

2024-2025

AFTER SCHOOL ACTIVITIES

Program
Registration fees



aefe
Agence pour
l'enseignement français
à l'étranger



WHY IS AN AFTER SCHOOL ACTIVITY?

THRIVE

Fosters self-esteem in the child and contributes to the development of their personality.

Has a positive effect on their physical and mental development.

LEARN

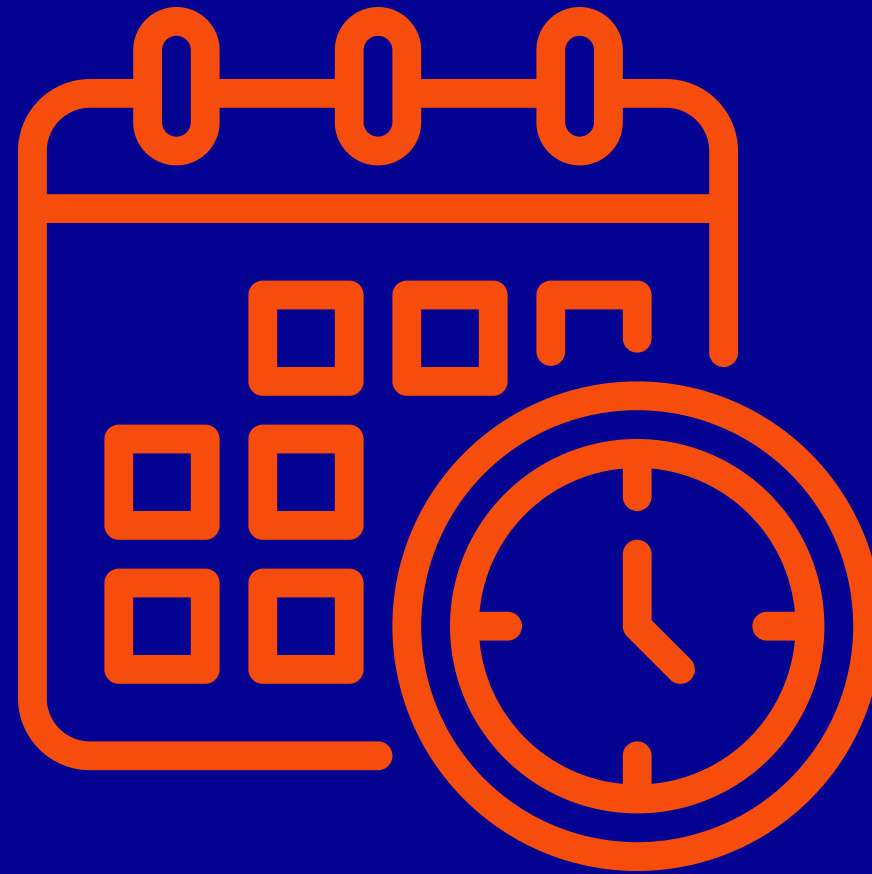
Helps to reinforce the lessons learned in class in a playful manner.

ORGANIZATION

- ✓ Primary school pupils will be looked after by IFS staff from 3:30 to 4:00 pm for all activities outside the ones from the Alliance Française.
- ✓ Activities will start on September 9, 2024 and end on June 27, 2025, according to the schedule of the providers.
- ✓ Registration for activities is to be made with the various providers via the registration links shared in this document.
- ✓ Registration for activities is for the year (except for Dutch, on Wednesdays).



SCHEDULE



PRE-SCHOOL



MONDAY

Langage & Motor skils
TPS-PS
17h00-18h30

I Create, I Play
MS-CP
16h00 - 17h00

FitNut
PS-MS
16h00 - 17h00

Science Lab
GS-CEI
16h00 - 17h00

TUESDAY

Langage & Motor skils
TPS-PS
17h00-18h30

I Create, I Play
PS-GS
15h45 - 17h00

FitNut
GS-CP
16h00 - 17h00

Little Makers
GS-CEI
16h00 - 17h00

WEDNESDAY

Langage & Motor skils
PS-MS
11h15-13h

Art Nature
MS-CP
11h45 - 13h00

Dutch
MS-GS
12h00- 13h00

Tennis
GS-CEI
(Not in the school)
Pick-up TBC

THURSDAY

Langage & Motor skils
TPS-PS
17h00-18h30

I Create, I Play
PS-GS
6h00 - 17h00

Little Makers / Mini Professors
PS-MS
16h00 - 17h00

Water colors
GS-CEI
16h00- 17h00

FRIDAY

Langage & Motor skils
TPS-PS
17h00-18h30

I Create, I Play
PS-GS
15h45 - 17h00

Drama Sing /Choral
PS-GS
16h00 - 17h00

PRIMARY



MONDAY

I Create, I Play

MS-CP
16h00 - 17h00

Theater

CE1-CM1
16h00 - 17h00

Science Lab

GS-CE1
16h00 - 17h00

Little Makers

CE2-CM2
16h00 - 17h00

Circus

CE2 - CM2
16h00-17h00

Robotics

CE2-CM2
16h00 - 17h00

TUESDAY

Art from Five Continent

CE2-CM2
16h00 - 17h00

FitNut

GS-CP
16h00 - 17h00

Little Makers / Mini Professors

GS-CE1
16h00 - 17h00

Basic Coding

CE2-CM2
16:00-17:00

Chess

CE1-CM2
16:00-17:00

Water colors

CE2-CM2
16:00-17:00

Digital Literacy

CP-CM2
16:00-17:00

WEDNESDAY

Gardening

CP-CE2
11h45 - 13h00

Yoga

CE1-CM2
11h45 - 13h00

Art Nature

MS - CP
11h45-13h00

Textile Creations

CM1-CM2
11h45 - 13h00

2D/3D Creation

CE2-CM2
11:45-13:00

Tennis

GS-CE2
Pick-up TBC

Art from Five Continents

CE2-CM2
11h45 - 13h00

THURSDAY

Intermediate Coding

CE2-CM2
16h00-17h00

Water colors

GS-CE1
16h00-17h00

Drama Act - Theatre

CE2-CM2
16h00 - 17h00

Robotics

CP-CM2
16h00 - 17h00

FRIDAY

Art History

CP-CE2
16h00 - 17h00

My 1st BD

CE1-CM2
16h00 - 17h00

Capoeira

CP-CM2
16h00 - 17h00

Choral

CP-CM2
16h00 - 17h00

Digital Skills

CP-CM2
16h00 - 17h00

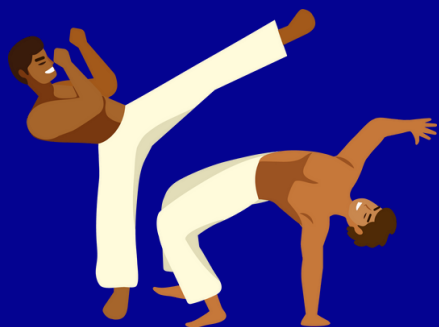
Circus

CP-CE1
16H00-17H00

TO SUBSCRIBE



Capoeira



During capoeira class, children will develop multiple characteristics such as coordination, strength, flexibility, rhythm and reflexes. Capoeira helps children develop self-confidence, self-acceptance and acceptance of others.

Price : 400€

Classes : CE2-CM2

Company : Tigresa --> [Subscribe](#)

FitNut



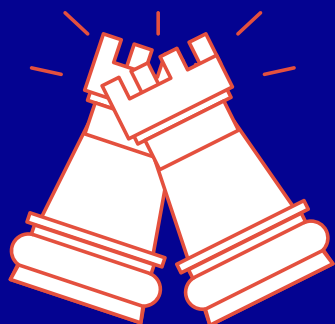
The FitNut program consists of fun and engaging hands-on fitness and nutrition sessions designed to promote healthy habits in pupils. Throughout the FitNut program, children experience circuit training, practical nutrition education and will have their own smoothie to drink at the end of the session.

Price : 465€

Classes : CE2-CM2

Company : Little Start Fitness --> [Subscribe](#)

Chess



Steve Michel is a graduated youth chess trainer. He has been teaching chess at schools for more than 15 years. He has more than 30 years of experience with competitive chess.

Price : 390€

Classes : CM1-CM2

Company : Funchess.nl --> [Subscribe](#)

Yoga



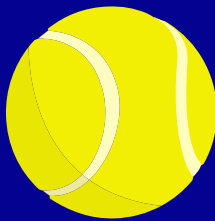
Yoga is a wonderful way to develop your imagination, while practising a gentle sport. During yoga lessons, children will learn to channel their energy, concentrate on their breathing and listen to their bodies.

Price : 499€

Classes : CE1-CM2

Company : Alliance Française --> [**Subscribe**](#)

Tennis



From beginner to advanced.

A pick-up by the instructor from the school can be organized according to the number of students registered.

Classes : GS-CE2

Company : Hiiginstennnis > [**Subscribe**](#)

Drama Sing- Choral



We will explore our body as a musical instrument through : Body percussion – Vocal games based on polyrhythm and polyphony – Vocal and rhythmic improvisations. We will explore the relationship between music and language: – Music and dance – Music and text – Artistic research for a theatrical staging of body and voice.

Price : 390€

Classes : PS-GS

Company : Marion Laville --> [Subscribe](#)

Choral



A professional musician and choral conductor, Camille has taught classical guitar for several years at conservatories in France, and directed choirs. Choir is a wonderful space for opening up to music with others. During the workshop, we will learn different vocal and breathing techniques, always in a fun and child-friendly. We sing together, in canon and polyphony, to French and world songs. Choir is a space where the collective carries us forward, nurturing our creativity and sensitivity.

Price : 400€

Classes : CP-CM2

Company: Camille Devoulon --> [Subscribe](#)

Theater



Drama is the ideal activity to help your kid gain confidence and poise while meeting new friends. Through exercises in mime, diction and improvisation, they will discover and learn to express themselves using their body and voice. Costumes and sets will be on hand, first for memorization activities, then for group performances in the form of skits.

Price : 520€

Classes : CE1-CM1

Company : Alliance Francaise --> [Subscribe](#)

Circus



Circus will help to develop relational and social values: cooperation, mutual aid, self-confidence, and confidence in others. It is composed with various physical activities combining physical performance, body expression, and communication. This will allow students to increase their physical abilities.

Price : 390€

Classes : CP-CE2

Company: Jessie Gilhuis --> [Subscribe](#)

Drama Act – Theater



We will explore tools and techniques that broaden and enrich the field of play: – Developing physical and sensory availability (concentration, attention, perception, listening to oneself and others, etc.) – Students will development personal expression through improvisation games.

Price : 390€

Classes : PS-GS, CE2-CM2

Company : Marion Laville --> [Subscribe](#)

Gardening



We will explore our body as a musical instrument through : – Body percussion – Vocal games based on polyrhythm and polyphony – Vocal and rhythmic improvisations. We will explore the relationship between music and language: – Music and dance – Music and text – Artistic research for a theatrical staging of body and voice

Price : 535€

Classes : CP –CE2

Company : Alliance française --> [Subscribe](#)

Watercolor



Watercolor is a hypnotic dance of water and pigments on paper. As for drawing, while it may seem like a simple movement of the hand on a sheet of paper, it's a complex practice involving motor, cognitive and emotional processes. We'll also discover the secrets of Indian ink. This workshop is the perfect way to end the day on a magical, colorful note!

Price : 400€

Classes : GS-CM2

Company : Margot Van Haelst --> [Subscribe](#)

2D/3D Creation



We'll try to perfect our eye from 2D to 3D by exploring different fields and materials (painting, sculpture, 3D drawing). Volumes, proportions and shapes: we'll start with life drawing, then move on to modeling. Students will experience the visual effects of combining shapes, colors and textures. Intention, a little curiosity, a few tools and off we go, making things with our hands! They'll develop their self-confidence and imagination, and stimulate their ability to learn while having fun.

Price : 400€

Classes : CE2-CM2

Company : Margot Van Haelst --> [Subscribe](#)

I Create, I Play



In this workshop, children will enjoy a variety of age-appropriate activities. It's through play that children discover the world around them: they experiment, discover their environment, learn to interact with their peers and develop their language skills. We'll be doing all kinds of activities to get your kids excited: painting, drawing, plastic arts, games, theater... anything to have fun in French and develop their creativity and imagination!

Price :

- Mondays : 520€
- Tuesdays : 535€
- Thursdays : 505€
- Fridays : 490€

Classes : PS- CP

Company : Alliance Française --> [Subscribe](#)

Art from Five Continents



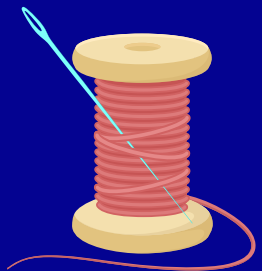
In this workshop, children will explore the world through manual and artistic activities. They'll discover the different continents, their artistic traditions and their cultural heritage. Each quarter will be dedicated to one or more regions of the world: Asia, the Americas, Africa, Europe and Oceania. Children will learn new artistic techniques and draw inspiration from these ancestral traditions.

Price : 535€

Classes : CE2-CM2

Company : Alliance Française --> [Subscribe](#)

Textile Creations



This workshop will introduce children to hand sewing, embroidery and crochet, allowing them to develop their dexterity and creativity! This type of manual activity also helps to relax and unwind after school, while teaching patience. It also helps them develop self-confidence as they work on their creations with Cécile.

At a time of textile overconsumption, this workshop will turn your child into a responsible consumer who learns how to repair his or her own clothes and reuse pieces of fabric to make new creations.

Price : 575€ including material

Classes : CM1-CM2

Company : Alliance Française --> [Subscribe](#)

Nature Art



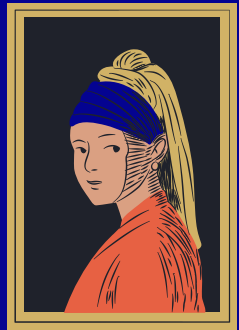
The afternoon nature break! In this workshop, children will discover the world of nature through art activities. They'll discover the different categories of trees and flowers, and have fun recognizing art in nature. Nature and its different shapes, sounds and colors will be a great source of inspiration!

Price : 535€

Classes : MS-CP

Company : Alliance Française --> [Subscribe](#)

Art History



Let's sharpen our eye for art. It's everywhere, it surrounds us, but in what form? Painting, drawing, architecture, calligraphy, collage, what else? From the classics to street art, your child will discover the fascinating world of the visual arts: artists who have marked their era, styles and movements, techniques, colors... your child will no longer hold any secrets! Above all, this workshop will be practical! Your child will paint, draw, color, glue, cut out, etc., using different techniques and media: pencil, watercolor, Indian ink, charcoal, collage, pastel, paint... Children will give free rein to their imagination, while enjoying a nod to art history.

Price : 490€

Classes : CP-CE2

Company : Alliance Française --> [Subscribe](#)

My First comics



Welcome to the world of comics, the popular ninth art form that invites us into a world of many and varied stories and drawing styles. Children will discover not only the richness of this universe, but also their own potential and talent. In this workshop, your child will learn to draw comics and discover the specificities of each style (manga, Franco-Belgian comics, American comics...), while respecting the ideas and creativity of each.

Price : 490€

Classes : CE1-CM2

Company : Alliance Française --> [Subscribe](#)

Little Makers



Little Makers is an Art Atelier inspired by the Reggio Emilia approach where a variety of process art and sensorial exploration workshops are offered. Process art focuses on the art of making, experimenting and discovering rather than the art product itself. Children use exploration to discover new materials, techniques and tools along open-ended proposals.

Price : 490€

Classes : CE2-CM2

Company : WOW Nederlands--> [Subscribe](#)

Mini Professors



Mini Professors gives children a chance experience real science in a safe environment through hands-on educational lessons. We have selected a range of topics that are both interesting and have associated hands-on experiments. Sessions include themes like: chemical reactions, solar system, dinosaurs, seasons and many others.

Price : 490€

Classes : PS-MS, GS-CEI

Company : WOW Nederland --> [Subscribe](#)

Science Club



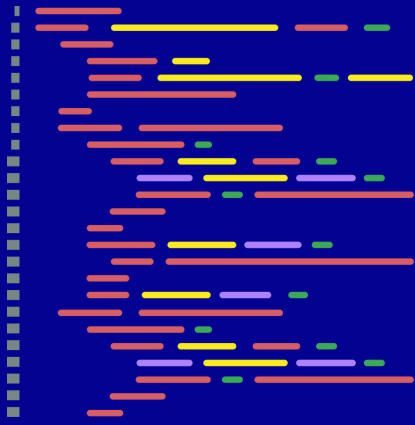
Our little scientists will be entering the lab to study the subject of the day. It will all be about the wow factor! Let's make learning fun! So let's fizz, pop, inflate and even explode. The little scientists will verbalize their expectations and results to start being acquainted with the scientific method in an easy way.

Price : 496€

Classes : GS-CEI

Company : Science Camp--> [Subscribe](#)

Coding



Tuesday Basic Coding

This is a beginners class. Students will gain a basic knowledge of computer programming by exploring block coding with Scratch. This coding language requires no previous knowledge and acts as the perfect platform into the world of computer literacy. Each week students will learn key computational concepts and practices through the creation of their own animations, interactive stories and games. They will investigate fundamentals such as sequence, loops, conditionals, testing and debugging and creative problem solving.

Thursday Intermediate Coding

Now that students have a basic knowledge of computer programming we will be exploring more options. We will continue our journey in Scratch. Each week students will learn key computational concepts and practices through the creation of their own animations, interactive stories and games.

Price : 496€

Classes : CE2-CM2

Company : Science Camp--> **Subscribe**

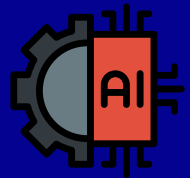
Programming in Scratch, Python, Work with AI

Price : 408€

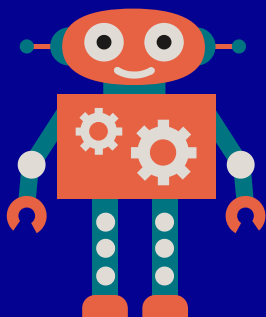
Classes : CP-CM2

Company : UCMAS -> **Subscribe**

Digital Skills



Robotics



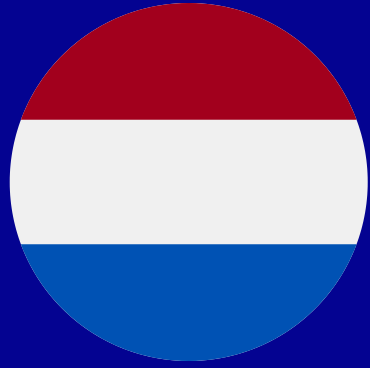
Robotics education is essential for preparing children for a technologically advanced world by fostering interest in STEM subjects and developing skills like creativity, innovation, and logical reasoning. Students build hardware and software in class, with the software integrated with Scratch to enhance their programming education and enable them to implement solutions in robots. The platform is Lego Spikes.

Price : 408€

Classes : GS-CE2

Company : USCMAS--> **Subscribe**

Dutch



We offer an after-school program at IFS for kids that have a medium level of Dutch. Because our focus is expanding vocabulary, the child needs to have a base of Dutch speaking.

Price : 510€ **for only Term 1 will be from 11th of September till the 29th of January**

Classes : MS-GS

Company : Li Yoffe --> [Subscribe](#)

Language & Motor skills



Our after-school freeplay activity offers children a safe and engaging environment to enhance their language and motor skills. Through a variety of games, crafts, and team-building exercises, kids can develop crucial abilities while having fun and making new friends.

Price : 495€

Classes : TPS-PS

Company : IFS --> [Subscribe on Eduka](#)