

Staff Name:

Site Name:

Pick-Up Date:

Mobile Mindfulness Kit: Inventory and Survey

This Mobile Mindfulness Kit is checked out to you. You are responsible for the kit and its contents. On the day of pick-up, please have the kit inventoried and to your site's pick-up area by 9:00 a.m. **Please be gentle with the handles on the bins as they are not sturdy.**

Flip over label attached to the kit to show:

"Return to Science Center"

Note: The scheduled pick-up date is very important, as others may be scheduled to use it. If you need to change the date of pick-up, please contact the Science Distribution Center at -6655.

Item	Qty Sent	Qty to be Returned	Qty Actually Returned	Comments
Yoga Mat (small bin)	1	1		
Yoga Cards (pack of 50) (small bin)	1	1		
Trigger Point Massage Tool (small bin)	1	1		
Coloring book	1	1		
Colored pencils	1	1		
Oil diffuser with cord	1	1		
Yoga Blanket	1	1		
Disinfecting Wipes	1	1		
Headphones with case	1	1		
Headphones Accessories Box	1	1		
Meditation Cushion	1	1		
Mindfulness Card Deck	1	1		
Chime with mallet	1	1		
Box of Essential Oils (8)	1	1		
Mindful Eating Workbook	1	1		

Complete the 'Qty Actually Returned' column and leave this sheet inside the bin.

Be sure to thoroughly clean the items used with the wet wipes provided. The yoga blanket and meditation cushion (outer cover) should be washed after use. Thank you!

Please complete the survey below to help us meet our grant reporting requirements and continue to improve the program!

How was the mindfulness kit used at your site?

Approximately how many individuals engaged in the use of the mindfulness tools at your location?

What was most liked about the mindfulness kit?

What are the top three benefits that you observed related to this kit being used at your site?

What suggestions do you have to improve the Mobile Mindfulness kit and program overall?
