# **Bullying: A Message From The Assistant Principal**

by Bryan Lynch, Assistant Principal

Students get the most out of school when they feel emotionally and physically safe. To ensure that students do not experience the long-term negative effects of bullying, two new laws went into effect in July 2012; those laws are now reflected in our district's discipline policies. We are committed to creating a school culture that does not tolerate cruelty to others. To help us shape this culture, please talk to your children about their experiences at school. Urge them to talk with an adult if they feel they are being bullied or if they see others being bullied and they don't know how to address it. It is important for all of us to intervene whenever we hear about or see students experiencing harassment of any kind. We are committed to modeling the behavior we wish to see in students.

# From The Attendance Office

By Johnnie Daniel

Here are some handy attendance office tips to help our new parents and refresh our existing parents on the attendance procedures here at Tam.

The attendance office is located in Room 140 in Wood Hall. The 24-hour attendance reporting number is 380-3592.

Many of our parents find it very helpful to use our home access feature. Simply go to our website http://home.tamdistrict.org and follow the prompts. This is a very easy way to access your student's attendance.

Reporting Absences: If your student is out ill for a partial day, whole day or more, please call the attendance number above and report it as early as possible each day. Reporting absences promptly is important because in the event of an emergency, we need to know if your student is at school.

Upon his or her return, please have your student stop by the office for a return to class pass. Students will need these passes in order to obtain missed assignments, make up work, or take tests.

In the event of excessive illness absences, under Article AR5113(b): The school may request medical verification of illness. Please be sure to let us know if your student has a chronic medical issue.

Medical Appointments: We ask that you try to schedule medical appointments outside of school hours when possible. To get your studentout of class for appointments, please call the attendance office prior to the time they will need to leave. An off campus pass will be written and put on the clip outside the attendance office door. Students should pick up these passes prior to entering the class they need to leave. They must also obtain a back to class pass upon returning from their appointments. It is a good idea to let your student know where you will meet them. We do not send appointment reminders or last minute passes into the classrooms, unless it is an extreme emergency. This practice interferes with teaching and learning. Students are prohibited from leaving campus without parental permission and a pass.

College Visits: Students are allowed three days a year for college visits. However, you must process a warranted absence form prior to leaving for the visit for it to be an excused absence. This could take a few days, as many signatures are required, so get an early start. Forms are available from the attendance office, or online: www.tamdistrict.org, (about us-forms and publications-warranted absence approval). Parents sign the form first, and then the assistant principal's signature is required. (Wood Hall, room 105). Thereafter, students circulate the form among the teachers of the classes they will be missing to get teacher initials and assignments. It is only through this process that college visits will be excused.

Court Appearances, Bereavement Beyond Three Days, Employment Interviews and Religious Observances: You must also process a warranted absence form for the above absences. However, it is not necessary to obtain teacher's initials for religious observances.

Family trips and vacations cannot be warranted and are considered unexcused absences. Please plan family trips and vacations outside the school year to be sure your student will be permitted to make up missed work or tests.

Night Absence and Tardy Notification: You will receive a telephone call and e-mail if your student is late or misses a class that has not been excused. Students are marked absent after 10 minutes of lateness. Please keep in mind that both unexcused absences and tardies can lower a student's grades. Students can also be issued detention after accruing 3 tardies in a given class.

- 3 tardies = 1 unexcused absence
- 12 tardies or 4 unexcused absences or combinations of tardies and absences can result in lowered grades.
- 5 unexcused absences = loss of 1 credit.

Attendance Errors: If your student believes he or she was marked absent erroneously, please have him or her obtain an attendance correction form from the bin outside the attendance office. Students should complete the form, obtain teacher' signature and return to attendance office at which time the change will be made.

Please feel free to contact Johnnie Daniel at 380-3592 should you have further questions.

# Meet new Tam High Staff...

ence and a great sense of humor. Before transferring to Tam, she worked at Redwood High School, the District Office, and Lu Sutton Elementary school in Novato. Carol is happy to be at Tam High in Room 120, Wood Hall. Patty Segovia is the new Assistant Principals' Secretary, replacing Sue Woods who was promoted

Carol Craft is our new budget secretary, replacing Leslie Holt who retired. Carol has years of experi-

to school secretary at Tamiscal High School. Patty previously worked at the Marin County Office of Education and has worked as a court reporter for many years. Patty has two children in middle school. Meredith Nagy is excited to be working as a school psychologist at Tam. She was born and raised

in Minneapolis, Minnesota and after attending college at the University of Wisconsin – Madison, she moved to San Francisco to work as a special education teacher. After teaching special education in the Bay Area for five years, she went back to school to pursue a degree in school psychology. Meredith has actually worked in the Tam district for the past two years: first as an intern working toward her degree and last year as a substitute. She is thrilled to have the opportunity to continue to work in such a great district.







# In The National Merit Scholarship Program Each year the National Merit Scholarship Corporation (NMSC) recognizes students throughout the

mance in this highly competitive program:

Tom Drescher, Principal

**Congratulations To Tam's Commended Students** 

nation for their exceptional academic promise. Commended students placed among the top five percent of the more than 1.5 million students who took the qualifying preliminary test (PSAT 2011). These students received a Letter of Commendation from the school and NMSC, but will not continue in the 2013 competition for National Merit Scholarships. The following students have demonstrated outstanding academic potential by their strong perfor-

William Choulos, Thibault de Saint Phalle, Samuel Gates, Katharine Hirata, Benji Landress, Miriam Lester, Sander Lutz, Madison Miller, McKinley Parker, Kai Peattie, Benjamin Richardson,

and Jackson Twilling. "Recognizing academically-talented students plays a fundamental role in the advancement of educational excellence within our nation," commented a NMSC spokesperson. "The young people

recognized as Commended Students represent some of the best and brightest minds in the country as demonstrated by their outstanding performance in our highly competitive program. We sincerely hope this recognition will provide them with additional educational opportunities and motivate them in their pursuit of academic achievement." Congratulations to these outstanding students, as well as their parents and teachers!





Pictured are top row: Principal Drescher, Benji Landress, McKinley Parker, Kai Peattie, William Choulos, Sander Lutz, Katharine Hirata,

Madison Miller, and Jackson Twilling.

#### News from PTSA

by Gwen Hubbard, PTSA President

September was a very full month, and our volunteers have been active.

#### STAFF APPRECIATION

Our first PTSA Staff Appreciation Breakfast was a great success. The Tam staff always looks forward to these special breakfasts and truly appreciated the wonderful buffet. Many thanks to all the volunteers who brought treats and delicious breakfast items, and a special thanks to Lisa Donahue for organizing the event.

#### **BACK TO TAM DAY**

At the alumni-sponsored *Back to Tam Day*, volunteers:

- Completed waterproofing of all the benches in Mead Theatre (special thanks to Scott Alexander, stepson of Mr. Mead, for organizing this huge undertaking)
- Weeded and picked up trash in Mead Theatre
- Weeded, pruned and picked up trash around the student center
- Attached non-scuff pads to all interior furniture in the revitalized student center

Thanks to the alumni for organizing this event, power washing Mead and the benches the previous weekend, and for the great BBQ, and to all the parent and student volunteers who gave their Saturday morning to beautify Tam High!



#### **BACK TO SCHOOL NIGHT**

At *Back to School Night*, parents experienced a small slice of our students' day, and got a glimpse into the plans and goals for this year. Thank you to the teachers, staff, and administration for providing this opportunity to see Tam High in action and to the many volunteers who helped make the event a success. And thank you also to Nothing Bundt Cakes for providing a delicious array of pre-event treats.

#### UPCOMING PARENT EDUCATION

We have some great parent education events upcoming, and hope you will be able to join us for:

- Madeline Levine, author of "Price of Privilege" and "Teach Your Children Well" on Thursday, Oct. 4 at Redwood High large gym, 7-9 pm.
- Susan Gertman, Tam College & Career Counselor, and a panel of Tam parents, will provide a parent perspective on the college application process on Tuesday, Oct. 9 in the Student Center, beginning at 7 pm.
- Greg Hicks and Rick Foster will speak at our Fall Parent Education conference on Saturday, Oct. 27 in the MVMS gym, 9 am-noon. Come hear some tips on Raising the Happy, Accountable and Empower Teenager a workbook will be provided to those who pre-register.

  Click here for more info

### THANK YOU FOR YOUR SUPPORT

Thank you to all who have donated to the PTSA, and filled out our volunteer form. Tam High is a great community and through your generosity we can offer great parent education events, and provide support to the students, teachers, and staff through our many volunteer activities. If you haven't had the time to complete our yellow form or need an additional one, **click here** and send completed forms in as soon as possible.

# Raising The Happy, Accountable & Empowered Teenager A Program for Parents of High School and Middle School Children

Saturday, October 27, 2012 Mill Valley Middle School Gym 8:30am: Check-in and refreshments 9am – noon: Program

Register for the event

### Featuring authors Greg Hicks and Rick Foster

Based on the FosterHicks model and their national bestseller, <u>How We Choose to be Happy - The 9 Choices of Extremely Happy People</u>, our speakers will provide a 9-step roadmap to effectively navigate through the difficult choices required for effective parenting. This interactive session teaches practical techniques and tools that give you the opportunity to feel more in control of your parenting decisions and more confident in your ability to help your child thrive. The program offers real-life examples for using the FosterHicks model, as well as positive examples found in required reading books from the California curriculum.

### Participants learn:

- A system of four "core personalities" that you will identify in yourself and your child.
- How to adopt "Intentional Communication" to deliver difficult or unpopular messages.
- To identify your "parenting defenses" and determine how they sabotage your success as a mother or father.
- How to convert your fears and stresses about your children into opportunities and new actions.
- How to use appreciation and truth in ways that motivate.
- How to build a relationship with your children that allows them the greatest opportunity to feel valued, worthwhile, and respected.
- How to teach your children accountability rather than victimhood.
- How to develop new intention statements around your parenting.

Registered participants receive a complimentary workbook.

**Greg Hicks and Rick Foster** have dedicated the last seventeen years of their lives to studying people, families and organizations that thrive. Embarking on a unique journey to research happiness in 1995, they eventually traveled to all 50 states, 7 continents, and over 40 countries, finding and interviewing hundreds of extremely happy people. Their initial research uncovered a system of nine behaviors that's been studied by researchers at leading institutions such as the Mayo Clinic and leads to good health, stronger communities and families, better job performance, and effective stress-management. You may find more info about our speakers on their <u>website</u>.

# **Tam Students Need Your Help**

by Barbara Sobel, Tam High Foundation Communications Chair

At Back to School Night we saw the impact of the Tam High Foundation (THF) across the campus and in every classroom. We heard how teachers rely on the THF to support and enhance their curriculum, fulfill their technology needs, and supply basic classroom necessities.

We are fortunate to have our children at one of the top high schools in the state. Such academic excellence would not be possible without generous and engaged parents.

Please join your community by donating to the THF. By doing so you can help maintain the high quality of your student's educational experience. The THF provides critical support for all students and teachers by funding academic programs, technology and basic classroom necessities

- Extended school library hours (doors stay open until 7 pm)
- · Library computers and books
- Guest artists for drama, music, and fine arts
- The English CORE program and guest instructors for poetry and Shakespeare
- The technology needs for AIM, Tam News, Auto Technology, and Math
- Science Department laptops, iPads, chemistry probes, and camera equipment
- · Basic needs such as textbooks, batteries, paper, and copying

Tam teachers have already submitted this year's requests for mini-grants. The THF Board will be awarding those grants based on the level of donations we receive from parents. Tam High Foundation grants benefit every student at Tam by enhancing academic and student programs.

#### Thank you to the parents who have already given this year.

We are asking for \$600 per student for the 2012/13 school year, or more from those who can give more. Our basic ask of \$600 has not increased from last year. As always, we appreciate donations of any amount; we want everyone to have the opportunity to be included. In 2011, gifts ranged from \$50 to \$10,000.

To date, only one-quarter of Tam families have donated. If you have not yet donated, please consider making a donation. We will hold a phone-a-thon in October, so if you would like to avoid a call from a parent volunteer, donate today. Donations can be made by mail or online. Information on how to donate is listed below.

Tam's students need and greatly appreciate your support. Thank you in advance for your generosity.

#### To donate online:

Visit our website at: www.tamhighfoundation.org

#### To mail your donation, send to:

Tam High Foundation 700 Miller Avenue Mill Valley, CA 94941

#### To sign up for e-Scrip:

Visit our website at: www.tamhighfoundation.org

#### To volunteer or if you have questions, contact us:

By e-mail: info@TamHighFoundation.org

By phone: (415) 380-3565

# Supporting Tam High When You Shop At Amazon

The Tam High Foundation will receive up to 10% of the amount you purchase when you use the following link to shop at Amazon.com. Bookmark the link AND share it with your friends and family.

## **Shop at Amazon.com**

When you enter Amazon.com through the link above, you will notice no difference in your Amazon.com page. As long as you entered Amazon through this link, Tam High will get credit for your purchases during that purchasing session. So bookmark this link and use it when you shop on Amazon:

http://www.amazon.com/? encoding=UTF8&tag=tamhighfounda-20





by Heather Young, PATH Marketing Chairperson

# TAM STUDENTS WIN MVFAF AWARDS

Two recent Tam graduates and a Tam senior received awards from the Mill Valley Fall Arts Festival for their aptitude and work in the arts.

Riley Sykes of the class of 2012 was awarded the Emerging Artist Scholarship, which is given annually to an Advanced Placement art student in 2D Design, Drawing, or 3D portfolio. Riley's focus is drawing, but he works across many media with ease. Teacher Lynne Klein, who worked with him in her AP Draw/ Paint class, remembers him as "very creative, with a good work ethic and a vivid imagination." Riley has just begun his first year at the prestigious Rhode Island School of Design, where he is looking forward to the challenges of a premier arts education and an eventual career as an artist.

2012 graduate Lucas Waldburger received the inaugural Michael Osborne Graphic Design Scholarship, which is awarded for excellence and promise in 2D design. Like Riley, Lucas took AP Draw/Paint in his final year at Tam, where he worked on large-scale paintings. He is attending Santa Barbara City College, where he will study Architectural Engineering.

Riley and Lucas received their awards at the Seniors Award Ceremony this past May. But current Tam student Erin Savino received her award – the Junior Emerging Artist Award – at a ceremony held during the Fall Arts Festival. Now a senior, Erin is a photography student at Tam.

The Fall Arts Festival awards include scholarships ranging from \$250 to \$500, which are presented directly to the recipients to be used for tuition and art supplies.

# PATH FEEDS THE MASSES AT THE ART FESTIVAL

PATH's first fundraiser of the year, a food booth at the Fall Arts Festival, raised \$1,100 to fund art supplies and other support for the Tam visual arts program. PATH would like to thank Boo Koo restaurant for providing the food, and the following volunteers who staffed the booth during the two-day festival: Leslie Allen, Paul Astorine, Bay Bello, Jennifer Bello, Alan Burr, Jody Burr, Kyle Canepa, Ezra Migel, Felicity Crusch, Duncan Drechsel, Margie Drechsel, Debbie Elliot, Tracy Ginther, Stefany Harband, Chelsea Hayashi, Kaleigh Jones, Marilyn Kochhar, Anne Marquis, Shenna Moe, Emily Oreste, Jennifer Oreste, Michelle Peterson, Nancy Puckett, Lauren Ramsay, Kate Richardson, Nick Smiley, David Swartz, Diane Swartz, Caity Varian, Cordelia Walsh, and Simon Williams. We are grateful for all your hard work.



The Tam High visual arts program had a booth at the Fall Arts festival, showcasing the work of Tam art students.

**FOUNDATION** 

MAKING THE

DIFFERENCE 2012-2013

### **Updates From Thumb** by Beverly Coughlin, THUMB President

THUMB, the Tam High United Music Boosters, continues to actively support the Tam High Music program. Tam Music, as all performance art programs, relies on parent participation in order to achieve the high level of success and polish that we enjoy at Tam High. Music Director Spiro Tsingaris performs a singularly impressive feat coaching the talented Tam High school musicians and putting together an array of concerts. Behind the scenes, THUMB parent volunteers bring in the funds that support this effort and lend a hand to help events run smoothly. For more information, visit THUMB's website at <a href="http://www.tamdistrict.org/domain/479">http://www.tamdistrict.org/domain/479</a>

# **News From College And Career**

by Susan Gertman, College and career specialist sgertman@tamdistrict.org 380-3582

#### SAT AND ACT

You can download the current SAT and ACT testing calendars and register for either test by going online. For the SAT, go to www.collegeboard.org and for the ACT go to www.actstudent.org. Students are strongly encouraged to register online. Register early for a convenient test site. Tam is

Students applying to the University of California must complete all testing by the December test date. Certain impacted California State University campuses, including San Diego and Cal Poly San Luis Obispo, require or recommend that students complete testing by November.

#### **CHSPE**

The California High School Proficiency Exam (CHSPE) will be given in San Rafael on October 20, March 16 and June 15. Students who pass the CHSPE will receive a high school equivalency certificate and may leave high school with parental permission. Pre-registration is required. For more information, go to <a href="www.chspe.net">www.chspe.net</a>. The CHSPE is separate from the California Exit Exam needed for graduation from Tam.

### **COLLEGE REPS AT TAM**

Representatives of colleges from across the U.S. and Canada come to Tam each fall to meet with students. These are wonderful opportunities for students to put a face on the college and learn about the application process. The list expands daily and is announced in the bulletin. It is also available in the Career Center and online at Naviance. www.connection.naviance.com/tamalpais. So far, more than 40 colleges and universities are scheduled to visit Tam in October.

## **COLLEGE APPLICATIONS**

Applications for admission to the University of California and California State University are available online October 1. Students can access the CSU application at www.csumentor.edu and the UC application at www.universityofcalifornia.edu/admissions. Application fee waivers are available online. The filing period for CSU campuses is October 1 to November 30. UC accepts applications in November. November 30 is the absolute deadline to submit applications to CSU and UC.

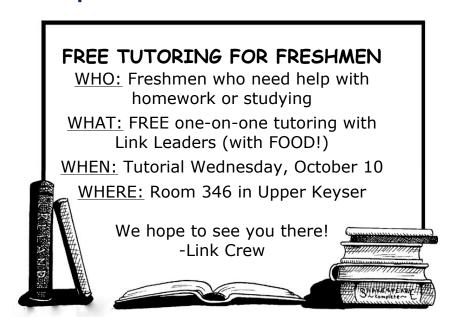
The Common Application, used by more than 400 colleges, is available online at www.commonapp.org.

### **UPCOMING EVENTS**

College Night for Seniors: Tam will sponsor a seminar for college-bound seniors and their parents on Tuesday, October 2, at 6:30 pm at the Mt. Tamalpais United Methodist Church, 410 Sycamore Ave., across from Mill Valley Middle School. Tam counselors will provide such need-to-know information as how to obtain letters of recommendation and send transcripts. A college admissions officer will discuss how colleges read applications and view the admissions process. College-bound seniors and their families are encouraged to attend.

Seniors: There will be a number of workshops to help you with applications for the University of California, California State University and the Common Application. Please see senior emails from the College and Career Center for details.

# Leadership



# **October Opens A Tempting Season Of Plays** For CTE/Tam Drama by Susan Brashear, CTE Co-Program Director and Liam Shepard, CTE Publicity Team

The fall productions at CTE will premiere in October; Arabian Nights and The School for Scandal of-

fer great roles for student actors, exciting challenges for student technicians, and dazzling possibilities for student designers. ARABIAN NIGHTS: EXOTIC, ENTERTAINING AND A VISUAL DELIGHT

#### First up is Arabian Nights, adapted by Dominic Cooke (Royal Shakespeare Company) from One Thousand and One Nights, a collection of stories and folk tales collected over many centuries during

the Islamic Golden Age originally written in Arabic. The tales are

familiar stories tied together by the ongoing tale of Shahrazad, the clever queen who bewitched her husband King Shahrayar night after night with her magical tales that were spun to save her from execution. The play combines all the elements of an epic adventure that captivates the audience with its magic and illusion. Arabian Nights is performed by a cast of 19 advanced drama

actors flowing on and off stage in multiple roles, utilizing an array of theatrical elements such as puppetry, music, and tight

ensemble work. The acting is ably supported by design concepts from student designers (scenic, lighting, costumes, sound, and props) that burst with energy and color. The technical crew and student stage managers round out the team that brings the world of the play to life. CTE's production is directed by the amazing Ms. Julianna Rees who directed the popular productions last year of The Odyssey and Ash Girl. Choreography is by guest artist Kathryn Zdan, a CTE alumnus who is a now a guest artist and Bay Area actor.



Drew Baumert Cameron Hall Lucy Peterson Monica Bi Maddy Hill **Emily Rostek** Hannah Holiday Emma Savino

### Emma Boyle Thibault de Saint Phalle

**Arabian Nights Cast:** 

Pablo Feldman Annie Ganz **Designers:** Avery Stray - Sound Trevor Guyton - Set Hayley Murphy - Props

Audrey Stanton - Costumes

Sophia Lynn - Lights

Eliza Mantz Caitlin O'Shei Crew Emily Anderson - Stage Manager Jackson Strike - Stage Manager Taylor Seebold -

Master Electrician

James Josephson

Adam Brier -Sound Board Operator Diana Gilmore - First Hand Sarah Berman - Run/Build Crew

Liam Shepard

Hank Townsend

Briggs Wooley

Charlotte Abel - Tech Director THE SCHOOL FOR SCANDAL:

#### Society, Gossip, Fashion and Morality Swirl Together in This Lively Comedy of Manners October 25 - 29 CTE presents The School for Scandal, Richard Brinsley Sheridan's comedy involving a gaggle of

of all time for its wit, outrageous characters and plot twists. Guest artist Joe Lucas, who gave us last year's farce, The Inspector General plus the equally hilarious French farce, A Flea In Her Ear, two years ago, directs this CTE production. TE's production features seniors Lila Hood, Erik Rothlind, Zaden Lipman, Matthew Berry, Heidi Williams, Halie Bradley and juniors Dillon Blair, Evans Levy, Dusty Baranow-Watts, Rachael Ferroni, Ali MacMillan, Emily Berlinger, Ryan Boscoe, and Tristan Patterson. Sophomores Lucy Black, Tyler Barbee and Caylen de los Reyes are also in the ensemble. The actors explore the customs, manners

and behavior of the 18th century while finding modern parallels in the 20th century that echo themes in the play. The verbal patter of the play requires significant work on voice and articulation

as well as character choices that are larger than life in the specific acting style of the play.

society gossips, a middle-aged man and his younger, vivacious wife and two polar-opposite brothers who are in pursuit of a lovely young heiress as the ingredients for a delicious satire that has delighted audiences since 1777. The School for Scandal is one of the most admired British comedies

The student designers are Tessa King (scenic design), Jessie Kim (lighting design), Sarah Slain (costume design), Mattie Naythons (sound design), and Iman Bengana (properties design). Stage managers are Jake Zweibach and Elyse Fischground. Rounding out the production team are Pablo Feldman (tech director), Lucy Peterson (master electrician), Hank Townsend (sound operator), Meg Weisselberg (first hand), and Emma Boyle Annie Ganz, and Emma Savino (run crew). **Performance and Ticket Information** All performances are at the Daniel Caldwell Performing Arts Center October 5-9 at 7:00 P.M. Ad-

vance tickets can be purchased up to 8 hours before curtain at www.ctetam.org/tickets or at the box office on the day of the performance starting at 6:00 pm. Ticket prices are \$5 for students and seniors and \$12 for adults. Doors open at 6:30 pm and seating is on a first-come, first-serve basis. No late seating please. The Caldwell Theatre is located at the back of Tamalpais High School's campus (near Almonte and Stadium) with plenty of parking available. For more information visit

#### CTE's website: www.ctetam.org. Arabian Nights runs from October 5 - 9 and is considered appropriate for middle school audiences and up.

The School For Scandal runs from October 25 – 29 and is recommended for high school ages and up. DRAMA PRESENTS



www.ctetam.org Caldwell Theatre, 700 Miller Avenue, Mill Valley, CA

# **Boosters Sports Report**

#### **Varsity Football**

After a successful 2011 season and postseason, Tam Varsity Football is keeping its momentum going in 2012 – the Hawks started the new season 4-0. The 29-man team, a blend of talented returning players and exciting newcomers, is expected to field a strong defense and opportunistic offense.

Senior co-captains Haynes Stephens and Jon Finkelstein, both in their third year of varsity play, lead the team. Stephens, a two-way starter at defensive back and wide receiver, and linebacker Finkelstein are both being scouted by colleges. Finkelstein was the first Tam player to be selected for the Nike football camp and was named All Metro last year.

Other key players include senior Kayne Nau is a two-way starter on the offensive and defensive line, juniors Marcus Viscardi (running back and safety) and Aseal Birir (running back).

"At 4-0, we are having a great season. The keys to our success have been great team chemistry and a very rigorous off-season training program," said Coach Jon Black. "We have a great group of hard working young men who enjoy playing at a very high level."

#### JV Football

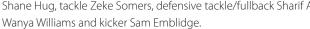
The Junior Varsity team started the season with strong offensive performances, led by returning starting quarterback Weston Lazarus and the dynamic duo of Daverick Smith and Kordell Carter at running back. With 28 players on the squad, head coach Eddie Savino is thrilled about the potential of this team. "This has to be the most talented team we have had in the four years I've coached at Tam," Savino said. "We have a solid core of kids that stuck together this offseason and really put in the work."

The defense is led by linemen Nick Lawler and Dominic Quaranta, and linebackers Pablo Salinas and Carter Hiti. Other standouts on the team include Tyler Hoff (WR/LB), Kiefer Dickson (OL/LB) and Dante Mills (OL/LB). The team hopes to continue its consistent production as they prepare to head into the heart of their MCAL schedule. Come out and see for yourself.

#### Freshman Football

The freshman football team is showing promise, with a solid running attack and a tough-nosed defense. Among the standout players are linebacker/receiver Steve Roy, quarterback Trevor Bukowski, offensive tackle/nose guard

Shane Hug, tackle Zeke Somers, defensive tackle/fullback Sharif Ashby, running back



# **Cross Country**

The Hawks face a rebuilding year, after losing several seniors to graduation. The key performer for the boys' squad is expected to be Isaac Cohen who impressed the coaches with his focus and intensive training over the summer. Cohen has also started a new team tradition called Scrumptious Saturdays, a captain-led practice every Saturday morning followed by mountains of protein-rich pancakes back at Isaac's house. This popular event builds on the family ideal that has always been at the heart of the Tam cross country program.

The girls' team can be described in one word: depth. There are ten girls who are solid runners vying for the seven varsity spots and only two of them are seniors. Leaders early in the season are senior Maddy Kwasny, sophomore Bella Amyx and junior co-captain Amanda Barriscale. Senior co-captain senior Morgana Sidhom

was injured early in the season. The young squad has plenty of promise.



SAM CHAPMAN STADIUM

**Left photo:** IsaacPumpingUpTeam- "Varsity runner and co-captain" Isaac Cohen fires up the team at the Ed Sias Invitational in Martinez, CA" photo by Tracy Kiles

Right photo: IsaacatEdSias- "Varsity runner and co-captain Isaac Cohen has a strong finish at the Ed Sias Invitational in Martinez, CA photo by Tracy Kiles





Coach John Haight expected a rebuilding year but was impressed by how quickly his team progressed. The Hawks have three returning players, senior co-captains Trisha Chang and Holly Oakander, and junior Christina Fallone. They join sophomore Kimiko Shiro and three freshmen, Courtney Chang, Maddie Stoops and Shay Engstrom. Though Haight thinks it will be a challenge to finish .500 and make the MCAL tournament, he is optimistic, especially after the team improved on its opening performance by 54 strokes.

# **Boys'Varsity Soccer**

The defending MCAL champions graduated seven seniors last year but still return a solid lineup, led by senior Julien Melendez, who led the league in scoring last season. Lucas Janetos, Tesfaye Paine and Jackson Wong anchor midfield. Teddy Mauze, who transferred home to Tam from the Cate School in Santa Barbara joins Melendez and Nick Silva at forward. University High transfer Parker Wells is at center back and senior Kenny Rosenberg has taken over at goalkeeper.

The Hawks got off to a solid start by winning the championship at the Bay City Invitational, a tournament that coach Dustin Nygaard has directed for five seasons. The MCAL is expected to be very competitive but Nygaard is optimistic his team will contend for a third consecutive pennant and has the potential to make a deep run into the playoffs.

# Boys' JV Soccer

The JV team returns nine players and has nine fresh faces. Coached by recently graduated Tam soccer standout Imran Nana, the team is solid defensively. Led by sophomore goalkeeper Daniel Moe and junior centerbacks Mateo Waldburger and Tommy Lovelace, the team allowed just one goal in the first four games. The midfield is full of new faces, including Jason Yalom (a transfer student from Japan), captain Grant Campfield who has switched positions, and freshman Matt Coopersmith. The JV team lost its two leading scorers from last year to varsity: this year captain Nicolas Mosher and Kroeksak Onchan have stepped in at forward.

Nana is optimistic that his team can fight for a top three spot in the division. "We're talented enough to win the league," Nana said.

#### Girls' Volleyball The Tam High Varsity Girls' volleyball team looks to make the MCAL playoffs this year in a very tough

league that includes the perennial powerhouses Redwood and Marin Catholic. Returning seniors Shoshana Herzog and Clare Geyer anchor this year's team while juniors Emily and Jane Tull, Lauren Killingsworth and Makenzie Pohl and sophomore Krissy Powers round out the starting team. Hawks coach Casey Mondragon returns as the varsity coach and expects many close games this season against a very competitive field.

# Girls' Tennis

Tam Girls'Tennis hopes to defend its 2011 MCAL and NCS Division 1 titles. Despite the return five of its top six players from last season, and six all-league players, Coach Bill Washauer says the task won't be easy.

Led by senior captains Naomi Arthur, Hillary Fazekas, and Chelsea Hayashi, the team opened the season with 9-0 wins over Cardinal Newman and Montgomery. The team then traveled to Danville for a rematch with NCS finalist Monte Vista, absorbing a hard-fought 7-2 loss that took nearly four hours to complete (in 95-degree heat). The team won its first three MCAL matches before falling 5-4 at home to a much-improved Branson team. In between, the team equaled its 2011 performance in the California Tennis Classic in Fresno, placing 9th out of 124 teams – including a final round win over Monte Vista, 4-3. In addition to the senior captains, the team's current core lineup includes juniors Lani Tice, Mikaila Smith, Lainie Johnston, Austenne Caproni, Lauren Young, and Holly Parkin, sophomores Anika Kharkar and Brett Jennings, and freshman Kendall Hiti. According to Washauer, the team is working to improve and achieve its goals of repeat MCAL and

NCS titles.

## **Boys' Varsity Water Polo** The Hawks are coming off a 20-8 season in 2011, good for a third place finish in MCAL and an

NCS ranking of fifth. This year's squad is returning only two starters, so in many aspects it will be a rebuilding year for the team.

After the first half of the season (through September 18), the Hawks have won 11 of 13 and are on their way to what looks to be another successful season in MCAL and NCS. The Hawks played in two important tournaments to start the season, winning the 12-team Napa Tournament and taking 2nd out of 32 teams in the Sierra Shootout in Rocklin.

Assisting the team this year are two former Tam Water Polo greats, Rob Parnow ('03) and Bobby Palmer ('95). The boys are led by two-time First Team All-League goalie Elliott Ordway. Elliot, and the other starting senior, Austin Wimberley, will be counted on to lead the team. This will be one of the youngest Hawk teams in memory, with a freshman (Jackson Hettler) and a sophomore (Daniel Carroll) contributing as starters. Other key players include Juniors Sean Haechler, Alec Williams, and James Trombadore.

Boys' JV Water Polo A huge freshmen turnout has swelled the ranks of the JV Boys' team to 20 players, the largest JV squad in recent history. The team is coached by Tam alum, Ryan Canepa, a former All-MCAL

# performer. The young Hawks will be led by returning sophomores Luca Osburn and Cooper Bontz.

Early season freshmen standouts include Theo Andrews, Gavin Sakamoto, and Max Schenk. Girls' Varsity Water Polo Coach Katie McLean, who heads a girls' program that has attracted huge numbers, was very optimistic about her team, particularly after the Hawks started the season 5-0. McLean's team is led

by twin seniors Pauline and Gabby Hauzy, Kristie Lee, and Morgan Thelander. McLean expects her team to contend for the top of the league, against her alma mater Marin Catholic.. Girls' JV Water Polo The JV team also jumped out to a strong start. Key contributors are sophomores Sydney Smith and

SPORTS

# Programs for High School Students at the Mill Valley Public Library

#### **Creative Writing Workshop**

The Library's Creative Writing Workshop takes place every Wednesday from 7:00-8:30 pm in the Creekside Room. The workshop offers students the opportunity to develop their writing skills in an informal, relaxed environment. There is no need to sign up in advance, just drop in at 7:00 pm on any Wednesday and say hello.

#### **First Thursdays**

The first Thursday of every month, the library has a different program for high school students. Unless otherwise stated, these events take place at 7:00 pm in the Creekside Room. Registration is encouraged and usually opens two weeks before the event.

#### October 4: Music and Food

Grilly's is supplying everything you need to build your own delicious tacos. Food will be followed by a performance from two talented singer/song-writers, Matt Dorrien and Dylan Flynn (you may have heard Matt play at the Sweetwater.). Afterwards, they will field questions from the audience, covering everything from songwriting to getting a record deal. Registration is highly recommended. Register at <a href="http://conta.cc/QFMFut">http://conta.cc/QFMFut</a>

#### November 1: What Now

After high school, you go to college, right? Maybe. Hear the stories of people who took the road less traveled. Cookies provided. Check the library's website in October for more information and the registration link.

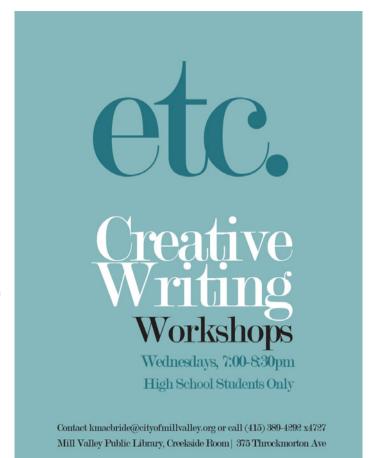
#### December 6: Hunger Games Scavenger Hunt

NOTE: Different time: 8:30-10:30 pm

After hours, the library morphs into an arena from which only one tribute can triumph. Knowledge of the Hunger Games trilogy will help determine

the first to emerge with all the clues and be crowned victor. May the odds be ever in your favor. Registration required. Check the library's website in November for more information and the registration link.

Contact Katie MacBride, the Young Adult Librarian, with questions. 415-389-4292 X 4727 or <a href="mailto:kmacbride@cityofmillvalley.org">kmacbride@cityofmillvalley.org</a>



#### **Measure B**

Volunteers are needed to inform voters about Measure B, a parcel tax measure on the November ballot that would raise revenue and bridge the budget gap for the Mill Valley School District. If you can help with making telephone calls or canvassing neighborhoods, please click on the links below:

### Phone calls

#### Door-to-door canvassing

For more information on Measure B, click here

# **GOT DRUGS?**

When you no longer need them, dispose of them properly

#### A message from the MV Police Department

Unused or expired prescription medications are a public safety issue, leading to accidental poisoning, overdose, and abuse. Pharmaceutical drugs can be just as dangerous as street drugs when taken without a prescription or a doctor's supervision. The majority of teenagers abusing prescription drugs get them from family and friends – from the home medicine cabinet.

Unused prescription drugs thrown in the trash can be retrieved and abused or illegally sold. Unused drugs that are flushed contaminate the water supply. Proper disposal of unused drugs saves lives and protects the environment.

Take-back programs are the best way to dispose of old drugs. Last year, DEA and its law enforcement partners took in almost one million pounds of pills. The Mill Valley Police Department is proud to be partnering with this endeavor. The MVPD accepts the following items at 1 Hamilton Drive (across from Hauke Park) Monday-Friday from 8 am to 4 pm.

# Accepted:

- Prescription medications (including insulin vials)
- All over-the-counter medications
- Vitamins and supplements
- $\bullet$  Medicated ointments, lotions, creams, and oils

### Not Accepted:

- IV bags
- Bloody or infectious waste
- Personal care products
- Hydrogen peroxide
- Aerosol cansInhalers
- Sharps / needles

COMMUNITY



# Calendar

# October/November

#### **OCTOBER 2012**

Date	Time/Event	Location
2	6:30 pm - SENIOR COLLEGE SEMINAR	Mt. Tamalpais United Methodist Church
2 & 3	CAHSEE MAKE-UP EXAM - ENGLISH (10/2) MATH (10/3)	For Juniors and Seniors
3	12:35 pm DISMISSAL - MINIMUM DAY	
4	7:00 pm - EVENING with MADELINE LEVINE, PhD	Redwood HS
5-9	CTE PRESENTS: THE ARABIAN NIGHTS	Caldwell Theatre
9	7:00 pm - PTSA MEETING: COLLEGE APPLICATION FORUM with SUSAN GERTMAN	Student Center
10	9:45-10:45 am (tutorial) - FREE TUTORING FOR FRESHMEN	Room 346 in Upper Keyser
10	7:00 pm - TUHSD BOARD MEETING	Kreps Conference Center - Redwood HS
12	7:00 pm - BOOSTERS MEETING	Tam High Library
12	CLUB DAY	
17	8:00 am - Photo Make-up	Student Center
18	7:00 pm - THUMB MEETING	Band Box
20	<b>7:30 am</b> – PSAT	Ruby Scott Gym
22	STAFF DEVELOPMENT DAY - NO SCHOOL	
24	7:00 pm - TUHSD BOARD MEETING	Sir Francis Drake HS
25	5:30 pm - PATH MEETING	Tam High, Phoenix Room 400
25-29	CTE PRESENTS: THE SCHOOL FOR SCANDAL	Caldwell Theatre
27	8:30 am - noon: RAISING THE HAPPY, ACCOUNTABLE & EMPOWERED TEENAGER	Joint Tam High/MVMS Parent Ed: MVMS Gym
31	PTSA STAFF APPRECIATION BREAKFAST	
	NOVEMBER 2012	
Date	Time/Event	Location
2	DEADLINE FOR PLAN TEST SIGN-UPS	
3	SAT TEST	This test is NOT given at Tam High
4	TURN CLOCKS BACK	
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5	FALL FOOD DRIVE BEGINS	
5	FALL FOOD DRIVE BEGINS WINTER SPORTS BEGIN	
		MVSD Parcel Tax on ballot
5	WINTER SPORTS BEGIN	MVSD Parcel Tax on ballot Student Center
5 6	WINTER SPORTS BEGIN ELECTION DAY	
5 6 7	WINTER SPORTS BEGIN ELECTION DAY 7:00 pm - PTSA MEETING	
5 6 7 9	WINTER SPORTS BEGIN  ELECTION DAY  7:00 pm - PTSA MEETING  R-2 GRADING PERIOD ENDS	Student Center
5 6 7 9	WINTER SPORTS BEGIN  ELECTION DAY  7:00 pm - PTSA MEETING  R-2 GRADING PERIOD ENDS  7:00 pm - BOOSTERS MEETING	Student Center Tam High Library
5 6 7 9 9	WINTER SPORTS BEGIN  ELECTION DAY  7:00 pm - PTSA MEETING  R-2 GRADING PERIOD ENDS  7:00 pm - BOOSTERS MEETING  VETERAN'S DAY - NO SCHOOL	

For details and updates, check the calendar on the Tam High website: www.tamhigh.org