

The Red Tail Review

Tamalpais High School Newsletter

From the Principal's Perch

And just like that, we enter the last calendar month of 2018. Funny how time flies when you are fully engaged and having fun. Our school community enjoyed an excellent first half of the school year with some wonderful highlights to celebrate. Tremendous performances have been exhibited in the classroom, on various stages, and on the athletic field. I am proud of the way our students comport themselves, demonstrating excellence in all endeavors. As I mentioned in my previous communication, I am grateful to work with such amazing students and staff on a daily basis and in a supportive community.

In 3 weeks, students will take their final assessments and/or complete final projects. While these culminating semester activities may cause some anxiety, I would like to emphasize the importance of ensuring our students are getting appropriate rest and nutrition. Research indicates that a good night of sleep is better for students than cramming in additional hours of studying. Research also points to the benefits of healthy eating. I ask that we commit to supporting our students in nurturing healthy habits during this physically and cognitively demanding time.

I would like to, once again, express gratitude for the community support of Measure J. The passing of Measure J represented a collaborative effort between the Foundation, Boosters, PTSA, and various other stakeholders in the community. We are grateful for the support shown for our students through this difficult financial time.

Every day, as I walk around campus, I see first-hand the difference funding from Tam High Foundation makes at our school. Your student's education would look very different without the resources and support that the THF contributes. Just last month, THF awarded almost \$160k in programs and grants (in addition to over \$400k in THF grants already happening on campus right now). The Foundation supports all of our students every day and I hope that you can support them at any level as they work to reach our fundraising goals. As of last week, 31% of families donated toward the goal of 100% participation. Making a donation of any amount can make a difference.



**Tam High Girls
Water Polo NCS
Champs!**

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**CTE Production of
Our Town**



**Feel Good Friday
Activities!**



**Students learning
about Virtual Heart**



**Winter Art Faire
2018**

Hawks Winter Sports

Winter sports season is upon us. While this can be an exciting time for our community, we want to remind everyone, parents included, of behavioral expectations during our athletic competitions. Examples of prohibited behavior include:

- turned backs
- newspapers in front of face
- cheers based at harassing the other school
- yells directed toward a player on the opposing team
- yells directed toward the opposing school
- yells directed toward the official(s) or booing.
- harassing other team's players
- profanity
- offensive signs
- responding to the other school's inappropriate cheers
- Fans should never interfere with officials, team warm up or playing of the game.
- All types of noisemakers are prohibited: such as sirens, tooters, cowbells, megaphones, squawkers, etc., shall be prohibited at all indoor contests. Additionally, noisemakers are not allowed at NCS post season events.
- sitting in the other school's designated cheering area
- An official may award a technical foul to a team for unsportsmanlike conduct on the part of a coach, player, spectator or cheering section. **Administrators may remove a spectator for inappropriate behavior.** Repeated unsportsmanlike conduct, particularly on the part of the cheering section or individual spectators, may cause forfeiture of the contest.
- Cheering Sections: Should focus on team support





**Physics Students
Working on
Musical Instrument
Project**



**SOAR Working at
Tam!**



Football at THS!

Upcoming Events in December

Dec. 4-8: Drama Production-Hay Fever

Dec. 5: Concert Choir Caroling, Downtown MV, 7pm-8pm

Dec. 8: Wind Ensemble, MV Community Ctr, 11 am

Dec. 10-14: Shhh! Quiet Week

Dec. 11: TUHSD Board Meeting, Kreps Conference Room, 6pm

Dec. 12: Instrumental Holiday Concert, Ruby Scott, 7pm

Dec. 13: A Holiday in Song, Caldwell Theater, 7pm

Dec. 14: Feel Good Friday

Dec. 17: T/Th Schedule (Periods 1-4)

Dec. 18: Finals (dismissal at 2:45)

Dec. 19-21: Finals (dismissal at 12:25)

Dec. 21: End of S1/R3 Grading Period

Dec. 24-Jan 5: Winter Break



J.C. Farr, Principal

Please visit our website at tamhigh.org for all the latest news at Tam or follow up on Twitter at @tamhigh and @tamhighprin

📍 700 Miller Avenue, Mill Valley, ...

☎ 415-388-3292

✉ jcfarr@tamdistrict.org

🌐 tamhigh.org