

Triennial Assessment Tool
Thomas County School System
May 17, 2024

Every three years or more often if the district desires, the district must conduct an assessment of the wellness policy that is made available to the public. The evaluation must address:

- Compliance with the district policy
- The extent to which the local wellness policy compares to the [Model Wellness Policy](#)
- Progress made in attaining the goals of the wellness policy

The first triennial assessment should be completed by June 30, 2023 or earlier. The second triennial assessment is due 3 years from the completion of the first triennial assessment. Districts are required to make the Local Wellness Policy and Triennial Assessment available to the public.

Date of Assessment: Thomas County		Name of School District: Thomas County		Number of Schools in District: 7	
Nutrition Education Goal(s):		Goal Status (select one):	Number of Compliant Schools:	Notes:	
1. Nutrition education is offered at each grade level as part of a sequential, comprehensive, standards-based program designed to provide students with the knowledge and skills necessary to promote and protect their health.		Partially Completed	5	• K-5 Students participate in the Live Better Curriculum provided by Archbold. • K-5 students participate in an annual Superfood Try-Day (taste test) sponsored by Live Better. • K-5 students receive a monthly Superfood newsletter to take home and share with their families. • Students at HNH participate in Healthy Habits Day and receive a MyPlate sponsored by Archbold. • Upper grades 6-12 have nutrition education incorporated into their health curriculum.	

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			• Integrated into the classroom • Missing Feedback from Renaissance and TCCHS on this goal
2. Nutrition and health/wellness information is made available to all stakeholders.	Completed	7	• Wellness information is shared with staff via email, monthly “All Employee” newsletter, and district webpage. • The website has a webpage dedicated to wellness which stakeholders can access at any time. • Health & Wellness tips are included on morning announcements at TCCHS? • Through the Live Better initiative, K-5 students and families receive a Superfood of the Month newsletter with a Superfood recipe. • Links to nutrition and wellness resources are made available on our webpage.
Nutrition Promotion Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. Thomas County Schools are committed to providing positive nutrition messaging and promoting healthy food and beverage choices throughout the district using a variety of methods.	Completed	7	• Serving line signs and social media posts highlighting locally grown foods served in cafeteria. • Signage in all cafeterias promoting national school breakfast week and national school lunch week. • Social media posts.

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			• Monthly District Wellness Newsletter emailed and posted on public website. • School announcements • Signage outside of the cafeteria (health room, PE, bulletin boards) • Taste Tests • Incorporated into school handbooks
2. The schools and school district promote and encourage participation in the National School Breakfast Program and National School Lunch Program.	Completed	7	• Teachers at each school encourage students to eat breakfast and lunch at school. • School handbooks contain language that discourages parents from bringing in outside food from restaurants. • The school nutrition department promotes both the breakfast and lunch program on social media (Facebook/Instagram). • School Nutrition celebrates National School Lunch Week and National School Breakfast Week annually. • Student engagement and feedback via surveys (Google Forms) and taste tests.
Physical Activity Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
1. All elementary schools will offer recess daily.	Completed	3	• Hand in Hand, Garrison-Pilcher, and Cross Creek all offer recess daily.

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			Some schools offer “extra recess” time weekly as a reward
2. Teachers are encouraged to incorporate movement and physical activity into learning when possible.	Partially Completed	5	- Teachers utilize Go Noodle - Some teachers offer Brain Breaks - Outdoor Classrooms which allow movement - Music and Movement built into schedule - Some teachers lead stretching before big assignments and tests - Some teachers allow students to stand and move when needed in the classroom - Moving to counting songs - Missing Feedback from Renaissance and TCCHS on this goal
3. Teachers are encouraged to serve as role models by being physically active alongside students whenever possible.	Partially Completed	5	5 out of 5 schools agree that their school models, supports, and encourages healthy eating. - Missing Feedback from Renaissance and TCCHS on this goal
4. Schools should discourage withholding opportunities for physical activity as punishment.	Partially Completed	4	4 out of 5 schools that responded agreed that their school does not withhold opportunities for physical activity as punishment. - Missing Feedback from Renaissance and TCCHS on this goal

Other School-Based Activities that Promote Student Wellness Goal(s):	Goal Status (select one):	Number of Compliant Schools:	Notes:
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1. Extracurricular physical activity programs are available to students.	Partially Completed	6	• Hand in Hand offers dance and wrestling • Girls on the Run- TCMS & Cross Creek • Morning Mile & Gymnastics- Garrison-Pilcher • Variety of extracurricular activities (disk golf, football, soccer, track, etc..) at TCMS and TCCHS • Physical Conditioning at Bishop Hall • Missing feedback from the Renaissance Center on this goal.
2. All students have the opportunity to utilize services at the school-based health clinic.	Completed	7	• All students in the district have access to the school-based health clinic. • District provides bussing from students' home school to the health clinic during school hours.
3. Schools will provide students with adequate time to eat both breakfast and lunch at school.	Completed	7	• Scheduled lunch periods averaging 30 minutes each
Nutrition Guidelines for All Foods and Beverages Sold to Students	Status (select one):	Number of Compliant Schools:	Notes:
1. All food fundraisers sold during the school day will meet Smart Snack requirements or will go through the process of approval as an exempt fundraiser.	Partially Completed	4	• Most schools do not host food-based fundraisers during the school day. • Cross Creek will utilize exempt fundraiser form to have Kona Ice throughout the year

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			Missing feedback from Renaissance and TCCHS on this goal
2. Foods and beverages sold to students outside of the reimbursable meal program will meet Smart Snack regulations.	Partially Completed	5	5 out of 5 schools do not sell foods and beverages to students (outside of fundraiser information included above) - Missing feedback from Renaissance - Working with TCCHS school store to source Smart Snack compliant foods and beverages
Nutrition Guidelines for All Foods and Beverages Not Sold to Students <i>(i.e., classroom parties, foods given as reward)</i>	Status (select one):	Number of Compliant Schools:	Notes:
1. Parents and guardians are encouraged to provide healthy food choices for celebrations or class parties.	Partially Completed	4	4 out of 5 schools agree that their school encourages parents to bring in healthy foods and drinks for celebrations. - Elementary school handbook contains language that encourages healthy food choices for celebrations. - A list of healthy party snacks is included in the elementary school handbook and on our district website. - Missing feedback from Renaissance and TCCHS on this goal

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2. Schools are encouraged to offer non-food rewards to students.	Partially Completed	4	4 out of 5 schools agree that their school encourages non-food rewards or provides Smart Snack compliant foods and beverages to students during the school day. - Missing feedback from Renaissance and TCCHS on this goal
Policies for Food and Beverage Marketing	Status (select one):	Number of Compliant Schools:	Notes:
1. Foods or beverages that are not Smart Snack compliant will not be marketed to students anywhere on the school campus.	Partially Completed	5	5 out of 5 schools agree that their school does not promote or market unhealthy foods to students while on campus. - Missing feedback from Renaissance and TCCHS on this goal

Wellness Policy Leadership <i>Name of school official(s) who are responsible to ensure compliance.</i>	Title and School	Notes:
1. Jeana Smith	Director of School Nutrition and Wellness	Superintendent Designee responsible for general oversight of Wellness Policy at district level
2. Dee Gaines	Principal, HnH	Superintendent Designee responsible for compliance with Wellness Policy at school level: Hand in Hand
3. Robin Binion	Principal, GP	Superintendent Designee responsible for compliance with Wellness Policy at school level: Garrison-Pilcher

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4. Ashley Lane	Principal, CC	Superintendent Designee responsible for compliance with Wellness Policy at school level: Cross Creek
5. Deann Garcia	Principal, TCMS	Superintendent Designee responsible for compliance with Wellness Policy at school level: TCMS
6. Jamie Thompson	Principal, TCCHS	Superintendent Designee responsible for compliance with Wellness Policy at school level: TCCHS
7. Dr. Verna Wiggins	Principal, BH	Superintendent Designee responsible for compliance with Wellness Policy at school level: Bishop Hall
8. Todd Creech	Principal, RC	Superintendent Designee responsible for compliance with Wellness Policy at school level: Renaissance Center
9. Yvette Morrell	Director, Pathways	Superintendent Designee responsible for compliance with Wellness Policy at school level: Pathways
Wellness Committee Involvement <i>List of committee members' names</i>	Title and Organization	Notes:
1. Sara Chew	Parent, GaDPH	
2. Darian Peavy	YMCA	
3. Blakley Morris	Lead School Nurse GP/TC Schools	
4. Philip Duplantis	Athletic Director TCCHS/TC Schools	
5. Lisa Guyton	Health & PE, GP	
6. Brecca Pope	Assistant Superintendent TC Schools	
7. Rhonda Melton	Health & PE, CC	
8. Clay Stanaland	Director of Student Services TC Schools	
9. Hanah Taylor	PE, HnH	
10. LaTonya Williams White	Resource Center	
11. Leah Smith	School Board Member	
12. Lee Taylor	Health & PE, TCMS	
13. Misty Taylor	Parent Involvement Coordinator, TCMS	
14. Tara Parker	Parent, Cafeteria Manager, GP	

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15. Todd Bennett	Community Outreach Manager Archbold	
16. Nikki Duncan	Parent, Archbold	
17. Paige Parkerson	Student	
18. Ben Smith, PA	Parent, McIntosh Clinic/FSU	
19. Morgan Adams	Parent Involvement Coordinator/Counselor CC	
20. Olivia Tumlin	UGA Extension Agent Thomas County	
21. Brandi Norton	TC Schools Benefits Coordinator	
22. Rachel Lackey	Parent, NP, School Based Health Clinic	
23. Anna Catherine Duplantis	Student	
24. Shundra Samual	DPH	
25. Chad Ward	PE, Bishop Hall	
26. Matt Tanner	PE, TCCHS	

KEY	
Completed	select if you have met this goal at all schools
Partially Completed	select if one or more schools has met this goal
In Progress	select if you are working on the goal, but none of the schools have met the goal
Not Completed	select if you have not begun working on this goal