

Local Mental Health Resources

CRISIS HOTLINES

988 Lifeline- Dial 988 for professional help and support if you are experiencing suicidal thoughts or emotional distress

Emergencies	911
Suicide & Crisis Lifeline	988
Burrell Crisis Line	800-494-7355
Harmony House & Victim Center Hotline	417-864-SAFE (7233)
Maternal Mental Health Hotline	1-833-943-5746
Pregnancy Hotline (LFCS of MO)	417-268-8997
LGBTQ+ Hotline	1-888-843-4564
SAMHSA's National Helpline	1-800-662-HELP (4357)
Suicide/Abuse Crisis Line	1-800-999-9999
Suicide Prevention Hotline	800-273-8255
.....	Text: 741741
Spanish Suicide Prevention Hotline	800-754-2432
Teen Text Crisis Line (3pm-Midnight)	855-449-1212 (texting only)

LOCAL CLINICAL RESOURCES

Burrell Main Campus, Building A (Springfield)	(417) 761-5000
CoxHealth	(417) 269-3000
Mercy Behavioral Health	(417) 820-2000
Lakeland Behavioral Health System	(417) 895-9169
Royal Oaks Hospital	800-456-2634
Eustasis Psychiatry & Addiction Health	(417) 322-6622
Minds Matters MD LLC	mindsmattersmd.com
Make the Connection (for Veterans)	maketheconnection.net
Heartland Center for Behavioral Change (Nixa - Outpatient)	(417) 883-7227
Midwest Assessment and Psychotherapy Solutions	(417) 413-1539

Local Mental Health Resources

CHILDREN AND ADOLESCENT RESOURCES

- Burrell Center Child and Adolescent Services..... (417) 761-5430**
Big Brothers Big Sisters of the Ozarks(417) 889-9136
Kids Under Twenty One(888) 644-5886
Mercy Child and Adolescent Psychiatry(417) 820-3128

COUNSELING SERVICES

- All Things New Counseling Services(417) 848-5574**
Awaken360(417) 712-7560
CC Counseling Services(417) 720-8023
Center City Counseling Center(417) 836-3215
Christian Counseling Services(417) 881-8900
Counseling Solutions of the Ozarks(417) 887-9950
Dr. Brandford and Associates(417)833-9999
Lost and Found Grief Center(417) 865-9998
McGuire Christian Counseling Services(417) 866-7773
Nixa Counseling Center(417) 725-8922
Orchard Counseling(417) 865-6955
Perspectives Counseling Center(417) 773-9666
Solution Based Choices(417) 234-5523
Touchstone Counseling(417) 581-6911

VISIT: WWW.NIXAPUBLICSCHOOLS.NET/SHAC

For more helpful resources involving

Health and Wellness

Meals and Food Pantries

Student and Adults with Disabilities

Housing, Shelter, and Utility Assistance

Parent and Family Resources