

## Great alternatives to smartphones

It often feels like this is an either/or situation. You get your kid a smartphone or nothing. In reality, a good option is to take a step by step approach. Rather than leaping straight in at the deep end with an all the bells and whistles iPhone, we suggest:

### 01. Start with a smartwatch

There are some good options designed for kids - see options below.

### 02. Move on to a simple phone

And a tracker if you want to be able to see where they are.

### 03. Later (much later!), introduce a tablet at home

Which is yours but they can borrow at controlled times with limits in a communal area of the home, for WhatsApps or similar that you don't want them to be left out. Let them know it's not a private space, you'll be reading their messages and keep an open channel of communication between you about their digital world.

## Sim cards

**IMPORTANT** – When you get a SIM card for your child's phone, make sure that it has NO DATA roaming, only calls and texts so that there is no chance that they can access the internet. Currently Asda are the only company that are offering this.



### Xplora Smartwatch

**XGO3 £139.99** ↗

For younger kids with less storage for photos, a less good camera

**X6Play for £179.99** ↗

With bigger storage, slightly bigger screen, better camera

- Calls and voice messages
- Location tracker
- High-quality camera
- Step counter
- SOS Button for emergencies
- Hundreds of colour options
- No internet or social media



### Nokia 5710 £74.99

 ↗

- Like an iPod with in-built wireless earbuds which charge when not in use
- Inbuilt mp3 player with storage for thousands of songs
- Inbuilt speaker
- Wireless FM radio
- Great sound quality
- Great battery life
- No wifi or whatsapp



### **Nokia 2660 Flip £50-60** ↗

- Texts and phone calls
- Very long lasting battery
- Range of colours
- Bright, colourful display (non pixelated text)
- Built in radio and torch
- Snake (and Tetris but you need to pay for the full game)
- Camera only usable for emergencies.



### **Nokia 105 £19.99** ↗

Sim-free mobile phone

- Talk, text and wireless FM radio
- Amazing battery life
- Torch and snake game



### **Imoo smartwatch £109** ↗

- Phone and video calls with parents plus any Immo users approved via a free app on parent's phone
- Location tracker
- Can be put on standby "class mode" during class time by the parents
- Step counter
- No social media or internet
- Two colour options



## **Doro 708x £154.99** ↗

- Calls only the three contacts you rely on the most with A, B and C speed-dial buttons.
- Can receive text messages but can't send them
- Shows the phone's location to assigned contacts.