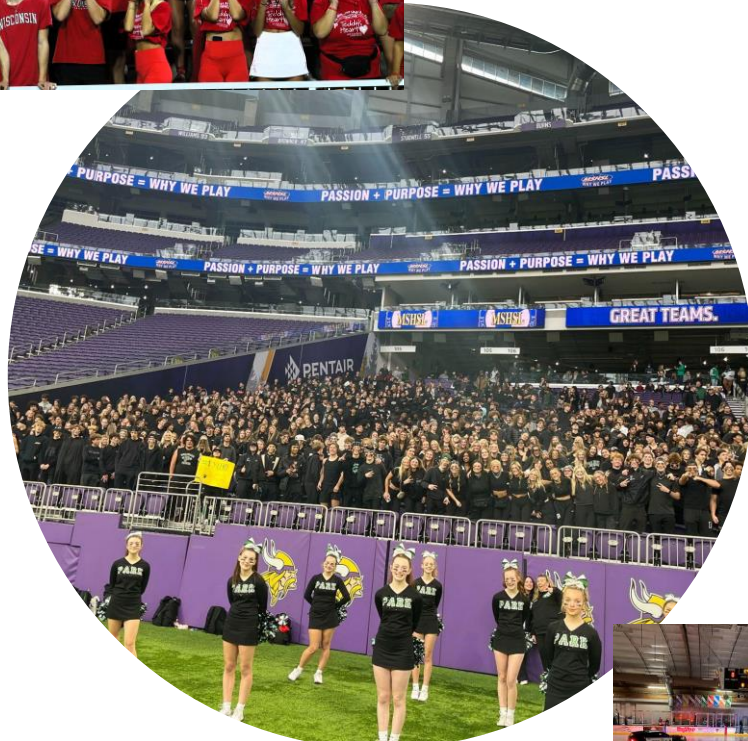
all season. It's just a matter

of time. That was amazing," Boisjumeau

said. "It was a special day. It

was something I thought

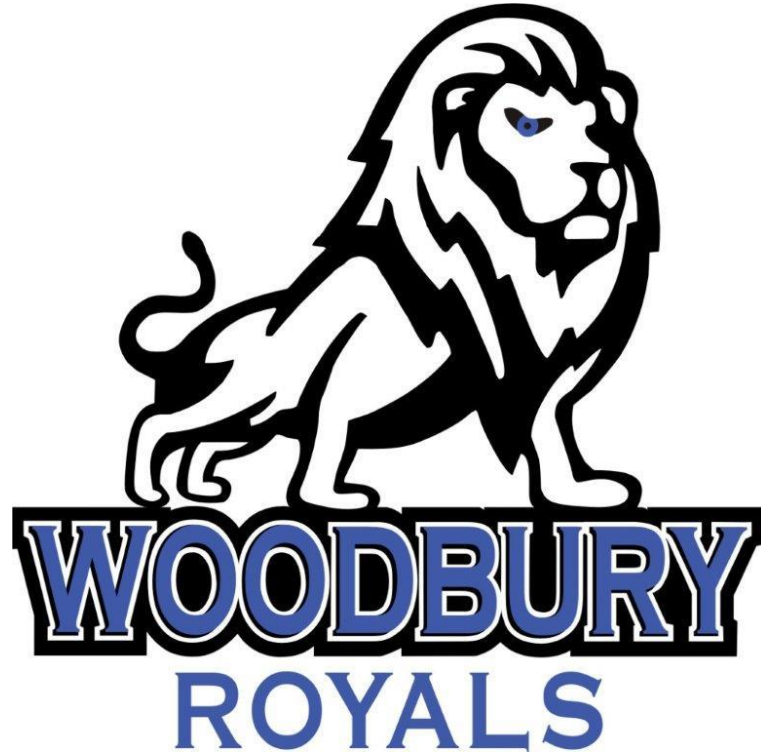
it would be something to see



Woodbury High School

Jodi Loeblein-Lecker

Assistant Principal – Activities





Purpose



DEPARTMENT

The mission of the Woodbury High School Activities Department is to create learning opportunities for students to develop character, become well-rounded citizens, and achieve excellence in their activities, school, and community

INDIVIDUAL

I lead to develop competitive and inclusive leaders who learn successful teamwork and life skills through activities.



Participation Numbers

	20-21	21-22	22-23	23-24
Male	501	525	601	586
Female	424	445	491	499
Total	925	970	1092	1085

51 % of males & 45% of females participate in one or more sports or fine arts

Three Sport Senior Athletes

Males – 10

Females – 5

Favorite Moments

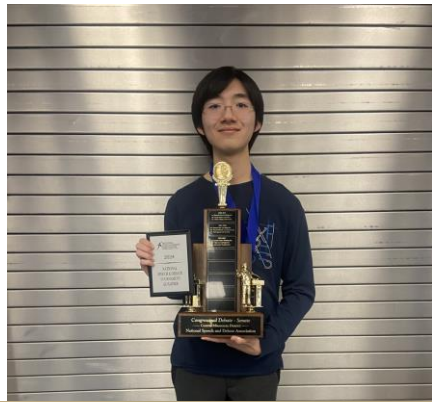
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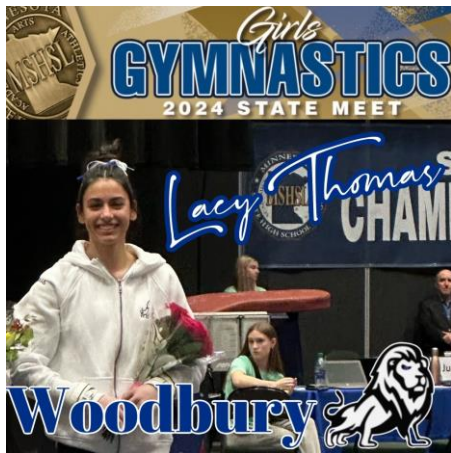


Fall Highlights



- **Diving** End of an era Gabby Mauder 5x Section Champ, 2 time State & 1x Runner Up, Nina Faulkner and Halle Linn
- **G. Swim/Dive** - Section Runner Up & State Participants 200 Medley Relay, 200 Free, 200 Ind. Medley, 100 Backstroke, 400 Free Relay
 - Torun McGills - 100 Backstroke 6th, 200 Ind Medley 3rd
- **Girls Cross Country** - Section Champion & Team State Participant
- **Girls Soccer** - SEC Champions
- **Boys Soccer** - Another Section Champions & Third Place State Finish
- **Debate** - Eunsol Lee Central Minnesota District Champion of Senate Congressional Debate. National Speech and Debate Participant
- **NLI** - 10 individuals signed national letters of intent

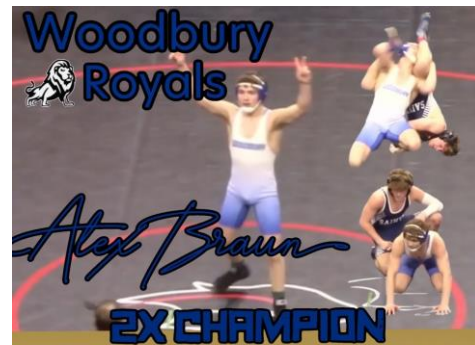
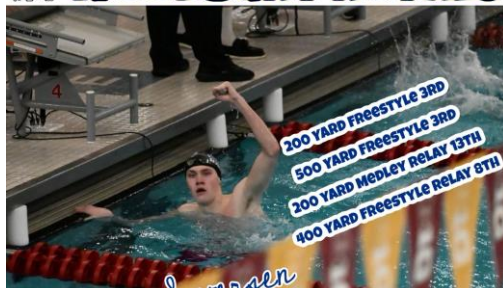




Winter Highlights



- **Boys Swim and Dive** – Conference, Section & True Team Section Champions
 - Gunnar Seversen – 400 Free Relay 8th, 500 Free 3rd
- **Wrestling** – Alex Braun 2 time Section Champion, 2 time State Champion, Mr Wrestling, last wrestling state champ was 44 years ago.
- Brad Little Section Champion and State Runner Up
- **Gymnastics** – State Gymnastics Lacy Thomas All Around
- **B. Alpine** – State Bennett LeVander (8th) & Andrew Sorenson (14th)
- **Boys Hockey** – honored for 1000 Games coached
- **Science Olympiad** – State Meet Qualifier
-  **WOODBURY ROYALS**



Spring Highlights

Boys Section Track and Field State Qualifiers

- 4 x 800, 4 x 100, 4 x 200, 100 M Dash, Discus, Triple Jump & Long Jump
- Liam Frommelt – 4th Place State Triple Jump

Girls Section Track and Field State Qualifiers

- 4 x 800, 4 x 200, 4 x 200, 1600 M Dash, 800 M Dash

G. Golf Waverly Yang

- Section Second place
- 3rd State Appearance

22 Spring Signing DIII

16 DI or DII signed NLI's 23-24!



Fine Arts

- Musical - *Footloose*
- One Act Play - *I Never Saw Another Butterfly* Third Place
- Spring Play - *Marian or the True Tale of Robin Hood*
- Spotlight Dance Award Annalise Maiers
- SEC Musical Festival
- District Marching Band & Percussion Ensemble
- Orchestra Carnival
- Speech - Kate Westlake (Extemp) Yifan Zhai (Informative Speaking) 4th at State



Triple A Award
Arts, Academics & Athletics
Claire Leinhard & Eunsul Lee

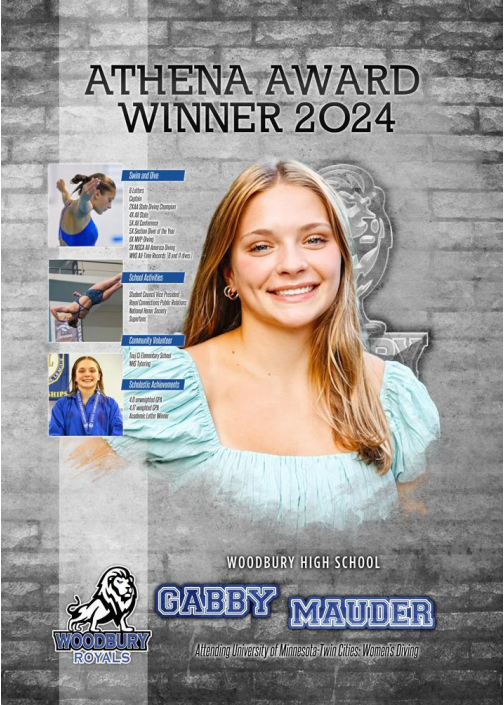


Award Winners

ExCEL
Activities, Service & Leadership
Amalie Bethke
Pashin Pooniwala



Athena Award Winner
Gabby Mauder



Wes and Patty Bolin – 1000 Games Coached



**Thank you for all
of your support!**