

## Nurse's Notes: It's MAY – Hot days will soon be here!!

Planning to visit the river? From our local county advisory, our near record snow levels will increase high water dangers in the months to come. Many residents visit our local waterways during those warmer months and this season the water is likely to be colder, faster and higher than years previously. Be aware of these water conditions and plan for the dangers associated them. The Division of Boating and Waterways has information on how to prepare for cold and fast water dangers. You can read about those precautions at their webpage: [https://dbw.parks.ca.gov/?page\\_id=29475](https://dbw.parks.ca.gov/?page_id=29475)



**VACCINATION CLINIC 6<sup>TH</sup> GRADE STUDENTS:** Limited to Sixth Grade. Wednesday May 24<sup>th</sup> at CSMS 1:30-3:30 and Wednesday May 31<sup>st</sup> 1:30-3:30 at RHMS. If you received an email, please review materials for the clinic. Parents must attend and **RSVP prior with your Health Clerk for your child to attend.** At Seventh Grade entry - personal waivers expire and boosters are due unless CAIR-ME (California Medical Exemption) is in place. Thank you for your understanding.

### **School Entry and Advancement Requirements:**

[https://www.cdph.ca.gov/Programs/CID/DCDC/CDPH%20Document%20Library/Immunization/IMM-222\\_SchoolParentGuide.pdf](https://www.cdph.ca.gov/Programs/CID/DCDC/CDPH%20Document%20Library/Immunization/IMM-222_SchoolParentGuide.pdf)



**Our Summer Wish List for the Health Office:** Please consider a donation of baby wipes, disinfectant wipes OR plastic Ziplock bags in either snack, sandwich or gallon sizes that we can use for ice packs or packing medications and supplies for field trips. **For elementary sites** - we can use sport shorts (stretchy shorts) or athletic shorts, particularly sizes 4 to 14 that are gently used and clean. Also, girls leggings or boys sweats for the colder months and new underclothing for boys and girls or socks would also be appreciated.

## **MEDICATIONS: PICK-UP YOUR CHILD'S MEDICATION BY THE LAST DAY OF SCHOOL.**

***Any medications that are not picked-up will be discarded the following day.***

You will need to obtain a medication form over the summer for any medications your child will need for the 2023-2024 School Year. **ALL medications require a district permission form that is signed by a parent and a physician's order.** Including prescriptions OR anything Over-The-Counter (OTC) with a labeled "active ingredient", e.g. vitamins, cough drops, homeopathies, ibuprofen, etc. Exceptions, written into education code; hand sanitizers and sunscreen. Lotions/oils that don't have labeled "active ingredient" may permitted – when in doubt, call the health office!! Their form will help us identify children who may need emergency care or health plan... **Do you need a medication form?** -

<https://drive.google.com/file/d/1f55Q97DffiATOX1zEhq8sRrnq-lbriPI/view>



### **SCHOOL NURSE RESOURCES:**

More information on medications in schools: <http://www.cde.ca.gov/ls/he/hn/documents/medadvisory.pdf>

More information on First Aid standards: [https://emsa.ca.gov/wp-content/uploads/sites/71/2017/07/EMSC\\_Interactive\\_Final.pdf](https://emsa.ca.gov/wp-content/uploads/sites/71/2017/07/EMSC_Interactive_Final.pdf)

More information on school health services can be found here: <http://www.cde.ca.gov/ls/he/hn/>

Here's the health team:

#### **Tristan Kleinknight, MSN RN PHN: School Nurse for:**

**Blue Oak Elementary:** Health Clerk II Joy Clark, MA  
530-676-0164 x1830, Fax: 530-676-0758

**Buckeye Elementary:** Health Clerk II Rachel Kelly, LVN  
530-677-2277 x1230, Fax: 530-672-1483

**Camorado Springs:** Health Clerk Sarah Lester, LVN  
530-677-1658 x1530, Fax: 530-677-9537

**Valley View Montessori:** Health Clerk I, Carmela Bucci  
916-939-9640 x3330, Fax 916-939-5015

#### **Sandy Chavez, MSN RN PHN: School Nurse for:**

**Oak Meadow Elementary:** Health Clerk I, Luz Shaw  
916-933-9746 x2130 Fax: 916-933-9784

**Rolling Hills:** Health Clerk I, Bertha Chau  
916-933-9290 x3030 Fax: 916-939-7454

**Silva Valley Elementary:** Health Clerk I, Tara Nakano  
916-933-3767 x2730 Fax: 916-933-6389

**William Brooks Elementary:** Health Clerk I, Raffaella Avina  
916-933-6618 x2430 Fax: 916-933-3910

Best regards from your Buckeye Union School District School Nurses: Tristan Kleinknight & Sandy Chavez

[tkleinknight@buckeyeusd.org](mailto:tkleinknight@buckeyeusd.org) & [schavez@buckeyeusd.org](mailto:schavez@buckeyeusd.org)