

July 2024

LESD Breakfast Menu - CARSON

MON		TUES		WED		THURS		FRI	
7/1		2		3		4		5	
Bagel & Cream Cheese (v)	Variety Cereal with Fresh Piña (v)	Waffle with Strawberries + Turkey Sausage	Independence Day - Holiday		*no meal service*		Variety Cereal (v)		
Sliced Peaches	Tangerines or Mandarins	Bahama Bananas					Apple Slices		
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk					8 oz NF or 1% White Milk		
8		9		10		11		12	
1/2 Bagel & Sun Butter (v)	Variety Cereal (v)	Cheesy Bolillo with Chorizo		Pancake Square (v) + Turkey Sausage		Strawberry Parfait & Granola			
Sliced Peaches	Tangerines or Mandarins	Strawberries		Awesome Oranges		Manager's Choice: Fresh, In Season Fruit			
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk			
15		16		17		18		19	
Bagel & Cream Cheese (v)	Variety Cereal with Fresh Piña (v)	Waffle with Strawberries + Turkey Sausage		French Toast with Glazed Peaches (v)		Variety Cereal (v)			
Sliced Peaches	Tangerines or Mandarins	Bahama Bananas		Awesome Oranges		Apple Slices			
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk		8 oz NF or 1% White Milk			
22		23		24		25		26	
1/2 Bagel & Sun Butter (v)	Variety Cereal (v)	Cheesy Bolillo with Chorizo				*no meal service*		*no meal service*	
Sliced Peaches	Tangerines or Mandarins	Strawberries							
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk							

(p) = Contains Pork

This institution is an equal opportunity provider.

July 2024

LESD Lunch Menu - CARSON

MON		TUES		WED		THURS		FRI	
7/1		2		3		4		5	
SunButter & Jelly Sandwich + String Cheese (v)	Grilled Cheese	Super Orange Chicken	Independence Day - Holiday *no meal service*				Chicken Nuggies + Gold Fish		
Tangerines or Mandarins	Bahama Bananas	Raisins					Locally Grown Cara Cara Oranges		
Broccoli w/ Ranch	Baby Carrots	Jicama Sticks, Edamame					It's Corn		
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk					8 oz NF or 1% White Milk		
8		9		10		11		12	
Mozzarella Breadsticks + Marinara Sauce (v)	Chicken Delights	Chicken Alfredo Pasta	Bean & Cheese Pupusa with Curtido		Yummy Cheese Pizza Slice (v)				
Tangerines or Mandarins	Bahama Bananas	100% Fruit Juice	Apple Slices		Locally Grown Cara Cara Oranges				
Broccoli w/ Ranch	Baby Carrots	Cool Cucumbers	Baby Carrots		It's Corn				
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk				
15		16		17		18		19	
SunButter & Jelly Sandwich + String Cheese (v)	Grilled Cheese	Super Orange Chicken	Tamale: Chicken & Red Sauce & Pinto Beans		Chicken Nuggies + Gold Fish				
Tangerines or Mandarins	Bahama Bananas	Raisins	Apple Slices		Locally Grown Cara Cara Oranges				
Broccoli w/ Ranch	Baby Carrots	Jicama Sticks, Edamame	Cool Cucumbers		It's Corn				
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk				
22		23		24		25		26	
Mozzarella Breadsticks + Marinara Sauce (v)	Chicken Delights	Chicken Alfredo Pasta	Bean & Cheese Pupusa with Curtido		Yummy Cheese Pizza Slice (v)				
Tangerines or Mandarins	Bahama Bananas	100% Fruit Juice	Apple Slices		Locally Grown Cara Cara Oranges				
Broccoli w/ Ranch	Baby Carrots	Cool Cucumbers	Baby Carrots		It's Corn				
8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk	8 oz NF or 1% White Milk		8 oz NF or 1% White Milk				

(v)= Vegetarian

(p) = Contains Pork

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