

WATERBURY PUBLIC SCHOOLS - LUNCH - SUMMER 2024

Monday	Tuesday	Wednesday	Thursday	Friday
June 24th	June 25th	June 26th	June 27th	June 28th
<p>Sunbutter & Jelly Sandwich served with Honey Roasted Sunflower Seeds</p> <p>Pretzel Goldfish Crackers Diced Carrots, Beets 100% Fruit Juice / Chilled Fruit Low-Fat Milk</p>	<p>Breaded Chicken Patty on a WG Dinner Roll</p> <p>Three Bean Salad, Corn Cheddar Goldfish Crackers, BBQ Sauce Chilled Fruit Low-Fat Milk</p>	<p>Turkey & Cheese on a WG Hamburger Roll</p> <p>Fresh Carrots, Assorted Beans Condiments Chilled Fruit Low-Fat Milk</p>	<p>Breaded Chicken Tenders on WG Wrap with Mozzarella String Cheese Stick</p> <p>Cool Ranch Tortilla Chips Lettuce, Tomato, Ketchup, Mayonnaise Chilled Fruit Low-Fat Milk</p>	<p>Turkey Ham & Cheese on a WG Hamburger Roll</p> <p>Broccoli, Tomatoes Condiments Chilled Fruit Low-Fat Milk</p>
July 1st	July 2nd	July 3rd	July 4th	July 5th
<p>Assorted Yogurt, Mozzarella String Cheese Stick & Vanilla Bear Graham Crackers</p> <p>Nacho Cheese Tortilla Chips Three Bean Salad, Peas 100% Fruit Juice / Chilled Fruit Low-Fat Milk</p>	<p>Turkey & Cheese on a WG Dinner Roll</p> <p>Scoops, Salsa, Beets Chilled Fruit Low-Fat Milk</p>	<p>Breaded Chicken Tenders on a WG Wrap</p> <p>Lettuce, Tomato, BBQ Sauce Chilled Fruit Low-Fat Milk</p>	<p style="text-align: center;">Independence Day NO SUMMER MEALS SERVED TODAY</p>	<p>Turkey Ham & Cheese on a WG Hamburger Roll</p> <p>Fresh Carrots, Assorted Beans, Condiments 100% Fruit Juice / Chilled Fruit Low-Fat Milk</p>
July 8th	July 9th	July 10th	July 11th	July 12th
<p>Sunbutter & Jelly Sandwich served with Mozzarella String Cheese</p> <p>Nacho Cheese Tortilla Chips, Salsa, Three Bean Salad, Condiments 100% Fruit Juice / Chilled Fruit Low-Fat Milk</p>	<p>Turkey Ham & Cheese Sandwich on a WG Hamburger Roll</p> <p>Cheddar Goldfish Crackers Broccoli, Corn, Condiments Chilled Fruit Low-Fat Milk</p>	<p>Breaded Chicken Tenders on a WG Wrap with Mozzarella String Cheese Stick</p> <p>Graham Crackers, Pudding Lettuce, Tomato, Honey Mustard Chilled Fruit Low-Fat Milk</p>	<p>Turkey & Cheese Sandwich on a WG Kaiser Roll</p> <p>Fresh Baby Carrots, Assorted Beans Condiments Chilled Fruit Low-Fat Milk</p>	<p>Breaded Chicken Patty on a WG Hamburger Roll</p> <p>Diced Carrots, Beets Baked Lays Chips, BBQ Sauce 100% Fruit Juice / Chilled Fruit Low-Fat Milk</p>
July 15th	July 16th	July 17th	July 18th	July 19th
<p>Assorted Yogurt, Sunflower Seeds, and Vanilla Bear Graham Crackers</p> <p>Diced Carrots, Beets Nacho Cheese Tortilla Chips 100% Fruit Juice / Chilled Fruit Low-Fat Milk</p>	<p>Turkey Ham Sandwich on a WG Hamburger Roll with Mozzarella String Cheese Stick</p> <p>Lettuce, Tomato Condiments Chilled Fruit Low-Fat Milk</p>	<p>Breaded Chicken Tenders on a WG Wrap</p> <p>Cool Ranch Tortilla Chips, Salsa Assorted Beans, BBQ Sauce Chilled Fruit Low-Fat Milk</p>	<p>Turkey on a WG Hamburger Roll with Mozzarella String Cheese Stick</p> <p>Broccoli, Fresh Carrots Strawberry Fruit Roll-Up, Condiments Chilled Fruit Low-Fat Milk</p>	<p style="text-align: center;">Surprise Lunch</p> <p>Three Bean Salad, Corn 100% Fruit Juice / Chilled Fruit Low-Fat Milk</p>
July 22nd	July 23rd	July 24th	July 25th	July 26th
<p>Sunbutter & Jelly Sandwich served with Sunflower Seeds</p> <p>Three Bean Salad, Salsa Nacho Cheese Tortilla Chips 100% Fruit Juice / Chilled Fruit Low-Fat Milk</p>	<p>Breaded Chicken Patty on a WG Hamburger Roll with a Mozzarella String Cheese Stick</p> <p>Grape Tomatoes, Corn Condiments Chilled Fruit Low-Fat Milk</p>	<p>Turkey Ham & Cheese Sandwich on a WG Dinner Roll</p> <p>Assorted Beans, Baby Carrots Cheddar Goldfish Crackers, Condiments Chilled Fruit Low-Fat Milk</p>	<p>Breaded Chicken Tenders on a WG Wrap</p> <p>Lettuce, Tomato, Pretzel Goldfish BBQ Sauce Chilled Fruit Low-Fat Milk</p>	<p>Turkey & Cheese Sandwich on a WG Hamburger Roll</p> <p>Broccoli, Three Bean Salad Condiments 100% Fruit Juice / Chilled Fruit Low-Fat Milk</p>
July 29th	July 30th	July 31st	August 1st	August 2nd
<p>Assorted Yogurt, Sunflower Seeds, and Vanilla Bear Graham Crackers</p> <p>Peas, Beets Nacho Cheese Tortilla Chips 100% Fruit Juice / Chilled Fruit Low-Fat Milk</p>	<p>Turkey, Turkey Ham, & American Cheese on a WG Wrap</p> <p>Diced Carrots, Assorted Beans Graham Crackers, Condiments Chilled Fruit Low-Fat Milk</p>	<p>Sunbutter & Jelly Sandwich served with a Mozzarella String Cheese Stick</p> <p>Grape Tomatoes, Three Bean Salad Goldfish Pretzels, Condiments Chilled Fruit Low-Fat Milk</p>	<p style="text-align: center;">Surprise Lunch</p> <p>Lettuce & Tomato Condiments Chilled Fruit Low-Fat Milk</p>	<p>Breaded Chicken Tenders on a WG Wrap with a Mozzarella String Cheese Stick</p> <p>Salsa, Scoops, Broccoli Sweet & Sour Sauce, Ranch 100% Fruit Juice / Chilled Fruit Low-Fat Milk</p>
August 5th	August 6th	August 7th	August 8th	August 9th
<p style="text-align: center;">Surprise Lunch</p> <p>Corn, Fresh Carrots Condiments 100% Fruit Juice / Chilled Fruit Low-Fat Milk</p>	<p>Turkey Ham & Cheese Sandwich on a WG Hamburger Roll</p> <p>Assorted Vegetables Condiments Chilled Fruit Low-Fat Milk</p>	<p>Breaded Chicken Tenders on a WG Wrap</p> <p>Nacho Cheese Tortilla Chips Lettuce, Tomato, Honey Mustard Chilled Fruit Low-Fat Milk</p>	<p style="text-align: center;">Surprise Lunch</p> <p>Assorted Vegetables Condiments Chilled Fruit Low-Fat Milk</p>	<p style="text-align: center;">Last Day of Summer Feeding... SURPRISE DAY!</p> <p>Assorted Vegetables Condiments 100% Fruit Juice / Chilled Fruit Low-Fat Milk</p>

School Nutrition Programs
Our meals meet strict federal nutrition standards, including limits for calories, sugar, saturated fat, and sodium.

At least 80% of the grains offered per week are Whole Grain-Rich (WGR, WG)

Summer Lunch
Consists of a Meat / Meat Alternate, Grain, Fruit, Vegetable, & Milk. For best nutrition, we encourage you to choose all, however you must choose at least three, including a fruit or vegetable and two other full components

***DAILY FRUIT CHOICE AT LUNCH:**
Pre-K - Grade 8: juice is offered Mondays/Fridays
Grades 9-12: juice is offered daily
The City of Waterbury Schools Food Service is "Pork-Free". No pork is served or sold by our Child Nutrition Program.

For additional information on Summer Meals, including the most up-to-date site information, visit www.CTSummerMeals.org



Modified Meals are available if needed. Please contact the Waterbury Food Service Department (203)-346-2376

This Institution is an Equal Opportunity Provider.

Menu is Subject to Change 6/12/24