



Keller Independent School District

School Health Advisory Council Meeting

Meeting Minutes

April 18, 2017

The School Health Advisory Council met on April 18, 2017 at 8:15 am at the Education Center. There were 9 members present.

Counseling/Drug Trend Updates- Jennifer Late/Marcene Weatherall

- Discussion of district suicide prevention programs and education (Riding the Waves for 5th grade, 6th grade district developed suicide screening tool)
- Brainstormed how to get parents more involved in attending educational events
- Discussion of student depression and anxiety
- Keller ISD Mental Health Awareness week (April 24-28) Topics include Mindful Monday, Talking Tues, Worry Wed, Thoughtful Thurs and Flip Your Lid Friday. A webinar will be available for parents as well.
- IMatter Program- focuses on mental health in grades 6-12. Onsite after-school mental health program to assist families.
- ACCRA program- grant that allows students attending DAEP for drug violations to return to school quicker. Program involves lots of resources and counseling for student and family.
- Discussion of 2016 Texas A&M School Drug Survey- Keller ISD continues to have above state average drug use in several categories.
- Current drug trends in KISD
- Clothing kids are concealing drug paraphernalia
- Intervention counselors in KISD

PE Updates- Carrie Simmons

- PE Dept working to get Fitness Gram data complete
- Field days coming up across district
- Liberty Elementary won the 21 day Food Challenge- challenge to encourage healthier eating

Employee Wellness- Sheri Rich

- Discussion of KWOW award

Sodexo- Anita Peden

- Sodexo will be focusing more on clean eating recipes for 17-18. 75% of food served are currently cooked from scratch.

Health Services- Cindy Parsons

- Wellness Policy- final policy went for board preview this past Thursday
- Discussion of Asthma411 program- trying to get implemented for 17-18. Stock Albuterol via a nebulizer would be available for student with asthma experiencing respiratory distress
- Update on Stock Epinephrine- 3 Epi-Pens used recently
- Diabetes Walk- Over 600 participants, Raised over \$35,000 so far. Health Services may look at another program next year other than the ADA School walk for Diabetes- more information to come.