

<b>SPSL Division Schools</b> Frontier Cedarcrest Liberty Bethel Spanaway Cougar Mt.
---

## SPSL MIDDLE SCHOOL - TRACK AND FIELD

First Day of Practice: September 4, 2024

Minimum Practices Required: 8

Game Starting Time: 3:30 pm

Meet Site - Art Crate

Commissioner - Kenny Iverson

### **VARSIY & JV SCHEDULE**

#### **1 Wednesday, September 18, 2024**

Frontier	vs	Spanaway
Cedarcrest	vs	Bethel
Cougar Mt	vs	Liberty

#### **2 Wednesday, September 25, 2024**

Frontier	vs	Bethel
Spanaway	vs	Liberty
Cedarcrest	vs	Cougar Mt

#### **3 Wednesday, October 2, 2024**

Frontier	vs	Cougar Mt
Spanaway	vs	Bethel
Cedarcrest	vs	Liberty

#### **4 Tuesday, October 8, 2024**

Frontier	vs	Liberty
Spanaway	vs	Cedarcrest
Bethel	vs	Cougar Mt

#### **5 Monday, October 14, 2024**

Pre-Conference

#### **6 Wednesday, October 16, 2024**

Conference

Field 430  
Track 5:30