

## AP Psychology | Summer Assignment 2024

Ms. Brittney McNiff

bmcniff@bergenfield.org

Welcome to AP Psychology - I can't wait to meet you all in September! This course will be a challenge, but at the same time fun and rewarding as we will be learning all year why we function and act the way we do! We will dive into many aspects of psychology relative to human behavior through various approaches and psychological lenses. This year's summer assignment will be in 2 parts. Part 1 will be gaining knowledge and skills on the best practices to study. Part 2 will be creating a handwritten outline for Unit 0 of the AP Psychology course content in preparation for the school year to begin!

### Part 1:

You are tasked with watching Study Skills videos and completing a packet. As many students really do not understand the best way to study, we are going to start the year with our best foot forward. Cognitive psychology is at the forefront of this concept. To be the best student you can be, it starts with building a strong foundation.

Watch the following Crash Course Videos and complete the packet questions for each video.

- ★ [Taking Notes: Crash Course Study Skills #1](#)
- ★ [Reading Assignments: Crash Course Study Skills #2](#)
- ★ [Memory: Crash Course Study Skills #3](#)
- ★ [Planning & Organization: Crash Course Study Skills #4](#)
- ★ [Focus & Concentration: Crash Course Study Skills #5](#)

**Complete the Packet:** [2024 Summer Assignment - Part 1](#)

(to edit document, make a copy to your personal Google Drive)

### **Part 2:**

You are tasked with reading and outlining Unit 0 of the AP Psychology course content. I would recommend not starting this part until you have completed Part 1.

Your outline MUST be handwritten. Your notes can be in any format you want, but I would recommend using the Note Taking strategies you learned in Part 1. *You will then be able to use this outline to take an open note quiz the first week of school.* Once you take your quiz, you will turn in your outline as well. ([Recommended Key Concepts/Terms to Include](#))

The textbook is digital and can be found on the AP Psychology Summer Assignment Google Classroom. **Please Use the Join Code: zehipye**

**If you have any questions, feel free to email me and I will get back to you ASAP!**

*Enjoy your summer and make sure that you prioritize your mental health during these few months off :)*