

Glendale's Social-Emotional Team News

June 2023

Mrs. Lynn Kawa

School Counselor

lkawa@sweethomeschools.org

(716) 250-1512

Miss Zoe Gionis

School Psychologist

zgionis@sweethomeschools.org

(716) 250-1509

Miss Kendra Ciezki

School Social Worker

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(716) 250-1500

SHEF Backpack Food Program

The Sweet Home Education Foundation (SHEF) Backpack Food Program will continue throughout the summer with deliveries of non-perishable foods to the home every other week for families in the school district already participating in the program.

Should you wish to be added to this program, please contact Mrs. Kawa. Deliveries for new families may start as soon as June 15th.

Non-Perishable Food Collection

We are doing one last collection of non-perishable food items to help stock the shelves for the SHEF Weekend Backpack Food Program. Any non-perishable items or toiletries may be dropped off to Mrs. Kawa's room in the office by June 16th. Of particular need is soup, canned vegetables, cereal, crackers, granola bars and snacks. Thank you for your help in supporting our community!

Counseling Support in the Community

Counseling in the community is available through the **Sweet Home Family Support Center** (FSC). The FSC can also help with information regarding immediate needs resources, among other things.

Please contact us if we can be of assistance in making a referral to the FSC. The FSC may also be reached directly at (716) 250-1229.

5th-Grade Middle School Orientation

Glendale 5th grade students visited Sweet Home Middle School on Thursday, May 25th. We heard from the middle school counselor and students, and toured the school.

Additionally, middle school orientation lessons have been occurring in 5th-grade classes, including topics such as a general overview of what to expect at the middle school; how to open a combination lock; how to read a 6th-grade schedule; and general questions and answers.

Parents/Guardians will receive a letter from the middle school over the summer with their child's 6th-grade schedule, as well as a date to come to the school to walk through their child's schedule. Please contact Mrs. Kawa with any questions.

Thank You To Our Therapy Dogs

We have had a great first year full of visits from therapy dogs Bella and Dory this year. We thank the dogs and their owners for spending time at Glendale with us. A huge thank you also to our students on the Paw Patrol action team for getting the dogs to where they need to be each visit, and to Miss Ciezki for overseeing the program at Glendale.

Community Supports and Programs

Please see the following pages for flyers for upcoming community supports and programs.

The Northwest Amherst Community Center (opening September 2023) is sponsoring a writing contest in collaboration with the Audubon Library. Please see the flyer for all information. Entries may be dropped in the main office, to the Audubon Library, or emailed (see flyer) by June 16th.

Writing Contest

Town of
**Amherst Youth
& Recreation**
Department

This event is sponsored by
the Northwest Amherst
Community Center
opening Sept. 2023.



for Sweet Home School District
students in grades K-8

**Tell us about your
community!**

All students who enter receive a free gift!
**PRIZES WILL BE AWARDED JUNE 27 at 6:30pm at a special
reception at the newly remodeled Amherst Audubon Library!**

Kindergarten

On a blank sheet of
paper, tell us why
community helpers
are important.

- Draw a picture
& add one
sentence.

Grades 1 - 2

On a blank sheet of
paper, complete the
statement below:

My community is a
place where...

- Draw a picture
& add 2-3
sentences.

**Please write your name, grade and school on the back of your work.
Entries will be on display at the Amherst Audubon library showcase!**

Grades 3 - 5

On a blank sheet or
lined paper, tell us:

What does
community mean
to you?

75-100 words.

Grades 6 - 8

On a blank sheet or
lined paper, tell us:

What does
community mean
to you?

150-200 words.

SUBMIT YOUR ENTRIES BY FRIDAY, JUNE 16, 2023
AT School, OR the Audubon Library OR E-MAIL: hlefevbre@amherst.ny.us
QUESTIONS? Call 716-631-7132, ext. 7513.

This will be open to residents of both Amherst and Tonawanda.

Sweet Home School District Families

Town of
**Amherst Youth
& Recreation**
Department

A program designed for you!

After School

Child Care 2023 - 24

FOR GRADES K- 6 AT:

Northwest Amherst Community Center
220 Northpointe Pkwy., Amherst

M - F, 2:00pm-5:30pm*

Children are bussed to the site
according to school district
guidelines.

Structured
Program

Healthy
Snack

Friendship &
Teamwork

After School
**FUN 5 days a
week!**

Daily
activities

Homework
Help

Nuturing &
Caring Staff

Special
Events

Find out more
or register by visiting

www.amherstyouthandrec.org
or call 631-7132

*Extended Program 5:30pm-6:00pm
available.

BEHAVIOR STRATEGIES & SKILL BUILDING

8 Week Series



OBJECTIVES

Join Parent Network in this informative and interactive 8-week behavior series geared towards parents and staff of children of all abilities.

SESSIONS

- 7/12 – Week 1 - Behavior Is Communication
- 7/19 – Week 2 – Functions of Behavior
- 7/26 – Week 3 – Parents and Behavior
- 8/02 – Week 4 – Ask the Expert
- 8/09 – Week 5 – Proactive Strategies
- 8/16 – Week 6 – Reactive Strategies
- 8/23 – Week 7 – Behavior Recovery
- 8/30 – Week 8 – Ask the Expert

REGISTER TODAY!

Free Event

www.parentnetworkwny.org/events

for more information
info@parentnetworkwny.org
716.332.4170



8 PART SERIES

Attend Via ZOOM

Wednesdays from 7:30 - 8:30 pm

July 12, 19, 26 &
August 2, 9, 16, 23 & 30



EMILY TENNANT-KOLLER, MS

Education and Training
Coordinator

Emily has many years of personal and professional experience navigating the special education and social service systems as a mother to four neurodiverse, unique children and professionally, she has provided special education services and supports to students and adults with disabilities in college or pursuing a GED.



Ask the Expert

DEBBIE SCHUTT, MS

Behavior Intervention
Coordinator

Debbie has over 15 years of experience working with children, teens, adults, and families on a wide variety of issues associated with developmental disabilities, mental health, crisis intervention, and behavior management.



Sensory Rich Summer!

Do you have kiddos with sensory needs?
Are you wondering what you'll do over the summer to keep them regulated and healthy? Summertime can feel daunting, join Amy Ruffino and Parent Network for an evening of learning and support! If you are looking for ideas for your own children or children you work with, make sure to tune in. Workshop followed by Q & A.

June 14
6:30 - 8:00 pm

Live Webinar



Amy Ruffino has been working directly with children having sensory processing disorders for over 30 years. Currently, she is the owner of a Pediatric Therapy Practice called Beyond Boundaries: Therapy for Kids. She continues to practice home and community-based occupational therapy with young children, specializing in the areas of play and sensory processing disorders.

REGISTER TODAY! FREE EVENT

email: info@parentnetworkwny.org | call: 716.332.4170

www.parentnetworkwny.org/events

Sponsored by:



Office for People With
Developmental Disabilities



PARENT NETWORK OF WNY

FAMILY/CAREGIVER GROUPS

A family/caregiver group provides an opportunity for people to share personal experiences and feelings, coping strategies, or firsthand information about disabilities and resources.

THE LINK – WNY'S FAMILY & CAREGIVER GROUP

If you are a parent of a child with disabilities or if you suspect they have a disability, get the support you need from Parent Network of WNY, Empower & other group members.

Virtual meetings every second Monday of the month @ 6:30PM

CHAUTAUQUA COUNTY FAMILY & CAREGIVER GROUP

Receive FREE support, connect with other parents and caregivers, express yourself.

Virtual meetings every third Tuesday of the month @ 12:00PM

ADHD/LEARNING DIFFERENCES SUPPORT GROUP

If you are a parent of a child with ADHD or if you suspect they have a learning difference, get the support you need and learn new strategies to use with your child.

Virtual meetings every third Tuesday of the month @ 6:30PM

CHARLA CON NOSOTROS

Respondemos sus preguntas sobre ... Transiciones, Educación Especial y Discapacidades, Comportamiento, Recursos tecnológicos en Buffalo y cualquier otro tema que desee discutir.

Reuniones en persona cada segundo jueves del mes @ 5:30pm



If interested in joining a group:

Call: 716-332-4170 or Email: info@parentnetworkwny.org

Visit: <https://parentnetworkwny.org/events/>



The Prevention Council regularly offers its Triple P Program (Positive Parenting Program). Please see the flyer for contact information.

The Prevention Council of Erie County



1625 Hertel Avenue
Buffalo, NY 14216

Tel: 716.831.2298
Fax: 716.831.9580

With over 73 years of expertise, The Prevention Council focuses on providing solutions to substance misuse, addiction, and unhealthy behaviors. Triple P is one of the few evidence based parenting programs in the world. It addresses child behavioral and emotional problems by giving parents proven tools and skills to build stronger families.



Triple P Primary Care Discussion

The program is designed for parents with children 0-12.

Parents will learn techniques to prevent problems and overcome obstacles in four separate 2-hour sessions covering the following topics:

- Dealing with Disobedience
- Managing Fighting and Aggression
- Developing Good Bedtime Routines
- Hassle-Free Shopping with Children

Triple P Teen Discussion

The program is designed for parents with teens 12-18.

Parents will learn skills to promote their teen's development, social competence and self-control. The program consists of four separate 2-hour sessions covering the following topics:

- Getting Teenagers to Cooperate
- Coping with Teenagers' Emotions
- Building Teenagers' Survival Skills
- Reducing Family Conflict



What Is Required

- Call or email the contact below to submit a referral.
- Availability to participate virtually or have access to transportation to meet at a designated location for the allotted amount of time.

Any limitations or concerns can be discussed prior to the start of the program.

Contact: **Carol Smith**

Email: casmith@thepreventioncouncil.ec.org

Office Phone: **716-831-2298**



For more information visit: www.thepreventioncouncil.ec.org

PARENTING IS HARD. EPIC CAN HELP.



PROGRAM TOPICS:

- Dealing with Disobedience
- Managing Fighting & Aggression
- Developing Good Bedtime Routines
- Hassle-Free Shopping with Children

WHEN:

Wednesdays
6pm - 8pm
June 28 - July 26

All courses held on Zoom

REGISTER: 716-332-4126 or scan QR code



Welcome to Triple P (Positive Parenting Program)

We are excited to welcome you to Triple P

Triple P is offered world-wide and is an "evidence-based" certificate program.

The series was developed for parents of children from age 0-12 yrs of age.

We also have a Triple P Teen Program for parents of youth ages 12 and above.

The program consists of five 2 hour weekly sessions.

The sessions are **offered on Zoom** and the cost is **free**. Materials for the course are mailed to you before the course begins.

The Program includes pre-tests (3) and post-tests (4) to be completed by the participant. These tests are given to determine the effectiveness of our Triple P program. The tests are often completed online with our assistance. They can also be emailed to participants for independent submission. They take about 10 min to complete.

Certificates are presented after the completion of the last session.

We are also flexible and will schedule other days and times (including evenings and weekends) to offer the Triple P program at your convenience.

We welcome your participation and feedback throughout your involvement in this empowering parenting program.



Pull tabs may be collected over the summer and dropped off to the school office in September. Thank you!



**Ronald McDonald
House Charities®
of Western New York**

Glendale is very happy to continue our support of the Ronald McDonald House Charities of Western New York Pull Tab Program.

Aluminum pull tabs from beverage cans are collected and donated. Pull tabs are weighed and recycled, and the monetary value of the aluminum is matched by Niagara Metals. The donations help to purchase items for the Ronald McDonald House and Family Lounge. The Ronald McDonald House in Buffalo allows out-of-town families with children in a local hospital to have a place to stay during the child's hospitalization.

There is not a deadline for this program - pull tabs may be dropped off throughout the school year.

Pull tabs can be dropped off to Mrs. Kawa's room in the Glendale school office. Please donate just the pull tabs. Thank you!

