

## **Academic Support**

- **SMART** twice weekly with your teachers
- Peer Tutoring After School in the Library Monday 3:35-4:30
  and Tuesday 3:45-4:30
- Math Tutoring Monday 3:30-4:30 Rm. 261
  Tuesday 3:40-4:40 Rm. 28, Thursday 7:25-8:25 Rm. 252
- See your school counselor for 4 year planning and course selection

## Social/Emotional Support

- School Counselor can help with personal issues inside and outside of school, drop-in or make an appointment in counseling
- Wellness for breaks or long term counseling (Students can self refer or see your counselor)
- Peer Resource- request to see a peer counselor in counseling
- Tam District Wellness <u>Homepage</u> for links to many resources in our community and online (Redwood.org>Resources>Redwood Wellness>District Wellness)

## College and Career Planning

- Naviance- our online college and career research tool
- See Becky Bjursten in College and Career Center Room 111
- See your school counselor to discuss goals
- Go to College Rep Visits
- Attend Career Conversations each spring to hear about different jobs and pathways to careers
- See our **Internship Liaison**, Greg Davison, when you turn 16.