# EARLY LEARNING Early Childhood Family Education • Birth to Preschool • Fall 2024

AFTON | COTTAGE GROVE | DENMARK | GREY CLOUD ISLAND | NEWPORT | ST. PAUL PARK | WOODBURY

# Early Bird Registration OPENS JUNE 3

Fall semester begins the week of Sept. 16



Opportunities for infant, toddler and preschool-aged children and their families.

Where families play, learn and grow together.

# **CONTACTS AND LOCATIONS**

## **Enrollment Questions**

## **Site Locations**

Valley Crossing (VC) 9900 Park Crossing, Woodbury, MN 55125 ......651-425-7160

## **Early Learning Contact Information**

Community Education Director



# **TABLE OF CONTENTS**

Early Childhood Family Education (ECFE) What is ECFE?
<b>Drop-In Play</b>
Infants
Toddlers/Twos
Multi-Age
Special Topic
Early Childhood Screening12
Field Trips and Special Events
Families Learning Together
Home Based Support

#### ECFE Registration Information

Registration In	formation	 14-16
Fee Scales		 

# WHAT IS EARLY CHILDHOOD FAMILY EDUCATION (ECFE)?

Early Childhood Family Education (ECFE) is a family education program that is only offered through Minnesota school district Community Education programs like SoWashCo Community Education. ECFE's goal is to support and enhance the ability of parents and other caregivers, through community and early school connection, to provide the best possible environment for their child's learning and growth. Other benefits of ECFE:

#### For Parents:

- Support and information for parents during the transition to parenthood and through the various development stages up to kindergarten
- Meeting other families with young children in your community
- Becoming familiar with South Washington County Schools (SoWashCo Schools) before your child enters kindergarten

#### For Children:

- Focused time with their parent to learn and explore in an early childhood environment
- Social skills developed in interaction with other young children in a rich early childhood environment
- Gain familiarity and comfort in a school setting prior to kindergarten

Our ECFE program provides a variety of opportunities that support foundational learning, parent involvement and the healthy development of children, including:

- Parent/Child Classes with Parent Discussion
- Parent/Child Activity Classes
- Family Events
- Home and Phone Consultation Opportunities for Parents
- Community Connections
  - ° Washington County Libraries
  - ° Washington County Childcare
  - ° Washington County Public Health

ECFE is a partially State funded program and as a result the district is able to offer universal access based on a sliding fee scale. All families will have access to the program and no one is turned away for the inability to pay. Please see more information on page 14-17. I can't believe this program doesn't exist in other states. Truly a wonderful opportunity.

I am struck by the number of grandparents caring for their grandchildren part time and full time. ECFE is so important for young children, and so important for young families including the grandparents who provide care.

# What Can I Expect When Enrolling in a Typical ECFE Class?

#### 1. Parent/Child Interaction

During this time, parents and children will participate together in fun age-specific activities that support foundational learning all planned by a licensed school district early childhood teacher.

#### 2. Parent Discussion Time

Parent discussion provides an opportunity to connect with other parents in a supportive environment. You will discuss and gain relevant information on topics related to supporting children's growth and development as well as group-generated topics. A licensed school district parent educator facilitates the parent discussion.

#### 3. Early Childhood Education

As parents participate in parent discussion, children are participating in age-appropriate learning activities planned by a licensed school district early childhood teacher. The activities that your child will participate in are intentionally planned to support social and emotional skills, language and literacy, creativity, cognitive physical and motor development.

## Drop-In Play Sessions (Free)

Drop-In Play sessions provide the opportunity for you and your child(ren) to pop in for some parent/child ECFE fun. Most sessions are weekly and run from September through May based on the ECFE program calendar. Registration is not required and sessions are free. **Space is limited to 14 children per session. These sessions are non-separating.** 

#### District Program Center (DPC), Cottage Grove

- Mondays, 9-10:15 a.m.
- Wednesdays, 9:30-10:45 a.m. or 11:15 a.m.-12:30 p.m.
- Thursdays, 11 a.m.-12:15 p.m.

#### Liberty Ridge Site II (LR2), Woodbury

- Mondays, 11:30 a.m.-12:45 p.m. or 3:30-4:45 p.m.
- Tuesdays, 10:30-11:45 a.m.
- Fridays, 8:45-10 a.m., 11 a.m.-12:15 p.m. or 11:30 a.m.-12:45 p.m.

\*Drop-in play will not occur on the following dates: Sept. 30, Oct. 16-18, Nov. 5, 27-29, Dec. 2, 23-31, Jan. 1-3, 20.





# Your Prescription for a Healthy Baby

For more information scan the QR code or call or text our ECFE Parent/Infant Specialist at 651-529-0934. Scanning, texting or calling will connect you directly with our specialist and provide you with more information on parent consultations and infant offerings.

## ECFE Newborn-Young Baby Parent Consultations *(Free)*

Connect with an ECFE Parent/Infant Specialist to get all of your parenting questions answered about sleep, feeding, infant development and more. Available in-person, by phone or Zoom.

Scan the QR code or call or text 651-529-0934 to get connected to an ECFE Parent/Infant Specialist.

# **INFANT CLASSES**



## Infant Connect and Play Drop In (Free, Registration is not required)

Join us for our parent/baby connection! During these drop-in style sessions, you will be able to connect with other parents about adjusting to life with a new baby. Parents and children do not separate for this class.

#### District Program Center (DPC), Cottage Grove

• Wednesdays, 10:30-11:45 a.m.

#### Liberty Ridge Site II (LR2), Woodbury

• Mondays, 10:30-11:45 a.m.

#### Washington County Public Health Building, Cottage Grove

• Fridays, 10:30-11:45 a.m.

## Open Office Hours: ECFE Parent Consultations (Free)

Do you have questions about your child's development, health and nutrition, sleep, toilet learning strategies, behavioral or just have other wonders about your child's stage of development? Drop-in and connect with a licensed ECFE parent consultant. **For Parents with children birth-5 years.** 

#### District Program Center (DPC), Cottage Grove

• Tuesdays, 11 a.m.-12 p.m.

#### Liberty Ridge Site II (LR2), Woodbury

• Mondays, 9-10 a.m.

## **Babies, Babies, Babies!**

By the time your baby is 3 months old, they have made a dramatic transformation from a totally dependent newborn to an active and responsive infant. In this class, you will connect with other families with babies from 3-12 months. You will be able to participate in activities that support your baby's development, ask questions, and share ideas on feeding, sleeping and so much more. Parents and children do not separate for this class.

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
3-12 mo	Th	11 a.m12:15 p.m.	LR2	9/19/24	16	LR002-4

## **Evening Babies, Babies, Babies!**

This evening class provides an opportunity for parents to come together with other families with babies from birth to 12 months. During our evening babies class, you will be able to participate in fun learning activities that support your baby's development, ask questions, and share ideas on feeding, sleeping and so much more. Parents and children do not separate for this class.

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
3-12 mo	Т	5:45-7:15 p.m.	DPC	9/17/24	17	DP001-2E

# **TODDLERS/TWOS CLASSES**



## **Toddlers and Twos**

Toddlers and young two-year-old's are on the move and gaining independence as they explore the world around them. Licensed early childhood teachers will provide age-specific and fun learning activities just for toddlers and twos. In these classes, a licensed parent educator provides a discussion time which includes sharing information about topics such as: temperament, gaining cooperation, toilet learning, and other group generated topics related to this stage of development. **Parents will move to a separate area for discussion time**.

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
24-36 mo	Т	8:30-10 a.m.	LR2	9/17/24	17	LR201-2
16-36 mo	Т	5:30-7 p.m.	DPC	9/17/24	17	DP102-2E
16-30 mo	W	8:30-10 a.m.	LR2	9/18/24	16	LR103-3
12-24 mo	Th	9-10:30 a.m.	LR2	9/19/24	16	LR105-4
16-30 mo	Th	10:30 a.m12 p.m.	LR2	9/19/24	16	LR106-4
24-36 mo	F	10:30 a.m12 p.m.	LR2	9/20/24	16	LR202-5
12-24 mo	F	8:45 a.m10:15 a.m.	DPC	9/20/24	16	DP107-5
24-36 mo	F	10:45 a.m12:15 p.m.	DPC	9/20/24	16	DP203-5

## **Toddlers and Twos with Gradual Separation**

Parents and children will not separate during the first semester. Beginning second semester, parents will move to a separate area for discussion time.

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
12-24 mo	F	9-10:30 a.m.	LR2	9/20/24	16	LR108-5

## Toddlers and Twos Parent/Child Activity Classes without Separation

Our Parent/Child Activity class provides a variety of hands-on activities that promote learning, creativity, and socialization in a fun and supportive environment just for toddlers and two year olds. Parents and children will have the opportunity to explore new materials and fun play-based learning activities together. **Parents and children do not separate for this class.** 

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
12-24 mo	М	9-10 a.m.	LR2	9/16/24	15	LR101-1
16-36 mo	W	5-6 p.m.	LR2	9/18/24	16	LR104-3E

#### 6 | South Washington County Schools Community Education | commed.sowashco.org

# **MULTI-AGE CLASSES**



#### **Birth to Five Years**

Multi-age classes bring children ages birth-5 years together in a class to learn and play. This class provides the opportunity for siblings to attend the same class together. A range of parenting topics and activities designed for all levels of learning can be expected. **Parents will move to a separate area for discussion time.** 

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
B-5 yrs	М	8:30-10 a.m.	LR2	9/16/24	15	LR501-1
B-5 yrs	М	10:30 a.m12 p.m.	LR2	9/16/24	15	LR502-1
B-5 yrs	М	10:45 a.m12:15 p.m.	DPC	9/16/24	15	DP503-1
B-5 yrs	Т	8:30-10 a.m.	LR2	9/17/24	17	LR504-2
B-5 yrs	Т	10:30 a.m12 p.m.	LR2	9/17/24	17	LR505-2
B-5 yrs	W	10:30 a.m12 p.m.	LR2	9/18/24	16	LR506-3
B-5 yrs	W	5-6:30 p.m.	LR2	9/18/24	16	LR507-3E
B-5 yrs	Th	8:30-10 a.m.	LR2	9/19/24	16	LR511-4

#### **Birth to Eight Years**

This multi-age class brings young elementary student(s) and preschool children together to engage in fun educational activities. This class provides the opportunity for siblings to attend the same class together. A range of parenting topics and activities designed for all levels of learning can be expected. **Parents will move to a separate area for discussion time.** 

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
B-8 yrs	М	6-7:30 p.m.	LR2	9/16/24	15	LR509-1E



#### **STEM for Preschoolers**

Our STEM (Science, Technology, Engineering and Math) class will provide fun hands-on activities that foster your child's sense of curiosity about the natural world around them. **Parents will move to a separate area for discussion time.** 

AG	D	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
3-5 y	rs	М	6-7:30 p.m.	LR2	9/16/24	15	LR713-1E

#### **Messy Art**

Dress for mess and artistic success! Young children are free to smear, squeeze, splatter and otherwise explore artistic possibilities in our sensory tables, writing tables and giant paper painting fun. Storybook sharing inspires new ideas and creativity as children work with a variety of materials. Parenting topic sessions will include an emphasis on the art process as well as other parenting topics selected by the group. Get ready for a messy good time! **Parents will move to a separate area for discussion time.** 

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
2.5-5 yrs	W	5-6:30 p.m.	LR2	9/18/24	16	LR705-3E
2.5-5 yrs	F	9-11 a.m.	LR2	9/20/24	16	LR706-5

## Just Grandma/Grandpa and Me

This class provides a great opportunity for grandparents to interact with their grandchildren in a fun learning environment. Grandparents will also gain ideas for take-home play and meet other grandparents in the community. Grandparents and children do not separate for this class.

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
B-5 yrs	Т	8:30-10 a.m.	LR2	9/17/24	17	LR704-2

## **ECFE 2.0**

If you are a veteran Early Childhood Family Education (ECFE) parent, this class is for you! Discussions are centered on information that goes beyond the traditional. **Parents will move to a separate area for discussion time.** 

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
B-5 yrs	Th	10:30 a.m12:30 p.m.	LR2	9/19/24	16	LR510-4

#### 8 | South Washington County Schools Community Education | commed.sowashco.org



#### **Music and Movement**

Movement is crucial to young children's development. This class provides a time for parents to participate in movement activities with their child while discovering the connection of movement to learning. You will also gain fun ideas for supporting your child's active learning and physical health. **Parents will move to a separate area for discussion time.** 

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
16-30 mo	Т	10:30 a.m12 p.m.	LR2	9/17/24	17	LR707-2

#### **Sensory Play for Every Day**

This class will provide you with fun sensory activities to explore in class with your child and ideas for sensory fun at home. You will also be provided with information related to your child's development and the importance of sensory experiences for young children. **Parents will move to a separate area for discussion time.** 

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
12-30 mo	W	8:30-10 a.m.	LR2	9/18/24	16	LR711-3
18 mo-5 yrs	Th	8:30-10 a.m.	LR2	9/19/24	16	LR712-4

## **Families with Multiples**

This class offers a supportive environment for parents of multiples to connect and share experiences related to the unique joys and challenges of raising children of the same age. Join us for a fun and enriching experience that celebrates the unique bond between parents of multiples. **Parents will move to a separate area for discussion time.** 

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
B-36 mo	М	5:30-7 p.m.	LR2	9/16/24	15	LR701-1E

## Parent/Child Activity Class

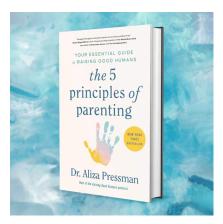
Our Parent/Child Activity class provides a variety of hands-on activities that promote learning, creativity, and socialization in a fun and supportive environment just for young preschoolers. Parents and children will have the opportunity to explore new materials and fun play-based learning activities together. Parents and children do not separate for this class.

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
2.5-5 yrs	Т	11 a.m12 p.m.	LR2	9/17/24	17	DP708-2

Register Online at sowashco.ce.eleyo.com | Early Learning | Fall 2024 | 9

## Parent Discussion Book Series - The 5 Principles of Parenting

Join us for a parent discussion group that provides weekly opportunities to discuss podcaster, Dr. Aliza Pressman's book, The 5 Principles of Parenting: Your Essential Guide to Raising Good Humans. The 5 Principles of Parenting doesn't presume to tell you how to parent with "my way is right" advice because the science is clear: There's no one "right" way to raise good humans. No matter how you were raised, how your coparent behaves, or how your kids have been parented up until now, you can start using The 5 Principles of Parenting to chart a manageable course for raising good humans that's aligned with your own values and with your children's unique temperaments. **Child care will be provided for children ages birth to 5 years, while parents attend the 2-hour book discussion**.



AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
Parents	W	9-11 a.m.	LR2	9/18/24	16	LR709-3

#### Parent Discussion Book Series – Good Inside: A Guide to Becoming the Parent You Want to Be

In this class, we will explore Dr. Becky Kennedy's groundbreaking approach for parenting in a way that feels good with Good Inside: A Guide to Becoming the Parent You Want to Be. In this class we'll read and discuss these ideas together, and support one another in becoming the parents we want to be. These discussions will be facilitated by an ECFE licensed parent educator. Each participant will be provided with a copy of the book on the first day of class. Child care will be provided for children ages birth to 5 years, while parents attend the 2-hour book discussion.



AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
Parents	Th	9-11 a.m.	DPC	9/19/24	16	DP710-4

## Young Parents - parents up to age 24 (Free, registration required)

This class will provide an opportunity for parents and children to participate in parent/child learning activities and for parents to learn more about their child's growth and development. Dinner will be provided. This class meets twice per month. **Parents and children do not separate for this class**.

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
B-5 yrs	Th	5:30-6:45 p.m.	DPC	9/19/24	17	DP714-4E



#### Fun with Books Short Series

Each session will feature carefully selected children's books that will captivate young imaginations and stimulate a love for reading. Through storytelling, music, movement, and creative activities, children will explore the themes and characters of the books in a fun and meaningful way. Join us for a delightful adventure into the world of books where learning is fun and imaginations soar! Parents and children do not separate for this class.

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
05.5		0.1015	150	1st Session: 9/18/24	9	LR702-3
2.5-5 yrs	W	9-10:15 a.m.	LR2	2nd Session: 12/4/24	7	LR722-3
05.5	-	0.15, 10,00	550	1st Session: 9/19/24	9	DP703-4
2.5-5 yrs	Th	9:15-10:30 a.m.	DPC	2nd Session: 12/5/24	7	DP723-4

## **ECFE Friends Preschool Transition Class**

Facilitated by a licensed early childhood teacher and a licensed parent educator, this class is a supportive transitional experience for young preschoolers. This two-day experience includes one day for parents and children to attend together and one day for a child only preschool experience. The child only day begins in February. **Parents will move to a separate area for discussion time.** 

AGE	DAY	TIME	LOCATION	START DATE	WEEKS	COURSE
01.00	М	9-11 a.m.	150	9/16/24	28	
31-36 mo	*W	9-11 a.m.	LR2	2/5/25	16	LR201-1
01.00	Т	9-10:30 a.m.	550	9/17/24	34	55000 0
31-36 mo	*Th	9-10:30 a.m.	DPC	2/6/25	16	DP202-2

\*Child-only day

# PRESCHOOL

Preschool supports a child's social-emotional growth while also increasing skills in language, literacy and physical development for future success. Preschool offers a great environment where children can create important social connections with their peers. Families can enroll their children in classes with a parent/child day, a child-only experience, or a mixed ages classroom.

#### 1. Highly Qualified and Caring Staff

All of our teachers have a four-year early childhood or related degree, as well as a license in early childhood education.

#### 2. Curriculum and Assessment

Our academic curriculum is aligned to Minnesota State Standards and South Washington County Schools (SoWashCo Schools) curriculum, ensuring seamless transitions to kindergarten and beyond.

#### 3. Four-Star Parent Aware

All of our preschool classes in SoWashCo Schools have been awarded four stars for quality by the Minnesota Parent Aware rating system. Find out more at **www.parentaware.org** 

#### 4. Your Child Will Experience The Joy Of Learning.

#### Learn more at sowashco.org/preschool

# EARLY CHILDHOOD SCREENING



Early childhood screening is required by the State of Minnesota for any child entering kindergarten in a public school and is provided free of charge. Screening is recommended at 3 years old and is a quick and simple check of how your child is growing and developing. If your child has not yet been screened and is between the ages of 3 and 4, please go to our website to schedule an appointment at: sowashco.org/screening. If you need assistance in scheduling an appointment, please contact our Early Learning Office at 651-425-7181 or 651-425-7160.

**Please note:** Early childhood developmental screening includes a vision screening that helps detect potential eye problems, but is not a substitute for a comprehensive eye exam.

#### Have questions on your child's development?

No two children develop, grow and learn in the same way or at the same pace. However, children do develop in certain predictable ways. To review developmental milestones, encourage healthy development, and learn additional resources for your child, visit Help Me Grow at www.helpmegrowmn.org



If you have questions about your child's development, or the milestones they are or are not achieving, please contact our office at 651-425-6121.



# FIELD TRIPS AND SPECIAL EVENTS

Children must be registered and be accompanied by a registered adult.

#### Afton Apple Orchard Tour

Join Early Childhood Family Education (ECFE) as we take a tour of the Afton Apple Orchard. Children and parents will experience a hayride to the orchard and learn about how apples grow. Children will be able to experience apple picking and sample apple cider. There is a very large playground and a petting farm for children to enjoy after the tour.

Deadline to register: Sept. 23

#### Event #: FT]

When: 10:30 a.m., Wednesday, Oct. 2
Where: Afton Apple Orchard
Age: All Ages
Cost: \$15 per person (includes transportation and admission)

**Bus departs from the DPC** 9:45 a.m.

Bus returns to the DPC 1:00 p.m.





## **Good Times Park**

Join Early Childhood Family Education (ECFE) as we explore Minnesota's largest privately owned indoor park, Good Times Park<sup>®</sup>. The park's 25,000 square feet includes a playground, basketball court, jumping pillow, soccer field and more.

Deadline to register: Jan. 13

Event #: FT2 When: 10 a.m., Friday, Jan. 24 Where: Good Times Park (Indoor Park) Age: All Ages Cost: \$12 per person (includes transportation and admission)

Bus departs from the DPC	Bus returns to the DPC
9:15 a.m.	1:30 p.m.

# **ECFE REGISTRATION INFORMATION**



## **Important Dates**

Fall Semester Begins: Sept. 16, 2024 Last Day of Semester: Jan. 31, 2025

#### **No Class Dates**

Sept. 30 Workshop day, no school
Oct. 16 No ECFE programming
Oct. 17-18 MEA, no classes
Nov. 5Election day, no school
Nov. 27 Workshop day, no school
Nov. 28-29Holiday, no school
Dec. 2 Workshop day, no school
Dec. 23-Jan. 3 Winter break, no school
Jan. 20Holiday, no school
Jan. 31 Last day of ECFE first semester
Feb. 3 First day of ECFE second semester

# Early Childhood Family Education (ECFE) Online Registration Process

Enrollment for Early Childhood Family Education (ECFE) classes begins June 3 and ends June 14. Random, computer-generated class placement will begin Monday, June 17. After this date, classes will be filled on a first come, first served basis. **To register visit sowashco.ce.eleyo.com.** 

#### If you are in need of enrollment assistance or have questions, please call our early learning office at 651-425-7181 or 651-425-7160.

While creating your registration request, you will be able to indicate your class preference as well as make an alternative class selection. Payment information will be required during registration, however your payment will not be processed until your registration request is approved.

ECFE is a partially state funded program and as a result the district is able to offer universal access based on a sliding fee scale. All families will have access to the program, and no one is turned away for the inability to pay. Fee scales are located at the end of this document. **If you have questions regarding the fee scale, please call our early learning office at 651-425-7181 or 651-425-7160.** 

## Confirmations

Registration will be confirmed through email once all required information is complete. Please ensure that you provide a current email address during registration to ensure you receive updated ECFE communications. If you register during the early bird registration period of June 3 through June 14, you will be notified by email or phone if we are not able to accommodate your choices.

## **Class Cancellation**

If you decide to cancel a class without enrolling in a replacement class, the following refund policy will apply:

- If you cancel a class before the start date, a processing fee will be deducted from your refund.
  - ° Class Fee Range \$5-\$112 = \$5 processing fee
  - $^\circ\,$  Class Fee Range \$113-\$240 = \$10 processing fee
  - Cancellation for the ECFE Friends class will incur a \$10 processing fee.
- If you cancel after classes begin, a pro-rated refund will be given up to four weeks into the class.
- No refunds will be given after the fourth week of classes.

Classes and sibling care with insufficient enrollment may be canceled prior to the class start date. If this occurs, you will be notified and a full refund will be provided.

No refunds or class make-ups will be made when classes are canceled due to emergency school closures.

SoWashCo Schools ECFE has provided our family with a range of programs to support us in many stages of parenting, from birth through preschool. It has been a wonderful resource as parents to learn, feel supported, and give our children social experiences.

-Rachel

Register Online at sowashco.ce.eleyo.com | Early Learning | Fall 2024 | 15



# The Purpose of ECFE and Eligible Participants

The purpose of the Early Childhood Family Education Program is to provide parenting education to support children's learning and development per Minnesota State Statute 124D.13. A parent or relative must attend ECFE classes with the child enrolled. Per ECFE statute, a relative is defined as noncustodial grandparents or other persons related to a child by blood, marriage, adoption, or foster placement.

## **Class Age Ranges**

When reviewing the class offerings, you will find specified ages for each class. The age range pertains to the first day the class will begin. For example, a child enrolling in a toddler class with the age range of 12-24 months must be no younger than 12 months and no older than 24 months on the first day of class. The only exception is the ECFE Friends class in which the age range applies to Sept. 1, 2024.

#### Immunization Records and Birth Certificate

Minnesota state law requires that a current copy of your child's immunization record must be submitted to the ECFE office in order to complete your child's enrollment. In addition, South Washington County Schools requires a copy of your child's birth certificate to be on file.



## **Sibling Care**

Sibling care is a fee-based option and is offered for siblings who are kindergarten age and younger. Registration in sibling care is required for siblings of children attending an age-specific class and do not meet the age range listed. Children that are age eight weeks or older must be registered for sibling care. Infants up to eight weeks of age may remain with parents in the classroom. **Please note:** if you are planning to attend an ECFE class with a child that is a sibling and will turn eight weeks within the class session, please register for sibling care to ensure appropriate staffing. The program is not able to serve drop-in sibling care needs.

## **Out of District Residents**

Minnesota residents are eligible to take classes in any ECFE program throughout the State. If you live out of state and are interested in enrolling, please call our office at 651-425-7181 or 651-425-7160. Online registration is not available for participants living outside of Minnesota.

# **FEE SCALES**

Class fees are per child and not per family. If you have questions regarding the fee scale, please call our ECFE office at 651-425-7181 or 651-425-7160.

	FAMILY INCOME	1-HR CL	ASS	1.25-HR CLA	SS	1.	5-HR (	CLASS	2	-HR CLAS	S	SIB CARE	
EEKS	\$200,000 +	\$146		\$182		\$218			\$291			\$131	
	\$100,000-199,000	\$127		\$159		\$191			\$255			\$109	
ш	\$75,000-99,999	\$109		\$137		\$164			\$218			\$91	
$\geq$	\$60,000-74,999	\$91		\$114		\$137			\$182			\$73	
17	\$45,000-59,999	\$73		\$91		\$109		\$145			\$52		
-	\$30,000-44,999	\$55		\$68		\$82		\$109		\$36			
	\$29,999 and under	\$36		\$46		\$55		\$73			\$18		
WEEKS	FAMILY INCOME	1-HR CLASS		1.25-HR CLASS		1.5-HR CLASS			2-HR CLASS		S	SIB CARE	
	\$200,000 +	\$137		\$171		\$206			\$274			\$120	
	\$100,000-199,000	\$120		\$150		\$180			\$240			\$103	
	\$75,000-99,999	\$103		\$129		\$154		\$206			\$86		
	\$60,000-74,999	\$86		\$107		\$129			\$171		\$69		
16	\$45,000-59,999	\$69		\$86		\$103		\$137			\$51		
	\$30,000-44,999	\$51		\$64		\$77			\$103			\$34	
	\$29,999 and under	\$34		\$43		\$51			\$69			\$17	
'EEKS	FAMILY INCOME	1-HR CLASS		1.25-HR CLASS		1.5-HR CLASS		2-HR CLASS		S	SIB CARE		
	\$200,000 +	\$129		\$161		\$193		\$257			\$112		
	\$100,000-199,000	\$112		\$141		\$169		\$225			\$96		
	\$75,000-99,999	\$96		\$120		\$145		\$193			\$80		
8	\$60,000-74,999	\$80		\$100		\$120		\$161		\$64			
15	\$45,000-59,999	\$64		\$80		\$96			\$129		\$48		
	\$30,000-44,999	\$48		\$60		\$72		\$96		\$32			
	\$29,999 and under	\$32		\$40		\$48		\$64		\$16			
EEKS	FAMILY INCOME	1.25-HR CLASS		SIB CARE		FAN		ILY INCOME		1.25-HR CLASS		SIB CARE	
	\$200,000 +	\$96		\$67		20	\$200,000 +			\$75		\$52	
	\$100,000-199,000	\$84		\$58		\$100,00		000-199,000		\$66		\$45	
	\$75,000-99,999	\$72		\$48			\$75,	75,000-99,999		\$56		\$37	
$\geq$	\$60,000-74,999	\$60		\$39		>	\$60,000-74,99		99	\$47		\$30	
0	\$45,000-59,999	\$48		\$29			\$45,000-59,99		99	9 \$37		\$22	
	\$30,000-44,999	\$36		\$19	\$19		\$30,000-44,99		99	\$28		\$15	
	\$29,999 and under	\$24		\$10			\$29,9	99 and under		\$19		\$7	
ECFE FRIENDS	FAMILY INCOME	MONTHLY	YEARI	Y SIB CARE			- v	FAMILY IN			SIB C	SIB CARE INCLUDED	
	\$200,000 +	\$80	\$705	\$120			RIES	\$200,000 \$100,000-19 \$75,000-9 \$60,000-7 \$45,000-5		00-199,000		\$274	
	\$100,000-199,000	\$60	\$540	\$102	ARENT		ER V					\$240 \$206	
	\$75,000-99,999	\$42	\$376	\$84		Ш	S S						
	\$60,000-74,999	\$35	\$318	\$65		A A C	,×			74,999		\$171	
	\$45,000-59,999	\$29	\$260	\$47		2 0				-59,999		\$137	
	\$30,000-44,999	\$24	\$212				й О В С	\$30,000-44,999		\$103			
ш	\$29,999 and under	\$17	\$154	\$11				\$29,99	9,999 and under		\$69		

# **Families Learning Together**

Tuesdays, Wednesdays and Thursdays 1:20-3:50 p.m. at Liberty Ridge Site II (LR2)

> An ECFE Program for Multilingual/ Multicultural Families

Join us for:

- Parent discussion with other parents about child development, culture, American schools and more.
- Fun activities during parent and child interaction time.
- A preschool experience for children ages 2.5 to 5 years.

Child care is provided for enrolled families who have additional children ages birth to 2.5 years.

Limited bussing may be available.

#### To register, please contact our Early Learning Office Coordinator at 651-425-7181 or kvanover@sowashco.org.

Early Childhood Family Education (ECFE) is a public school family education program for all Minnesota families with children birth to age 8. ECFE provides a supportive environment for parents to build community connections with other parents as well as enhancing knowledge and skills related to parenting and children's development.

This class is FREE!

# SowashCo COMMUNITY EDUCATION



# HOME BASED SUPPORT

Early Childhood Family Education (ECFE) Parent Consultations provide an opportunity for families with children birth to eight years of age, to ask parenting questions or share their concerns with a licensed parent educator. Parent consultations are provided in-person, by telephone, or virtually.

#### Connect with us today for help with:

- Supporting children's emotional well-being
- Answering developmental questions
- Adjusting to life with a new baby in the home
- Connecting with community resources and much more!

Questions about ECFE Parent Consultations? Contact our ECFE Outreach Coordinator at 651-425-7163.

# **EARLY LEARNING ENRICHMENT CLASSES**

Discover a wide-variety of classes, camps and activities for youth and adults. View class listings in our catalog at **commed.sowashco.org/catalogs** or register for adult and youth classes online at **sowashco.ce.eleyo.com**.



## **Gymnastics**

We offer classes for girls and boys ages 18 months-18 years. Your child will achieve new milestones and prepare for more advanced challenges during each stage of growth. Classes are offered at Park, East Ridge and Woodbury high schools. For class descriptions, current schdules and registration deadlines visit **commed.sowashco.org/gymnastics**.

**Questions?** Contact Recreation and Facilities Coordinator, Darbie Johnson at 651-425-6611.

## Swimming

We offer year-round swimming lessons beginning at age one. Our program teaches the importance of water safety and every child will learn at their own pace. Your child will gain confidence in the water and foundational swimming skills. For class descriptions and registration visit commed.sowashco.org/aquatics/early-learners.

**Questions?** Contact the Community Education office at 651-425-6600.





South Washington County Schools District Program Center 8400 E. Point Douglas Rd. S. Cottage Grove, MN 55016

# Register Online at sowashco.ce.eleyo.com

#### **Important Dates**

Fall Semester Begins: Sept. 16, 2024 Last Day of Semester: Jan. 31, 2025

#### No Class Dates

Sept. 30	Norkshop day, no school
Oct. 16	No ECFE programming
Oct. 17-18	MEA, no classes
Nov. 5	Election day, no school
Nov. 27 \	Norkshop day, no school
Nov. 28-29	Holiday, no school
Dec. 2 \	Norkshop day, no school
Dec. 23-Jan. 3	. Winter break, no school
Jan. 20	Holiday, no school
Jan. 31 Last d	lay of ECFE first semester
Feb. 3 First day of	of ECFE second semester

# Early Bird Registration

Fall semester begins the week of Sept. 16

# Your Prescription for a Healthy Baby

For more information scan the QR code or call or text our ECFE Parent/Infant Specialist at 651-529-0934. Scanning, texting or calling will connect you directly with our specialist and provide you with more information on parent consultations and infant offerings.



Read more on Page 4.

#### Learn how apples grow, enjoy a hayride and more on a tour of Afton Apple Orchard.

Deadline to register: Sept. 23

Event #: FT1

When: 10:30 a.m., Wednesday, Oct. 2

Where: Afton Apple Orchard

Age: All Ages

**Cost:** \$15 per person Includes transportation and admission. Children must be registered and be accompanied by a registered adult.

Read more on Page 13.

