

JUNE 2024

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WHAT'S IN  
THIS ISSUE:

IMPORTANT  
DATES AND  
DEADLINES

POST  
SECONDARY  
PLANNING

COLLEGE AND  
CAREER UPDATES

LGBTQIA+  
RESOURCES

JUNETEENTH  
CELEBRATION

# MIHS JUNE COUNSELING NEWSLETTER



## CONGRATULATIONS, CLASS OF 2024!

The MIHS Counseling Team is so proud of our graduating seniors and we are very excited to see what you will accomplish in your futures. To the families of the Class of 2024, congratulations to you as well!

**Final transcripts** will be sent to the location that students specified in the Senior Survey and/or during Senior check-out. Please note that counselors will send those transcripts automatically **no later than July 7**. You may receive reminders from your colleges or other post-secondary institutions that they are in need of your final transcript; your counselor will be sending that document as soon as possible! If you owe school fees, you must resolve them before you can receive your diploma.

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# June is LGBTQIA+ MONTH



## THE 2022 TREVOR PROJECT SURVEY

### KEY FINDINGS

45% of LGBTQ youth seriously considered attempting suicide in the past year.

LGBTQ youth who felt high social support from their family reported attempting suicide at less than half the rate of those who felt low or moderate social support.


60% of LGBTQ youth who wanted mental health care in the past year were not able to get it.

LGBTQ youth who found their school to be LGBTQ-affirming reported lower rates of attempting suicide.

READ MORE HERE AND  
FIND RESOURCES



# RESOURCES & DATES



**Important!**

## Summer Resources

There are many resources available to families and students who may need assistance with basic needs. Some of these resources include:



[Food Assistance](#)



[Transportation Assistance](#)



[Internet Connectivity Assistance](#)




If you are in need of immediate support, please reach out to the Suicide and Crisis Lifeline at 988, the King County 24-Hour Crisis Line at 206-461-3222, or call 911.

- **June 7:** Senior Assembly
- **June 7:** Crest Graduation
- **June 5, 6, & 7:** Senior Check Out Days
- **June 8:** Graduation at Benaroya Hall
- **June 18:** Last day of school for grades 9-11
- **June 25:** First day of summer school

# POST-SECONDARY PLANNING RESOURCES

## Class of 2025

01. Counselors went into all 11th grade classes to talk about how to prepare for Senior year. Look at the sliders [here](#).
02. Revisit the "Rising Senior Checklist" [here](#).
03. Begin working on your college applications this summer and into early Fall. Many students will need to utilize the Common Application so it is advisable to familiarize yourself with and begin working on the Common Application this summer, if possible.
04. You will be receiving a lot of information this coming fall to help you finalize the college application process, including: how to order a transcript, how to add a college in Naviance, how to request a letter of recommendation in Naviance (talk to your teachers about writing you a letter now!), and much, much more.



Although it can seem daunting at first, your MIHS counselors have compiled a list of resources and suggestions to help you with the post-secondary planning process.

## All Students:

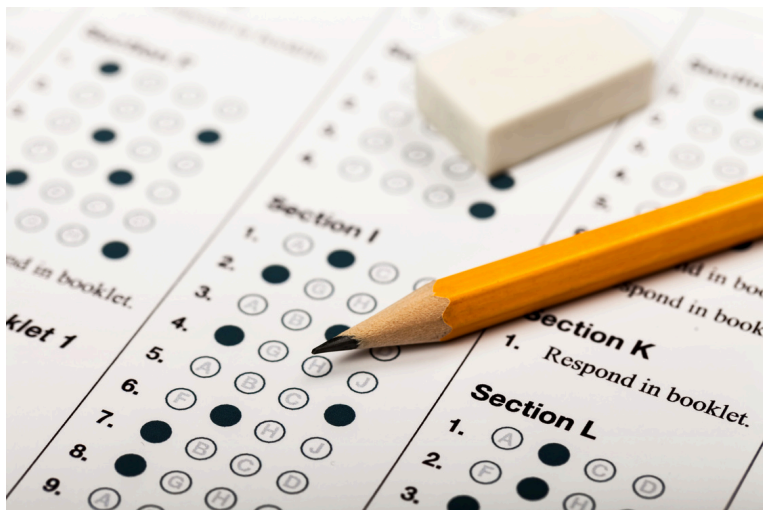
Use Naviance! Your Naviance account has a wealth of information to help you plan for the right career, college major, and a good-fit college or university. Check out the following resources:

- Scattergrams
- SuperMatch
- College Match
- College Events
- College Lookup
- Roadtrip nation
- College Rep Visits

Attend college fairs and/or go on college visits. These give you the opportunity to learn more about colleges and universities as well as the chance to meet with an admissions representative who can answer any questions you may have.



# SAT & ACT Information



## Should you take the ACT or SAT?

Many colleges and universities are starting to require ACT/SAT scores while some remain "test optional." You should consult your specific college/university's website for more information to determine if the school has moved to test optional admissions. Another helpful resource is the Fair Test website. Whether you should take the ACT or SAT is dependent on your schools' admission requirements. Please also note that some scholarship opportunities may require a test score.

## Opportunities to Prepare

- The MIHS PTSA offers mock SAT and ACT tests. This is a great option for students to try out and practice these assessments in an environment where the scores don't matter for college entry. Visit the PTSA website for more information on how to register.
- Khan Academy and the College Board have partnered in offering free SAT Test Prep. Details may be found HERE.
- The ACT offers a variety of test prep information on its website, including a free guide that students can order HERE.
- King County Library System offers free online test preparation for library members. Details can be found HERE.



If you need/plan to take a standardized test, it is recommended that students have these tests taken by the end of their junior year. Students with IEPs or 504s should reach out to Mike Neff to initiate the process for accommodations and must be approved by College Board.



Changing Lives. One Student At A Time.



# College Fair • Seattle, WA • July 31, 2024

Wednesday, July 31, 2024 7:00 – 9:00 PM

**Hilton Motif Seattle**

Emerald 1

1415 5th Avenue

Seattle, WA 98101

The program begins promptly at 7:00 pm with a 30-minute information session. The college fair follows immediately afterwards, lasting approximately 1.5 hours. Students, parents, and counselors are encouraged to register online in advance of the program.

*Colleges anticipated to be in attendance include:*

Agnes Scott College • Allegheny College • Austin College • Beloit College

• Birmingham-Southern College • Centre College • Clark University •

Cornell College • Denison University • Earlham College • Eckerd College

• The Evergreen State College • Goucher College • Hampshire College •

Hendrix College • Hiram College • Hope College • Juniata College •

Kalamazoo College • Knox College • Lawrence University • McDaniel College • Millsaps College • Ohio Wesleyan University • Reed College • Rhodes College •

Saint Mary's College of California • Southwestern University • St. John's College • St. Olaf College • University of Lynchburg • University of Puget Sound • Ursinus College • Wabash College • Whitman College • Willamette

University • College of Wooster



**CTCL programs** are open to the public and free of charge.

*Attendees should register online in advance of the program.*

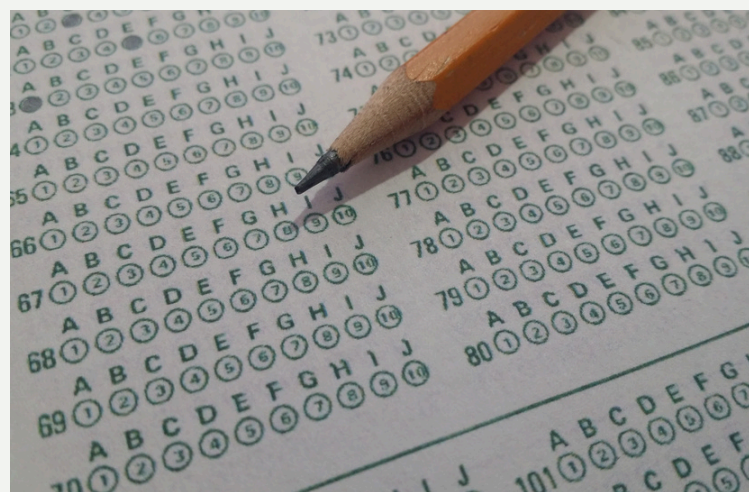
# AP Exams

## Updates

**A**P Exams are winding down for the year! Registration is closed and most students will begin/have finished testing! Woohoo!

AP Scores will be released in July. Watch this College Board webpage for updates: [College Board Score Reporting](#).

Students and families with AP related questions should contact MIHS Assessment Coordinator, Debbie Hanson, at [debbie.hanson@mercerislandschools.org](mailto:debbie.hanson@mercerislandschools.org).



## REGISTRATION FOR 2025

Registration for 2025 AP exams will begin in September, 2024

- Note: AP exams are not placement exams for AP courses, they are college-level assessments typically taken at the end of the school year for those completing AP classes or for those who have studied on their own for these rigorous exams. At MIHS, AP courses and exams are typically taken Junior and Senior year. Read more about AP exams [HERE](#).

## SUMMER SCHOOL

Mercer Island School District will be offering summer school this year for credit recovery and select additional courses. Summer school will be held June 25 through August 1 with additional possible assignments to be completed during the month of August. More details can be found [here](#).

## SCHEDULES AND REGISTRATION

Counselors are out of the office for the summer. School schedules were sent out to students mid-June and the opportunity to change your schedule has passed. If a schedule conflict arises, please follow the scheduling error/request procedure that will be provided DURING registration in August.





**LIVE  
MUSIC**  
& PERFORMANCES

**MIHS JAZZ  
QUARTET**

**DJ TEDDY**



*with*  
**HIT EXPLOSION**

**FACE PAINTING,  
BALLOON ARTIST  
AND MORE!**



# June tenth

**MIHS  
DRILL  
TEAM**

**COMMUNITY CELEBRATION  
MERCERDALE PARK**

**12-4  
PM**



**FOOD  
TRUCKS**  
**BLACK-OWNED**



ARTWORK BY </KETCH>