

Region 15 Middle School Lunch Menu

August / September 2024

Monday

Tuesday

Wednesday

Thursday

Friday

Alternate Lunch Options Offered Daily:

Hummus Box w/ Whole Grain
Flatbread and Assorted
Veggies

Yogurt Parfait w/
Homemade Granola

Chicken Caesar Salad

Or

Deli Bar

Choice of
Boar's Head

Turkey, Ham, Buffalo
Chicken

Cheese: American,
Provolone, Pepper Jack

Toppings: Lettuce, Tomato,
Pickles, Banana Peppers,
Jalapeno Peppers, Olives,
Mayo, Mustard, Hot Sauce



No School 2
Labor Day



9
Land O' Lakes
Mac & Cheese
Dinner Roll

Rainbow Fruit and
Veggie Tray

16
Pizza Crunchers

Rainbow Fruit and
Veggie Tray

**All meals options are served with
one fruit, two veggies and a milk.
Choice of 1% white milk, non-fat
chocolate milk & strawberry milk**

27
Cheese Quesadilla w/
Salsa and Sour Cream

Rainbow Fruit and
Veggie Tray

3
Hot Dog on Whole
Grain Bun
Oven Baked Beans

Rainbow Fruit &
Veggie Tray

10
Seasoned Chicken
Nachos w/ Salsa and
Sour Cream

Rainbow Fruit and
Veggie Tray

17
Pasta w/ Meat Sauce
Garlic Knot

Rainbow Fruit and
Veggie Tray

24
Orange Chicken w/
Brown Rice

Rainbow Fruit and
Veggie Tray

28
Mozzarella Sticks w/
Marinara Sauce

Rainbow Fruit and
Veggie Tray

4
Brunch for Lunch
Waffles
Turkey Sausage

Rainbow Fruit & Veggie
Tray

11
Bosco Sticks w/
Marinara Sauce

Rainbow Fruit and
Veggie Tray

18
Brunch for Lunch
French Toast Sticks
Turkey Sausage

Rainbow Fruit & Veggie
Tray

25
Stuffed Shells
Garlic Knot

Rainbow Fruit and
Veggie Tray

29
Chicken Nuggets
Oven Baked Fries
Dinner Roll

Rainbow Fruit &
Veggie Tray

5
Popcorn Chicken
Oven Baked Fries
Dinner Roll

Rainbow Fruit &
Veggie Tray

12
Chicken Tenders
Oven Baked Fries
Dinner Roll

Rainbow Fruit &
Veggie Tray

19
Chicken Patty on
Whole Grain Bun
Oven Baked Fries

Rainbow Fruit &
Veggie Tray

26
Chicken Nuggets
Oven Baked Fries
Dinner Roll

Rainbow Fruit &
Veggie Tray

30
Assorted Pizza

Rainbow Fruit &
Veggie Tray

6
Assorted Pizza

Rainbow Fruit &
Veggie Tray

13
Assorted Pizza

Rainbow Fruit & Veggie
Tray

20
Assorted Pizza

Rainbow Fruit & Veggie
Tray

27
Assorted Pizza

Rainbow Fruit & Veggie
Tray