

## Sweet Home Schools

### **Building Use Committee Cafeteria Recommendations**



## Be Proactive - Elementary Cafeteria Goal



Provide an environment that *further* supports relationships building as an extension of what is already in place through each school's' programming, for example LiM.

Use research on best practices to build positive routines that further support students' social-emotional needs through healthy eating behaviors and attitudes.

Foster the skills associated with the social aspect of learning.



## Every student, one community, ready for the future.

## Begin with the End in Mind - Elementary Plan

#### Habit #2

## **Rotations**

Each school has a system to rotate classes/grade levels into the cafeteria.

## **Process**

- Students will have equal access to the time they are in the cafeteria v. in their classrooms.
- K-5 students will eat in a cafeteria and classroom setting.
- Smaller groups/ more emphasis on SEL and expectations.
- Maximize time to allow for a healthy eating environment.
- Schools will be encouraged to continue to provide additional eating opportunities beyond their classroom/cafeteria.

#### How to Build Social Emotional Learning into your Cafeteria - Mealtime Benefits

- Building Relationships
- Sharing Skills
- Exposure to New Foods

#### Mix it up Lunch Days - Learning for Justice

An international campaign that encourages students to identify, question and cross social boundaries.



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# We Are Sweet Home



