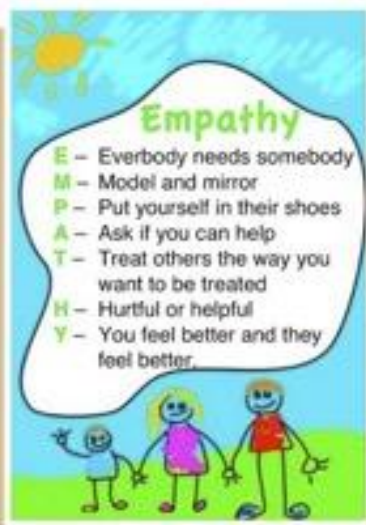


GLENDALE'S SOCIAL-EMOTIONAL TEAM NOVEMBER 2023 NEWSLETTER

School Counselor - Mrs. Lynn Kawa
lkawa@sweethomeschools.org (716) 250-1512

School Social Worker - Miss Kendra Ciezki
kciezki@sweethomeschools.org (716) 250-1508

School Psychologist - Miss Lauren Hearn
lhearn@sweethomeschools.org (716) 250-1509



Social-Emotional Learning in the Classroom

Upcoming
Social-Emotional Learning
will focus on **EMPATHY**

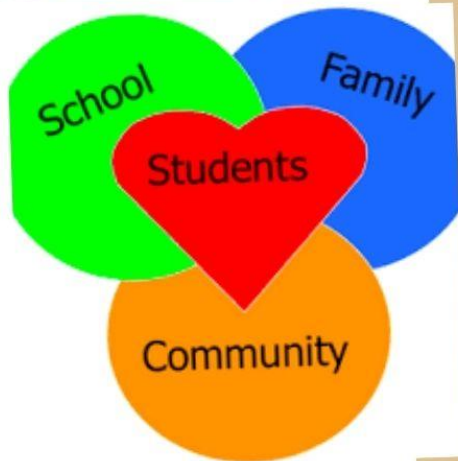
Empathy means feeling or understanding what other people are feeling. "Putting yourself in another person's shoes" is an expression that helps us to understand empathy. If we can imagine how another person may feel in a certain situation, we can understand better what they are thinking and feeling about a situation. Empathy can help us to get along better with others when we think about their perspective in a situation and how they may be feeling.

Therapy Dog Program

The therapy dog program is up and running for the year. We are happy to welcome our furry, four-legged Panthers, Dory and Riley, this year. Our students and staff love these visits, and our students on the Paw Patrol Action Team are doing an amazing job of escorting Dory and Riley, as well as their handlers, to their next classroom destination.



Counseling in School or in the Community



Should you be interested in counseling for your child, individual or group counseling may be available at school or in the community.

In-school counseling is short-term and solution-focused to address issues affecting the school day. Long-term counseling in the community is available through the **Sweet Home Family Support Center (FSC)**. We can make a referral or you can call directly at (716) 250-1229.

Veterans Day Tribute

Glendale is proud to honor our military heroes! We are creating a tribute wall display to honor the Veterans and active military personnel in the lives of our students and staff members. Forms have been sent home with your child. Please share information and a copy of a photo of your family's military hero. We are grateful for their service to our country!



Community
Resources

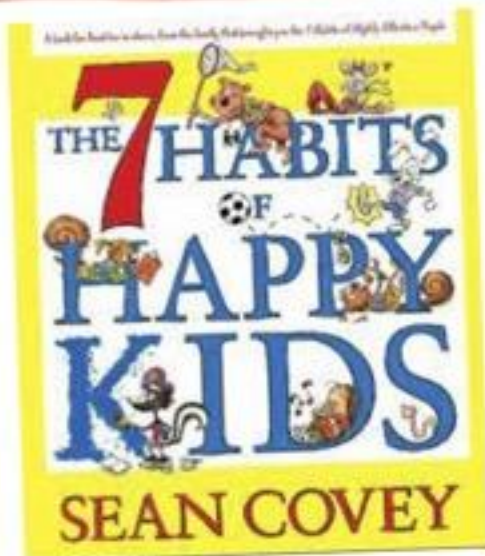
Community Programs and Needs

Please refer to the attached pages for programs or assistance within the community. Please also contact us if we may be of assistance with anything.



The Leader in Me

Glendale is a
Leader in Me school.
Please refer here monthly for
information for families about the
Leader in Me program.



Leader in Me®

Please see the attached
pages for information and an
overview about the
7 Habits of Happy Kids,
the foundation of the
Leader in Me program.





7 Habits Overview

CREATING A LEADERSHIP CLASSROOM



The 7 Habits are principles that help people to be leaders of themselves and others. You can think of the 7 Habits like a tree.

THE PRIVATE VICTORY

The first three habits are the roots of the tree, and you can't change them. If you try to change other people before changing yourself, it won't work. It's an inside-out approach.

HABIT 1: Be Proactive® Take responsibility for your life.

HABIT 2: Begin With the End in Mind® Define your mission and goals in life.

HABIT 3: Put First Things First® Prioritize, and do the most important things first.

THE PUBLIC VICTORY

The next three habits are the trunk and branches of the tree, and you can change them along with others. If you haven't won the Private Victory you will not have success with the Public Victory.

HABIT 4: Think Win-Win® Have an everyone-can-win attitude.

HABIT 5: Seek First to Understand, Then to Be Understood® Listen to people sincerely.

HABIT 6: Synergize® Work with others to achieve more.

RENEWAL

Above the tree are the things that nurture the tree, like rain and sun. Habit 7 is the habit of renewal. When you take care of yourself you are better able to live all the other habits.

HABIT 7: Sharpen the Saw® Renew yourself regularly.

WEEKEND BACKPACK FOOD PROGRAM

The Sweet Home Education Foundation (SHEF) offers the Weekend Backpack Food Program, which delivers non-perishable food items weekly to Sweet Home families with school-aged children for the weekends.

Should you wish to be included in this program, please contact Mrs. Kawa at (716) 250-1512, or lkawa@sweethomeschools.org



NORTHWEST AMHERST

Community Center



220 NORTHPOINTE PKWY., NEAR
SWEET HOME AND N. FRENCH RDS.

planned opening
fall 2023



*Inclusive programs to serve Amherst residents
of all ages and abilities:*

- ▶ Child Care
After School & Summer Camp programs
- ▶ Youth & Adult Counseling
- ▶ Workforce Development
- ▶ Senior Programs & Case Management
- ▶ Fitness Opportunities



*Interested in Learning More?
Find Out How You Can Help!*

CONTACT HLEFEBVRE@AMHERST.NY.US
OR CALL 716-631-7132, EXT. 7513



Town of
Amherst Youth
& Recreation
Department





**Family
Help
Center**

Help is Our Middle Name

Grand-Families Program



The New Grand-Families Program Offers:

FUN! In lots of shapes & sizes
for the whole family

Are you:

- A grandparent raising your grandchildren?
- An elder family member, an aunt or uncle helping to raise children from your extended family?
- A kinship provider?

Need a break or some breathing space? If so, call **716-822-0919** for more information.

60 Dingens Street, Buffalo, NY 14206

- Family Support Services at no cost
- Activities for children & teens of all ages
- Educational, therapeutic and recreational services for elders (55+) who are parenting 'all over again'.
- Legal Guidance
- Stress Busters

Gratitude to the Health Foundation for Western and Central New York, and Foundation 214, Inc. for supporting this initiative.



Foundation 214