

# **Adult Day Services/Vocational Habilitation Pathway**

Frequently used terminology/acronyms:

- **ADS** - Adult Day Services
- **Voc Hab - Vocational Habilitation**
  - **Purpose:** Adult Day Service/Vocational Rehabilitation
    - Young adults who do not currently have the ability to be “competitively employed,” will be able to attend a program after high school that will continue to build on skills including: employability, independent living, safety, and socialization.
- **Waivers**
  - How services are paid for (ADS/Voc Hab/Transportation/Home Personal Care (HPC))
  - Waivers are “NEED” based.
    - <https://dodd.ohio.gov/waivers-and-services/waivers>
  - ***Level One Waiver:*** is a good fit for people who do not need a lot of paid staff to provide services. Usually people using a Level One Waiver only need help with a few things, or they have people who can help them with some of the things they need, like cooking meals, taking showers, or driving places.
  - ***Individual Options Waiver:*** is often called the IO Waiver for short. The IO Waiver is a good fit for people who may need a lot of help in their home. It can also be a good fit for people who need many different kinds of services.
  - ***Self-Empowered Life Funding (SELF) Waiver:*** This waiver is usually called the SELF Waiver. It is a good fit for people who want to be in charge of some of their services. If you have a SELF Waiver, then you can be in charge of hiring and training the people that provide services to you. You can manage your budget for the services you want.
- **OOD - Opportunities for Ohioans with Disabilities**
  - Adult agency that assist young adults with gaining and maintaining employment.
  - Short-term service (90 days)
- **Acuity Assessment**
  - The Acuity Assessment Instrument compares how much support a person needs to get around, to take part in activities, or to communicate with other people in similar services.

- This assessment is administered when a student decides to exit school services. The Support Administrator from the County Board will administer the acuity assessment.
- Areas Measured: task training; expressive communication; mobility; clothing assistance; bathroom assistance; eating assistance; community integration; supervision required; and medical needs.
- **Levels of Acuity**
  - After the assessment, students are assigned an acuity level.
  - **A, B and C.** “A” being the least amount of support to “C” being the most support.
  - Support Administrator (SA/SSA) County Counselor administers the assessment.
- **HPC - Home Personal Care**
  - Homemaker/Personal Care, often called HPC, supports a person to be more independent while meeting their daily living needs.
  - <https://dodd.ohio.gov/waivers-and-services/services/homemaker-personal-care>
- **Non-medical Transportation**
  - Transportation to and from Vocational Habilitation/Adult Day Program.
- **Independent Provider**
  - An independent provider is a self-employed person who directly provides services to people with disabilities. They cannot employ someone else to provide services on their behalf.
  - Independent providers must be at least 18 years old, have a valid Social Security number, and one of the following forms of identification:
  - Independent providers must have a high school diploma or GED and be able to read, write, and understand English at a level sufficient to comply with all requirements set forth in administrative rules governing the services provided.
  - Independent providers must also hold a valid American Red Cross or equivalent certification in first aid and CPR, including an in-person skills assessment.
  - Independent providers are not employees of the State of Ohio or employees of the Ohio Department of Developmental Disabilities.

# **Step-by-Step Process to Entering Adult Services**

*\*Please note (every situation is different) when exiting school services\**

1. Students must be referred to the County Board of Developmental Disabilities.
  - a. County Services are a lifelong service for students with disabilities.
2. Each student is assigned a Support Administrator (SA/SSA) (Counselor).
3. The student's family will begin visiting Adult Day Service (ADS)/Vocational Habilitation (Voc Hab) options.
  - a. The Transition Coordinator and/or Support Administrator will plan visits.
  - b. The earlier the visits the better (i.e. Junior Year)
    - i. Some Adult Day Services/Vocational Habilitation locations have waiting lists.
4. **ADS - Adult Day Services/Vocational Rehabilitation**
  - a. Purpose: Adult Day Service/Vocational Rehabilitation
    - i. Young adults who do not currently have the ability to be "competitively employed," will be able to attend a program after high school that will continue to build on skills including: employability, independent living, safety, and socialization.
  - b. Cost - Covered by the Waiver (Support Administrator will apply for waiver).
  - c. Time - 9 a.m. - 2 p.m. (All programs differ)
  - d. Transportation - Support Administrator from County will assist in finding a "provider" to transport the young adult to and from the program.
    - i. Some programs provide their own transportation (preferred)
    - ii. Can be referred to as Non-medical Transportation.
  - e. Individualized Service Plan (ISP) - The ISP is similar to the IEP. Students preferences, interests, needs and strengths are placed in this document. There are NO academic goals. Much like the Annual IEPs in school there are Annual ISP meetings. The ISP meetings will consist of the Day Program/Voc Hab staff, parents, the adult attending and the Support Administrator from the County Board. It is a team effort in writing the ISP for the adult.
5. The year a student is exiting, Support Administrators must be notified (preferably in the Fall) that the student will be exiting, since the County will need to apply for the Waivers (funding) for the program.

6. Acuity Assessment - will be administered by the Support Administrator prior to attending the Day Program.
  - a. Acuity A,B or C will be assigned to the young adult.
7. Transportation - Once a program is decided, the Support Administrator will search for “Providers” for transportation.
8. Families are never locked into Adult Day Service programs, they may switch at any time.
9. Home Personal Care (HPC) - can be used if care is needed prior to or after Day Program.