



INDIANA EMPLOYABILITY
SKILLS STANDARDS
GRADES 3-5
ALIGNMENT

Mindsets (M) The established set of attitudes impacting self-growth.

Standard	Leader in Me Competencies & Curriculum			
1. Lifelong Learning Demonstrate willingness to work and learn, and continually apply new knowledge. 3-5.M.1 Begin to ask questions when receiving feedback. 3-5.M.2 Begin to discuss with peers about feedback received.	STUDENT LEADERSHIP PORTRAIT COMPETENCIES			
	Personal Effectiveness Self-Regulation Vision Higher-Order Thinking	Interpersonal Effectiveness Relationship Building Communication Collaboration	Lead Self Develop Strengths Achieve Goals Actively Contribute Continuously Improve	Lead Others Cultivate Trust Share Purpose Align Teams Empower Potential
	MODULES			
	Grade 3 • My Paradigms • Growth Mindset • Asking Questions & Asking for Help • Recognizing My Emotions • Self-Regulation • Proactive Practices • My Personal Values • Consider Consequences • My Personal Mission Statement • Learning About Goal Achievement • Achieving My Goals • Accountability Partners • High Trust Behaviors • Emotional Bank Accounts • Repairing Trust • Win-Win • Abundance • Courage To Stand Up for Others • Respectful Communication • Meeting & Greeting • Working With Others • Valuing Differences • 3rd Alternatives • My Daily Private Victory • Talents & Passions • Conscience & Needs • Helping Others • Team Strategies • Reflection & Celebrate Growth	Grade 4 • My Paradigms • Perseverance • Leading My Learning • Recognizing Emotions • Regulating My Emotions • Proactive Language & Circle of Control • Creating My Personal Mission Statement • Living By My Personal Mission Statement • Envisioning the Future • Learning About Goal Achievement • Achieving My Goals • Accountability Partners • Emotional Bank Accounts • Talking Straight • Showing Loyalty • Thinking Win-Win • Courage & Consideration • Standing Up for Ourselves & Others • Empathic Listening • Respectfully Seeking to Be Understood • Celebrating Differences • Finding 3rd Alternatives • Working With Others • Achieving the Daily Private Victory • Regulating My Stress • Thinking Critically • Preparing For the Future • Serving Others • Celebrating Growth	Grade 5 • Paradigms & Principles • Growth Mindset & Perseverance • Leading My Learning • Recognizing Emotions • Regulating My Emotions • Circle of Control • Defining Expectations • Creating My Personal Mission Statement • Living by My Personal Mission Statement • Learning About Goal Achievement • Achieving My Goals • Accountability Partners • Emotional Bank Accounts • Building Relationship Trust • Extending Trust • Win-Win • Showing Consideration • Standing Up for Others • Empathic Listening • Speaking Respectfully • Synergizing With Others • Valuing Differences • Finding 3rd Alternatives • Daily Private Victory • My Health & Screen Time • Using My Voice to Make a Contribution • Careers That Match My Strengths • Leading Through Service • Reflection & Celebrate Growth	
2. Self-Confidence Possess belief in own ability to succeed and assert self when necessary. 3-5.M.3 Apply and demonstrate self-confidence in a variety of settings.	STUDENT LEADERSHIP PORTRAIT COMPETENCIES			
	Personal Effectiveness Self-Regulation Vision Time Management	Interpersonal Effectiveness Relationship Building Empathy Communication Collaboration	Lead Self Develop Strengths Achieve Goals Actively Contribute Continuously Improve	Lead Others Share Purpose Align Teams Empower Potential
	MODULES			
	Grade 3 • Growth Mindset • Asking Questions & Asking for Help • Recognizing My Emotions • Self-Regulation • Proactive Practices • My Personal Values • Consider Consequences • My Personal Mission Statement • Time Matrix • Plan Every Week • Asking for Help • Learning About Goal Achievement • Achieving My Goals • Accountability Partners • Win-Win • Abundance • Courage To Stand Up for Others • Empathic Listening • Respectful Communication	Grade 4 • My Paradigms • Perseverance • Recognizing Emotions • Regulating My Emotions • Proactive Language & Circle of Control • Creating My Personal Mission Statement • Living By My Personal Mission Statement • Envisioning the Future • Prioritizing Big Rocks • Planning Every Week • Saying No to Peer Pressure • Learning About Goal Achievement • Achieving My Goals • Accountability Partners • Thinking Win-Win • Courage & Consideration	Grade 5 • Paradigms & Principles • Growth Mindset & Perseverance • Recognizing Emotions • Regulating My Emotions • Circle of Control • Defining Expectations • Creating My Personal Mission Statement • Living by My Personal Mission Statement • Learning About Goal Achievement • Achieving My Goals • Accountability Partners • Win-Win • Showing Consideration • Standing Up for Others • Empathy • Empathic Listening • Speaking Respectfully • Synergizing With Others	

	• Meeting & Greeting • Working With Others • Valuing Differences • 3rd Alternatives • My Daily Private Victory • Talents & Passions • Conscience & Needs • Helping Others • Team Strategies • Reflection & Celebrate Growth	• Standing Up for Ourselves & Others • Empathy • Empathic Listening • Respectfully Seeking to Be Understood • Celebrating Differences • Finding 3rd Alternatives • Working With Others • Achieving the Daily Private Victory • Regulating My Stress • Thinking Critically • Preparing For the Future • Serving Others	• Valuing Differences • Finding 3rd Alternatives • Daily Private Victory • My Health & Screen Time • Using My Voice to Make a Contribution • Careers That Match My Strengths • Leading Through Service
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Work Ethic (WE) A set of values centered on the importance of doing work and reflected especially in a desire or determination to work hard.

Standard	Leader in Me Competencies & Curriculum			
3. Self Discipline Demonstrate self-control and behave in accordance with rules with minimal direction. 3-5.WE.1 Apply understanding of positive self-motivated behaviors and understand necessary steps to avoid conflict. 3-5.WE.2 Use constructive strategies to resolve conflict.	STUDENT LEADERSHIP PORTRAIT COMPETENCIES Personal Effectiveness Self-Regulation Time Management Interpersonal Effectiveness n/a Lead Self Achieve Goals Lead Others Share Purpose			
	MODULES Grade 3 • Recognizing My Emotions • Self-Regulation • Proactive Practices • My Personal Values • Consider Consequences • My Personal Mission Statement • Time Matrix • Plan Every Week • Asking for Help • Learning About Goal Achievement • Achieving My Goals • Accountability Partner Grade 4 • Perseverance • Recognizing Emotions • Regulating My Emotions • Proactive Language & Circle of Control • Prioritizing Big Rocks • Planning Every Week • Saying No to Peer Pressure • Learning About Goal Achievement • Achieving My Goals • Accountability Partners • Working With Others Grade 5 • Recognizing Emotions • Regulating My Emotions • Circle of Control • Time Matrix • Planning Every Week • Staying True in the Moment of Choice • Learning About Goal Achievement • Achieving My Goals • Accountability Partners			
4. Independence Successfully carry out expectations with minimal supervision. 3-5.WE.3 Apply understanding of independence to complete tasks. 3-5.WE.4 Complete tasks or activities with prompting and guidance from adult educators.	STUDENT LEADERSHIP PORTRAIT COMPETENCIES Personal Effectiveness Self-Regulation Vision Time Management Higher-Order Thinking Interpersonal Effectiveness n/a Lead Self Develop Strengths Continuously Improve Lead Others n/a			
	MODULES Grade 3 • My Paradigms • Growth Mindset • Asking Questions & Asking for Help • Recognizing My Emotions • Self-Regulation • Proactive Practices • My Personal Values • Consider Consequences • My Personal Mission Statement • Time Matrix • Plan Every Week • Asking for Help • Learning About Goal Achievement • Achieving My Goals • Accountability Partners • My Daily Private Victory • Talents & Passions • Reflection & Celebrate Growth Grade 4 • My Paradigms • Perseverance • Leading My Learning • Recognizing Emotions • Regulating My Emotions • Proactive Language & Circle of Control • Creating My Personal Mission Statement • Living By My Personal Mission Statement • Envisioning the Future • Prioritizing Big Rocks • Planning Every Week • Achieving the Daily Private Victory • Regulating My Stress • Thinking Critically • Preparing For the Future • Celebrating Growth Grade 5 • Growth Mindset & Perseverance • Leading My Learning • Recognizing Emotions • Regulating My Emotions • Circle of Control • Defining Expectations • Creating My Personal Mission Statement • Living by My Personal Mission Statement • Time Matrix • Planning Every Week • Staying True in the Moment of Choice • Daily Private Victory • My Health & Screen Time			

5. Perseverance Demonstrate endurance, and capacity to complete tasks. 3-5.WE.5 Demonstrate perseverance to complete tasks and activities.	STUDENT LEADERSHIP PORTRAIT COMPETENCIES			
	Personal Effectiveness Self-Regulation Vision Time Management	Interpersonal Effectiveness Relationship Building Empathy Communication Collaboration	Lead Self Develop Strengths Actively Contribute Continuously Improve	Lead Others Share Purpose Align Teams
	MODULES			
	Grade 3 • Growth Mindset • Asking Questions & Asking for Help • Recognizing My Emotions • Self-Regulation • Proactive Practices • My Personal Values • Consider Consequences • My Personal Mission Statement • Time Matrix • Plan Every Week • Asking for Help • Win-Win • Abundance • Courage To Stand Up for Others • Empathic Listening • Respectful Communication • Meeting & Greeting • Working With Others • Valuing Differences • 3rd Alternatives • My Daily Private Victory • Talents & Passions • Conscience & Needs • Helping Others • Team Strategies	Grade 4 • My Paradigms • Perseverance • Recognizing Emotions • Regulating My Emotions • Proactive Language & Circle of Control • Creating My Personal Mission Statement • Living By My Personal Mission Statement • Envisioning the Future • Prioritizing Big Rocks • Planning Every Week • Saying No to Peer Pressure • Thinking Win-Win • Courage & Consideration • Standing Up for Ourselves & Others • Empathy • Empathic Listening • Respectfully Seeking to Be Understood • Celebrating Differences • Finding 3rd Alternatives • Working With Others • Achieving the Daily Private Victory • Regulating My Stress • Thinking Critically • Preparing For the Future • Serving Others	Grade 5 • Paradigms & Principles • Growth Mindset & Perseverance • Recognizing Emotions • Regulating My Emotions • Circle of Control • Defining Expectations • Creating My Personal Mission Statement • Living by My Personal Mission Statement • Time Matrix • Planning Every Week • Staying True in the Moment of Choice • Win-Win • Showing Consideration • Standing Up for Others • Empathy • Empathic Listening • Speaking Respectfully • Synergizing With Others • Valuing Differences • Finding 3rd Alternatives • Daily Private Victory • My Health & Screen Time • Using My Voice to Make a Contribution • Careers That Match My Strengths • Leading Through Service	
6. Time Management / Organization Plan and organize long and short-term goals while understanding how to balance school, home, and community activities. 3-5.WE.6 Begin to take steps to organize and prioritize tasks.	STUDENT LEADERSHIP PORTRAIT COMPETENCIES			
	Personal Effectiveness Self-Regulation Vision Time Management	Interpersonal Effectiveness n/a	Lead Self Achieve Goals	Lead Others Share Purpose Align Teams
	MODULES			
	Grade 3 • Recognizing My Emotions • Self-Regulation • Proactive Practices • My Personal Values • Consider Consequences • My Personal Mission Statement • Time Matrix • Plan Every Week • Asking for Help • Learning About Goal Achievement • Achieving My Goals • Accountability Partners	Grade 4 • My Paradigms • Perseverance • Recognizing Emotions • Regulating My Emotions • Proactive Language & Circle of Control • Creating My Personal Mission Statement • Living By My Personal Mission Statement • Envisioning the Future • Prioritizing Big Rocks • Planning Every Week • Saying No to Peer Pressure • Learning About Goal Achievement • Achieving My Goals • Accountability Partners	Grade 5 • Recognizing Emotions • Regulating My Emotions • Circle of Control • Defining Expectations • Creating My Personal Mission Statement • Living by My Personal Mission Statement • Time Matrix • Planning Every Week • Staying True in the Moment of Choice • Learning About Goal Achievement • Achieving My Goals • Accountability Partners	
7. Adaptability Manage transitions and adjust to changing situations and responsibilities.	STUDENT LEADERSHIP PORTRAIT COMPETENCIES			
	Personal Effectiveness Self-Regulation Vision Time Management	Interpersonal Effectiveness Relationship Building Empathy Communication	Lead Self Develop Strengths Achieve Goals Actively Contribute Continuously Improve	Lead Others Cultivate Trust Share Purpose Align Teams Empower Potential

3-5.WE.7 Begin to understand coping strategies to deal with expected and unexpected change.	MODULES Grade 3 • Growth Mindset • Asking Questions & Asking for Help • Recognizing My Emotions • Self-Regulation • Proactive Practices • My Personal Values • Consider Consequences • My Personal Mission Statement • Time Matrix • Plan Every Week • Asking for Help • Learning About Goal Achievement • Achieving My Goals • Accountability Partners • High Trust Behaviors • Emotional Bank Accounts • Repairing Trust • Win-Win • Abundance • Courage To Stand Up for Others • Empathic Listening • Respectful Communication • Meeting & Greeting • My Daily Private Victory • Talents & Passions • Conscience & Needs • Helping Others • Team Strategies Grade 4 • My Paradigms • Perseverance • Recognizing Emotions • Regulating My Emotions • Proactive Language & Circle of Control • Creating My Personal Mission Statement • Living By My Personal Mission Statement • Envisioning the Future • Prioritizing Big Rocks • Planning Every Week • Saying No to Peer Pressure • Learning About Goal Achievement • Achieving My Goals • Accountability Partners • Emotional Bank Accounts • Talking Straight • Showing Loyalty • Thinking Win-Win • Courage & Consideration • Standing Up for Ourselves & Others • Empathy • Empathic Listening • Respectfully Seeking to Be Understood • Achieving the Daily Private Victory • Regulating My Stress • Thinking Critically • Preparing For the Future • Serving Others Grade 5 • Paradigms & Principles • Growth Mindset & Perseverance • Recognizing Emotions • Regulating My Emotions • Circle of Control • Defining Expectations • Creating My Personal Mission Statement • Living by My Personal Mission Statement • Time Matrix • Planning Every Week • Staying True in the Moment of Choice • Learning About Goal Achievement • Achieving My Goals • Accountability Partners • Emotional Bank Accounts • Building Relationship Trust • Extending Trust • Win-Win • Showing Consideration • Standing Up for Others • Empathy • Empathic Listening • Speaking Respectfully • Daily Private Victory • My Health & Screen Time • Using My Voice to Make a Contribution • Careers That Match My Strengths • Leading Through Service
8. Integrity Act in a trustworthy and honest manner. 3-5.WE.8 Consider consequences of actions on the well-being of self and others.	STUDENT LEADERSHIP PORTRAIT COMPETENCIES Personal Effectiveness Self-Regulation Interpersonal Effectiveness Relationship Building Collaboration Lead Self Develop Strengths Actively Contribute Continuously Improve Lead Others Cultivate Trust Share Purpose Align Teams Empower Potential MODULES Grade 3 • Growth Mindset • Asking Questions & Asking for Help • Recognizing My Emotions • Self-Regulation • Proactive Practices • High Trust Behaviors • Emotional Bank Accounts • Repairing Trust • Win-Win • Abundance • Courage To Stand Up for Others • Working With Others • Valuing Differences • 3rd Alternatives • My Daily Private Victory • Talents & Passions • Conscience & Needs • Helping Others • Team Strategies Grade 4 • My Paradigms • Perseverance • Recognizing Emotions • Regulating My Emotions • Proactive Language & Circle of Control • Emotional Bank Accounts • Talking Straight • Showing Loyalty • Thinking Win-Win • Courage & Consideration • Standing Up for Ourselves & Others • Celebrating Differences • Finding 3rd Alternatives • Working With Others • Achieving the Daily Private Victory • Regulating My Stress • Thinking Critically • Preparing For the Future • Serving Others • Celebrating Growth Grade 5 • Paradigms & Principles • Growth Mindset & Perseverance • Recognizing Emotions • Regulating My Emotions • Circle of Control • Emotional Bank Accounts • Building Relationship Trust • Extending Trust • Win-Win • Showing Consideration • Standing Up for Others • Synergizing With Others • Valuing Differences • Finding 3rd Alternatives • Daily Private Victory • My Health & Screen Time • Using My Voice to Make a Contribution • Careers That Match My Strengths • Leading Through Service
9. Professionalism Demonstrate skills and behaviors appropriate for	STUDENT LEADERSHIP PORTRAIT COMPETENCIES Personal Effectiveness Self-Regulation Time Management Interpersonal Effectiveness Relationship Building Empathy Communication Collaboration Lead Self Develop Strengths Achieve Goals Actively Contribute Continuously Improve Lead Others Cultivate Trust Share Purpose Align Teams Empower Potential

school and work environments. 3-5.WE.9 Display a variety of skills needed for school, personal, and professional situations.	MODULES Grade 3 - Growth Mindset - Asking Questions & Asking for Help - Recognizing My Emotions - Self-Regulation - Proactive Practices - Time Matrix - Plan Every Week - Asking for Help - Learning About Goal Achievement - Achieving My Goals - Accountability Partners - High Trust Behaviors - Emotional Bank Accounts - Repairing Trust - Win-Win - Abundance - Courage To Stand Up for Others - Empathic Listening - Respectful Communication - Meeting & Greeting - Working With Others - Valuing Differences 3rd Alternatives - My Daily Private Victory - Talents & Passions - Conscience & Needs - Helping Others - Team Strategies Grade 4 - My Paradigms - Perseverance - Recognizing Emotions - Regulating My Emotions - Proactive Language & Circle of Control - Prioritizing Big Rocks - Planning Every Week - Saying No to Peer Pressure - Learning About Goal Achievement - Achieving My Goals - Accountability Partners - Emotional Bank Accounts - Talking Straight - Showing Loyalty - Thinking Win-Win - Courage & Consideration - Standing Up for Ourselves & Others - Empathy - Empathic Listening - Respectfully Seeking to Be Understood - Celebrating Differences - Finding 3rd Alternatives - Working With Others - Achieving the Daily Private Victory - Regulating My Stress - Thinking Critically - Preparing For the Future - Serving Others Grade 5 - Paradigms & Principles - Growth Mindset & Perseverance - Recognizing Emotions - Regulating My Emotions - Circle of Control - Time Matrix - Planning Every Week - Staying True in the Moment of Choice - Learning About Goal Achievement - Achieving My Goals - Accountability Partners - Emotional Bank Accounts - Building Relationship Trust - Extending Trust - Win-Win - Showing Consideration - Standing Up for Others - Empathy - Empathic Listening - Speaking Respectfully - Synergizing With Others - Valuing Differences - Finding 3rd Alternatives - Daily Private Victory - My Health & Screen Time - Using My Voice to Make a Contribution - Careers That Match My Strengths - Leading Through Service
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Learning Strategies (LS) Processes and tactics students employ to aid in the cognitive work of thinking, remembering or learning.				
Standard	Leader in Me Competencies & Curriculum			
10. Effective Communication Apply skills to clearly, effectively, and convincingly express ideas and messages to others appropriate to the environment. 3-5.LS.1 Communicate using different types of writing. 3-5.LS.2 Communicate with others by applying a variety of speaking skills. 3-5.LS.3 Communicate with others using a variety of technology.	STUDENT LEADERSHIP PORTRAIT COMPETENCIES Personal Effectiveness Self-Regulation Interpersonal Effectiveness Relationship Building Empathy Communication Collaboration Lead Self Actively Contribute Lead Others Cultivate Trust Share Purpose Align Teams Empower Potential			
	MODULES Grade 3 - Recognizing My Emotions - Self-Regulation - Proactive Practices - High Trust Behaviors - Emotional Bank Accounts - Repairing Trust - Win-Win - Abundance - Courage To Stand Up for Others - Empathic Listening - Respectful Communication - Meeting & Greeting - Working With Others - Valuing Differences 3rd Alternatives - My Daily Private Victory - Talents & Passions - Conscience & Needs - Helping Others - Team Strategies - Reflection & Celebrate Growth Grade 4 - Perseverance - Recognizing Emotions - Regulating My Emotions - Proactive Language & Circle of Control - Emotional Bank Accounts - Talking Straight - Showing Loyalty - Thinking Win-Win - Courage & Consideration - Standing Up for Ourselves & Others - Empathy - Empathic Listening - Respectfully Seeking to Be Understood - Celebrating Differences - Finding 3rd Alternatives - Working With Others - Serving Others Grade 5 - Paradigms & Principles - Recognizing Emotions - Regulating My Emotions - Circle of Control - Emotional Bank Accounts - Building Relationship Trust - Extending Trust - Win-Win - Showing Consideration - Standing Up for Others - Empathy - Empathic Listening - Speaking Respectfully - Synergizing With Others - Valuing Differences - Finding 3rd Alternatives - Using My Voice to Make a Contribution - Leading Through Service			
11. Aptitude Awareness Identify and communicate individual interests and skills that align	STUDENT LEADERSHIP PORTRAIT COMPETENCIES Personal Effectiveness Self-Regulation Vision Time Management Interpersonal Effectiveness Communication Lead Self Develop Strengths Achieve Goals Actively Contribute Continuously Improve Lead Others Cultivate Trust Share Purpose Align Teams Empower Potential			

related coursework and experiences to potential career paths and to in-demand occupations. 3-5.LS.4 Relate personal interests, abilities, and leisure time activities to possible occupational choices without stereotyping. 3-5.LS.5 Develop an understanding that all work has dignity. 3-5.LS.6 Identify various ways occupations can be classified and explain the difference between paid and unpaid. 3-5.LS.7 Describe non-traditional occupations.	MODULES Grade 3 • Growth Mindset • Asking Questions & Asking for Help • Recognizing My Emotions • Self-Regulation • Proactive Practices • My Personal Values • Consider Consequences • My Personal Mission Statement • Time Matrix • Plan Every Week • Asking for Help • Learning About Goal Achievement • Achieving My Goals • Accountability Partners • High Trust Behaviors • Emotional Bank Accounts • Repairing Trust • Respectful Communication • Meeting & Greeting • My Daily Private Victory • Talents & Passions • Conscience & Needs • Helping Others • Team Strategies Grade 4 • My Paradigms • Perseverance • Recognizing Emotions • Regulating My Emotions • Proactive Language & Circle of Control • Creating My Personal Mission Statement • Living By My Personal Mission Statement • Envisioning the Future • Prioritizing Big Rocks • Planning Every Week • Saying No to Peer Pressure • Learning About Goal Achievement • Achieving My Goals • Accountability Partners • Emotional Bank Accounts • Talking Straight • Showing Loyalty • Empathic Listening • Respectfully Seeking to Be Understood • Achieving the Daily Private Victory • Regulating My Stress • Thinking Critically • Preparing For the Future • Serving Others Grade 5 • Paradigms & Principles • Growth Mindset & Perseverance • Recognizing Emotions • Regulating My Emotions • Circle of Control • Defining Expectations • Creating My Personal Mission Statement • Living by My Personal Mission Statement • Time Matrix • Planning Every Week • Staying True in the Moment of Choice • Learning About Goal Achievement • Achieving My Goals • Accountability Partners • Emotional Bank Accounts • Building Relationship Trust • Extending Trust • Empathic Listening • Speaking Respectfully • Synergizing With Others • Valuing Differences • Finding 3rd Alternatives • Daily Private Victory • My Health & Screen Time • Using My Voice to Make a Contribution • Careers That Match My Strengths • Leading Through Service
12. Decision Making Utilize critical thinking skills and perspectives of others to make informed decisions based on options, rewards, risks, limits and goals. 3-5.LS.8 Develop criteria for making decisions and predict results of choices to find the best solution. 3-5.LS.9 Understand how decision-making is related to career planning. 3-5.LS.10 Identify a short-term goal and develop a plan of action.	STUDENT LEADERSHIP PORTRAIT COMPETENCIES Personal Effectiveness Self-Regulation Vision Time Management Higher-Order Thinking Interpersonal Effectiveness n/a Lead Self Develop Strengths Achieve Goals Actively Contribute Continuously Improve Lead Others Align Teams Empower Potential MODULES Grade 3 • My Paradigms • Growth Mindset • Asking Questions & Asking for Help • Recognizing My Emotions • Self-Regulation • Proactive Practices • My Personal Values • Consider Consequences • My Personal Mission Statement • Time Matrix • Plan Every Week • Asking for Help • Learning About Goal Achievement • Achieving My Goals • Accountability Partners • My Daily Private Victory • Talents & Passions • Conscience & Needs • Helping Others • Team Strategies • Reflection & Celebrate Growth Grade 4 • My Paradigms • Perseverance • Leading My Learning • Recognizing Emotions • Regulating My Emotions • Proactive Language & Circle of Control • Creating My Personal Mission Statement • Living By My Personal Mission Statement • Envisioning the Future • Prioritizing Big Rocks • Planning Every Week • Saying No to Peer Pressure • Learning About Goal Achievement • Achieving My Goals • Accountability Partners • Achieving the Daily Private Victory • Regulating My Stress • Thinking Critically • Preparing For the Future • Serving Others • Celebrating Growth Grade 5 • Paradigms & Principles • Growth Mindset & Perseverance • Leading My Learning • Recognizing Emotions • Regulating My Emotions • Circle of Control • Defining Expectations • Creating My Personal Mission Statement • Living by My Personal Mission Statement • Time Matrix • Planning Every Week • Staying True in the Moment of Choice • Learning About Goal Achievement • Achieving My Goals • Accountability Partners • Daily Private Victory • My Health & Screen Time • Using My Voice to Make a Contribution • Careers That Match My Strengths • Leading Through Service • Reflection & Celebrate Growth
13. Initiative Apply self-motivation and self-	STUDENT LEADERSHIP PORTRAIT COMPETENCIES Personal Effectiveness Self-Regulation Vision Time Management Higher-Order Thinking Interpersonal Effectiveness Communication Lead Self Achieve Goals Actively Contribute Lead Others Share Purpose Align Teams Empower Potential

direction to work and learning.				
3-5.LS.11 Complete assignments, projects, and activities with some redirection from teachers, mentors, or supervisors.	MODULES Grade 3 • My Paradigms • Growth Mindset • Asking Questions & Asking for Help • Recognizing My Emotions • Self-Regulation • Proactive Practices • My Personal Values • Consider Consequences • My Personal Mission Statement • Time Matrix • Plan Every Week • Asking for Help • Learning About Goal Achievement • Achieving My Goals • Accountability Partners • Respectful Communication • Meeting & Greeting • Helping Others • Reflection & Celebrate Growth Grade 4 • Perseverance • Leading My Learning • Recognizing Emotions • Regulating My Emotions • Proactive Language & Circle of Control • Creating My Personal Mission Statement • Living By My Personal Mission Statement • Envisioning the Future • Prioritizing Big Rocks • Planning Every Week • Saying No to Peer Pressure • Learning About Goal Achievement • Achieving My Goals • Accountability Partners • Empathic Listening • Respectfully Seeking to Be Understood • Thinking Critically • Serving Others Grade 5 • Paradigms & Principles • Leading My Learning • Recognizing Emotions • Regulating My Emotions • Circle of Control • Defining Expectations • Creating My Personal Mission Statement • Living by My Personal Mission Statement • Time Matrix • Planning Every Week • Staying True in the Moment of Choice • Learning About Goal Achievement • Achieving My Goals • Accountability Partners • Empathic Listening • Speaking Respectfully • Using My Voice to Make a Contribution • Careers That Match My Strengths • Leading Through Service • Reflection & Celebrate Growth			
14. Attention to Detail Achieve thoroughness and accuracy when accomplishing a task.	STUDENT LEADERSHIP PORTRAIT COMPETENCIES Personal Effectiveness - Vision - Higher-Order Thinking Interpersonal Effectiveness - Communication Lead Self - Develop Strengths - Achieve Goals Lead Others - Share Purpose			
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15. Problem Solving Apply critical and creative thinking skills to resolve problems.	STUDENT LEADERSHIP PORTRAIT COMPETENCIES Personal Effectiveness - Self-Regulation - Vision - Time Management - Higher-Order Thinking Interpersonal Effectiveness - Communication - Collaboration Lead Self - Develop Strengths - Achieve Goals - Actively Contribute - Continuously Improve Lead Others - Align Teams - Empower Potential			
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	• Achieving My Goals • Accountability Partners • Respectful Communication • Meeting & Greeting • Working With Others • Valuing Differences • 3rd Alternatives • My Daily Private Victory • Talents & Passions • Conscience & Needs • Helping Others • Team Strategies • Reflection & Celebrate Growth	• Learning About Goal Achievement • Achieving My Goals • Accountability Partners • Empathic Listening • Respectfully Seeking to Be Understood • Celebrating Differences • Finding 3rd Alternatives • Working With Others • Achieving the Daily Private Victory • Regulating My Stress • Thinking Critically • Preparing For the Future • Serving Others • Celebrating Growth	• Learning About Goal Achievement • Achieving My Goals • Accountability Partners • Empathic Listening • Speaking Respectfully • Synergizing With Others • Valuing Differences • Finding 3rd Alternatives • Daily Private Victory • My Health & Screen Time • Using My Voice to Make a Contribution • Careers That Match My Strengths • Leading Through Service • Reflection & Celebrate Growth
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Social and Emotional Skills (SE) The process through which the knowledge, the attitudes, and the skills necessary to understand and manage emotions, set and achieve positive goals, feel and show empathy for others, establish and maintain positive relationships, and make responsible decisions is acquired.				
Standard	Leader in Me Competencies & Curriculum			
16. Regulation Recognize and manage one’s emotions. 3-5.SE.1 Demonstrate an understanding of the impact of choices/actions.	STUDENT LEADERSHIP PORTRAIT COMPETENCIES			
	Personal Effectiveness Self-Regulation	Interpersonal Effectiveness Relationship Building Empathy Communication	Lead Self Develop Strengths Actively Contribute Continuously Improve	Lead Others Cultivate Trust Share Purpose Align Teams Empower Potential
	MODULES			
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17. Connection Demonstrate the ability to network with others through social awareness and cultural sensitivity. 3-5.SE.2 Continue to try to understand how the other students might think, feel, and/or respond.	STUDENT LEADERSHIP PORTRAIT COMPETENCIES			
	Personal Effectiveness Self-Regulation	Interpersonal Effectiveness Relationship Building Empathy Communication Collaboration	Lead Self n/a	Lead Others Cultivate Trust Share Purpose Align Teams Empower Potential
	MODULES			
	Grade 3 • Recognizing My Emotions • Self-Regulation • Proactive Practices • High Trust Behaviors • Emotional Bank Accounts • Repairing Trust • Win-Win • Abundance • Courage To Stand Up for Others • Empathic Listening • Respectful Communication • Meeting & Greeting • Working With Others	Grade 4 • Perseverance • Recognizing Emotions • Regulating My Emotions • Proactive Language & Circle of Control • Emotional Bank Accounts • Talking Straight • Showing Loyalty • Thinking Win-Win • Courage & Consideration • Standing Up for Ourselves & Others • Empathy	Grade 5 • Recognizing Emotions • Regulating My Emotions • Circle of Control • Emotional Bank Accounts • Building Relationship Trust • Extending Trust • Win-Win • Showing Consideration • Standing Up for Others • Empathy • Empathic Listening • Speaking Respectfully • Synergizing With Others	

	• Valuing Differences • 3rd Alternatives	• Empathic Listening • Respectfully Seeking to Be Understood • Celebrating Differences • Finding 3rd Alternatives • Working With Others	• Valuing Differences • Finding 3rd Alternatives														
18. Collaboration Work well with others in a team. 3-5.SE.3 Engage in cooperative game play.	STUDENT LEADERSHIP PORTRAIT COMPETENCIES <table><tr><th>Personal Effectiveness</th><th>Interpersonal Effectiveness</th><th>Lead Self</th><th>Lead Others</th></tr><tr><td>Self-Regulation Vision Time Management</td><td>Relationship Building Empathy Communication Collaboration</td><td>Achieve Goals Actively Contribute</td><td>Cultivate Trust Share Purpose Align Teams Empower Potential</td></tr></table> MODULES <table><tr><th>Grade 3</th><th>Grade 4</th><th>Grade 5</th></tr><tr><td> • Recognizing My Emotions • Self-Regulation • Proactive Practices • My Personal Values • Consider Consequences • My Personal Mission Statement • Time Matrix • Plan Every Week • Asking for Help • Learning About Goal Achievement • Achieving My Goals • Accountability Partners • High Trust Behaviors • Emotional Bank Accounts • Repairing Trust • Win-Win • Abundance • Courage To Stand Up for Others • Empathic Listening • Respectful Communication • Meeting & Greeting • Working With Others • Valuing Differences • 3rd Alternatives • Helping Others • Team Strategies </td><td> • Perseverance • Recognizing Emotions • Regulating My Emotions • Proactive Language & Circle of Control • Creating My Personal Mission Statement • Living By My Personal Mission Statement • Envisioning the Future • Prioritizing Big Rocks • Planning Every Week • Saying No to Peer Pressure • Learning About Goal Achievement • Achieving My Goals • Accountability Partners • Emotional Bank Accounts • Talking Straight • Showing Loyalty • Thinking Win-Win • Courage & Consideration • Standing Up for Ourselves & Others • Empathy • Empathic Listening • Respectfully Seeking to Be Understood • Celebrating Differences • Finding 3rd Alternatives • Working With Others • Thinking Critically • Serving Others </td><td> • Recognizing Emotions • Regulating My Emotions • Circle of Control • Defining Expectations • Creating My Personal Mission Statement • Living by My Personal Mission Statement • Learning About Goal Achievement • Achieving My Goals • Accountability Partners • Emotional Bank Accounts • Building Relationship Trust • Extending Trust • Win-Win • Showing Consideration • Standing Up for Others • Empathic Listening • Speaking Respectfully • Synergizing With Others • Valuing Differences • Finding 3rd Alternatives • Using My Voice to Make a Contribution • Leading Through Service </td></tr></table>			Personal Effectiveness	Interpersonal Effectiveness	Lead Self	Lead Others	Self-Regulation Vision Time Management	Relationship Building Empathy Communication Collaboration	Achieve Goals Actively Contribute	Cultivate Trust Share Purpose Align Teams Empower Potential	Grade 3	Grade 4	Grade 5	• Recognizing My Emotions • Self-Regulation • Proactive Practices • My Personal Values • Consider Consequences • My Personal Mission Statement • Time Matrix • Plan Every Week • Asking for Help • Learning About Goal Achievement • Achieving My Goals • Accountability Partners • High Trust Behaviors • Emotional Bank Accounts • Repairing Trust • Win-Win • Abundance • Courage To Stand Up for Others • Empathic Listening • Respectful Communication • Meeting & Greeting • Working With Others • Valuing Differences • 3rd Alternatives • Helping Others • Team Strategies	• Perseverance • Recognizing Emotions • Regulating My Emotions • Proactive Language & Circle of Control • Creating My Personal Mission Statement • Living By My Personal Mission Statement • Envisioning the Future • Prioritizing Big Rocks • Planning Every Week • Saying No to Peer Pressure • Learning About Goal Achievement • Achieving My Goals • Accountability Partners • Emotional Bank Accounts • Talking Straight • Showing Loyalty • Thinking Win-Win • Courage & Consideration • Standing Up for Ourselves & Others • Empathy • Empathic Listening • Respectfully Seeking to Be Understood • Celebrating Differences • Finding 3rd Alternatives • Working With Others • Thinking Critically • Serving Others	• Recognizing Emotions • Regulating My Emotions • Circle of Control • Defining Expectations • Creating My Personal Mission Statement • Living by My Personal Mission Statement • Learning About Goal Achievement • Achieving My Goals • Accountability Partners • Emotional Bank Accounts • Building Relationship Trust • Extending Trust • Win-Win • Showing Consideration • Standing Up for Others • Empathic Listening • Speaking Respectfully • Synergizing With Others • Valuing Differences • Finding 3rd Alternatives • Using My Voice to Make a Contribution • Leading Through Service
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