RATTLER REVIEW MARCH 2024

IMPORTANT LINKS

VVCM Website
BUSD Website
PTO Website
Spirit Wear
2023-24 Student Calendar



UPCOMING EVENTS

- 3/1/24 Minimum days for 1st-8th grade, 12:07 release
- 3/4/24 PTO meeting in Library @ 2:30 pm
- 3/6/24 BUSD Board Meeting @ 7:00 pm
- 3/11/24 No school, Staff Development Day
- 3/12/24 GATE in STEAM Lab @ 2:15
- 3/15/24 BOB Competition @ Markham
- 3/15/24 End of Open Application period
- 3/16/24 PTO Dinner Auction, 6:00-10:00
- · 3/22/24 Spirit Day: Wear Crazy Socks
- 3/25/24-4/1/24 Spring Break, no school





2024-25 ENROLLMENT FOR NEW STUDENTS

Enrollment for the 2024-25 school year will open on February 5th. The VVCM open application period (new registrations and Intras) will be from February 5th, 2024 - March 15, 2024. For more information on the open application process, click here. This year, registration will be done online via the new student information system for the 2024-25 school year, Alma Start.

Current VVCM Students do **NOT** need to re-enroll. However, please let the office know if you plan to enroll your student elsewhere for the 24/25 school year.

For more information on enrollment throughout Buckeye Union School District please click <u>here</u>.

PRINCIPAL'S CORNER

Hello Rattlers and Happy March!



March kicks off with a spirited celebration of reading during VVCM's Read Across America Spirit Week, placing a significant emphasis on the essence of education – reading. Our dedicated teachers excel in teaching, enhancing, and exemplifying the joy of reading, setting a remarkable example for our students. Witnessing parents embracing and modeling the joy of reading is impactful on a student's developmental journey. As Dr. Seuss famously said, "The more that you read, the more things you will know. The more that you learn, the more places you'll go."

At our school, we're committed to fostering a culture where every Rattler embodies our core values: Respect, Integrity, Safety, and Effort (RISE), alongside cultivating empathy in our daily interactions. One facet of our commitment to RISE is our pursuit of Effort, the "E" in RISE. We consistently support each other in giving our utmost effort and inspiring others to do the same. We often talk as a VVCM staff about productive struggle and what we learn from that.

I urge you to prioritize reading aloud to your Rattlers at home, infusing the experience with fun, using amusing voices and expressions. Your active engagement in reading and your evident enjoyment will undoubtedly enhance your child's literacy skills and academic performance. For further insights into the importance of family reading time, I encourage you to explore the article linked here.

Always reach out if you have questions or need anything at all. Goooooooo Rattlers, let's soar to new heights together!

Warm regards,

Mr. Stewart



The **more** that you read, the **more** things you will know. The **more** that you learn, the **more** places you'll go.

Dr. Seuss

Daily Ouotes// talgroup.net

RATTLER CAFE

What's Cooking?

Every Monday we serve chicken strips with potato smiles (elementary) or seasoned curly fries (middle school). The strips are made from whole muscle chicken breast meat and served with our special Signature Sauce. It's like a little bit of Chick-fil-A at school. What a great way to start the week!

This month we are featuring broccoli from Royally Grown Farm in Salinas. They are CCOF certified organic farm growing a variety of vegetables and berries.





WORD SEARCH

Complete the word search in this newsletter for a chance to win a prize! Find all of the words, add your first and last name to the top of the paper and return to your teacher by the end of school on 3/7 to be entered into a raffle. Winner will be announced on 3/8.

COFFEE AND CONVERSATION W/DR. ROTH



You're invited to Coffee & Conversation with the Superintendent on 4/4 at 8:00am in the STEAM Lab! David Roth, Ph.D., will be here to visit with our parents and enjoy a cup of coffee. This is a great opportunity to ask questions and have an open conversation. Hope to see you there!

SPORTS @ VALLEY VIEW

Rattler Running Club

- 3/5 @ 2:15-3:15
- · 3/12 @ 2:15-3:15
- 3/19 @ 2:15-3:15



FOLLOW US ON (C)



@VVCMFATTLERS

MARCH PTONEWS

March Updates

Our PTO Auction Gala is right around the corner! You can buy your tickets here. The VVCM PTO Fundraising committee is working hard to make the annual **Auction Gala Fundraiser the** best yet! To make this event a success we looking for donations and sponsors for our event. We are particularly looking for silent auction items and wine for our wine pull. Contact vvcmpto@gmail.com if you have anything you could donate or assist with. We can't wait to see you there!



Upcoming Events

- 3/4 PTO Meeting with Dr. Roth & EDSO Shield Deputy
- 3/7 Chick Fil A Dine Out
- 3/16 Dinner Auction and Gala Event, Serrano Country Club
- 3/22 Crazy Sock Spirit Day



ST. PATRICK'S DAY WORD SEARCH

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	Clover Gold Coins Blarney	Leprechaun Rainbow Shamrock Ireland	Celtic Green Lucky Mischief	Irish Magic March Bog	Pinch Blessing Kiss Dance	Paper Trail Design.com
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Create your 2 free custom yearbook pages for VALLEY VIEW CHARTER MONTESSORI

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Add Photos

Add your favorite photos from your phone, computer, Instagram, Facebook, Google or Dropbox account, and have them printed in your copy of the yearbook.



Add Memories

Answer questions about your year and capture your very best moments. You can even include a photo to go along with them.



Sign Books

Make your friends smile by sending them a message (can include a photo or sticker) that they can add to their custom pages or ask them to send you one!



Design Your Page

Add all of your memories to your two free personal pages that will be printed in your unique copy of the yearbook. Need more room? You can add more pages!

To Purchase & Customize Your Yearbook

Must be a parent or student 13 years or older.

1 Go to: www.treering.com/validate

2 Enter your school's passcode: 101496965233502

Regular price: \$39.06

Create Custom Pages by: Apr 11

Need help? Contact

www.treering.com/help



MARCH-Nurse's Notes: Health Services

Are you familiar with health services related to school? California has mandates for services not only prior to school entry (vaccines) but also while your child attends school. Mandates for vaccines include immunizations for school entry at Kindergarten (including TK) and 7th grade. Additionally, screenings such as hearing and vision are



required and conducted at your child's school site. CHDP/Oral Health exams are required. *If you haven't turned in a CHDP form or Oral Health examination for your 1st Grade or Kindergarten student, please do.* If you need a form, or don't know if you have this completed, our health office team can help you review your child's information as to what might be missing. For more on required vaccinations for advancement, review here: https://www.cdph.ca.gov/Programs/CID/DCDC/CDPH%20Document%20Library/Immunization/IMM-231.pdf

Did you know that the beginning of March includes - Preteen Vaccine Week, First week of March!!

The El Dorado County Public Health Department wants to remind families of 11- and 12-year-old students to schedule a preteen doctor visit. Get vaccinated against the following diseases. TDAP, HPV, Bacterial Meningitis, Influenza & Covid. The TDAP booster (and any missing vaccines) are required for 7th Grade advancement. Medical Exemptions expire at 7th grade entry. Please, consult your family physician, or call the health department if you need resources for vaccinations.

EDC PHD IMMUNIZATIONS: 530-621-6100: FREE CLINIC on March 6; 12:30-3:30PM at 931 Spring Street, Placerville.



Reminder... *MEDICATIONS*: Each site has a health clerk to assist with medications. <u>ALL</u> *medications require a completed BUSD permission form.* This includes prescriptions (like carried inhalers) OR anything Over-The-Counter (OTC) with an "active ingredient", e.g. vitamins, herbal or cough drops, homeopathies, ibuprofen, essential oils, etc. This helps alert the district school nurse to write a health plan for your child if needed. Exceptions, as written into code, include hand sanitizers and sunscreen. Lotions or body

oils that don't have a labeled "active ingredient" should be permitted – when in doubt, contact your health team!! **Do you need a medication form**? Pick up at the office or online here:

https://drive.google.com/file/d/1f55Q97DffiAT0X1zEhq8sRrnq-lbriPI/view

WHAT ELSE TO KNOW? About the health office -- We provide first aid and see many students daily. We typically try to call home for concerns to be monitored, head bumps, etc. We send home students that have a fever, are vomiting or require urgent care for injuries. IF your child is ILL please keep them home until fever-free (<100), vomiting (or diarrhea)-free for 24 hours without the use of medication. We also work closely with the health department to maintain recommended protocols for communicable disease.

Our health office loves donations to keep things healthier and happier – consider donating cleaning wipes, plastic baggies, clothes like sport shorts, stretchy pants, sport pants, leggings, sweatpants or sweaters and hoodies - gently used items for the elementary grades are perfect (no jeans please). Thank you so much!!!

Here's the health team: Best regards from Nurses Tristan and Sandy, tkleinknight@buckeyeusd.org & schavez@buckeyeusd.org

Tristan Kleinknight, MSN RN PHN: School Nurse for:

Blue Oak Elementary: Health Clerk I, Carmela Bucci

530-676-0164 x1830, Fax: 530-676-0758

Buckeye Elementary: Health Clerk II, Rachel Kelly, LVN

530-677-2277 x1230, Fax: 530-672-1483

<u>Camerado Springs</u>: Health Clerk I, Tammy Collins

530-677-1658 x1530, Fax: 530-677-9537

Valley View Montessori: Health Clerk II, Sarah Lester, LVN

916-939-9640 x3330, Fax 916-939-5015

Sandy Chavez, MSN RN PHN: School Nurse for:

Oak Meadow Elementary: Health Clerk I, Luz Shaw

916-933-9746 x2130 Fax: 916-933-9784 *Rolling Hills:* Health Clerk I, Bertha Chau 916-933-9290 x3030 Fax: 916-939-7454

Silva Valley Elementary: Health Clerk I, Tara Nakano

916-933-3767 x2730 Fax: 916-933-6389

William Brooks Elementary: Health Clerk I, Raffaella Avina

916-933-6618 x2430Fax: 916-933-3910



Hosted by El Dorado County | Immunization Program



VACCINES WILL BE OFFERED ON A "FIRST COME/FIRST SERVE" BASIS" WHILE SUPPLIES LAST.



MARCH 6TH, 2024



EDC PUBLIC HEALTH OFFICE 931 SPRING ST. PLACERVILLE, CA 95667



12:30 PM - 3:30 PM

IMPORTANT TO **VACCINATE YOUR** PRETEEN, READ BELOW!

Routinely recommended Preteen vaccines that will be offered:

- Tdap
- Chickenpox/varicella
- Meningococcal (MCV4)
- Human Papillomavirus (HPV)
- Covid-19
- Flu





IMMUNIZATIONS RECOMMENDED FOR PRETEENS

VACCINES 11-AND 12-YEAR-OLDS NEED TO **PROTECT** THEM AGAINST SERIOUS DISEASES:

ALL INCOMING 7TH GRADERS NEED PROOF OF A TDAP VACCINE AND TWO DOSES OF CHICKENPOX VACCINE BEFORE STARTING SCHOOL.

✓ **TDAP** VACCINE IS USED TO HELP PREVENT TETANUS (PAINFUL MUSCLE STIFFNESS), DIPHTHERIA (CAUSES DIFFICULTY BREATHING & HEART FAILURE), AND PERTUSSIS AKA WHOOPING COUGH (VIOLENT COUGHING THAT MAKES IT HARD TO BREATHE, EAT, OR DRINK AND CAN CAUSE PNEUMONIA AND EVEN BRAIN DAMAGE)-IT IS VERY CONTAGIOUS! THIS VACCINE IS REQUIRED FOR 7TH GRADE ENTRY IN CALIFORNIA.

✓ **HUMAN PAPILLOMAVIRUS (HPV)** VACCINATION CAN PREVENT OVER 90% OF CANCERS (FOUND IN REPRODUCTIVE SYSTEM, AS WELL AS THROAT AND MOUTH CANCER) AND INFECTIONS CAUSED BY HPV. THE HPV VACCINE IS SAFE AND RECOMMENDED STARTING AT AGE 9!

✓ **MENINGOCOCCAL** VACCINE (MENACWY) PROTECTS AGAINST CERTAIN SERIOUS TYPES OF BACTERIAL MENINGITIS AND OTHER RELATED INFECTIONS. THE RISK OF MENINGOCOCCAL DISEASE INCREASES IN THE PRETEEN THROUGH YOUNG ADULT YEARS. THE BACTERIA THAT CAUSE THIS INFECTION CAN SPREAD THROUGH CLOSE CONTACT, SUCH AS KISSING, COUGHING, AND SHARING DRINKS, LIVING IN CROWDED CONDITIONS (I.E. COLLEGE DORMS) AND SMOKING CAN INCREASE THE RISK OF GETTING THIS DISEASE. ONE DOSE OF MENINGOCOCCAL VACCINE IS RECOMMENDED FOR ALL 11- AND 12-YEAR-OLDS. A BOOSTER DOSE IS ALSO RECOMMENDED AT AGE 16.

 \checkmark A SEASONAL **FLU** VACCINE TO PROTECT AGAINST SERIOUS ILLNESS CAUSED BY THE FLU.

✓ **COVID-19** VACCINE TO PROTECT AGAINST SEVERE COVID-19 OUTCOMES. COVID-19 IS A CONTAGIOUS RESPIRATORY ILLNESS. CATCHING COVID-19 CAN MEAN DISRUPTION OF SCHOOL ACTIVITIES, WORSENING MENTAL HEALTH, AND DECREASED PHYSICAL ACTIVITY, OR EVEN SERIOUS ILLNESS FOR KIDS.

✓ VARICELLA (AKA CHICKENPOX) VACCINE PROTECTS AGAINST MORE THAN JUST AN ITCHY RASH. THE DISEASE CAN LEAD TO SEVERE SKIN INFECTIONS, SCARS, PNEUMONIA, BRAIN DAMAGE, AND EVEN DEATH. PRETEENS NEED TWO SHOTS BEFORE STARTING 7TH GRADE IF THEY HAVENT ALREADY RECIEVED PREVIOUSLY IN EARLIER YEARS (12 MONTHS- 18 MONTHS & 4-6 YEARS).



CRATIS CLÍTICA DE VACUNACIÓN PARA PREVADOLES CENTES

¿Su hija/o adolescente debe recibir alguna de las vacunas recomendadas? Únase a nosotros en nuestra clínica de vacunación **GRATIS sin cita previa** para todos los estudiantes, independientemente de su estado de seguro.

LAS VACUNAS SE OFRECERÁN A LOS PACIENTES COMO VAYAN LLEGANDO HASTA QUE SE TERMINE NUESTRO INVENTARIO.



6 DE MARZO DE 2024



12:30 - 15:30



OFICINA DE SALUD PÚBLICA 931 SPRING ST. PLACERVILLE, CA 95667

PARA SABER POR QUÉ ES IMPORTANTE VACUNAR A SU PREADOLESCENTE, ¡LEA A CONTINUACIÓN!

Vacunas rutinariamente recomendadas para preadolescentes que se ofrecerán:

- Tdap
- Varicela/varicela
- Meningococo (MCV4)
- Virus del papiloma humano (VPH)
- COVID-19
- Gripe





VACUNAS RECOMENDADAS PARA PREADOLESCENTES

LAS VACUNAS QUE LOS NIÑOS DE 11 Y 12 AÑOS NECESITAN PARA **PROTEGERLOS** CONTRA ENFERMEDADES GRAVES:

TODOS LOS ESTUDIANTES QUE INGRESAN AL SÉPTIMO GRADO NECESITAN PRUEBA DE TENER LA VACUNA TDAP Y DOS DOSIS DE LA VACUNA CONTRA LA VARICELA ANTES DE COMENZAR LA ESCUELA.

✓ LA VACUNA TDAP SE USA PARA AYUDAR A PREVENIR EL TÉTANOS (RIGIDEZ MUSCULAR DOLOROSA), LA DIFTERIA (QUE CAUSA DIFICULTAD PARA RESPIRAR E INSUFICIENCIA CARDÍACA) Y LA TOS FERINA, TAMBIÉN CONOCIDA COMO TOS FERINA (TOS VIOLENTA QUE DIFICULTA RESPIRAR, COMER O BEBER Y PUEDE CAUSAR NEUMONÍA Y INCLUSO DAÑO CEREBRAL)-¡ES MUY CONTAGIOSO! ESTA VACUNA ES OBLIGATORIA PARA INGRESAR AL SÉPTIMO GRADO EN CALIFORNIA.

√ LA VACUNA CONTRA EL VIRUS DEL PAPILOMA HUMANO (VPH) PUEDE PREVENIR MÁS DEL 90% DE LOS CÁNCERES (QUE SE ENCUENTRAN EN EL SISTEMA REPRODUCTIVO, ASÍ COMO EL CÁNCER DE GARGANTA Y BOCA) Y LAS INFECCIONES CAUSADAS POR EL VPH. ¡LA VACUNA CONTRA EL VPH ES SEGURA Y SE RECOMIENDA A PARTIR DE LOS 9 AÑOS!

✓ LA VACUNA MENINGOCÓCICA (MENACWY) PROTEGE CONTRA CIERTOS TIPOS GRAVES DE MENINGITIS BACTERIANA Y OTRAS INFECCIONES RELACIONADAS. EL RIESGO DE ENFERMEDAD MENINGOCÓCICA AUMENTA DESDE LA PREADOLESCENCIA HASTA LA EDAD ADULTA JOVEN. LAS BACTERIAS QUE CAUSAN ESTA INFECCIÓN SE PUEDEN PROPAGAR A TRAVÉS DEL CONTACTO CERCANO, COMO BESAR, TOSER Y COMPARTIR BEBIDAS. VIVIR EN CONDICIONES DE HACINAMIENTO (ES DECIR, DORMITORIOS UNIVERSITARIOS) Y FUMAR PUEDE AUMENTAR EL RIESGO DE CONTRAER ESTA ENFERMEDAD. SE RECOMIENDA UNA DOSIS DE VACUNA MENINGOCÓCICA PARA TODOS LOS NIÑOS DE 11 Y 12 AÑOS. TAMBIÉN SE RECOMIENDA UNA DOSIS DE REFUERZO A LOS 16 AÑOS.

✓ UNA VACUNA CONTRA LA INFLUENZA PARA PROTEGER CONTRA ENFERMEDADES GRAVES CAUSADAS POR LA GRIPE.

✓ VACUNA CONTRA EL COVID-19 PARA PROTEGER CONTRA RESULTADOS GRAVES DEL COVID-19. COVID-19 ES UNA ENFERMEDAD RESPIRATORIA CONTAGIOSA. CONTRAER COVID-19 PUEDE SIGNIFICAR LA INTERRUPCIÓN DE LAS ACTIVIDADES ESCOLARES, UN EMPEORAMIENTO DE LA SALUD MENTAL Y UNA DISMINUCIÓN DE LA ACTIVIDAD FÍSICA O INCLUSO ENFERMEDADES GRAVES PARA LOS NIÑOS.

✓ LA VACUNA CONTRA LA VARICELA PROTEGE CONTRA ALGO MÁS QUE UN SARPULLIDO QUE PICA. LA ENFERMEDAD PUEDE PROVOCAR INFECCIONES CUTÁNEAS GRAVES, CICATRICES, NEUMONÍA, DAÑO CEREBRAL E INCLUSO LA MUERTE. LOS PREADOLESCENTES NECESITAN DOS VACUNAS ANTES DE COMENZAR EL SÉPTIMO GRADO SI AÚN NO LAS HAN RECIBIDO EN AÑOS ANTERIORES (12 MESES A 18 MESES Y 4 A 6 AÑOS).

