

**Fredericksburg ISD
School Health Advisory Council Meeting Minutes
April 24, 2024 4:30pm
Fredericksburg ISD - District Office
234 Friendship Lane
Fredericksburg, TX 78624**

SHAC Members Present: Tatiana Neri, David Pedregon, Patricia Smith, Alma Trujillo, and John Willome

SHAC Members Absent: Kristi Stafford, Gina Seracen

Staff Present: Sarah Southard, District Coordinator

Others Present: No special guests or speakers. There were community members in attendance to observe.

Agenda Topic
<p>Call to Order: David called the meeting to order at 4:32pm. Documentation of Attendance and Quorum: David noted that five of seven Council members were present at the beginning of the meeting (Pedregon, Neri, Smith, Trujillo, and Willome) and over half of the members present were parents of FISD students, so the meeting officially achieved a quorum.</p>
<p>Agenda Item #1 – Approval of February 21, 2024, Meeting Minutes Patricia Smith made a motion to approve the February 21, 2024, meeting minutes as presented. Tatiana Neri seconded the motion. The motion passed unanimously.</p>
<p>Agenda Item #2 – “Always Changing and Growing Up – Girls Puberty Education” and “Always Changing and Growing Up – Boys Puberty Education” videos for 4th and 5th grade students</p> <p>The council members were asked to review the two videos before the meeting. David Pedregon led a discussion. Some highlights from the discussion are that the request to use these videos at the 4th and 5th grade levels originated from Stonewall Elementary School. The school board is considering approval at both FISD elementary schools. This would be shown to students on an “opt-in” basis for parents/guardians. There was a curriculum recommended to the school board by the 2021-22 SHAC for use in elementary schools, and it is currently being used. Patricia Smith indicated that these videos provide more specific and detailed information than the current curriculum. David Pedregon shared communication from Dr. Kristi Stafford, who could not attend the meeting due to a work emergency, and her review of the material concluded from a medical perspective and the experience of a physician who sees children is that the information was good and accurate. Tatiana Neri asked about the video that used to be shown to Fredericksburg Elementary School Students in fifth grade that she was when she was an FES student in 2005. Sarah Southard indicated the video was shown up through COVID and the project was mainly spearheaded by the school nurse at the time, Judy Mayo. However, it ended up being discontinued after Judy’s retirement, which was around the time of COVID, because no one had picked up the responsibility of showing it.</p> <p>There will be a meeting on June 5, 2024, to include the two new members who were added to SHAC by the school board. At this meeting, there will be a vote by the committee as to whether the committee recommends the two videos for FES and Stonewall Elementary students. No further action was taken.</p>
<p>Agenda Item #3 – Subcommittee Updates</p> <p>Physical Activity & Fitness Planning (Patricia Smith) – Patricia is still putting her committee members together. The goal of her committee will be to encourage fitness among students and that</p>

FISD will exceed the state standards and requirements for students. This committee will be active in the next school year.

Family Communications and Support (Tatiana Neri) – Tatiana reported one area of focus is to give parents access and help them to effectively use the Skyward system that FISD uses to communicate with parents about their children. Other areas of focus she would like to see include supporting grandparents raising their grandchildren, ensuring Spanish-speaking parents have easy access to information, and preventive health education for parents so they will know how to care for their children’s health. Tatiana noted that someone will need to assume responsibility for the committee as this is her last meeting as a member of SHAC.

Agenda Item #4 – 2024-25 Outlook

David Pedregon discussed the meeting schedule for the next school year. next meeting will be June 5, 2024. Other meetings are currently scheduled for:

August 28, 2024

October 23, 2024

November 13, 2024 (if needed)

February 26, 2025

April 16, 2025

Adjourn – Patricia Smith made a motion to adjourn the meeting. Tatiana Neri seconded the motion. The motion passed and the meeting was adjourned at 5:03.

Respectfully submitted by John Willome on April 25, 2024